

beef bonanza



Aylmer tomatoes
choice whole
19 fl. oz. tin **.69**

Nabisco cream of wheat
regular or quick
800 g pkg. **1.15**

Nabisco shredded wheat cereal
450 g box **1.15**

Catelli pasta
ready cut macaroni, spaghetti, spaghetti
500 g pkg. **.69**

Bravo spaghetti sauce
plain, with mushrooms or with meat
14 fl. oz. tin **.79**

frozen food

Old South orange juice
frozen, concentrated 100% Florida, unsweetened grapefruit or orange
12.5 fl. oz. tin **.89**

8 oz. pkg. frozen beef, chicken, or turkey **Swanson meat pies** **.59**
350 - 370 g pkg. frozen crispy crust 10" deluxe or pepperoni **Totino's pizza** **1.99**
2 lb. bag assorted fancy **McCain frozen french fries** **.89**
350 g pkg. frozen boston blue **Highliner fish in batter** **1.55**

cut from Canada grade A beef **chuck short rib roast**
3.26 /kg **1.48 lb.**

LIMIT OF 2 ROASTS PER FAMILY
ideal for meat loaf or burgers
regular **ground beef** ... **\$2.38 /kg** **\$1.08 lb.**

cut from Canada grade A beef **blade steaks** **3.48 /kg** **1.58 lb.**
cut from Canada grade A beef **boneless blade roast** ... **4.14 /kg** **1.88 lb.**
cut from Canada grade A beef **boneless stew beef** **3.92 /kg** **1.78 lb.**
cut from Canada grade A beef chuck arm **shoulder steaks** **3.70 /kg** **1.68 lb.**

500 g pkg. all beef **Schneiders mini sizzlers** **2.38**
375 g pkg. all beef **Schneiders bologna** **1.58**
250 g pkg. **Schneiders beef & steak pies** **1.08**
500 g pkg. **Schneiders beef steakettes** **1.98**

fresh sliced **beef liver** **2.16 /kg** **.98 lb.**
454 g pkg. **Schneiders, all beef skinless wieners** **1.98**
500 g pkg. **Gainers frozen salisbury steak** **2.58**
Pride of Canada, store sliced **cooked ham** **.44** **1.00 g** **1.99 lb.**
Pride of Canada **by the piece bologna** **2.16 /100 g** **.98 lb.**
500 g pkg. **Campfire rindless bacon** **1.68**
375 g pkg. **Gainers skinless wieners** **.99**
Schneiders olde fashioned cryovac smoked ham **8.77 /kg** **3.98 lb.**

Salada tea bags
orange pekoe
60 pkgs. of 60 **1.69**

Robin Hood flour
all purpose
2.5 kg bag **1.99**

No Name tomato or vegetable soup
10 oz. tin **4 / .99**

Joy liquid detergent
500 mL cont. **.89**

Cup-a-soup
Lipton country style assorted
pkg. of 2 **.49**

Crest toothpaste
100 mL tube regular, mint, or gel **1.29**

2 kg pkg. assorted dog food **Gaines top choice** **3.29**
2 roll pkg. assorted **Scottowels** **1.39**
Carnation **coffee mate** **1.99**
6 L box powdered **Oxydol or Cheer detergent** . **3.99**
Clover Leaf 7% oz. tin **Cohoe salmon** **1.79**
250 g pkg. processed cheese **Canadian Kraft singles** **1.55**
100 g btle. regular **ENO fruit salts** **1.69**

19 fl. oz. tin fancy halves or slices **Del Monte peaches** **.99**
310 g pkg. Betty Crocker assorted **Str & Frost cake mix** **1.29**
225 g btle. **Lawry's seasoned salt** **1.49**
85 g pkg. assorted **Jell-O jelly powders** **.38**
Neilson's family size **candy bars** **.79**
Nescafe 10 oz. jar **instant coffee** **5.69**
700 g. pkg. assorted **McCormick cookies** **1.49**

PRODUCE SPECIALS
U.S. fancy field **tomatoes** **.79 lb.**
"Tropical Treat" **pineapples** **.99 ea.**
Sweet juice filled Navel seedless **oranges** **1.49 doz.**
Ontario No. 1 fresh **mushrooms** 4.49 kg. 12 oz. tray **1.49**
Ontario "Hot House" seedless **cucumbers** **1.29 ea.**

bakery
24 oz. loaf Dietrich **100% whole wheat bread** **.79**
pkg. of 12 **Weston's dinner rolls** **.69**
pkg. of 4 **Weston's chocolate swiss rolls** **.99**
Prices effective until closing Saturday, February 27, 1982. We reserve the right to limit quantities.

238 Main Street, Milton
FREE PARKING AT REAR
OF STORE