

Loblaws **Up to free**

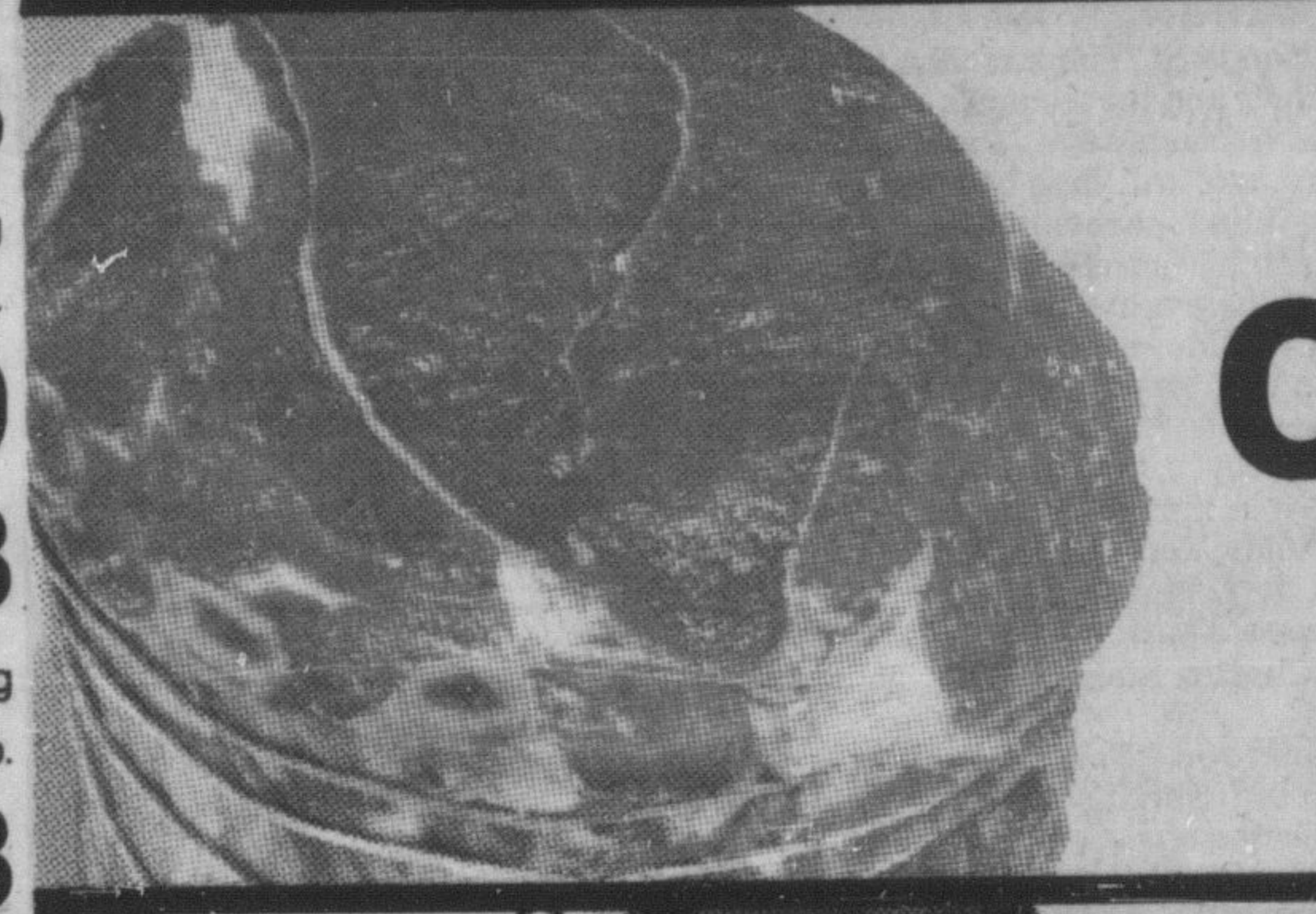
buy any 20 bonus products & receive a

- ### meat values
- sweet pickled vac pac pork 4.17/kg
 - cottage rolls 1.89 lb.
 - frozen New Zealand vac pac loin 7.67/kg
 - lamb chops 3.48 lb.
 - freshly ground lean 5.03/kg
 - ground beef 2.28 lb.
 - frozen no name™ tenderized 142 g pkg. rib eye or strip loin steaks 1.49
 - sliced regular or thick 500 g pkg. Loblaws side bacon 2.58
 - Loblaws cooked smoked boneless mini dinner hams 7.23/kg
 - 3.28 lb.
 - 6 specified varieties 500 g pkg. Shopsy salads 1.49
 - sliced 175 g pkg. Loblaws cooked ham 1.58
 - store packaged Z&W Foods polish sausage 4.37/kg
 - 1.98 lb.
 - frozen Singleton Brand cooked shrimp 170 g pkg. 2.28



cut from Canada grade "A" beef bone in

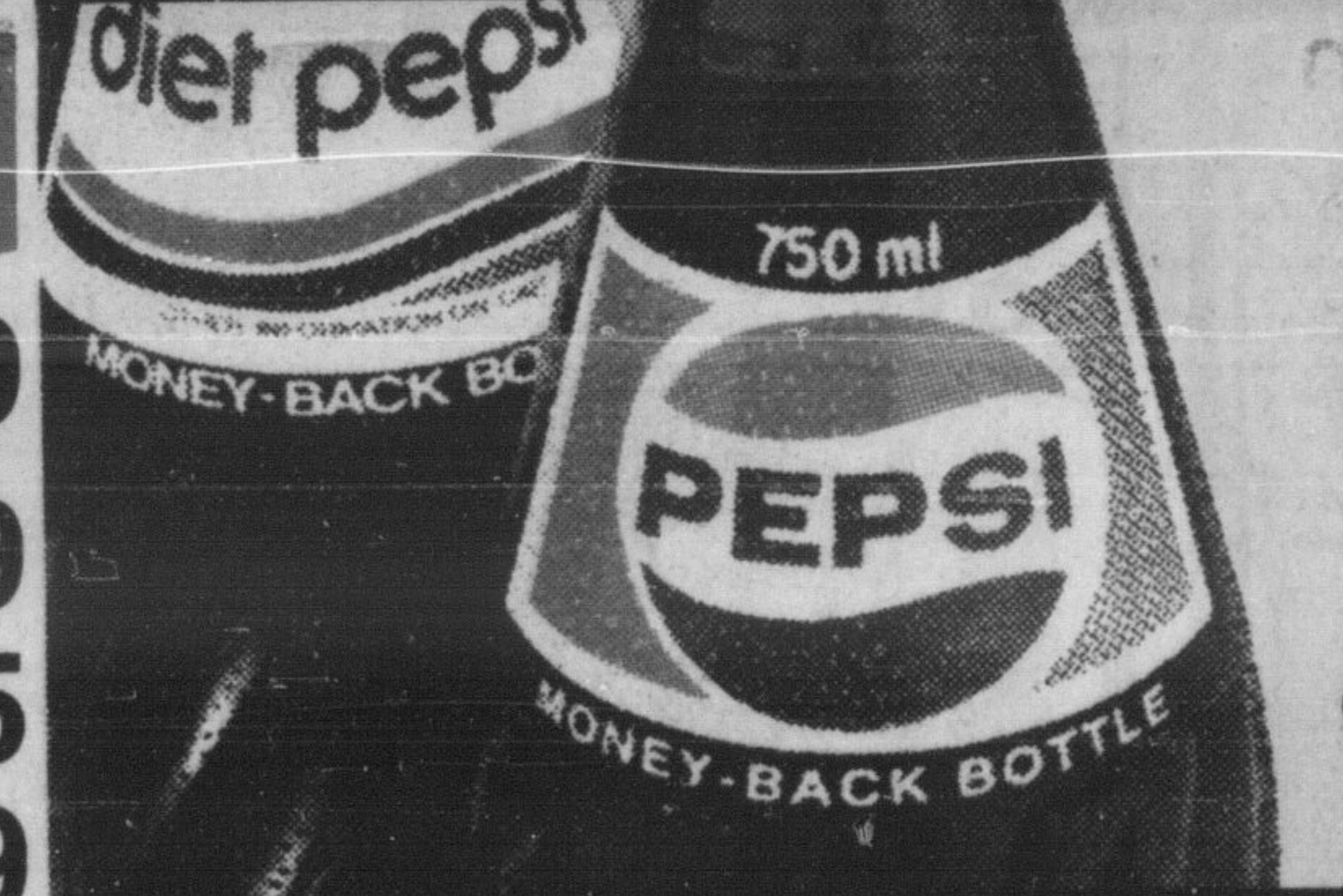
blade steaks /kg **3.26**
lb. **1.48**



cut from Canada grade "A" beef bone in

cross rib roasts /kg **4.37**
lb. **1.98**

- ### grocery values
- all purpose, Mother Parker's grind coffee 1 lb. tin 3.19
 - McCain, frozen, florentine or parisienne, 2 lb. poly bag 1.79
 - mixed vegetables frozen, 12's, 9 oz. box 1.25
 - Gainsborough tart shells frozen, 24.6 oz. box 2.19
 - Mrs. Smith's apple pie 3 envelopes, 9.34 oz. pouch 1.25
 - Allans apple crystals peanut butter or double chocolate, 450 g box 1.69
 - Duncan Hines cookie mixes Rowtree Kit Kat, Coffee Crisp or Aero, 93 g family size candy bar .89
 - Manning 350 g pkg. arrowroot biscuits 1.59
 - frozen, all flavours, 12 oz. box Farm House cream pies 1.59
 - assorted flavours, 14 oz. tin Derby dinner dog food 2/1.00
 - 500 mL btl. Vim liquid cleanser 2.19
 - Mir 500 mL btl. liquid dish detergent .99
 - white or pink, 140 g bath bar Camay toilet soap .68
 - assorted colours, 2 ply, 2 roll pkg. Viva paper towels 1.45
 - Listerine 500 mL btl. antiseptic mouthwash 2.45
 - Tiex instant, 450 mL spray btl. mildew stain remover 2.49
 - frozen, Florida, unsweetened concentrated, 12.5 fl. oz. tin Minute Maid orange juice 1.29
 - frozen, unsweetened concentrated, 12.5 fl. oz. tin Minute Maid grapefruit juice 1.29
 - frozen, concentrated, 16.67 fl. oz. tin Five Alive fruit beverage 1.47
 - all varieties, 11 oz. box Savarin frozen dinners 1.29



750 mL bottle regular or diet

Pepsi 1/2 price

(plus 30¢ deposit) you pay only .37

frozen whole cut up reg. or touch of honey flavour - 900 g bucket

Schnelders fried chicken you pay 3.68 **2.00** off

Limit 2 per family

raspberry or strawberry 500 g tub

Beatrice fruit bottom yogourt 1.39

unsweetened choice 48 fl. oz. tin

Bright's apple juice 1.49

New Zealand frozen

shoulder lamb chops /kg **3.48**
lb. **1.58**

10's box

Granny's butter tarts 1.49

buttermilk or regular 1 kg box

Aunt Jemima complete pancake mix 1.97

sliced 175 g pkg.

Loblaws cold cuts .88

chunks, sliced or crushed 19 fl. oz. tin

Dole pineapple in own juice .89

15 oz. jar

Orville Redenbacher popping corn 1.43

Blue Water Brand frozen haddock 227 g pkg.

fish fries or krisps 1.58

1 litre btl.

Ivory liquid dish detergent 2.69

3 litre box

all laundry detergent 3.99

shop these bonus items

free bonus voucher with the purchase of any one of these items

- Stokely Van Camp's **Shelle beans** 14 fl. oz. tin .64
- in tomato sauce **Clark beans with pork** 14 fl. oz. tin .77
- pineapple-grapefruit or pineapple-orange **Del Monte drinks** 48 fl. oz. tin .99
- vegetable, hearty vegetable or chicken vegetable **Lipton dry soup mixes** 44 g box .40
- flakes Maple Leaf **of ham** 6.5 oz. tin 1.59
- semi-sweet chocolate or butterscotch **Chipits chips** 350 g cello pkg. 2.29
- French's 750 mL jar **prepared mustard** 1.16
- puncture resistant, 10's pkg. **Surtec garbage bags** 1.59
- assorted flavours, 24 oz. tin **Dr. Ballard's dog food** 1.07
- assorted flavours, 6 oz. tin **Miss Mew cat food** .41
- Chore Boy, 2's box **soft plastic cleaner puffs** .79
- Calgonite, powder, automatic 1.8 kg box **dishwasher detergent** 4.29

- regular or mint, 100 mL tube **Aquafresh toothpaste** 1.39
- Mennen, regular or sport, 75 g tube **Speed Stick Plus anti-perspirant** 2.64
- oatmeal raisin or chocolate chip, 450 g box **Grandma Martin's frozen cookies** 1.79
- Neilson, 2 L carton **Venetian vanilla ice cream** 3.19
- 1 lb. or more **ziggys lyona coil** 5.49/kg
- store cut - 1 lb. or more **Canadian colby cheese** 2.49 lb. 7.25/kg 3.29 lb.