

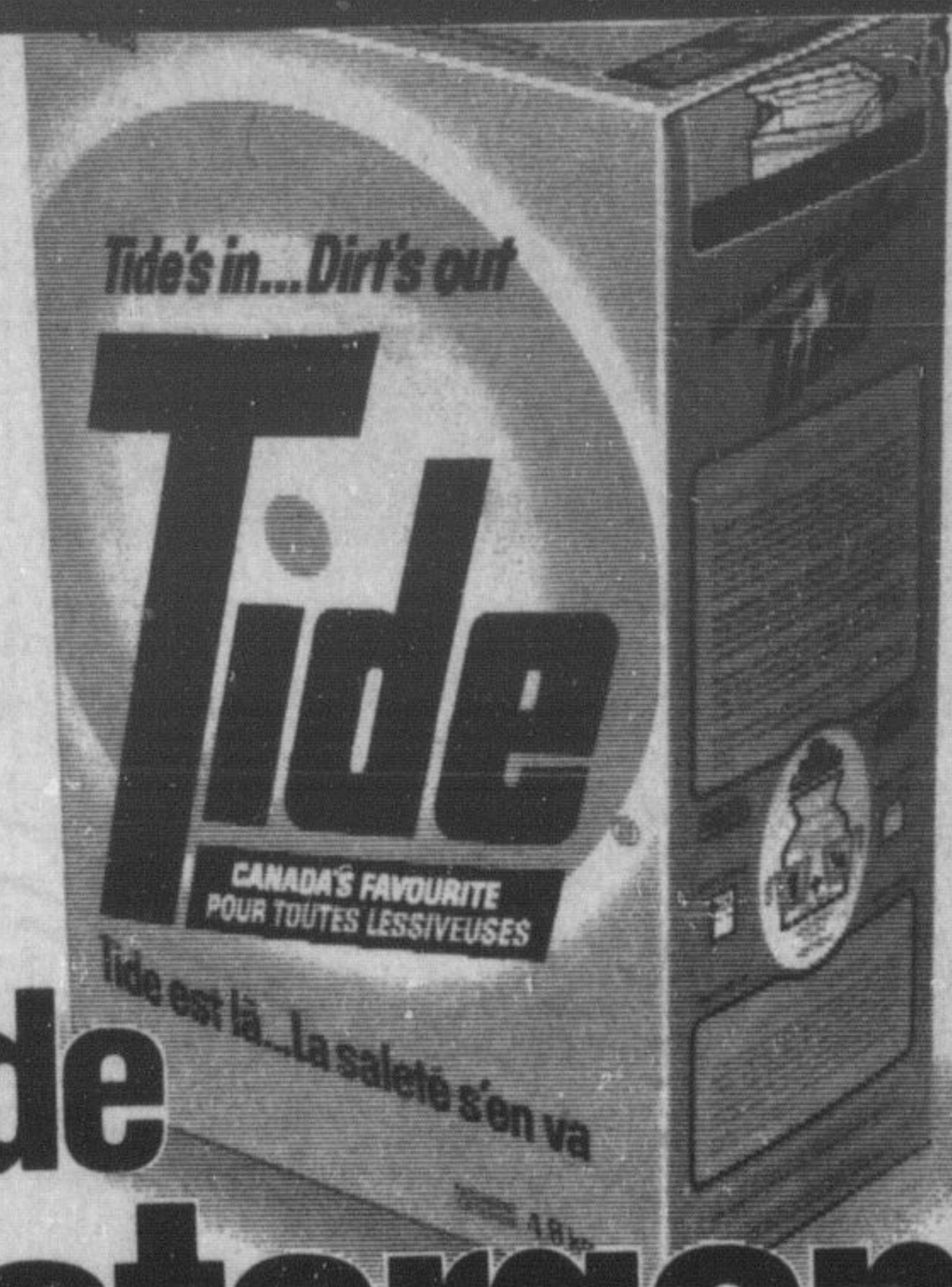


super save



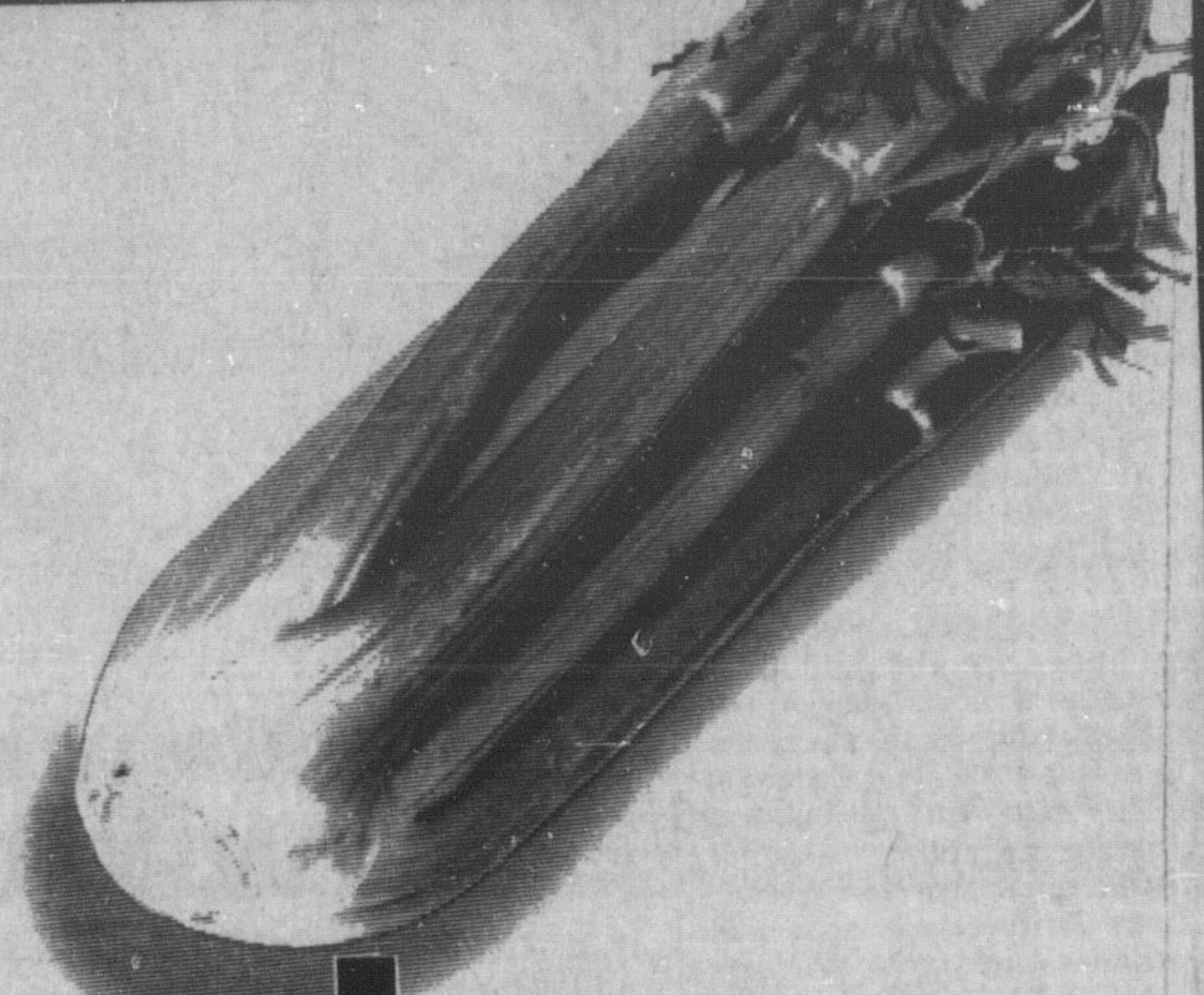
blade steaks cut from Canada grade "A" beef
Limit 3 per family

\$3.26 /kg
\$1.48 lb.



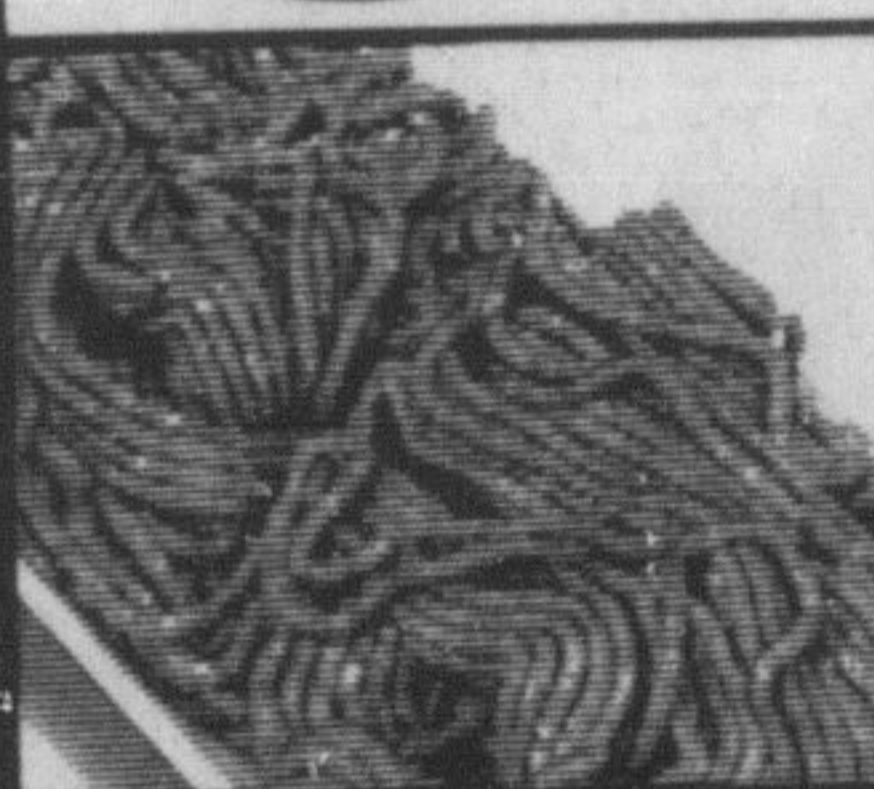
Tide detergent
powdered

12 L box
7.99



celery Canada no. 1
produce of U.S.A.

each
.78



ground beef
regular ideal for meat loaf or burgers

2.82 /kg
1.28 lb.



White Swan facial tissue

pkg. of 200
.69



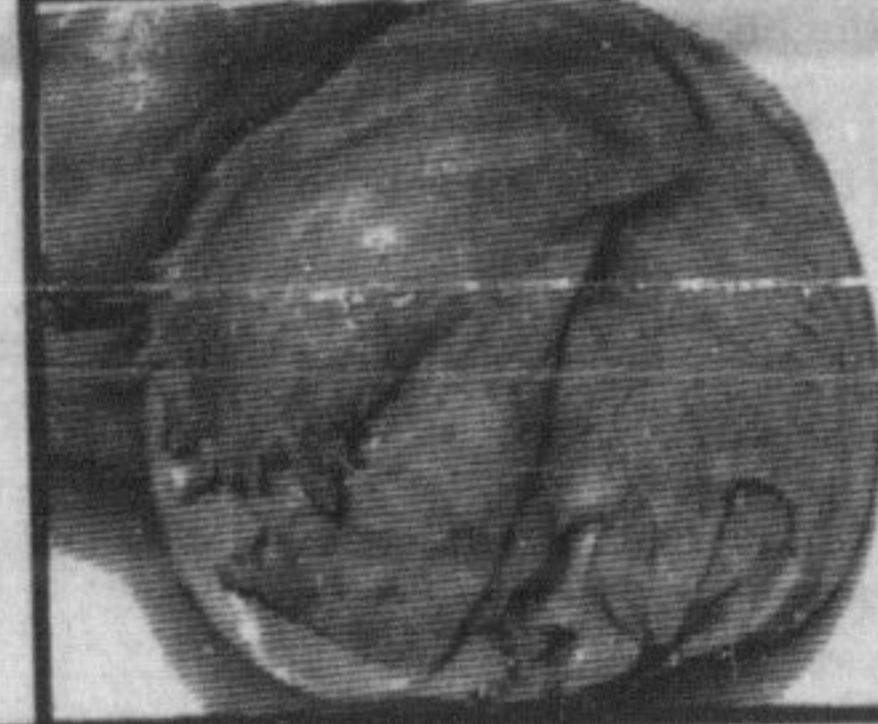
B.C. apples

extra fancy red delicious
1.72 /kg
.78 lb.



skinless wieners
Maple Leaf

454 g pkg.
1.39

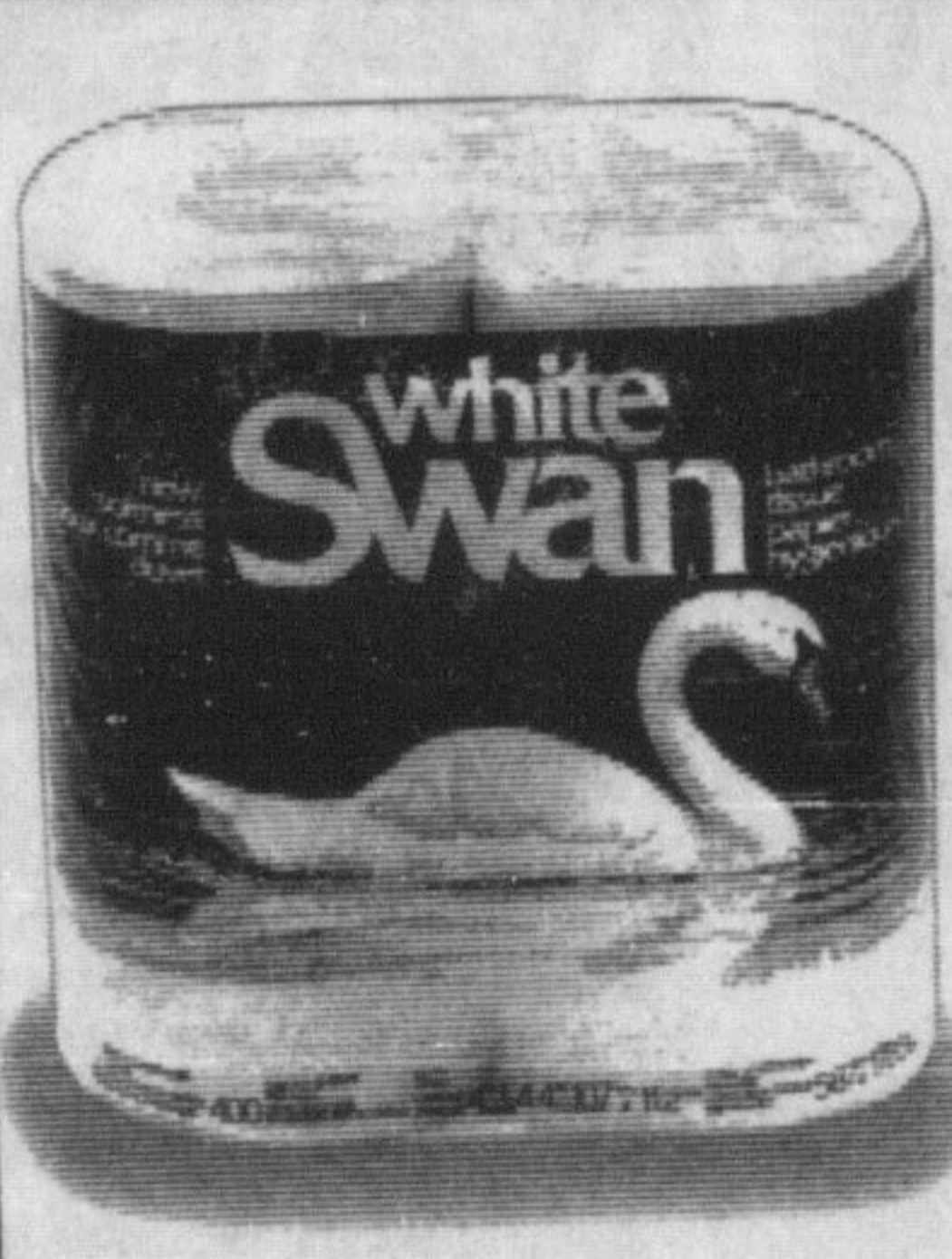


lettuce

produce of U.S.A. Canada no. 1
each
.69

cut from Canada grade 'A' beef chuck arm
shoulder steak \$3.92 \$1.78 lb.
375 g pkg. no name™
chicken bologna 1.39
375 g pkg. no name™
cooked ham 2.98
Pride of Canada - coil
polish sausage \$3.48 \$1.58 /kg lb.
Pride of Canada beef and pork small link
sausage \$3.48 \$1.58 /kg lb.
Maple Leaf sweet pickled
cottage rolls \$4.14 \$1.88 /kg lb.

Maple Leaf ready to serve
smoked picnics \$3.04 \$1.38 /kg lb.
175 g pkg.
Schneiders cooked ham 1.68
Schneiders olde fashioned cryovac
smoked hams \$9.66 \$4.38 /kg lb.
375 g pkg.
Schneiders bologna 1.68
500 g pkg.
Schneiders mini sizzlers 2.38
cut from Canada grade 'A' beef
chuck short rib roast \$3.70 \$1.68 /kg lb.



White Swan bathroom tissue

assorted
4 roll pkg.
1.09

10 oz. pkg. produce of U.S.A.
spinach69
produce of U.S.A.
romaine88
12 oz. pkg. produce of Ontario
Canada no. 1 mushrooms 1.99
produce of U.S.A.
kiwi fruit each .79
6 oz. pkg.
fried noodles69
10 kg bag
no name™ 7-7-7 fertilizer 2.39

48 fl. oz. tin unsweetened
Treesweet grapefruit juice 1.39
24 oz. loaf sandwich white thin or regular sliced
hot dog & hamburger rolls65
pkg. of 6 Weston
cinnamon butterhorns 1.09
12 oz. pkg. Stouffers frozen
macaroni & cheese 1.09
369 g pkg. Sara Lee frozen
chocolate brownies 1.99



Campbell's soup

condensed cream of mushroom
10 fl. oz. tin
.39



honey Billy Bee liquid

375 g jar
1.29



Juices Minute Maid

unsweetened concentrate frozen orange or grapefruit
12.5 fl. oz. tin
.99



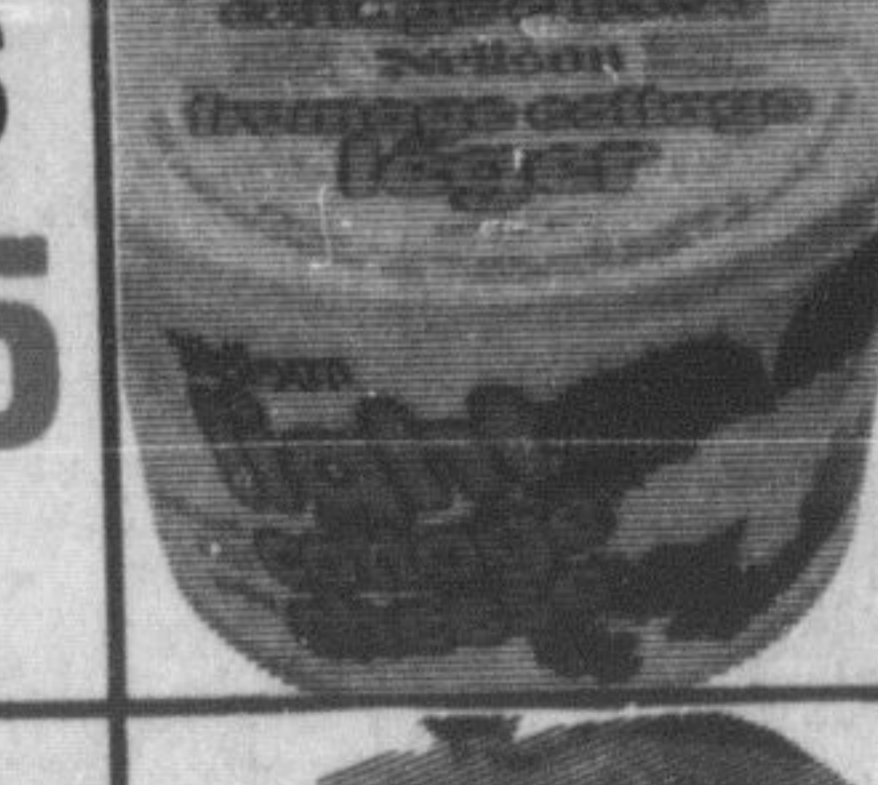
Nescafe coffee instant

10 oz. jar
5.69



granny snaps McCormicks assorted

700 g pkg.
1.45



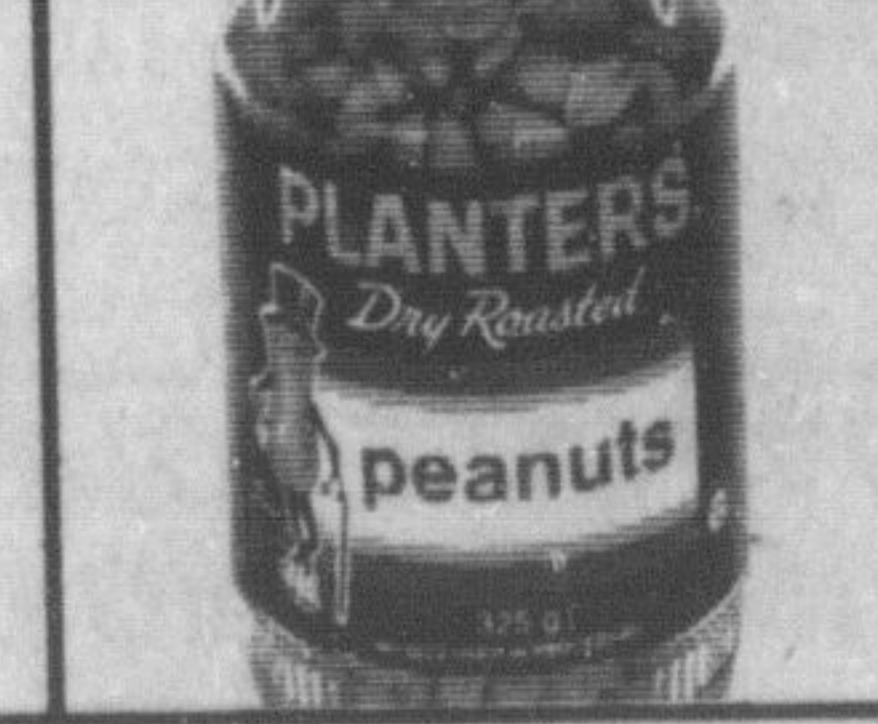
cottage cheese Neilson 2%

500 g cont.
1.39



apple juice Mitchells pure

48 fl. oz. tin
1.19



peanuts Planters dry roasted

325 g jar
1.99



2% milk partly skimmed

3 L bag
1.95

500 g pkg. Quaker muffets cereal 1.29
135 g pkg. presweetened drink mix assorted Kool-Aid59
613 g tin lemonade flavoured Realemon crystals 2.99
750 g jar, coffee whitener Carnation coffee mate 2.89

2 x 8 oz. or 1 lb. tub soft Blue Bonnet margarine89
pkg. of 75 orange pekoe Mother Parkers tea bags 1.59
212 g tin with beef and meatballs Chef Boy-Ar-Dee spaghetti57

4 x 5 oz. tin assorted Nestle's mini puddings 1.39
500 g pkg. Primo spaghetti99
7 1/2 oz. tin Gold Seal pink salmon 1.49

6 oz. tin assorted Kal Kan cat food 3/1.00
100 mL tube Aqua Fresh toothpaste 1.49
pkg. of 240 White Swan white serviettes 1.75

pkg. of 5 Super Sword edge Wilkinson blades99
4 lb. bag Match Light charcoal briquets 2.49
1.4 kg pkg. Dishwasher All detergent 3.49

Canada Dry Ginger Ale C-Plus Pepsi-Cola 24 x 10 oz. tins 5.99

238 MAIN STREET Parking at Rear of Store

Values effective until closing Saturday, May 15, 1982. We reserve the right to limit quantities.