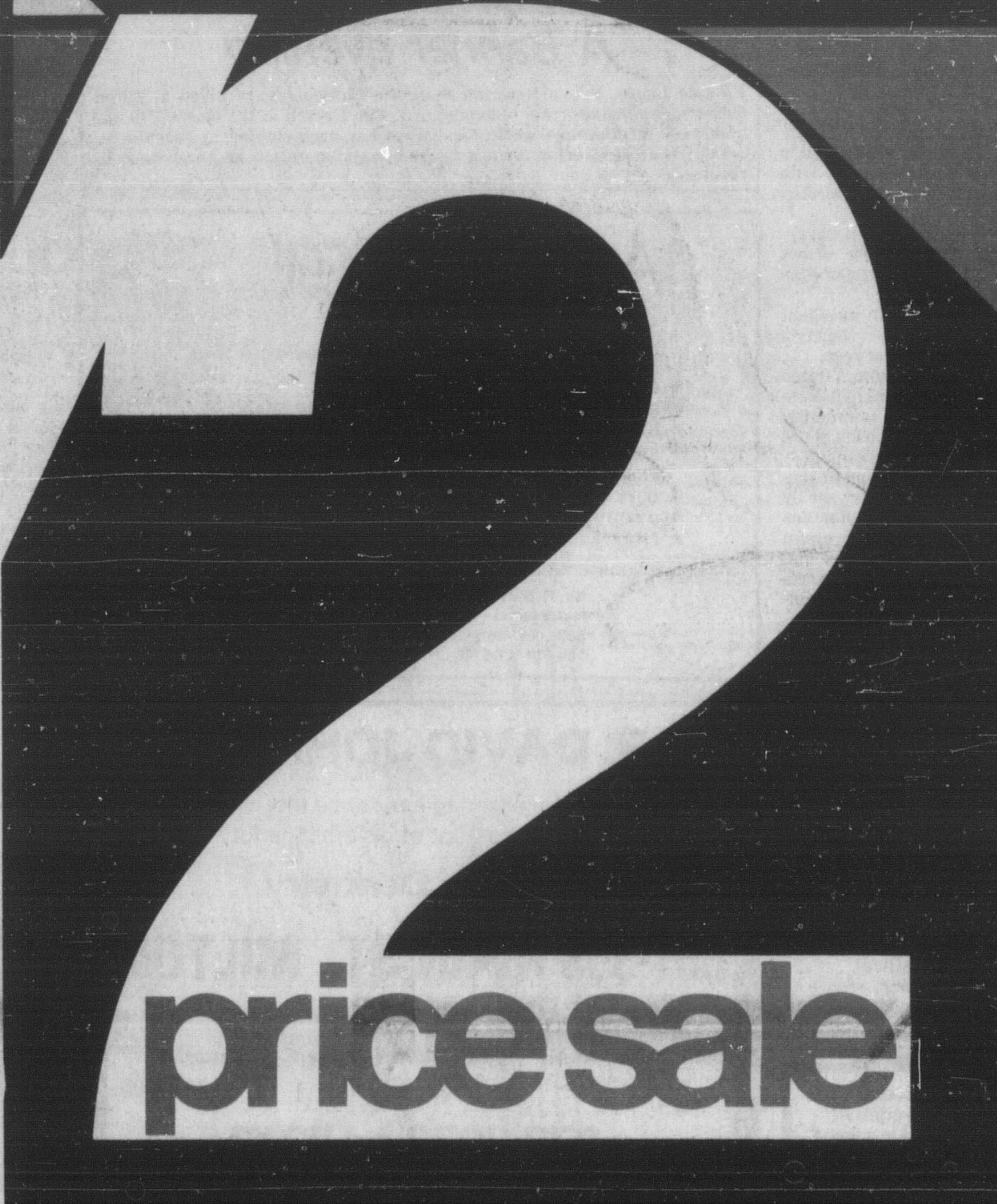


750 g cello bag  
**Star white rice**  
 you pay only .54  
~~1.12~~ price

175 g cup - all flavours natural or fruitplus  
**Neilson yogourt**  
 you pay only .33  
~~1.12~~ price

1st 5 ribs cut from Canada grade "A" beef  
**prime rib roasts**  
 Limit 2 prime rib roasts per family  
~~5.47~~ / ~~2.48~~  
 kg / lb.



cut from Canada grade "A" beef  
**beef short ribs** bone in  
~~3.26~~ / ~~1.48~~  
 kg / lb.  
 ideal for braising

**Canadian roast** sweet pickled back bacon  
~~4.37~~ / ~~1.98~~  
 kg / lb.  
 centre cut

sliced 175 g pkg.  
**Schneiders cooked ham**  
 Limit 3 pkgs. per family  
 you pay only .99  
~~1.12~~ price

Limit 2 pkgs. per family  
**Schneiders bologna** regular sliced  
 you pay only 1.49  
 500 g pkg.  
~~1.12~~ price

no name™ white  
**paper towels** 180's 2 roll pkg.  
~~1.14~~

no name™ 1 kg tub smooth or crunchy  
**peanut butter**  
~~3.11~~

no name™  
**vegetable oil**  
 3 litre plastic jug  
~~2.99~~

**Loblaws butter**  
 1 lb. foil print  
~~2.07~~

**Schneiders red hots** 454 g pkg. wieners  
 Limit 2 pkgs. Schneiders red hots per family  
~~1.12~~ price  
 you pay only 1.22

cut from Canada grade "A" beef  
**boneless stew beef**  
~~4.14~~ / ~~1.88~~  
 /kg / lb.

cut from Canada grade "A" beef  
**cross rib roasts**  
~~4.14~~ / ~~1.88~~  
 /kg / lb.

30's box regular or deodorant  
**Carefree panty shields** 2.79  
 2 L carton all flavours  
**Neilson ice cream** 2.99  
 12.5 fl. oz. tin frozen, Florida unsweetened, concentrated  
**Minute Maid orange juice** 1.24  
 22 oz. box frozen  
**Sara Lee apple pie** 1.99  
 24 oz. loaf Weston, sliced thin or regular  
**white sandwich bread** .79

**meat values**  
 partly skinned, whole or shank portion  
**cooked smoked hams** 3.04/kg 1.38/lb.  
 Loblaws cooked smoked  
**pork picnic shoulders** 2.91/kg 1.32/lb.  
 500 g pkg. sliced regular or thick  
**Loblaws side bacon** 1.98

fresh breast quarters or halves  
**Swiss Chalet chicken** 20% off you pay 3.48/kg 1.58/lb.  
 fresh leg quarters  
**Swiss Chalet chicken** 20% off you pay 3.48/kg 1.58/lb.  
 250 g pkg. 9 varieties  
**ziggys mini chubs** 1.88  
 227 g pkg. frozen Blue Water brand  
**fish krisps or fish fries** 1.88  
 397 g pkg. frozen individual wrap  
**Highliner brand cod fillets** 2.28

cooked bone in  
**smoked ham slices** 4.37/kg 1.98/lb.  
 375 g pkg. sliced  
**Loblaws mock chicken loaf** 1.48  
 375 g pkg. Loblaws sliced  
**macaroni and cheese loaf** 1.48  
 175 g pkg. frozen 6 varieties  
**Shopsys meat pies** .96  
 by the piece  
**Z & W Foods large bologna** 2.82/kg 1.28/lb.

prices effective to Tues. Feb. 2 except produce and bakery effective to Sat. Jan. 30, 1982.  
**Loblaws**  
 stores reserve the right to limit quantities.

save on standard brand products  
**ground coffee**  
 Chase & Sanborn 1 lb. bag 2.69  
 14 oz. tin specialty, all flavours  
**Dr. Ballard's dog food** .57  
 25.5 oz. tin champion, beef or chicken  
**Dr. Ballard's dog food** .69  
 175 g cello pkg. milk or semi-sweet  
**chocolate chiplets chips** 1.19  
 3 lb. pkg. (1 1/4 lb. squares) vegetable oil  
**Blue Bonnet margarine** 2.63  
 1 lb. sleeve (2 x 8 oz. tubs)  
**Blue Bonnet soft margarine** .99

save on Stokely Van Camp's products  
**beans with pork**  
 Van Camp's in tomato sauce 19 fl. oz. tin .79  
 10 fl. oz. tin Stokely, fancy  
**honey pod sugar peas** 2/.89  
 10 fl. oz. tin fancy  
**Stokely cream style corn** .52  
 10 fl. oz. tin Stokely, fancy, cut  
**green or wax beans** .46  
 10 fl. oz. tin in tomato sauce  
**Van Camp's beans with pork** .54  
 14 fl. oz. tin, New Orleans or dark  
**Stokely red kidney beans** .65