

super save

cut from Canada grade A beef blade steaks lb. **1.68**
 boneless cube style stewing beef lb. **1.98**

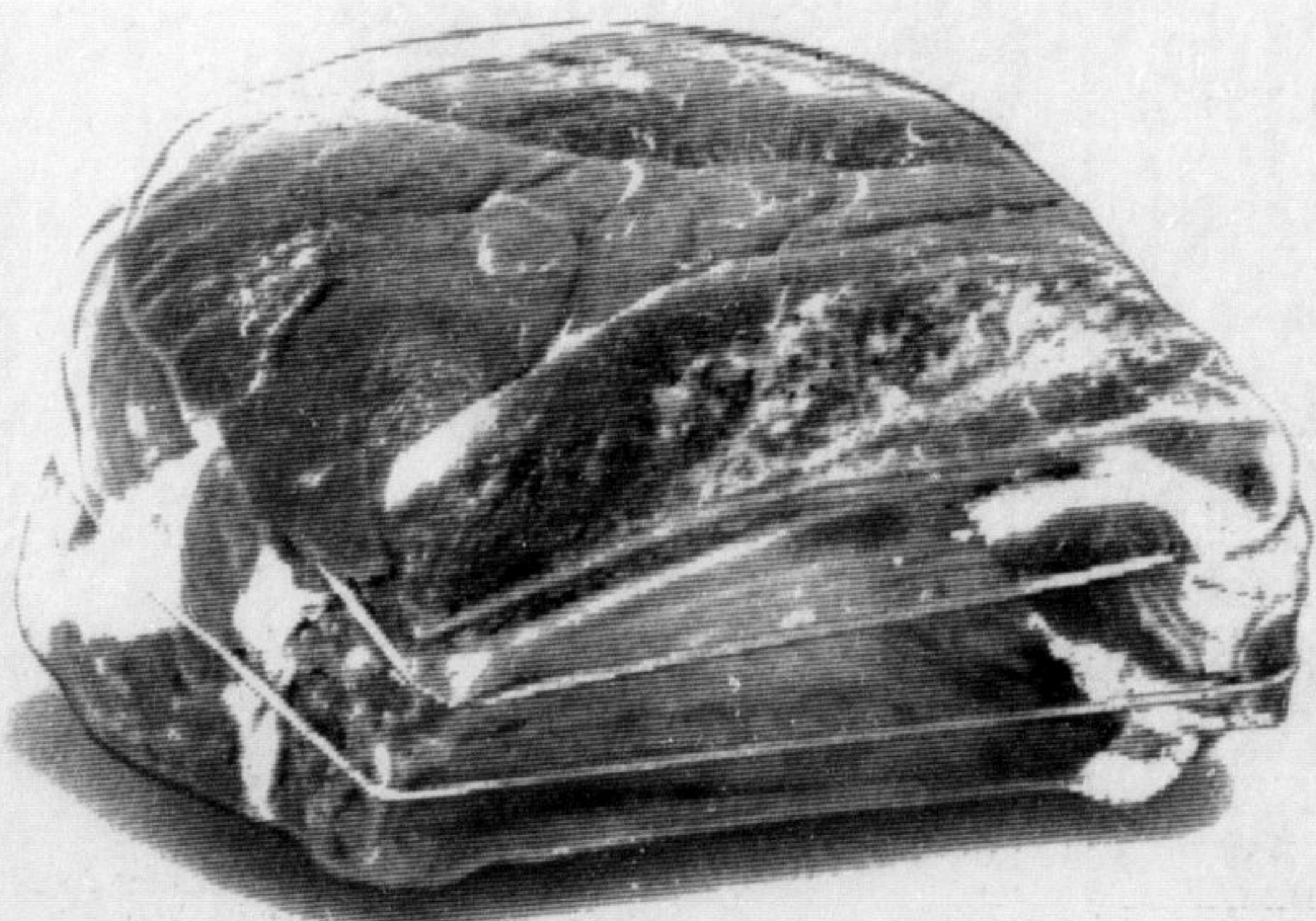
shortening **Crisco**



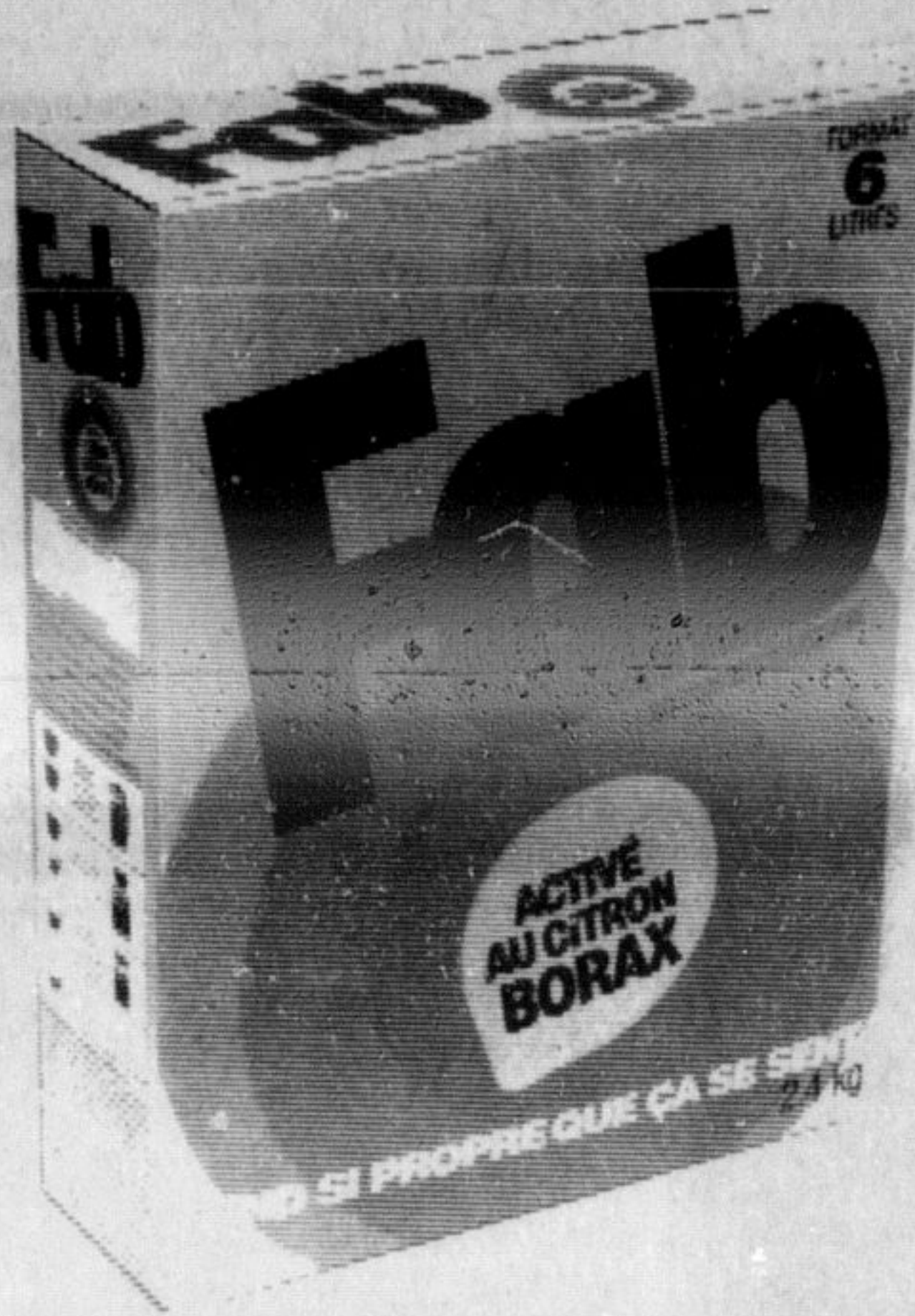
1 lb. pkg. **.77**

Maple Leaf cryovac sweet pickled cottage rolls lb. **1.68**
 cut from Canada grade A beef chuck arm shoulder steaks lb. **1.68**
 Maple Leaf cooked ham 175 g pkg. **1.58**
 cut from Canada grade A beef boneless blade roasts lb. **1.98**
 Maple Leaf rindless bacon 500 g pkg. **1.98**
 ideal for meat loaf regular ground beef lb. **1.58**
 Maple Leaf smoked boneless dinner hams lb. **2.48**
 tasty, tender beef liver lb. **1.08**

Maple Leaf super franks 300 g pkg. **1.39**
 Pride of Canada bologna 375 g pkg. **1.28**
 Maple Leaf pepperoni, smokies, salami smoked sausage sticks 250 g pkg. **1.48**
 Pride of Canada regular or all beef skinless wieners 16 oz. pkg. **1.58**
 Maple Leaf fully cooked smoked picnics lb. **1.48**
 Burns waxed - midget bologna chubs lb. **1.28**
 Maple Leaf ham steaks 175 g pkg. **1.88**
 Maple Leaf all beef sausage 500 g pkg. **2.28**



cut from Canada grade A beef chuck short rib roast lb. **1.58**



powdered laundry Fab 6 litre box detergent **2.89**



Cloverleaf chunk light tuna 6.5 oz. tin **1.15**



Uncle Ben's converted rice 2 kg pkg. **2.49**



satin parchment margarine 1 lb. pkg. **.39**

Values effective until closing Saturday, November 1, 1980. We reserve the right to limit quantities.

super buys

Green Giant 12 or 14 fl. oz. tin vegetables **2/89**

Dare's break-tyme cookies with pork or in tomato sauce	14 fl. oz. tin	.49	General Mills cheerios 425 g pkg.	1.49
Liptons souper noodle liquid	pkg. of 1	.27	Kraft cheese whiz 500 g jar	2.29
Joy detergent	500 mL	.79	Hereford corned beef 12 oz. tin	1.99
Maple Leaf whipped butter 250 g		1.25	Libby's brown beans with pork 28 fl. oz. tin	.99
Totino's - frozen deluxe crispy pizza 370 g pkg.		1.89	Aylmer - Can. Choice tomatoes 28 fl. oz. tin	.69
frozen Highliner captain burgers 400 g pkg.		1.89	Club House black pepper 106 g.	1.29
in tomato sauce with beef Heinz scarios 15.25 fl. oz. tin		.69	Crisco shortening 1 lb. pkg.	.77
Canada no. 1 Billy Bee creamed honey 1 lb. cont.		1.39	Heinz ketchup 11 fl. oz. jar	.69

Facial Tissue	WHITE SWAN
Scotties 200 x 2 ply reg. 99¢	paper towels 2 roll pkg. reg. 1.19

New Glade flo-thru 2 way air freshener 21 g. **.99**

PRODUCE SPECIALS

size "138" Sunkist Valencias oranges doz. **1.29**

"new crop" Florida - Indian River grapefruit 4 FOR **4.89**

"Chiquita" bananas 4 LBS. FOR **1.00**

"Ontario" new crop parsnips 2 LB. BAG ea. **.79**

"Ontario" 20 lb. bag potatoes ea. **2.05**

No. 1 large size cucumbers 2 FOR **2.49**

Ontario size no. 24 celery stalks ea. **.49**

238 MAIN STREET, MILTON