

Loblaws

more meat values

frozen New Zealand whole lamb legs	lb.	was 2.18 1.78
New Zealand frozen lamb shanks	lb.	was 1.38 1.18
fresh centre cut pork loin roasts	lb.	was 2.48 1.98
frozen Swifts, regular or all beef brown 'n' serve sausage	250 g pkg.	was 1.85 1.48
store packaged Z&W Foods polish sausage	lb.	was 2.28 1.98
Loblaws wieners	1 lb. pkg.	was 1.88 1.58
sliced Loblaws cooked ham	175 g pkg.	was 1.85 1.58
regular or thick sliced Loblaws bologna	375 g pkg.	was 1.62 1.38
sliced ziggys salami	375 g pkg.	was 2.48 2.18
Loblaws pork shoulder butt smoked cottage roll	lb.	was 2.78 2.28

more grocery values

Jergens (3 bath bars banded) lotion mild toilet soap	390 g	was 1.19 1.09	
Pep-O-Mint, Butter-Rum Butterscotch or 5 flavours family pack, Life Savers	5 roll pkg.	was 1.09 .99	
with peanuts Johnson's mixed nuts	350 g tin	was 2.99 2.59	
hunks and chunks Johnson's cashews	350 g tin	was 4.39 3.99	
super moist, all varieties Betty Crocker cake mixes	510 g box	was 1.23 1.13	
regular or butter flavoured Aunt Jemima syrup	750 mL plas. bl.	was 1.89 1.73	
plain Bravo spaghetti sauce	28 fl. oz. tin	was 1.33 1.09	
Finish automatic powder dishwasher detergent (plus 25c deposit) regular or diet Pepsi-Cola	50 oz. box	was 3.15 2.75	
(plus 25c deposit) Mountain Dew	750 mL ret. bot.	was .65 .49	
(plus 25c deposit) Maxwell House ground coffee	750 mL ret. bot.	was .65 .49	
all purpose Weston stoned wheat thins	1 lb. bag	was 3.99 3.49	
for no-wax floors Perk shine freshener	600 g box	was 2.09 1.89	
large (6's) or small (10's) Stuart House burner savers	341 mL plas. bl.	was 1.69 1.49	
all flavours (4's) Neilson drink crystals	box	was .95 .85	
Glad sandwich bags plastic kitchen size	12.8 oz. poly bag	was 1.29 1.19	
Glad garbage bags spaghetti, spaghettini or ready cut macaroni Lancia pasta	200's box	was 2.49 1.99	
all varieties McLarens dill pickles	12's pkg.	was .99 .79	
Purina cat chow	spaghetti, spaghettini or ready cut macaroni	1 kg cello pkg.	was 1.69 1.19
frozen unsweetened Niagara apple juice	all varieties	48 fl. oz. jar	was 1.85 1.65
white or pink Niagara frozen lemonade	1 kg box	was 1.55 1.45	
frozen single serving Stouffer's lasagna	12.5 fl. oz. tin	was .99 .85	
	12.5 fl. oz. tin	was .59 .49	
	10.5 oz. box	was 1.91 1.69	



prime rib roasts 1st 5 ribs
cut from Canada grade "A" beef

was ~~3.18~~ **2.56** lb.

Limit - 2 prime rib roasts per family lb.



family pack, by the package
contains: 3 centre cuts, 3 rib portions, 3 tenderloin portions

fresh pork loin chops

was ~~1.88~~ **1.46** lb.



5 oz. boneless rib eye or strip loin frozen tenderized

12 steaks

save ~~1.69~~ **14.99** per dozen

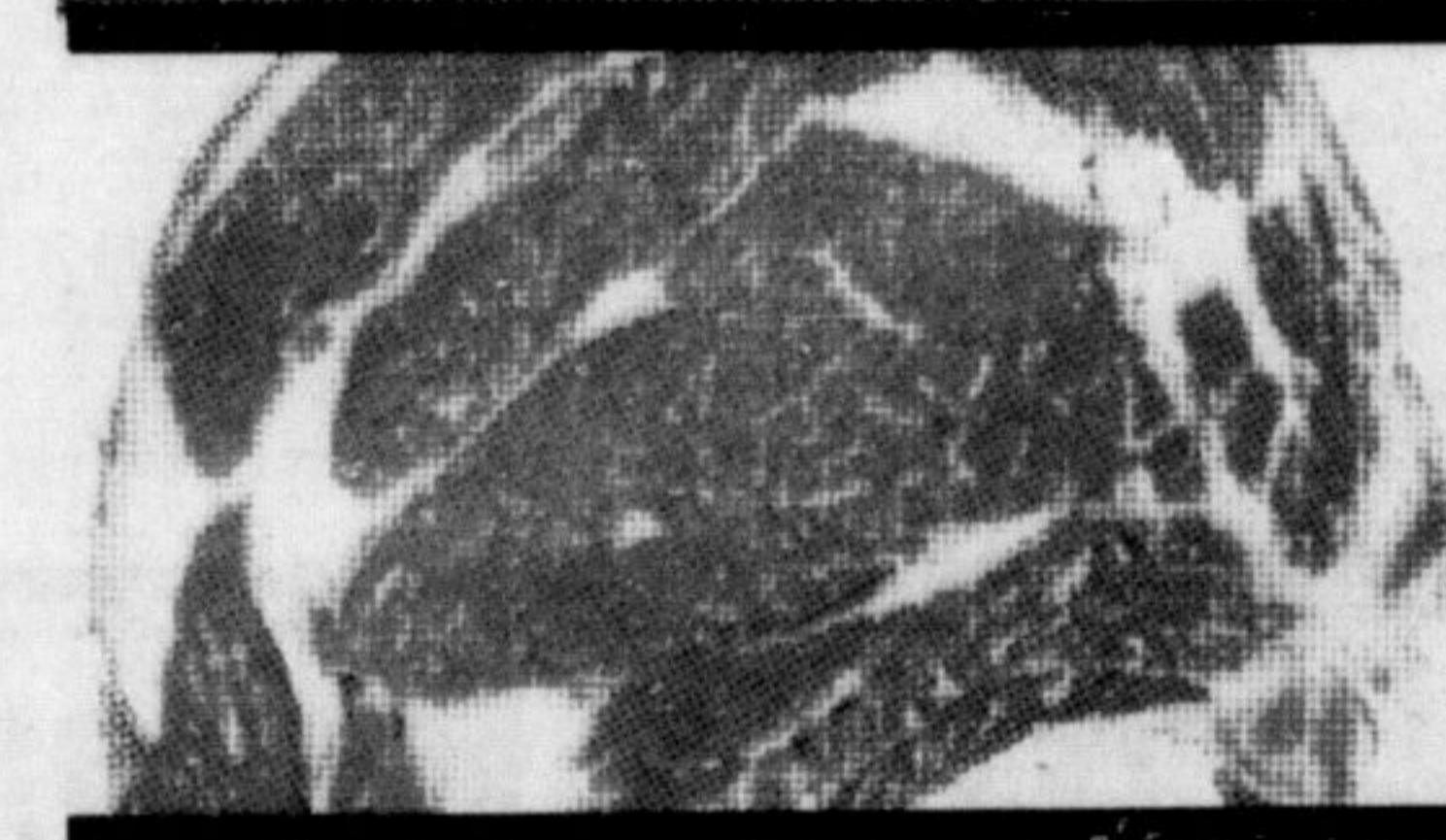
individual packaged - ideal for freezer storage compared to individually price per 5 oz. pkg. of 1.39



tendersweet, vac pac cooked, smoked

Maple Leaf Brand hams butt half or shank portion quarters

was ~~2.28~~ **1.68** lb.



cut from Canada grade A beef our everyday low price ~~3.88~~ **2.98** lb.

rib steaks Limit - 6 rib steaks per family



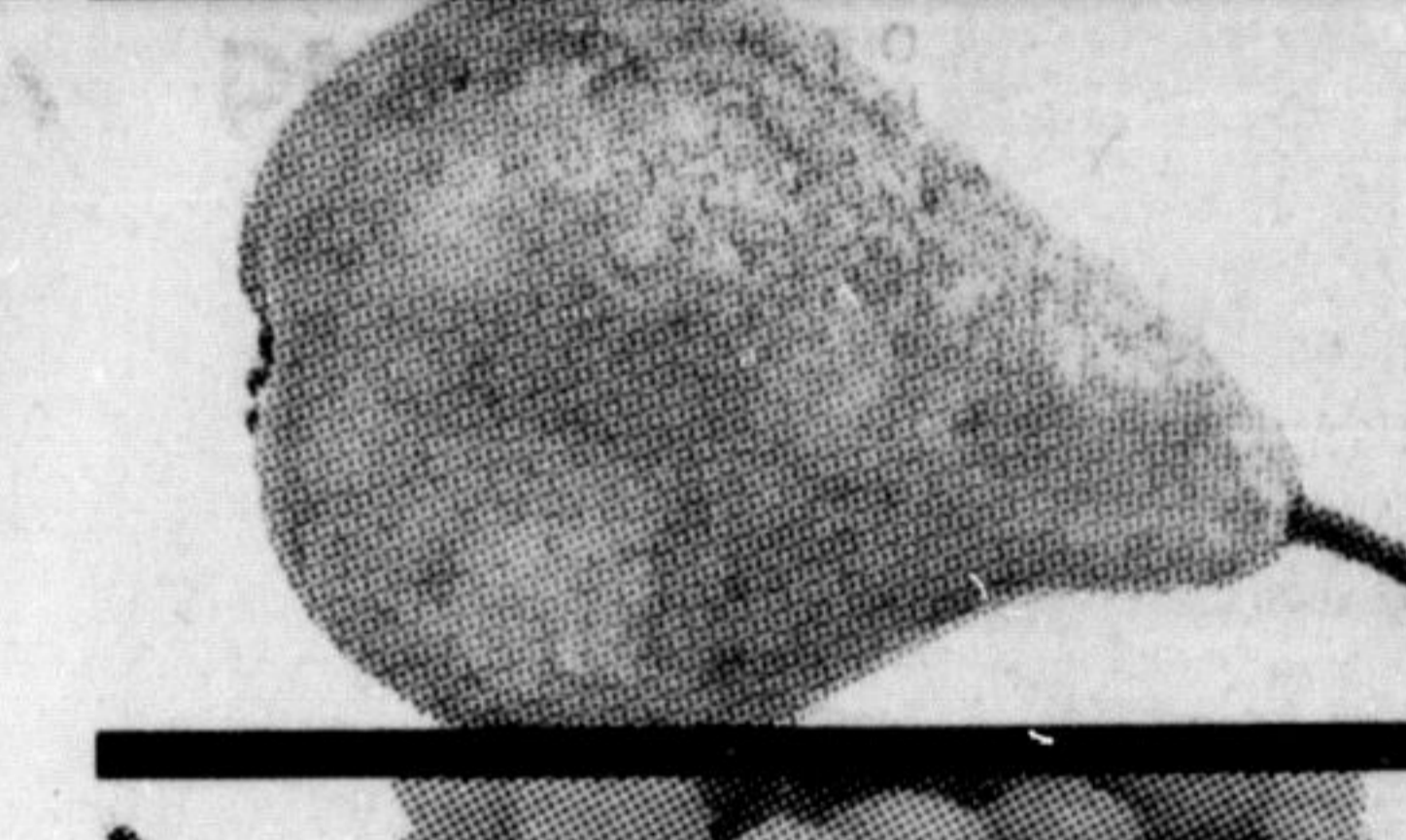
Ontario or U.S.A. grown garden fresh our everyday low price ~~.99~~ **.58** lb.

brussel sprouts



cut from Canada grade A beef our everyday low price ~~1.68~~ **1.28** lb.

short ribs bone in ideal for braising or barbecuing



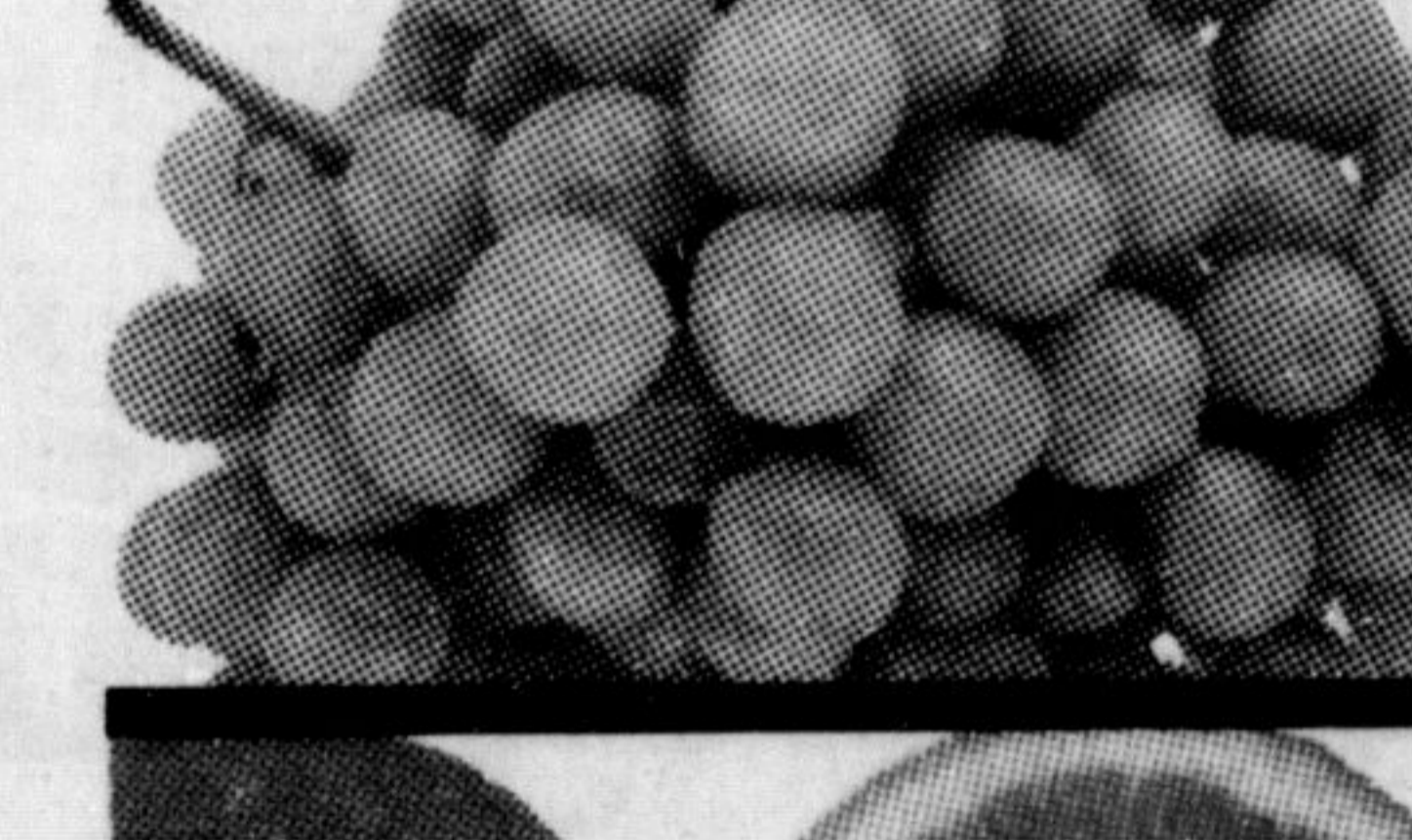
Ontario grown no.1 grade our everyday low price ~~.69~~ **.48** lb.

Bosc pears



our everyday low price ~~3.98~~ **2.98** lb.

fresh boneless chicken breasts



produce of U.S.A. sweet eating our everyday low price ~~1.38~~ **.69** lb.

green seedless grapes



fresh hot or sweet our everyday low price ~~2.48~~ **1.98** lb.

Vitto Brand Italian sausage



our everyday low price ~~1.88~~ **1.88** 4 lb. bag

new crop from Mexico oranges



our everyday low price ~~2.48~~ **1.98** 14 oz. pkg.

frozen High Liner Brand fish fillets in sauce



Ontario grown fancy grade our everyday low price ~~1.48~~ **.98** 3 lb. bag

McIntosh apples



our everyday low price ~~3.12~~ **2.18** 14 oz. pkg.

frozen, cooked High Liner Brand haddock fish sticks



our everyday low price ~~23.98~~ **\$6.00 off** you pay only 17.98

large home plants 3 1/2' to 4 1/2' tall

floor plants 10" pot

spend \$50. with us this week &

free up to \$2.90 value complete 1/4 chicken dinner

Valid for one charcoal broiled quarter chicken dinner plate that will include the following: quarter chicken, bar-b-q sauce, toasted roll, french fries potatoes and non alcoholic beverage. Offer available in selected Loblaws stores. Details in store.