

Loblaws

buyers

more meat values

- 175 g pkg. sliced 5 varieties
Loblaws cold cuts **.85**
- back attached sold in 2 kg/4.4 lb. boxes
frozen chicken legs **2.62/kg**
- 1.19 lb.**
- previously frozen
pork hocks **1.28/kg**
- .58 lb.**
- frozen family pack
Loblaws pork sausage **4.14/kg**
- Highliner Brand
frozen scallops **1.88 lb.**
- 15.39/kg**
- 6.98 lb.**
- 397 g pkg. frozen, 5 varieties
Highliner Brand fillets in sauce **2.18**
- fresh cut to your needs
whole pork loins **3.70/kg**
- 1.68 lb.**
- fresh loin centre cut
boneless pork chops **6.57/kg**
- 2.98 lb.**
- previously frozen
sliced pork liver **.84/kg**
- .38 lb.**
- cut up tray pack
frozen stewing hens **1.50/kg**
- .68 lb.**
- frozen pre-dressed Canada grade A-2 - 4.4 lb./1 kg - 2 kg size
frying or roasting chickens **2.60/kg**
- 1.18 lb.**
- 375 g pkg.
sliced ziggys salami **2.28**
- 375 g pkg. ziggys sliced
european bologna **1.78**
- 454 g pkg.
ziggys frankfurters **2.18**
- 500 g pkg. sliced regular or thick
Loblaws side bacon **2.28**
- Loblaws semi-boneless halves or quarters
cooked smoked hams **5.47/kg**
- 2.48 lb.**

more grocery values

- 10 fl. oz. tin
Del Monte, fancy peas **2.95**
- Del Monte, fancy, 10 fl. oz. tin
cream style corn **2.95**
- 10 fl. oz. tin Del Monte fancy, green or wax
seasoned French style beans **2.95**
- 10 fl. oz. tin Campbell's
chicken noodle soup **2.89**
- 450 g box
Nabisco shredded wheat **1.19**
- 800 g box regular or quick
Nabisco cream of wheat **1.22**
- Deluxe II or Butter Recipe recipe, all flavours
Duncan Hines cake mixes **1.29**
- 520 g box
- 1.5 kg box automatic
Electrol, powder dishwasher detergent **3.59**
- 6 L. box powder
Cheer laundry detergent **4.46**
- 12" x 25" roll box regular
Reynolds foil wrap **.99**
- 750 mL. btl. (plus 30¢ deposit)
regular or diet
7Up **.49**
- 2 lb. bowl Sunflower oil or soft corn oil
Fleischmann's margarine **2.97**
- 250 mL. tub
Gay Lea sour cream **.79**
- 12 fl. oz. tin frozen, concentrated
Weich's grape juice **1.29**
- frozen, fancy 2 lb. poly bag
York petite peas **1.69**

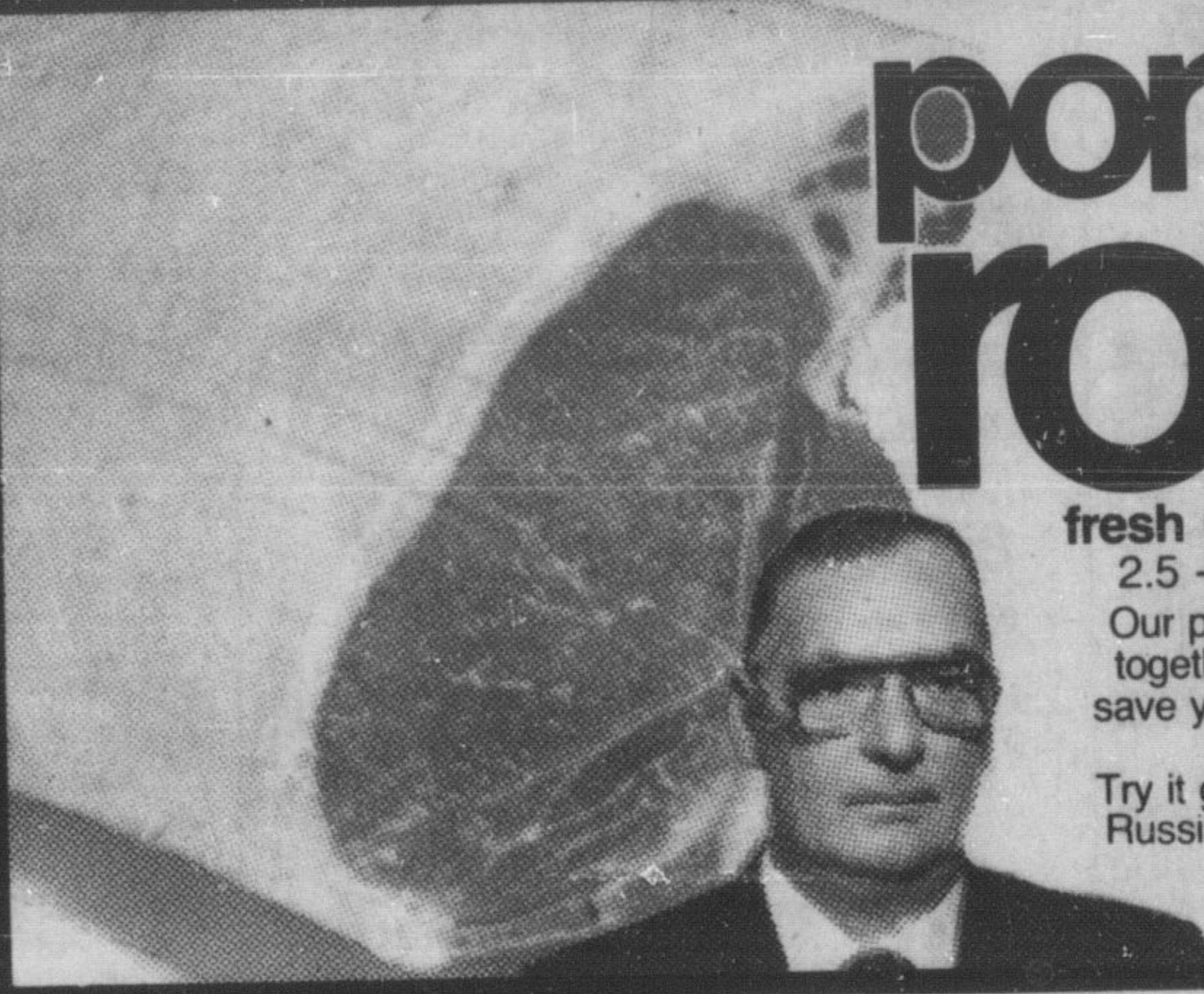
pork loin roast **3.04/kg** **1.38 lb.**

fresh rib or tenderloin portion
2.5 - 3.5 lb. size/1.0 - 1.6 kg size

Our pork buyer, Bruce Catton has put together a loin sale this week that will save you at least 1.32 kg or 60¢ lb. on a pork loin roast.

Try it glazed with our popular no name Russian style mustard for a real treat!

Wally Cox
Director of Meat Operations



loin pork chops **4.14/kg** **1.88 lb.**

centre cut fresh!

I've negotiated a great buy on fresh pork loins and we're passing the savings on to you! Be sure to watch David Nichol on TV in every Loblaws meat department showing you how to prepare thick centre-cut pork chops with a quick and delicious mushroom stuffing.

Bruce Catton
Meat Buyer



mushrooms **6.09/kg**

Meadowglen, pieces & stems, 10 fl. oz. tin

I've made a special purchase of Meadowglen #1 quality pieces and stem mushrooms grown right here in Ontario. Ideal with steaks, casseroles, omelets.

Lou Pecchia
Category Manager

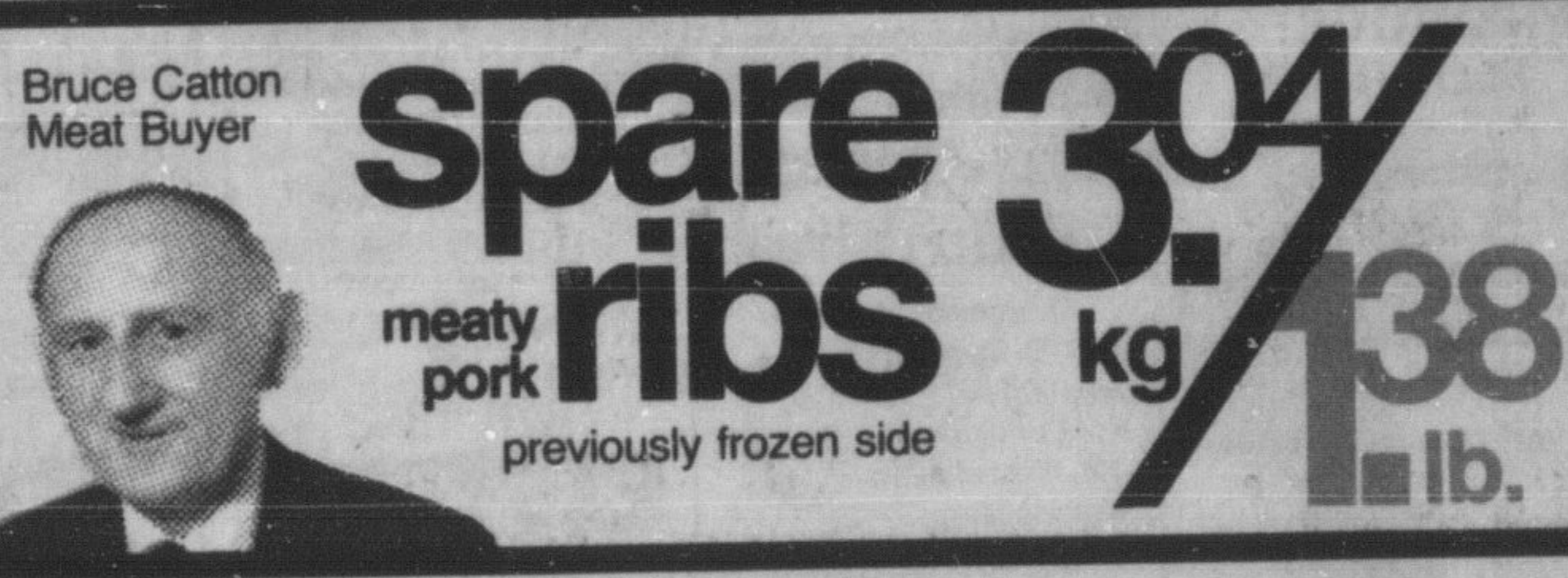


Bruce Catton
Meat Buyer

spare ribs **3.04/kg** **1.38 lb.**

meaty pork

previously frozen side



Jerry Rubacha
Category Manager

medium cheddar cheese **2.39**

Schneiders, wedges
375 g pkg.



Lorne McMann
Meat Buyer

fillets **2.16/kg** **.98 lb.**

Boston Bluefish

frozen store packaged

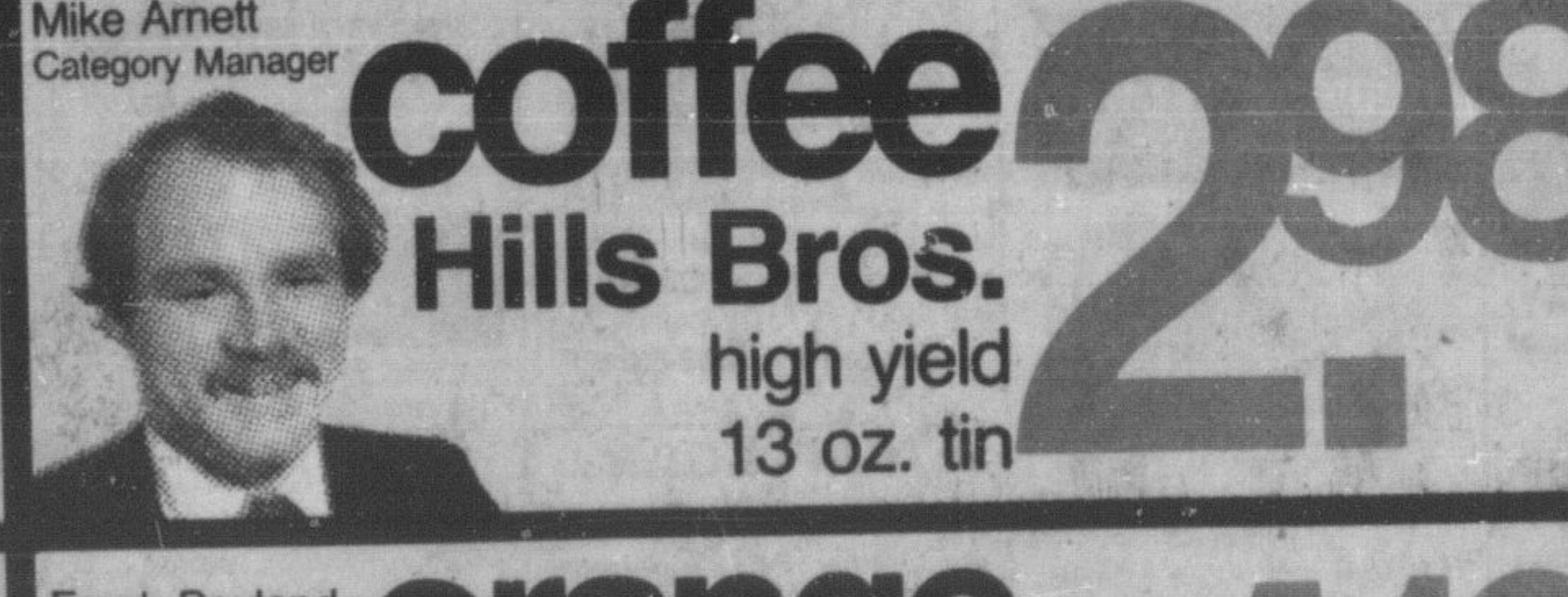


Mike Arnett
Category Manager

coffee **2.98**

Hills Bros.

high yield
13 oz. tin



Bob Hill
Meat Buyer

cooked ham **.99**

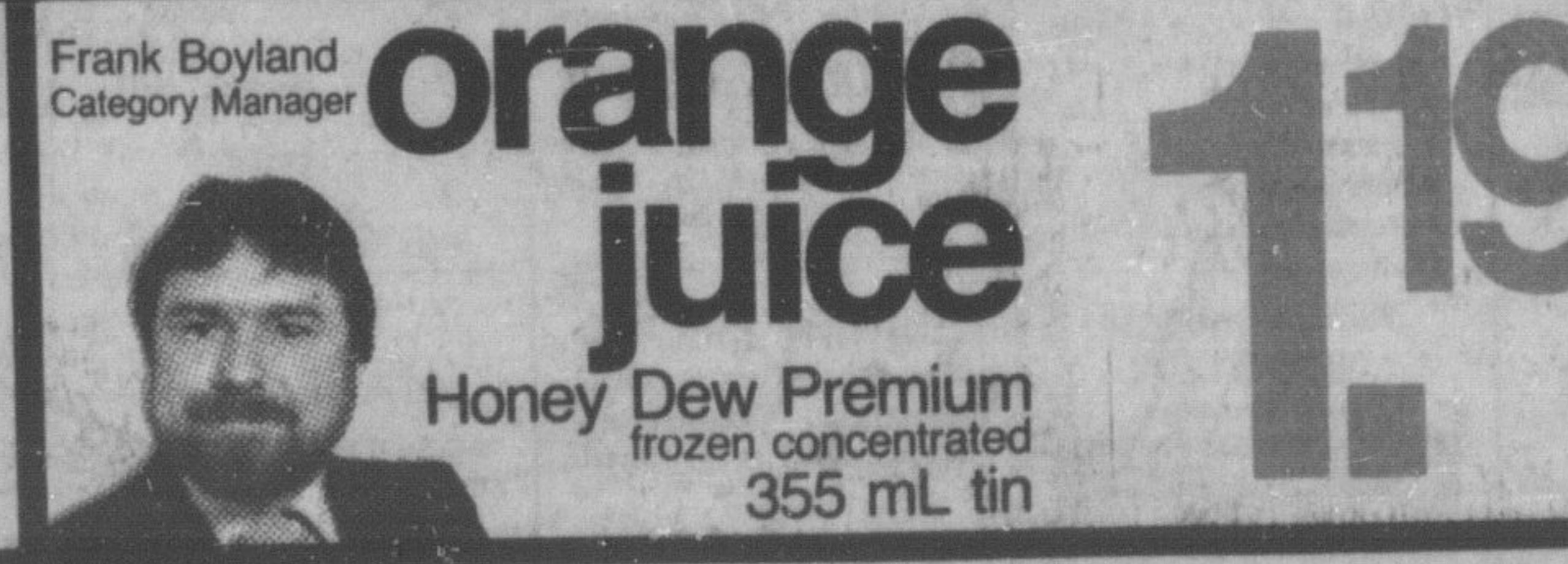
Loblaws sliced
175 g pkg.



Frank Boyland
Category Manager

orange juice **1.19**

Honey Dew Premium
frozen concentrated
355 mL tin



Jim Yeaman
Director of Merchandising
ziggys

meat loaves **6.59/kg** **2.99 lb.**

you pay

ziggys baked assorted selection
deli sliced

save 2.20/kg/1.00 lb.



Paul Futtrup
Director of Bakery
Operations

from our instore bakery
sesame seed bread **.59**

450 g loaf

