

Psychic phenomena, crafts highlight evening

By Arlene McMahon
What do psychic phenomena, brass rubbings, Christmas cards, toys, and family nutrition have in common?

All were subjects of mini-workshops presented by University Women's Club for members and their guests the evening of Thurs. Nov. 6 at Martin Street School.

Mrs. Jessie Zuest, a self-proclaimed psychic residing in Milton, spoke

on psychic phenomena and shared some of her philosophy and experience.

Mrs. Zuest believes everyone is psychic but we learn to shut it off at an early age in response to social pressures.

She encourages people to develop their psychic abilities through the use of relaxation techniques, reading, and practice.

For example, "Make predictions, record them,

and see if they come true," she said.

Psychics using tarot cards, crystal balls, handwriting, etc. are all ultimately performing similarly, some psychics preferring different media as a focal point.

Mrs. Zuest uses a piece of jewellery from the person for whom she is doing a reading because, she claims, metal carries vibrations which enable her to see pictures when

she is in a state of deep concentration.

Mrs. Zuest did several readings for the members that evening.

Patricia Mumford of the Yellow Poppet in Oakville demonstrated the craft of making Christmas wreaths, table arrangements, and tree decorations using manufactured craft materials.

As well, she presented ideas for using worn table cloths and skirts to brighten Christmas decorations.

Mrs. Mumford provided a hands-on opportunity for members as well.

Fingers magically turned to thumbs as the tricky art of bow tying was attempted.

Mrs. V. Knebel, dietician, spoke on problems relating to obesity with particular emphasis on dieting.

She warned against fad diets and explained how to lose weight economically while still following Canada's Food Guide.

For example, substituting cottage cheese for hard cheese and powdered skim milk for regular milk will help keep down the calories as well as the food bills, while still providing the same nutrients.

Mrs. Knebel pointed out that although cutting calories will result in weight loss, daily exercise is a must also.

Judith Barlow of the Mediaeval Brass Rubbing Centre in Burlington spoke on the history and technique of brass engravings.

A "brass" is the brass

plate often found in many old British churches as memorial stones.

They depict royalty, military figures, knights,

ecclesiastical figures as well as ordinary civilians.

By placing specially treated paper over the

brass and rubbing with a special wax crayon the design can be "lifted" and makes an unusual and interesting wall hanging. Brass rubbing centres provide reproductions of many of the original brasses.

Ms. Jan Jowett of Toy Magic in Georgetown presented a display of toys suitable for infants all the way to eight year olds.

She stressed that parents should not be limited to buying toys according to the age designation on the box; rather that skills differ from one individual to another and to buy toys suitable for a particular child's skill development.

Some games allow different age groups to play together and are designed so that the oldest child would not always win.

As well, there was an assortment of books and records.

Heather Brewer given WI award

Mrs. A. Moore was hostess for the Campbellville Women's Institute November meeting with Mrs. O. Van Sickle presiding.

Minutes and treasurer's report were read by Mrs. G. Black.

Our MDHS award, a dictionary was presented to student Heather Brewer.

SPIN assistants for December will be Mrs. G. Black and Mrs. M. Wilson.

It was mentioned that there is no sign directing traffic to Campbellville on leaving Hwy. 401 exit onto Reid Sideroad, or on leaving Hwy. 6 at Campbellville Sideroad, and it was decided that a letter be sent to the proper authorities asking that this be corrected.

Mrs. S. Cramp will show her pictures, portions of an Around the World trip, on Nov. 24 at St. David's Sunday School room. Our December meeting will be a luncheon meeting at the Royal Botanical Gardens in Hamilton.

Mrs. R. Parker reported on the WI convention at Guelph in October. A draw for the newly issued WI calendar was won by Mrs. L. Stokes.

Immunization clinics held

The Halton Regional Health Unit is offering monthly immunization clinics in Milton.

They are held the third Tuesday of the month at the health unit office at 53

Brown St. In addition to offering polio and tetanus shots, there are a wide range of vaccinations for people travelling outside Canada.

Clinics are also open in Acton, Georgetown, Oakville and Burlington.

For further information telephone 827-2151. Health unit hours for the clinic are 1:30 p.m. to 4

Between the Willows

Who goes where?

By Don Byers

Amid the delicate etchings of bare limbs, the willows weep gold—the first to sprout leaves, the last to lose them.

Thus it was, in the first week of November, on a cool, but sunny Sunday morning, I sat alone beside a sputtering fire, reluctantly burning its way through skinny, birch branches.

Empty chairs surrounded me in the living room. My mind sought to fill them. And I wondered. Who goes where?

I sat on my padded throne and looked about me. And there was son Rick, sitting comfortably in my mind, his warm smile beaming through his full beard. God! He is almost 30 years old! On the broad coffee-table was his recently published book of poetry.

I have followed his writing for many years. At first, it was mostly a collection of "buzz-words", put together to create a non-poem, a souped-up phonebook of trivia.

Not so now. The words work as they should. And, drawn into the web of serious thought, is a disarming whimsy that speaks well of the author and his work.

From his book, "Attitudes" published in Vancouver, a sample of what I read:

RENT DAY

Throughout the full length of a long, narrow street
Flat on its back 'neath a blanket of mist
Thin hidden doorways press to kiss
Each with a suite number, lacking completion,

Missing a clue to the owner's complexion,
Sought by the Fat Man who owns all the keys.

It's rent-day today and all is serene. The kids play alone in the patches of green.

That serve as front yards for the fortunate few,
Who have nothing to do, save serving the brew,
Saving their strength for a trip to the Inn,

Instead of the Fat Man's knocking their thin,
For it's also 'Cheque-Day' and all is serene.

Tomorrow, both sides will meet in the morning."

Yes. They sure will, Rick. And, God bless, you saw it the way it was—the paths and the humor, both part of the human misadventure.

Hope, they say, springs eternal. But, sometimes we seem to have too big feet and too small steps. I once read about "Mute Inglorious Miltons" (the poet not the Town), men and women who had something to say about the human condition, and, for whatever reason, remained silent and unheard, the verbal garbage that dominates every election campaign, you have to wonder what indeed words are all about.

Recently, on this continent, in this community, we came close to drowning in them.

That's especially why I welcomed "Attitudes" by Rick Byers. He uses words as if he respects them, as he truly does.

Proud poppa? Sure!
But it goes a hell of a lot farther than that.

If you don't believe me, buy the book.

Church Services

CHURCH OF CHRIST
1412 Britannia Rd. West
Minister: Brian Cox
878-5696

Sunday, Nov. 23/80
10:00 a.m. - Bible School
Class for all ages.
11:00 a.m. - Morning
Worship and the Lord's
Supper.
7:30 p.m. - "Preaching of
The Gospel"

Wednesday
7:30 p.m. - Bible Study
"The Church of Christ salutes
you." Romans 16:16

**ANGLICAN CHURCH
OF CANADA**
GRACE CHURCH
317 Main St., Milton
Sunday, Nov. 23/80
First Sunday Before
Advent

8:00 a.m. - Holy Communion
9:15 a.m. - Holy Eucharist
10:30 a.m. - Holy Communion and Baptism Festival
9:30 a.m. - Senior Church School
10:30 a.m. - Junior Church School

Thursday
10:00 a.m. - Holy Communion

ST. JOHN'S
Nassagaweya (Guelph Line,
N. of 401)
9:30 a.m. - Holy Communion

Church School
ST. GEORGE'S
Lowville (Guelph Line &
Derry Rd.)
11:00 a.m. - Morning Prayer.
Rev. Charles Mastors, Rector
Nursery and Church School

**TRINITY
BAPTIST CHURCH**
4272 Appleby Line
Sunday, Nov. 23/80
9:45 a.m. - Bible School for
all ages
11:00 a.m. - Sermon: The
Fullness of the Holy Spirit
7:00 p.m. - Sermon: The
letters of Christ to the Seven
Churches of Asia

No. 3 The Church at
Pergamos
Tuesday
7:00 p.m. - Trinity Boys and
Girls Club

Wednesday
7:45 p.m. - Prayer Meeting
and Bible Study
A warm welcome to all

**HIGHWAY GOSPEL
CHURCH**
Pentecostal Assemblies
of Canada
Corner of Wakefield
and Ontario Sts.
Pastor: Rev. M. Christensen
878-2064

Sunday, Nov. 23/80
9:45 a.m. - Sunday School
11:00 a.m. - Morning
Worship. "The Believers
Quartet"

Also: Children's Church
6:00 p.m. - Family Prayer
7:00 p.m. - Evening Worship

On Wednesdays
9:00 a.m. - Ladies Prayer
Meeting

Friday
7:30 p.m. - Family Night
Crusaders for Young People
7-14 years.

**ST. PAUL'S
OF THE UNITED
CHURCH OF CANADA**
Main St. at James St.
The Rev. E. T. Jack Birch

Sunday, Nov. 23/80
9:45 a.m. - Family Worship
11:00 a.m. - Morning
Worship - Sermon: Baptism -
Ed Custer Preaching
11:00 a.m. - Church School
- All Welcome
Nursery Facilities

**BOSTON and OMAGH
PRESBYTERIAN
CHURCHES**
Rev. Larry A. Welch
878-3888

Sunday, Nov. 23/80
BOSTON
3rd Line, Halton Hills
9:30 a.m. - Church School
and Divine Worship

OMAGH
Britannia Rd. West
11:00 a.m. - Church School
and Divine Worship

**MILTON
BAPTIST CHURCH**
Pastor: Kelvin F. Mutter
878-0035

Sunday, Nov. 23/80
10:00 a.m. - Sunday Worship
10:30 a.m. - Junior Church
School
Come and Worship with us in
the Auditorium of The Halton
Centennial Manor.

**MILTON GOSPEL
HALL**
306 Ontario St. N.,
878-2022

Christians Gathered
In The Name Of The
Lord Jesus Christ
Sunday, Nov. 23/80
10:00 a.m. - Breaking Bread,
11:45 a.m. - Sunday School
7:00 p.m. - Gospel Service

Wednesday
8:00 p.m. - Prayer and Bible
Reading
All are Welcome
To these Services

Jesus said, I am the door: by
me if any man enter in, he
shall be saved. John 10, 9.

**THE
PRESBYTERIAN
CHURCH IN CANADA
KNOX CHURCH
MILTON**
170 Main St. E. 878-8687

Rev. Trevor J. Lewis
Organist - Choir Director Mr.
Brian Stoll

Sunday, Nov. 23/80
9:45 a.m. - Church School
10:00 a.m. - Adult Bible
Study
11:00 a.m. - Morning
Worship

Nursery Available
7:00 p.m. - Communicants
Class
All Welcome

**EMMANUEL
BAPTIST CHURCH**
245 Commercial St.
Pastor: Dr. J.R. Armstrong
SINCE 1934
878-2326

Sunday, Nov. 23/80
10:00 a.m. - Sunday School
for Children & Adults
11:00 a.m. - Assembly &
Worship. Sermon: "The
Powerful Preacher" (Jonah
3)

7:00 p.m. - Evening Praise
and Bible Study. Sermon:
"The Pouting Piker" (Jonah
4)

Tuesday
9:45 a.m. - Coffee Hour and
Bible Study

Wednesday
7:00 p.m. - Family Night
With a Program for Every-
one.
Nursery Service is provided
at all Sunday Services and on
Tuesday morning.



Halton Housing Authority

Pre-Qualification - Day-to-Day Maintenance for Plumbing, Heating, Drains and Sewer Maintenance, General Contract Maintenance, Electrical Maintenance, Glazing Maintenance, Appliance Repairs, Floor Maintenance.

The Halton Housing Authority invites bids from contractors to provide service in the above trades on a Day-to-Day basis. Contractors will be required to provide service to Projects located in Acton, Georgetown, Milton, Burlington and Oakville.

Details and Specifications along with submission forms may be obtained from Halton Housing Authority, 139 Thomas Street (or write to P.O. Box 787, L6J 6C5) Oakville, Ontario. Telephone 844-4261.

Submissions must be received not later than 11:00 a.m. local time December 17, 1980.

The Halton Housing Authority reserves the right to limit the number of contractors in each trade.

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- 10 lbs. Side Bacon 29¢ lb.
- 10 lbs. Loin Pork Chops 29¢ lb.
- 10 lbs. Side Spare Ribs 29¢ lb.
- 10 lbs. Picnic Ham 29¢ lb.

Total: 370 lbs.
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\$52⁸⁸ per month for 6 months equal payments

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AVG. WTS. 150-240 LBS.

EXAMPLE: 300 LBS. @ 1.59 = 318.00

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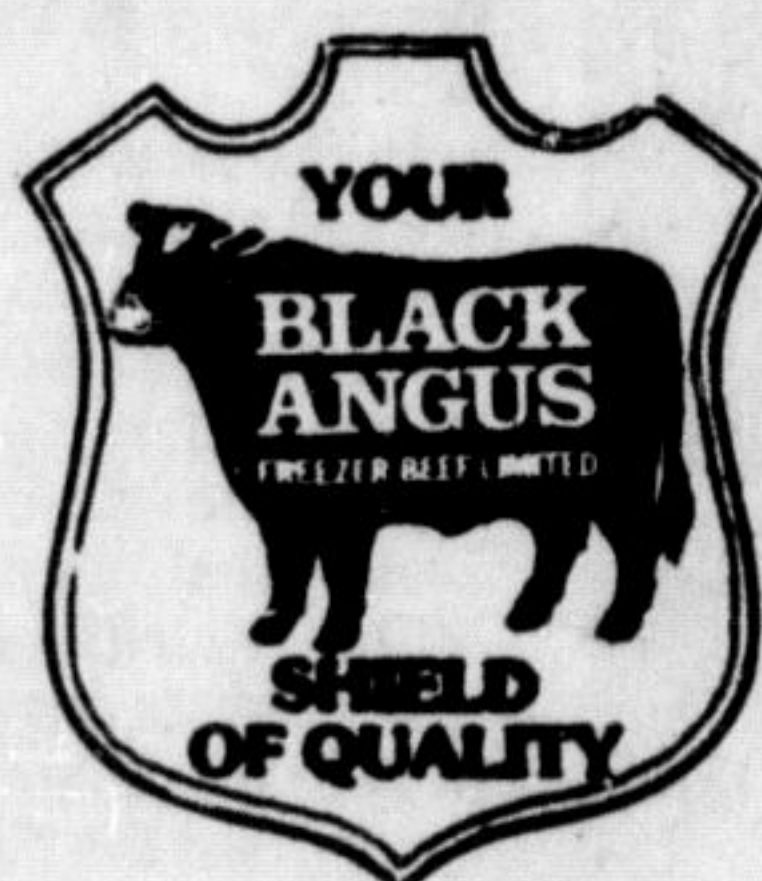
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