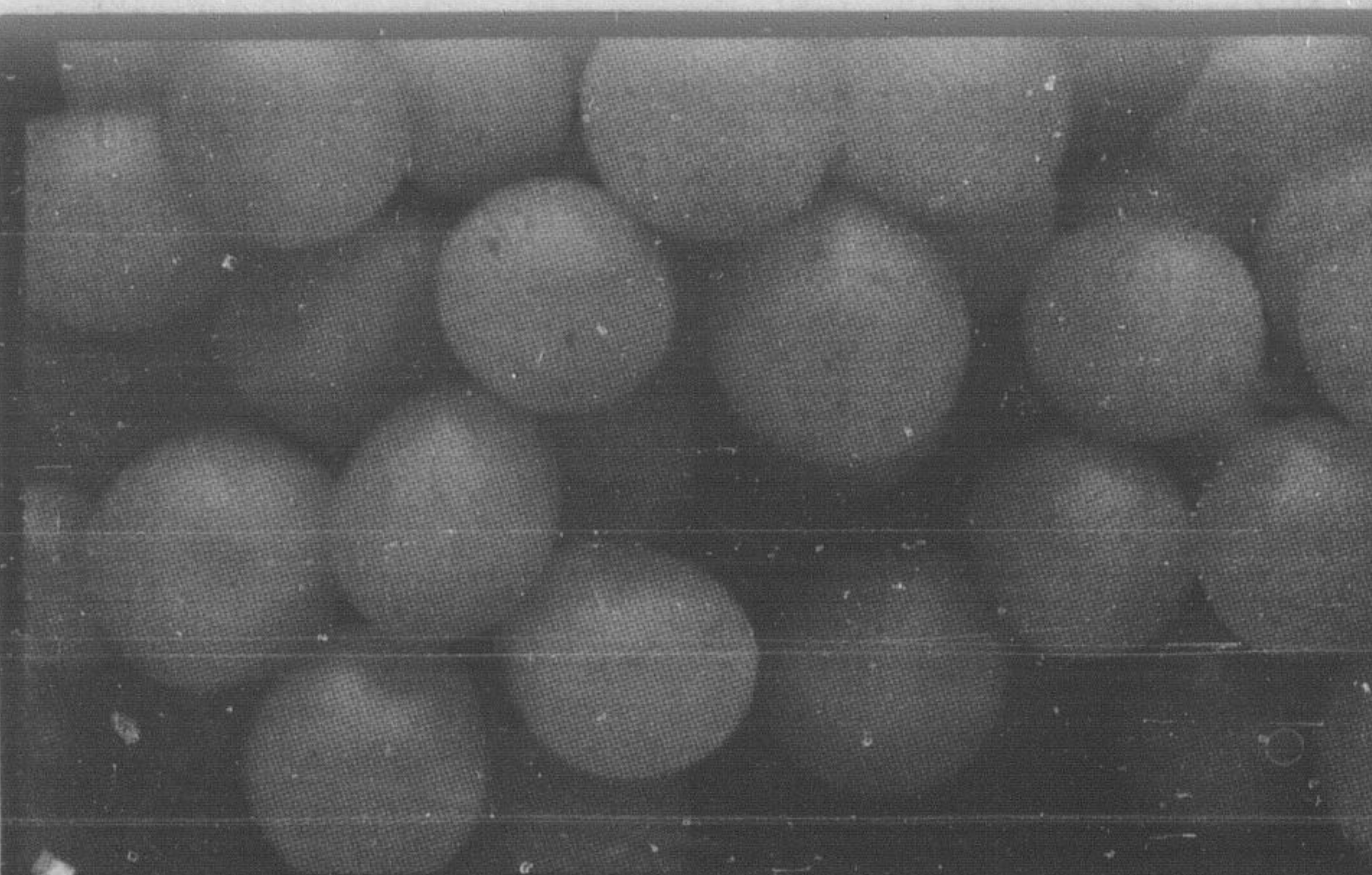
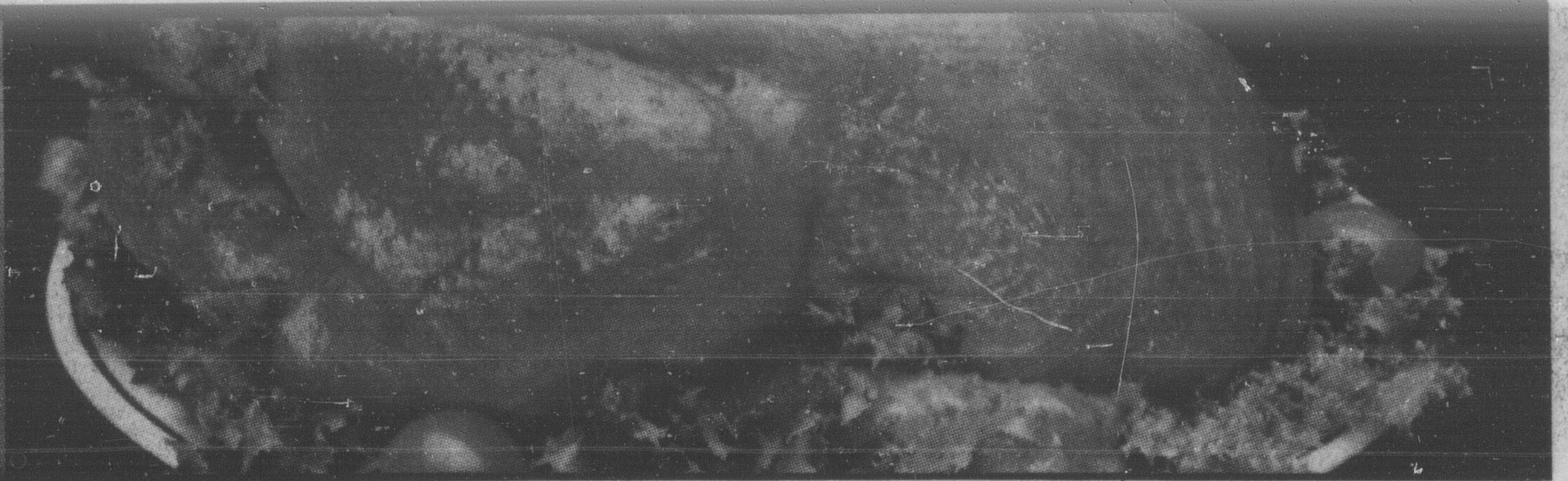


You'll love our Chicken



SPECIAL
 Product of Chile
 Canada No.1 Grade, Green
Seedless Grapes
~~2.14 /kg~~
.97 lb.



SPECIAL
 Canada Utility Grade
 Frozen, Eviscerated Roasting or
 Frying, 3 to 4 lb. Average
Young Chickens
~~1.94 /kg~~
.88 lb.

Quality and Freshness

Product of U.S.A. California Grown, Fresh
Strawberries
~~1.18~~
 pint

Product of U.S.A. Indian River
White Grapefruit
~~8/1.98~~

Product of Canada, Canada Fancy
McIntosh Apples
~~1.97~~
 3 1/2 lb. bag

Product of U.S.A., Ideal for Salads
Romaine Lettuce
~~.78~~
 bunch

Product of Canada Canada No.1 Grade, P.E.I.
Red Potatoes
~~2.88~~
 20 lb. bag

Product of U.S.A. Ontario No.1, Sweet
Green Peppers
~~2.58 /kg~~
~~1.17~~ lb.

Club House Brand Toasted Onion or Country Herb
Salad Dips
~~.59~~
 pkg.

Product of U.S.A.
Fresh Kale
~~.79~~

Product of U.S.A., Fresh
Dandelion Greens
~~.79~~
 bunch

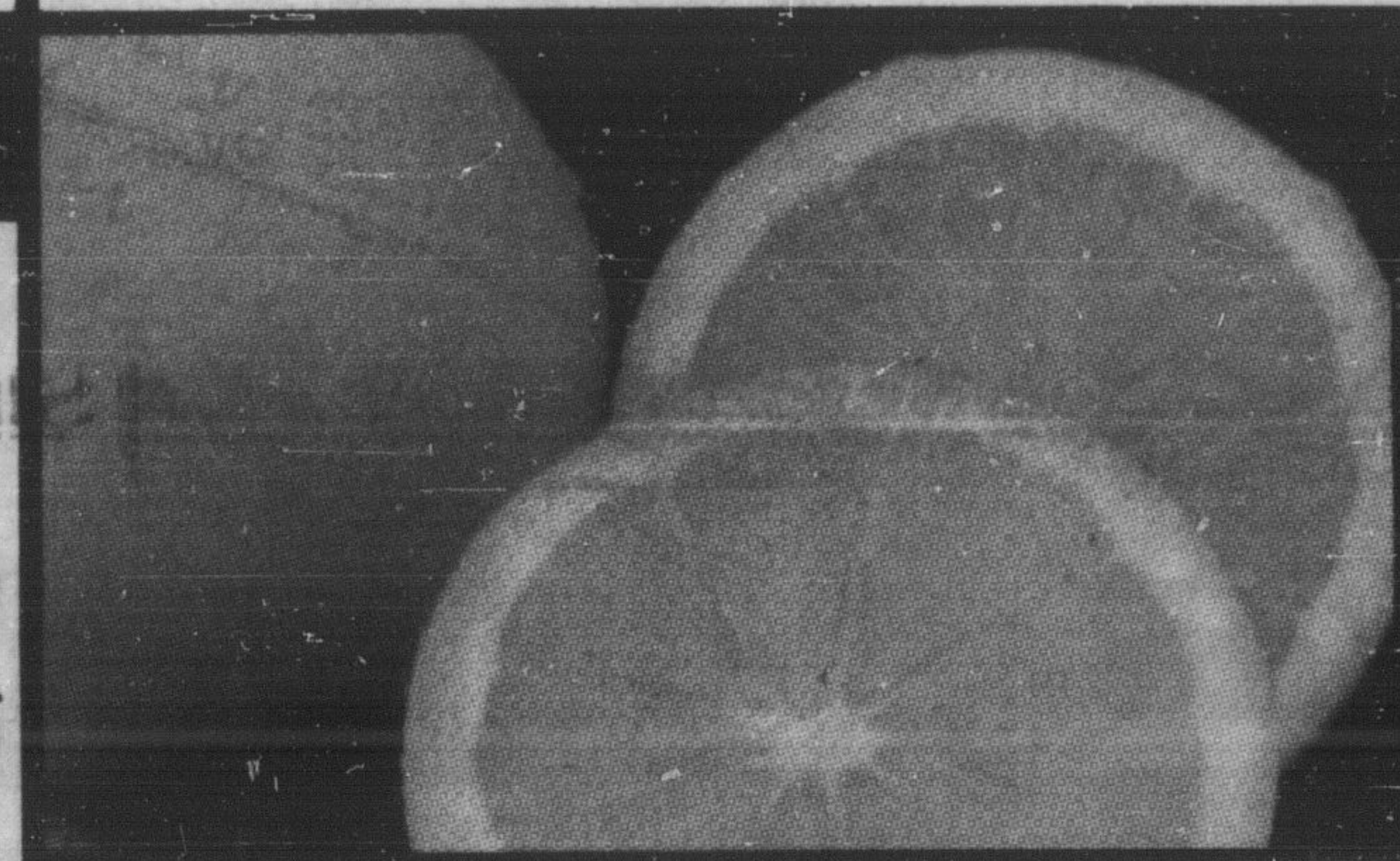
Product of U.S.A.
Nappa
~~1.08 /kg~~
~~.49~~ lb.

Product of U.S.A.
Mini Carrots
~~.78~~
 12 oz. Bag

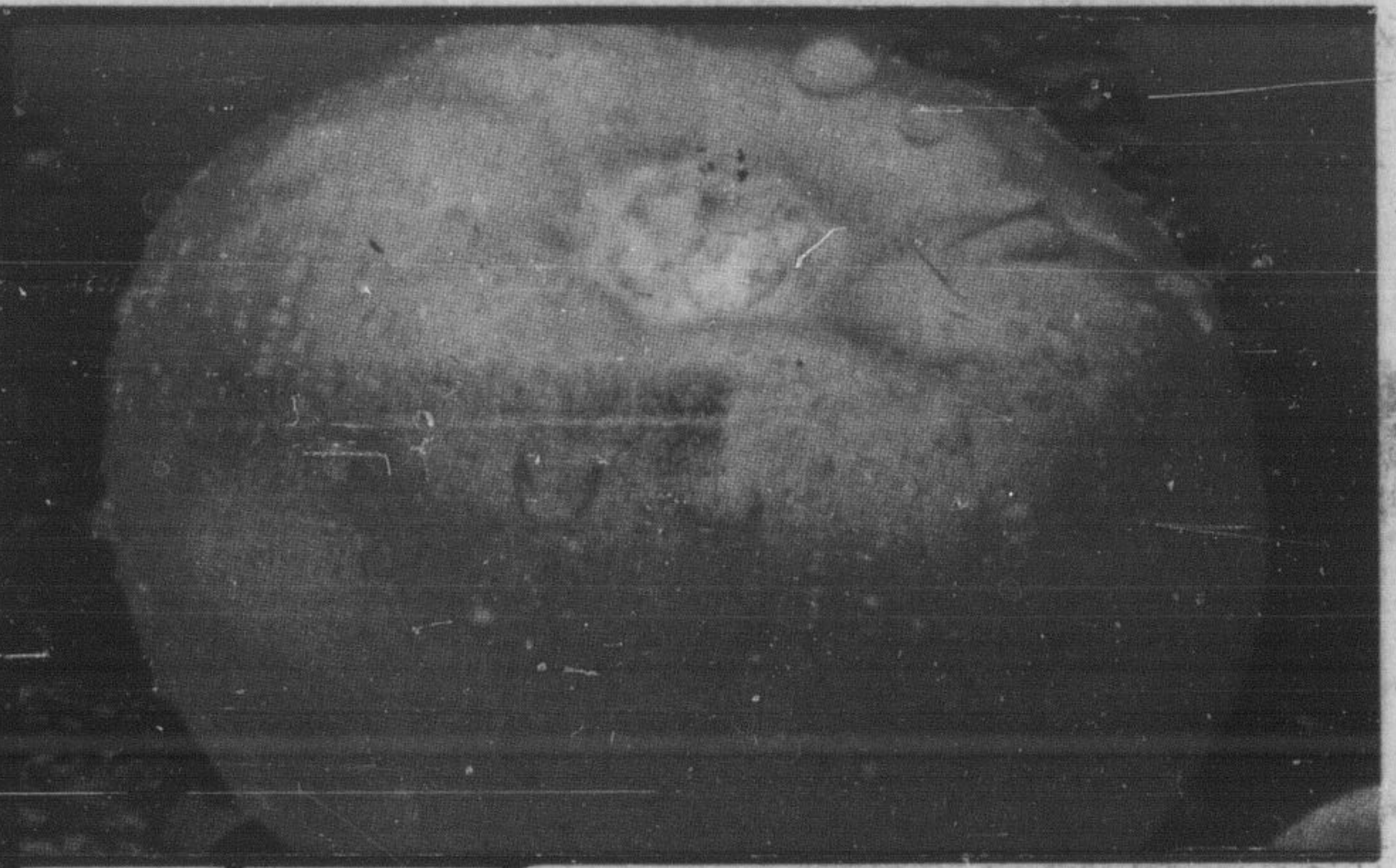
Product of Chile Canada No.1 Grade
Nectarines
~~3.26 /kg~~
~~1.48~~ lb.

Assorted Varieties
Cactus Plants
~~2/1.97~~
 2 Inch Pot

Product of Mexico Fresh in the Pod
Sweet Green Peas
~~2.16 /kg~~
~~.98~~ lb.



SPECIAL
 First of the Season
 Product of Israel
 New Crop
Jaffa Oranges
~~2.68~~
 4 lb. Bag



SPECIAL
 Product of U.S.A.
 Canada No.1
Tomatoes
~~1.88~~
 1 1/2 lb. Tray

SPECIAL
 Frozen, Vacuum Packaged
 New Zealand Loin
Lamb Chops
~~5.49 /kg~~
~~2.49~~ lb.

SPECIAL
 Frozen New Zealand
 Whole
Lamb Legs
~~5.25 /kg~~
~~2.38~~ lb.

SPECIAL
 Frozen Pre-Sliced
 New Zealand Lamb
Shoulder Roasts
~~3.06 /kg~~
~~1.39~~ lb.

SPECIAL
 Ben's Deli Sliced
 Montreal Famous Smoked
Bottom Rounds
~~.86 /100g~~
~~3.89~~ lb.

Half Price

This coupon is worth 50% OFF the regular selling price on one 340 g package of Diet Weigh Cheese & Tomato

Frozen Pizzas

LIMIT: One Coupon per family. Coupon Valid from Mar. 3 to Mar. 9, 1982.

DIET WEIGH