

super save beef bonanza



assorted Aunt Jemima pancake flour 1 kg pkg. **.99**



assorted jelly powders Jell-O 85 g pkg. **3/1.00**

regular Old Tyme table syrup 750 mL cont. **1.29**
 frozen assorted fish Highliner entrees 14 oz. pkg. **1.99**
 Mrs. Smith frozen apple pie 26.6 oz. pkg. **1.49**
 frozen regular or deluxe McCain's pizza subs 11 or 12 oz. pkg. **1.69**
 Hunt's tomato sauce 28 fl. oz. tin **.89**
 Nabisco shredded wheat 450 g pkg. **.89**
 Nielson hot chocolate poly economy Red Rose tea bags 500 gr. of 100 **2.49**
1.69



condensed Campbell's vegetable soup 10 fl. oz. tin **.29**

PRODUCE SPECIALS

U.S. No. 1 fresh lettuce ea. **.49**

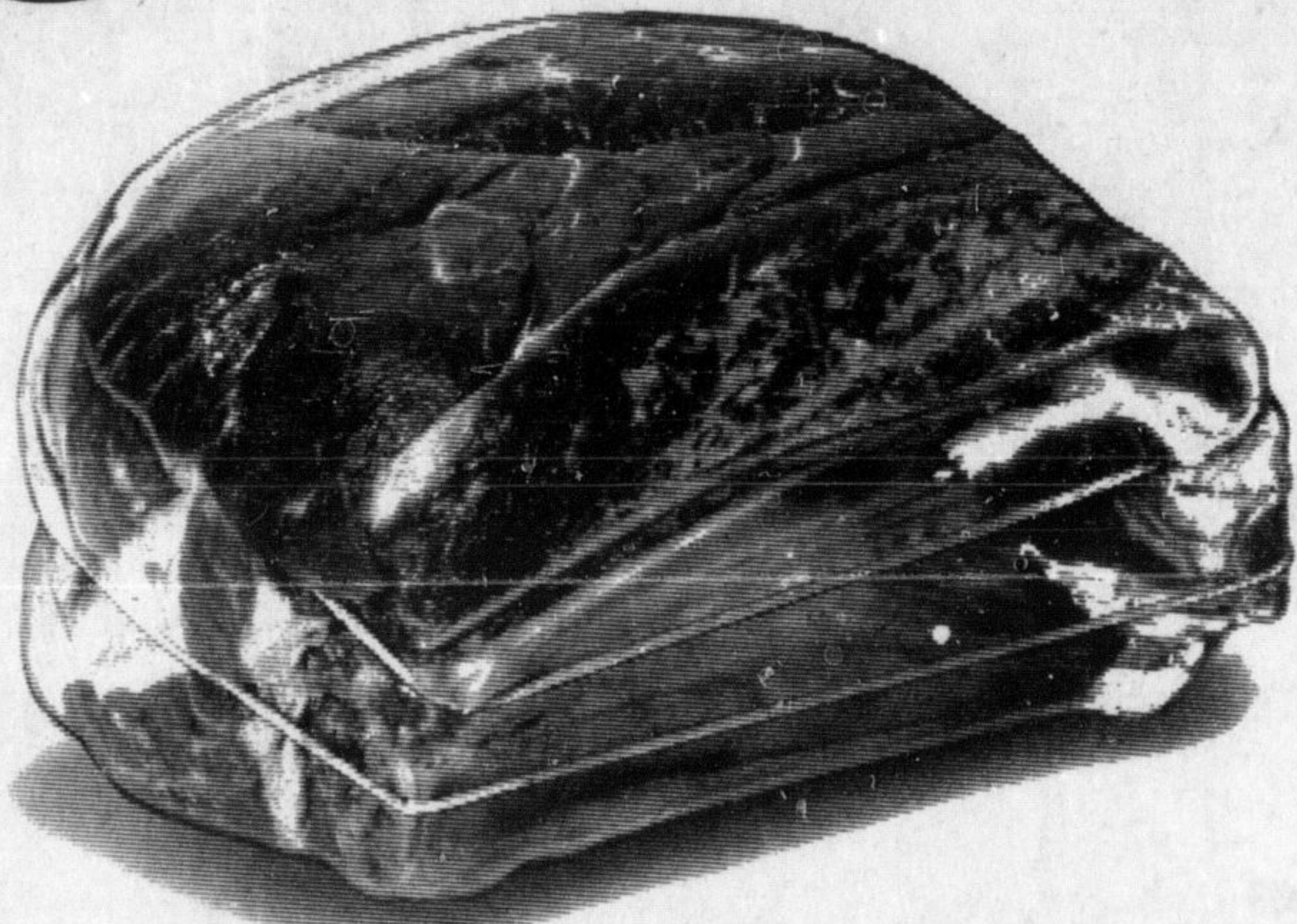
U.S. "Fancy" avocados **3 FOR 1.00**

Florida Size "48" white or pink grapefruit **4/.89**

U.S. Fancy 12 oz. pkg. mini carrots ea. **.59**

U.S. No. 1 large size cucumbers **2 FOR .89**

Canada No. 1 rutabagas lb. **.19**



cut from Canada grade 'A' beef chuck short rib roasts lb. **1.48**

"the cool weather favourite" cube style stewing beef..... lb. **1.98**

regular ground beef..... lb. **1.38**

ideal for meat loaf or burgers	Schneiders beef or beefsteak pies 250 g pkg.	1.18
medium ground beef lb.	Schneiders beef bologna 500 g pkg.	2.18
cut from Canada grade 'A' beef boneless blade roast lb.	cut from Canada grade 'A' beef crosscut rib roast lb.	1.98
cut from Canada grade 'A' beef blade steaks lb.	Maple Leaf cryovac corned beef brisket lb.	2.58
Schneiders all beef skinless wieners 16 oz. pkg.	Schneider's head cheese bowls 375 gm	1.49
cut from Canada grade 'A' beef chuck arm shoulder steaks lb.	Pride of Canada cooked ham 175 g pkg.	1.18
Maple Leaf beef burgers 750 g pkg.	Burns small link beef and pork sausage lb.	1.48
fresh sliced beef liver lb.		



Maple Leaf rindless bacon 500 g pkg. **1.68**

Fortune fancy fruit cocktail peach slices 14 fl. oz. tin **.69**
 peach halves..... **.69**

pieces & stems or whole 10 fl. oz. tin Rio mushrooms..... **.69**

Betterbuy bathroom tissue 4 roll pkg. **1.29**

choice whole Sunspun potatoes 19 fl. oz. tin	.39	in tomato sauce Heinz Scarrios 14 fl. oz. tin	.49
dark red Stokely kidney beans or with pork Van Camp beans 28 fl. oz. tin	.79	assorted Green Giant vegetables 12 to 14 fl. oz. tins	2/.99

Dimpfmeier apple strudel 12 oz. pkg.	.99	Italian crusty bread F O R	2.99
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powdered laundry 3 litre box ABC detergent..... **1.39**

Palmolive - liquid 500 mL cont. dish detergent..... **.99**

Sealtest cottage cheese 500 g pkg.	1.19	Quikki poly utility food storage bags pkg. of 50	.99
Nature Valley granola bar 275 gr.	.99	Quikki kitchen garbage bags pkg. of 12	.59

case of 24 x 10 fl. oz. tins cola, gingerale, grape, orange root beer or soda water Sunspun soft drinks **4.65**

Sunspun parchment margarine 1 lb. pkg. **.39**

Canadian process cheese food Sunspun single slices 500 g pkg. **2.09**

Values effective until closing Saturday, February 28, 1981. We reserve the right to limit quantities.



FREE PARKING AT REAR OF STORE