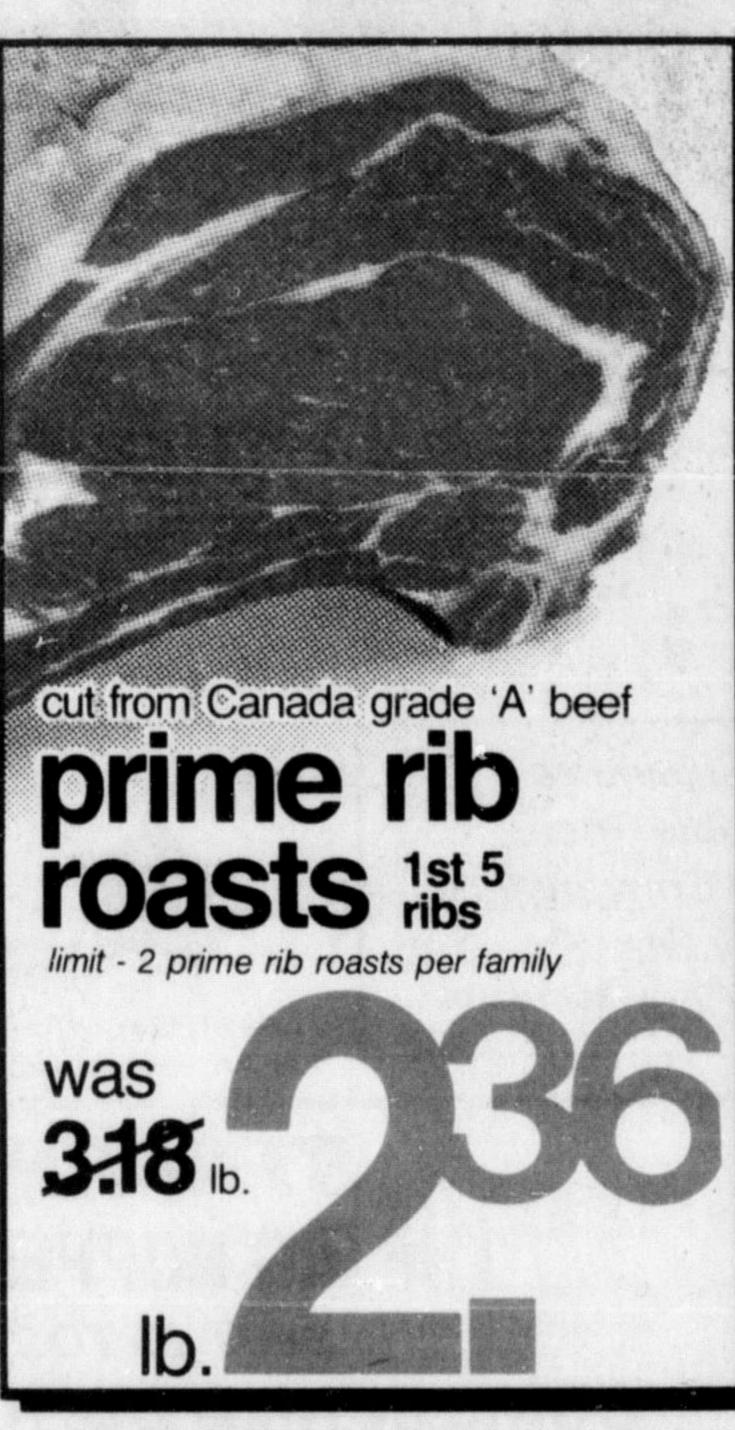
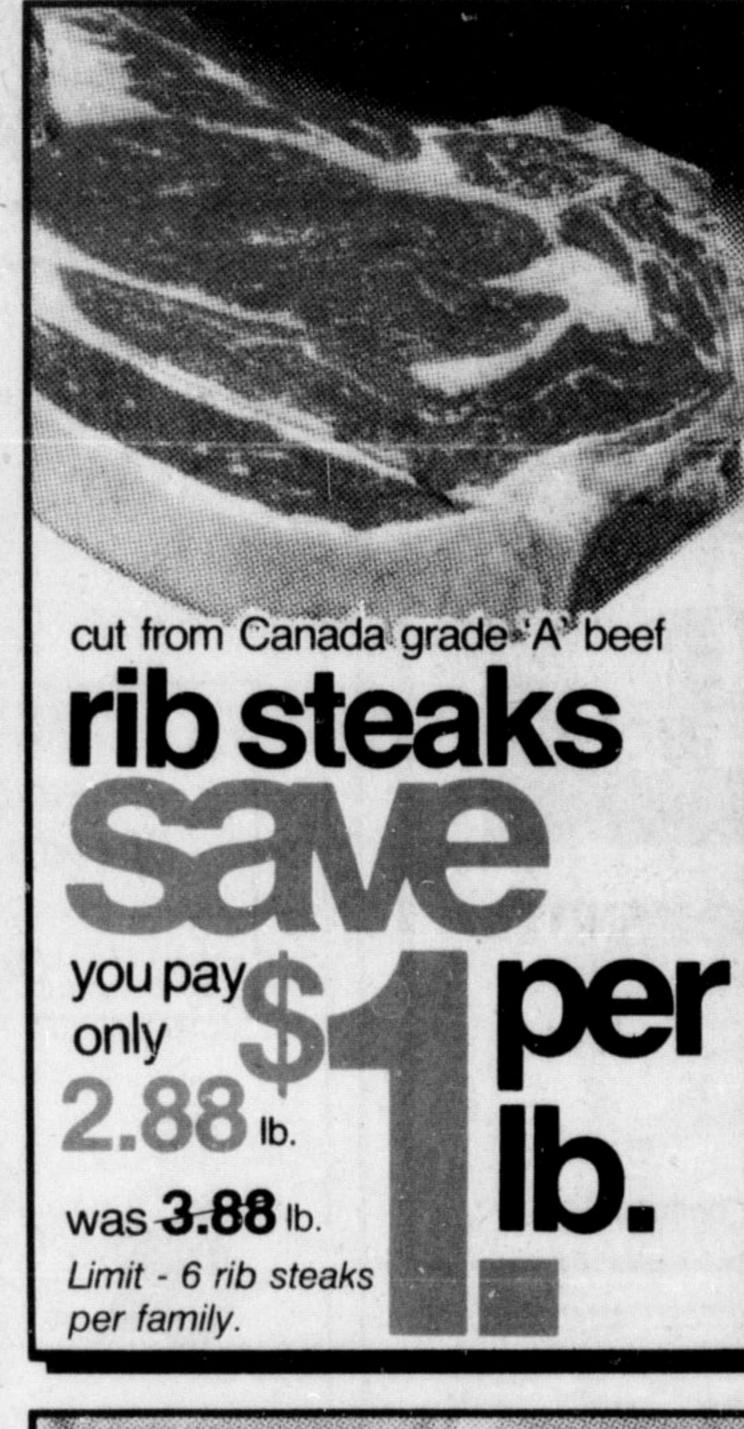
more meat values

		was 1.88	
Swifts Premium	1 lb.	.00	
wieners	pkg.	.UU	
Danola Brand 5 specified varieties		0/4 50	
		was 2/1.50	
sliced meats	2 71 g 1 pkgs.	.UU	
Cuddy brand, all white meat or			
white and dark meat		was 1.15	
cooked	125 g	.00	
sliced turkey	pkg.		
sliced		was 1.18	
beef liver	. 1	.00	
frozen steak or beef	ID.	. • •	
Schneiders		was 1.18	
meat pies	8 oz.	.00	
Loblaws braunschweiger	ping.	was 1.38	
liver	300 a 1		
sausage vac pac	300 g pkg.	.00	
frozen whole, cut-up		was 4.98	
Schneiders 1.00	900 g	QQ	
	bucket U	.30	
previously frozen		was 2/1.96	
turkey drumsticks	2 lbs. 1	nn	
	L for		
Loblaws		was 1.74	
sausage meat	500 g	.00	
Siena brand hot or sweet by t	he piece	was 3.38	
capicolli or \$1.00			
pepper butts per		.38	
frozen store packaged		was 1.59	
Boston bluefish	4	.00	
fillets	lb.	.00	
store packaged		was 1.68	
frozen approx. 7 or rainbow trout	oz. size -	nn	
ranibow trout	eacii	.00	

more grocery values

spaghetti, thin spaghetti d	or	was 1.55
Romi pasta	2 lb.	.00
Romi plain		as .89 ea.
spaghetti sauce	2 14 fl. 1 oz. jars	.50
all varieties		vas .50
Dr. Ballard's dog food	14 oz. tin	.47
Rise 'n Shine (4's) Salada		was 1.29
orange crystals	13 oz. poly bag	.00
Quaker	4	was 1.59
Life cereal	20 oz. box	.50
Cheer powder laundry	6 L 1	was 4.19
detergent	box 4	.00
liquid	3 L /	was 4.29
fabric softener Borden	plas. jug	was 1.63
Realemon lemon juice	675 mL	39
Club, Party or Some of Eac	btle.	was 1.33
McCormick crackers	12 oz.	.00
all varieties		was .49
Pep dog food	25.5 oz. tin	.44
Coco Puffs or Lucky Charm General Mills		was 1.79
cereal	375 g box	.68
Taster's Choice	8 07 6	was 6.79
instant coffee 1 ply yellow or decorated, asso	8 oz. 6	was 1.59
Scottowels	2 roll	30
paper towels Lady Scott 2 ply all colours	pkg.	was 1.77
bathroom	4 roll	50
Green Giant fancy niblet	pkg.	vas .56 ea.
whole kernel corn	2 12 fl. 1 oz. tins	.00
Green Giant fancy green of	rwax v	vas .56 ea.
sliced beans	2 14 fl. 7 oz. tins	.00
regular, filter or extra fine gradition		was 4.09
Nabob coffee	1 lb. 3	.09
wheat and mixed fruit or rice an Beech-Nut		was 1.49
infant cereal all flavours (4 x 5 oz. tin)	200 g box	was 1.55
Nestle	. 1	39
mini puddings	sleeve	was 1.59
Sani-Pak garbage bags	10's pkg.	.39
McNair	ping.	was 1.39
chocolate flavour chips	12 oz. Tello bag	.19



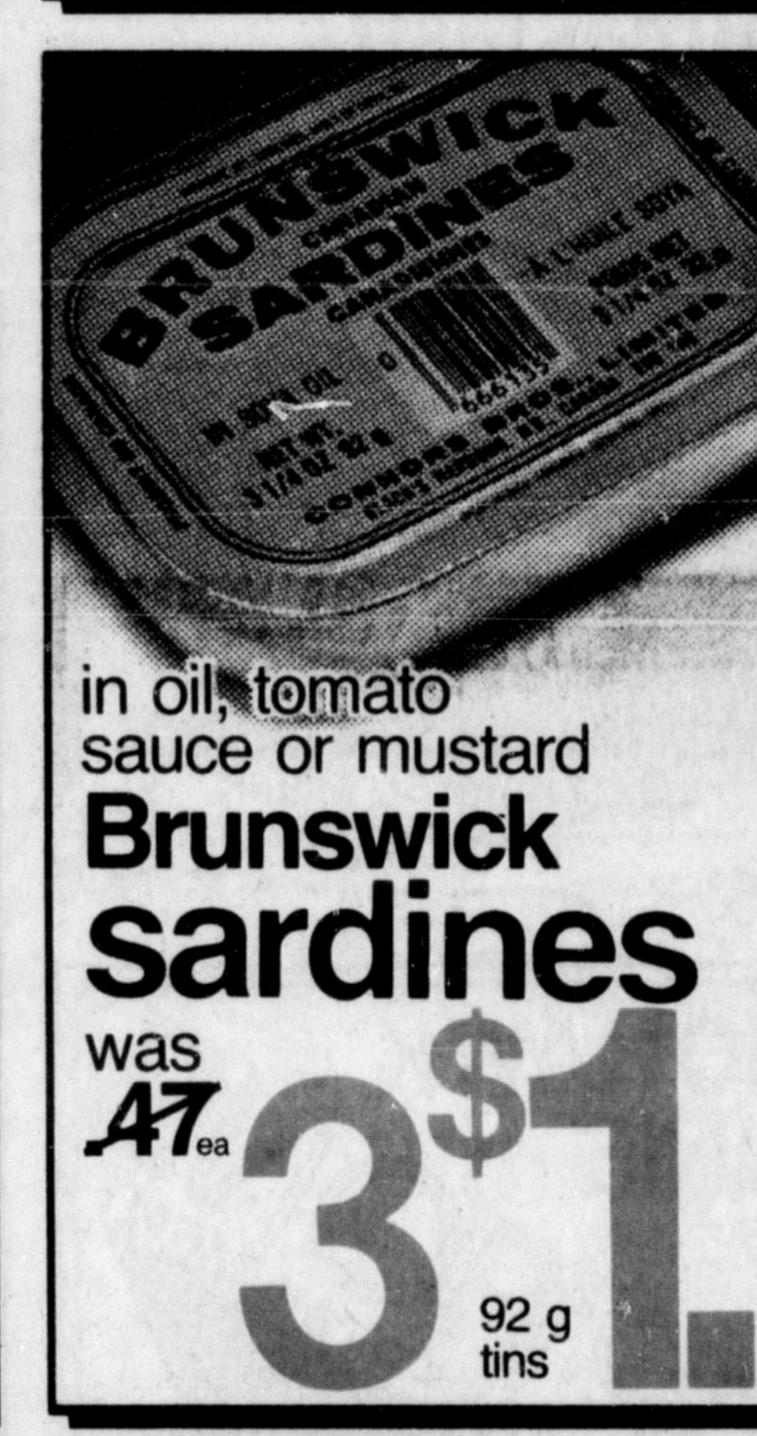


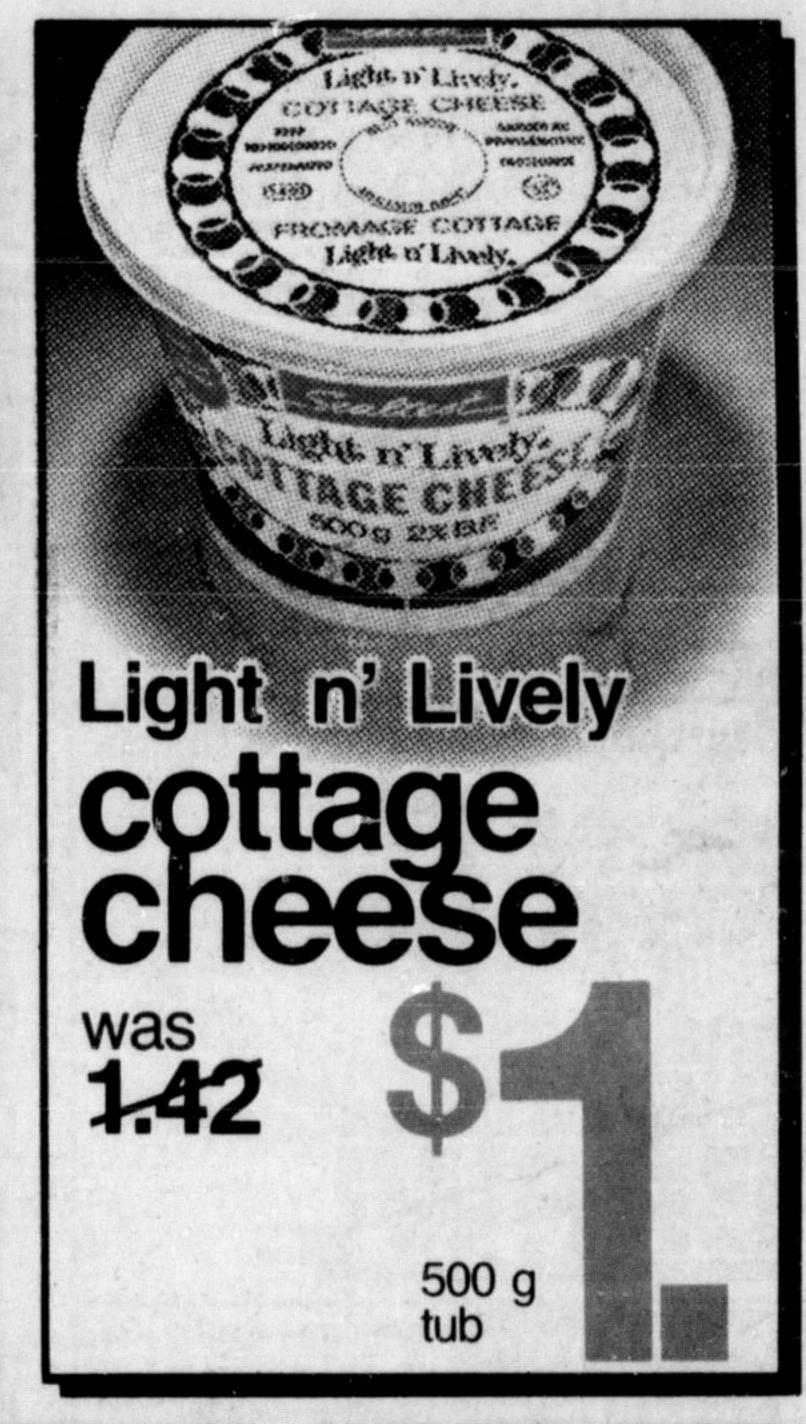


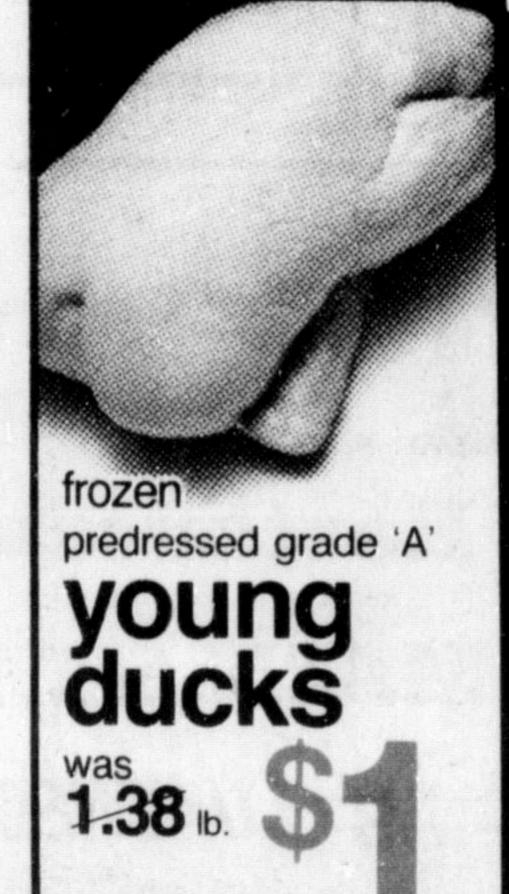
























per lb.

you pay only

1.75 lb.









boxes

