

DOUBLE

MEAT	
Fresh shoulder or butt	
Pork chops	3.22 /kg 1.46 lb.
Bittner	
Harvest sausage	500 g pkg. 1.99
Frozen New Zealand short cut	
Lamb legs	5.47 /kg 2.48 lb.
Frozen New Zealand ideal for barbecue loin lamb	
Loin chops	6.59 /kg 2.99 lb.
Frozen New Zealand shoulder	
Lamb chops	4.37 /kg 1.98 lb.
Gainer's-Swift homesteader fully cooked boneless	
Hams	9.90 /kg 4.49 lb.
Frozen, eviscerated, Grade 'A'	
Ducks	2.18 /kg .99 lb.
Bittner's half black forest	
Hams	9.24 /kg 4.19 lb.
Bittner's Black forest	
Deli sliced ham	.95 /100 g 4.29 lb.
Shopsy assorted	
Salads	500 g cont. 1.49
Bens dell sliced rounds Montreal famous	
Smoked Meat	.88 /100 g 3.99 lb.
Naturally aged, Federally inspected	
Boneless blade roast	9.90 /kg 4.49 lb.
Maple Leaf frozen	
Beef burgers	750 g pkg. 2.99
Burns Assorted varieties	
Party sticks	500 g pkg. 2.49
Fillets of	
Fresh cod	6.15 /kg 2.79 lb.
Individually quick frozen dressed	
Smelts	2.18 /kg .99 lb.
Frozen eellic pack	
Haddock fillets	5.05 /kg 2.29 lb.
Frozen cello pack	
Perch fillets	3.95 /kg 1.79 lb.

GROCERY	
Ken-L-Ration	4 kg bag 5.49
Tender chunks	1 L jar 1.79
With, without garlic or polskie ogorki	
Bicks dills	1.25 L cont. 2.99
Tomato Heinz	
Ketchup	2 roll pkg. 1.29
Yellow or white Viva	
Paper towels	pkg. 1.79
Caramel, chocolate swiss rolls, pique or Joe Louis	
Vachon cakes	540 mL tin .89
Palanda crushed tidbits or sliced	
Pineapple	each 2.99
9 V, size AA, size C, D or size AAA Eveready energizer	
Battery	

THAT'S ITALIAN!	
Catelli	
Spaghetti	1 kg pkg. 1.59
Primo	
Lady fingers	150 g pkg. 2.99

BABY NEEDS	
Powder	
Enfalac	454 g cont. 4.89
Assorted varieties (except meat) strained baby foods or	
Gerber juices	4.5 fl. oz. cont. .36
Disposable Baby Scott regular 30s or Super toddler 24s	
Diapers	pkg. 3.99
Loma-Linda	
Soyalac	384 mL cont. 1.15

OUTDOOR NEEDS	
Rainbow, printed assorted or white Scott	
Serviettes	pkg. of 180 1.89
Aican foil wrap	12" x 25' roll pkg. 1.09
Royal Oak	
Briquets	10 lb. bag 2.99
Goodtimes	
Foam cups	pkg. of 28 .69
Royal Chinet, 8 1/4"	
Luncheon plate	pkg. of 40 2.99

SAVE 33%

Canada, young, frozen, eviscerated 2.7-5.4 kg/6-12 lb. average

Grade 'A' turkeys

~~2.16 /kg~~

.98 lb.

SAVE 44%

Meaty, whole or half picnic

Pork shoulder roasts

~~2.18 /kg~~

.99 lb.

SAVE 50%

Premium, Swift

wieners

454 g pkg. **.99**

SAVE 33%

Store sliced

Cooked ham

~~.44 /100 g~~ | **1.99 lb.**

Assorted varieties, Miss Mew, 170 g tin

Cat food

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SAVE 31%

Econo, plastic, pkg. of 10

Garbage bags

.79

SAVE 30%

Beef stew, beef chunks or liver & beef chunks, Dr. Ballards specialty, 397 g tin

Dog food

.65

Orange flavoured 13 oz. pkg. of 4

Swing crystals

1.29

Spaghettini, spaghetti, or ready cut, 1 kg pkg.

Catelli macaroni

1.59

Instant coffee 283 g jar

Maxwell House

5.29

Wheat germ shampoo or conditioner, 450 mL cont.

Nature Organics

1.79

Mint, gel or regular, 100 mL tube, toothpaste

Crest

1.45

White, sandalwood or sunshine yellow, pkg. of 200, Scotties

Facial tissues

.99

Pkg. of 100

Aspirin tablets

1.99

Back to School Sale

While supplies last (available most stores)

Magic Brand **Scotch tape** 12 mm x 15 m roll pkg. **1.29**

Ruled Hilroy **Refill sheets** pkg. of 100 **1.39**

Funk & Wagnalls Dictionary or World Atlas

5.98

each

4 pack — \$1.49, 7 pack Ink crayons (asst. colours) — \$1.99 or Bic roller 2 pack **Bic pens** pkg. **1.49**