



Barbecue

MEAT

Bittner Brats 454 g pkg.	1.99
Whole or Half Pacific	6.15 /kg
Fresh Salmon	2.79 /lb.
Frozen Turkey wings	1.08/49 /kg.
Frozen Turkey drumsticks	1.30/59 /kg.
Vacuum packed sliced Calf liver	4.39/1.99 /kg.
Tasty King frozen cello pack Steakettes	3.70/1.68 /kg.
Beef, chicken, apple or cherry Cliffside pies 4 pack	1.59
Bittner Beerwurst, Summer Sausage or Sliced Salami 125 g pkg.	.79
Schneiders sliced Cooked ham 175 g pkg.	1.59
Chicken, bologna, mac & cheese, pickle and pimento, headcheese or luncheon, Schneiders Sliced cooked meats 175 g pkg.	.97
Shopsys pastrami or Corned beef 4 x 50 g pouches	2.48
Coorsh potato salad or Cole slaw 700 g pkg.	1.59
Beef or beef steak Schneiders Meat pies 400 g pkg.	1.99
Fine, coarse or golden Bittners deli Liver sausage 44 /100 g.	1.98
Frozen Pink salmon	3.73/1.69 /kg.
Frozen Herring fillet	3.28/1.49 /kg.
Frozen dressed Rainbow trout	4.37/1.98 /kg.



Regular ground beef

Dominion quality (Limit: 10 lbs. per family)

2.60 /kg
1.18 /lb.

GROCERY

Crystal Spring ^{1/2 price} Spring Water 3.5 L cont.	68
Orange, grape, fruit punch or lemon-lime flavoured crystals 613 g cont.	2.89
Reynolds 12 in. x 100 ft roll Foil wrap	3.89
Kingsford 20 lb. bag Briquets	7.49

HEALTH & BEAUTY AIDS

Aquafresh regular or Mint toothpaste 150 mL tube	1.85
Normal/dry or oily conditioning Pert shampoo 300 mL cont.	2.69
Scent or unscented solid antiperspirant Gillette Dry Idea 50 g cont.	2.69
New Freedom Mini napkins pkg. of 30	2.79

BABY CARE

Assorted varieties Gerber Junior foods or Gerber juices 7 1/2 fl. oz. cont.	.53
Ready to feed, regular Similac formula 235 mL cont.	.79
Prepared Enfalac Infant formula 945 mL cont.	2.09
Daytime 30's, overnight 22's or extra absorbent 24's, disposable Pampers diapers pkg.	4.19
Diaper rash ointment Desitin 50 g cont.	1.99
Johnsons Baby shampoo 350 mL cont.	2.99
Johnsons Baby oil 250 mL cont.	2.99

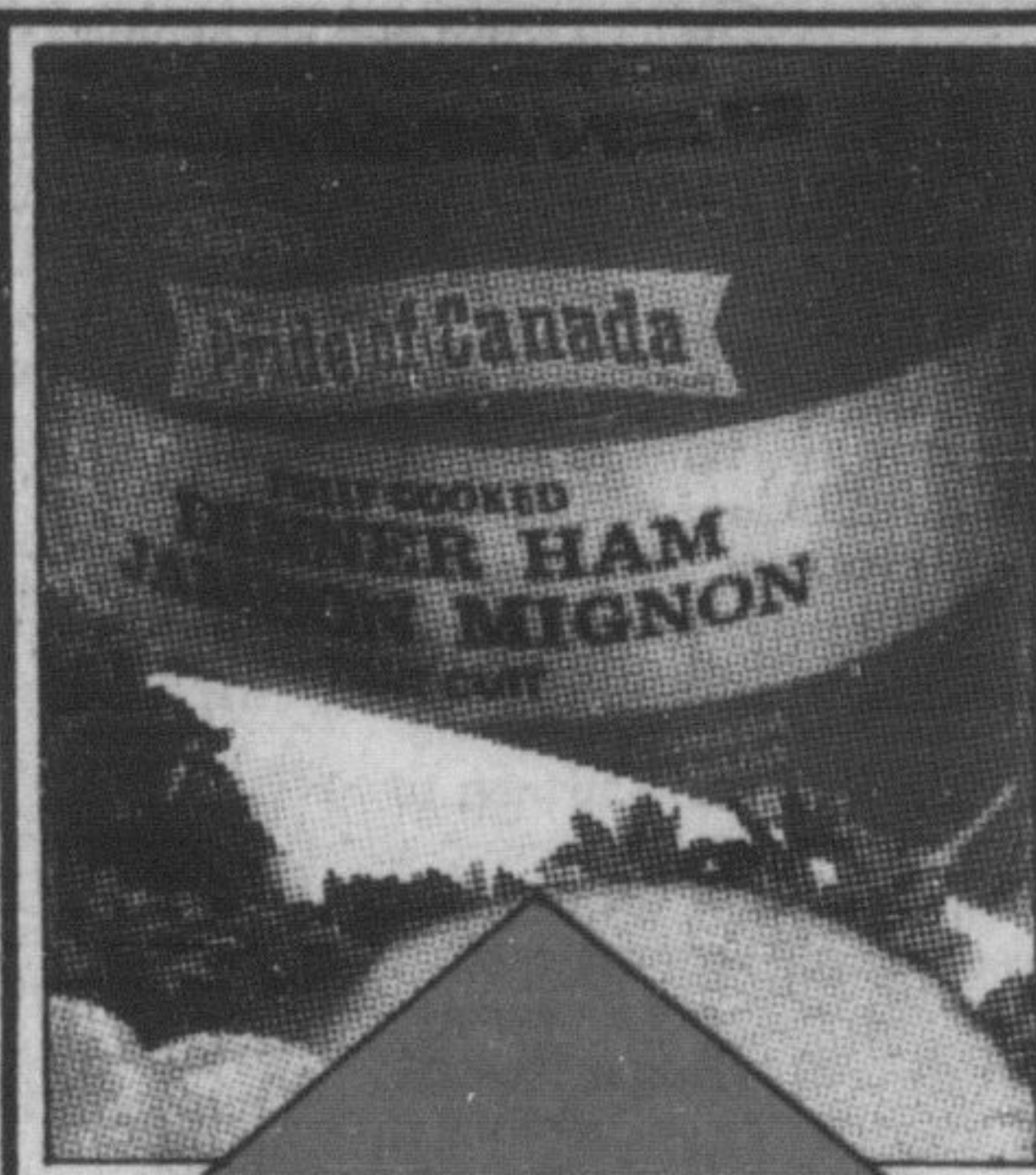


SALE

1.94 /kg | **.88** /lb.

Canada Grade 'A' frozen eviscerated 4 to 6 lb/1.8 to 2.7 kg avg.

Roasting chickens



SALE

5.49 /kg | **2.49** /lb.

Burns' round cooked

Dinner hams

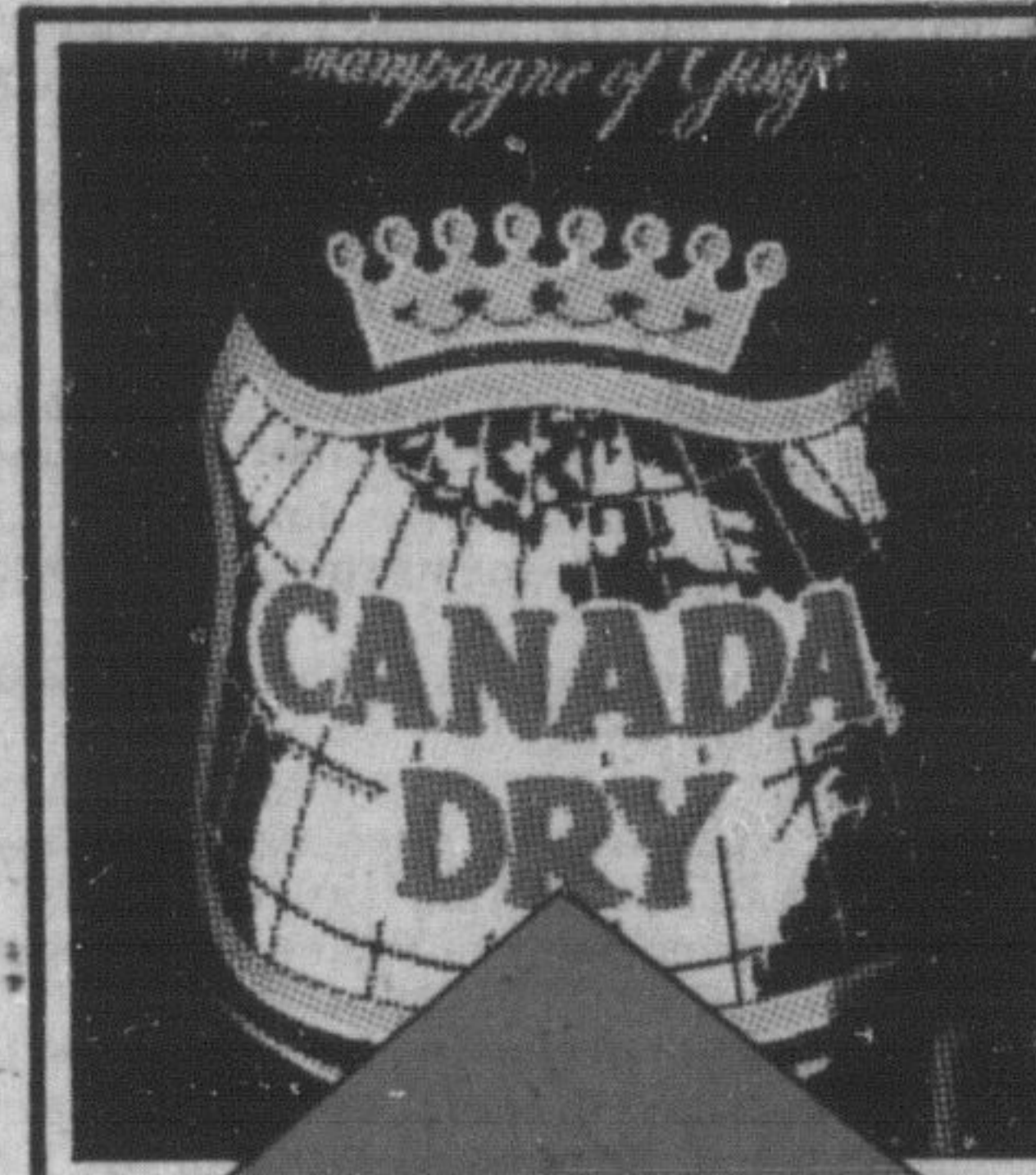


SALE

.99

Hamburg, cubits, hotdog or sweet corn, 375 mL cont.

Bicks relishes



SALE

5.49

C-Plus, Wink, Club Soda or 24 x 280 mL tins

Canada Dry Ginger Ale
(300 mL ret. bottles, reg. price plus deposit)

Beef Steakettes
Cello pack, frozen Schneiders, 500 g pkg.
SALE
1.99

Beef liver
Vacuum packed sliced
SALE
1.94 /kg | **.88** /lb.

Frozen lemonade
Minute Maid, concentrated, pink or white, 12.5 fl. oz. cont.
SALE
.79

Tomato ketchup
Dominion 575 mL cont.
SALE
1.19

Dominion cookies
assorted pack 900 g pkg.
SALE
2.69

Flaked white tuna
Dominion 185 g cont.
SALE
1.59



CONGRATULATIONS TO THE FREE WHEELING SUMMER CONTEST WINNERS OF G.M. PONTIAC ACADIANS

Rose Milligan
Peterborough



Mrs. B. Teague
Oakville

Eleanor Morrisette
Connaught

Mrs. A. Takacs
Chatham

PLUS THE HUNDREDS OF WINNERS OF

- Free Spirit Touring Bikes from Sears
- Roller Skates
- Coleman Gas Barbecues
- Wham-O Frisbee® Discs