

up to 1/2 price

more meat values

- frozen tenderized rib eye steaks 5 oz. pkg. **1.29**
- frozen tenderized strip loin steaks 5 oz. pkg. **1.29**
was 3.68
- fresh boneless chicken breasts lb. **2.98**
was 3.78
- Shopsys boneless cooked smoked deli lean hams lb. **3.28**
was 1.35
- 6 specified varieties Shopsys's salads 500 g pkg. each **1.19**
French coleslaw, chef salad, macaroni salad, creamy coleslaw, potato, vegetable & egg salad or European potato salad
- sliced Loblaw's side bacon 500 g pkg. **1.58**
was 1.58
- sliced Loblaw's cooked ham 175 g pkg. **1.38**
Loblaw's mock chicken or luncheon meat
- cooked meat chubs 500 g pkg. each **1.99**
previously frozen Devon Brand, store packaged
- farm style sausage lb. **1.18**
was 1.38
- 5 varieties, sliced danola smoked meats 71 g pkg. **.49**
chicken, corned beef, pastrami, smoked ham, smoked beef
- Valuplus brand wieners 1 lb. pkg. **1.18**
was 1.39
- frozen dressed head on whitefish whole lb. **.99**

more grocery values

- Bravo tomato paste 3 5 1/2 fl. oz. tin **1.00**
(100's) was 1.77
- Old London melba toast 13 oz. box **1.49**
(plus 25¢ deposit) was .59
- regular or diet Seven-Up all purpose grind 750 mL ret. btl. **.45**
was 4.19
- Maxwell House coffee 1 lb. bag **3.69**
was 3.49
- regular or California Nelson's iced tea mix 36 oz. tin **3.24**
lemonade, fruit punch or grape
- Bright's fruit drinks (6 x 10 fl. oz. tin), sleeve **1.97**
was .43
- Jell-O jelly powders 3 oz. box **.33**
was 1.07
- Bright's tomato juice 48 fl. oz. tin **.97**
(4's) was 1.75
- Tang orange crystals 13 oz. poly bag **1.69**
Johnson and Johnson
- stayfree mini pads 30's box **1.99**
was 1.55
- Close-Up toothpaste 100 mL tube **1.25**
was .41 ea.
- Del Monte fancy peas 3 10 fl. oz. tin **1.00**
was 1.79
- York asparagus tips 12 fl. oz. tin **1.49**
was 2.09
- Red Rose tea bags 12 oz. cello bag **1.93**
was 1.51
- Swift's Prem luncheon meat 12 oz. tin **1.39**
was 1.39
- variety pak, (3's) Paris Pate meat spreads 255 g mesh bag **.99**
was .84
- Bick's relish 12 fl. oz. jar **.75**
was 1.09
- McLaren's sweet mixed pickles 15 fl. oz. jar **.93**
was 3.39
- normal or oily Flex shampoo 450 mL plas. btl. **1.99**
- powdered laundry detergent Tide 12 L box **7.49**
was 2.49
- Johnson's baby powder 14 oz. plas. btl. **1.99**
was 1.29
- frozen Honeydew orange drink 16 2/3 fl. oz. tin **1.09**

fresh Ontario Grown no. 1 grade
lettuce
our everyday low price
~~39~~ **1/2 price 1.19**
each

from the tropics large size
bananas
our everyday low price
~~39~~ **1/2 price 1.19**
lb.

pork loin fresh by the package
chops
contains: 3 centre cuts, 3 tenderloin portions, 3 rib portions
our everyday low price
~~1.78~~ **1.28**
lb.

young frozen pre-dressed grade A
ducks
our everyday low price
~~1.38~~ **.98**
lb.

Neilson, all flavours
ice cream
our everyday low price
~~1.49~~ **1/2 price .74**
1 L pkg.

coloured, wedges
Schneiders, cheddar mild cheese
our everyday low price
~~2.03~~ **1.59**
12 oz. pkg.

save .80 compared to National Brand 2.39
no name 24 oz. bag **1.59**

save .32 compared to National Brand 1.19
no name (plain or ripple) 200 g bag **.87**

save .40 compared to National Brand 1.19
no name 225 g pkg. **.79**

save .28 compared to National Brand 1.09
no name heavy duty 18 unit pkg. **.81**

save .10 compared to National Brand 1.49
no name (white or pink) 12 1/2 fl. oz. tin **.39**

save 1.00 compared to National Brand 2.19
no name scented 100 mL btl. **1.19**

save 1.00 compared to National Brand 3.75
no name freeze dried 4 oz. pouch **2.75**

Ontario grown
no. 1 grade **tomatoes**
4 quart basket
our everyday low price **2.39**
1.98

individually wrapped sold only in 10 lb. boxes
our everyday low price **1.62**
1.99
frozen chicken legs
use only what you need ideal for home freezers

no. 1 grade from California
bartlett pears
lb. **.88**
.69

frozen
New Zealand **boneless lamb legs**
ideal for barbecuing
our everyday low price **3.49**
2.98
lb.

Ontario grown garden fresh
zucchini squash
lb. **.49**
.39

fresh centre cut
our everyday low price **2.08**
1.58
pork loin roasts
lb.

traditional flowering house plant
african violets
4 inch pot
our everyday low price **2.58**
~~1.29~~ **1/2 price 1.29**
each

Maple Leaf brand
our everyday low price **2.85**
2.38
corned beef brisket
vac pac
lb.