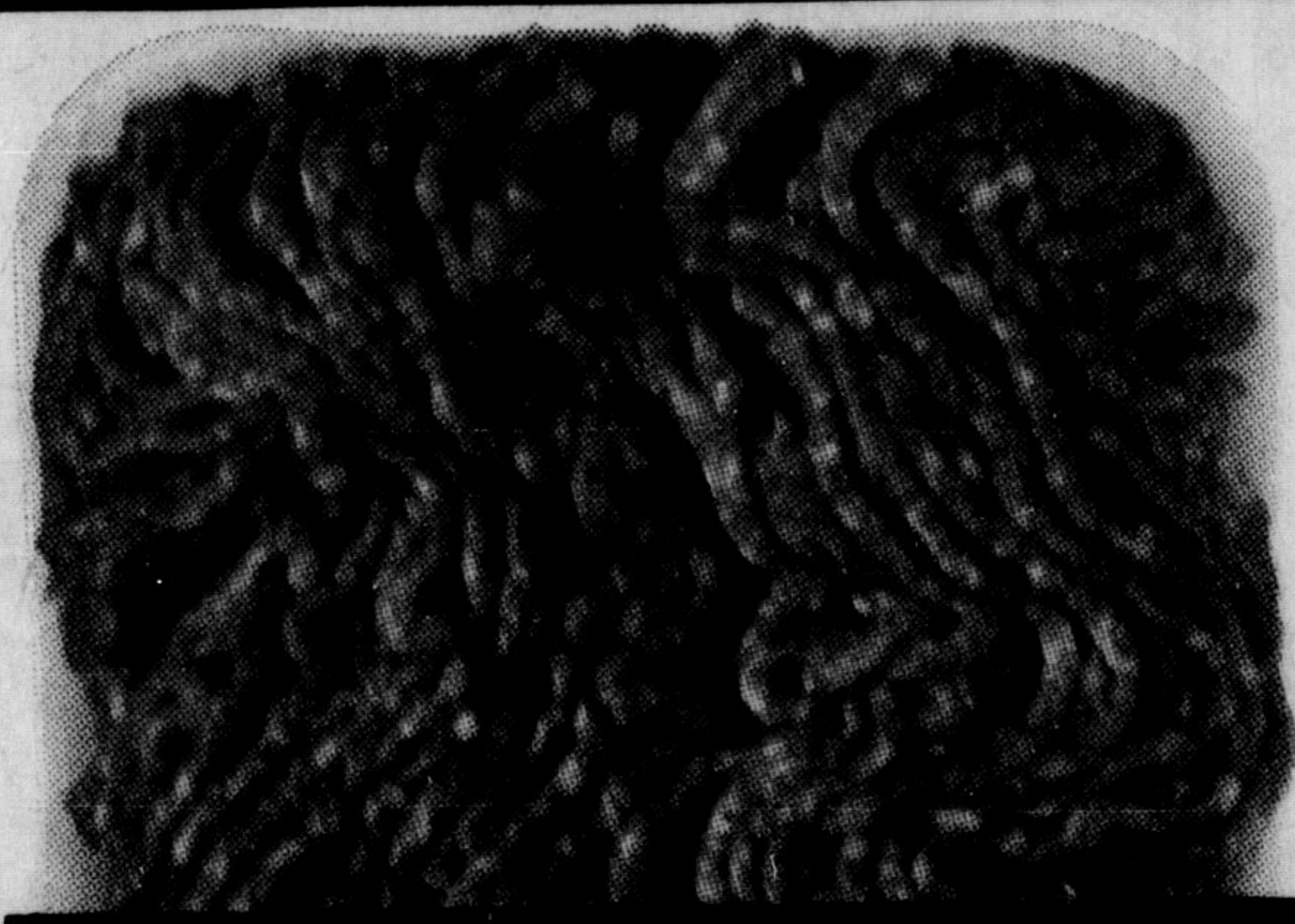


# low prices

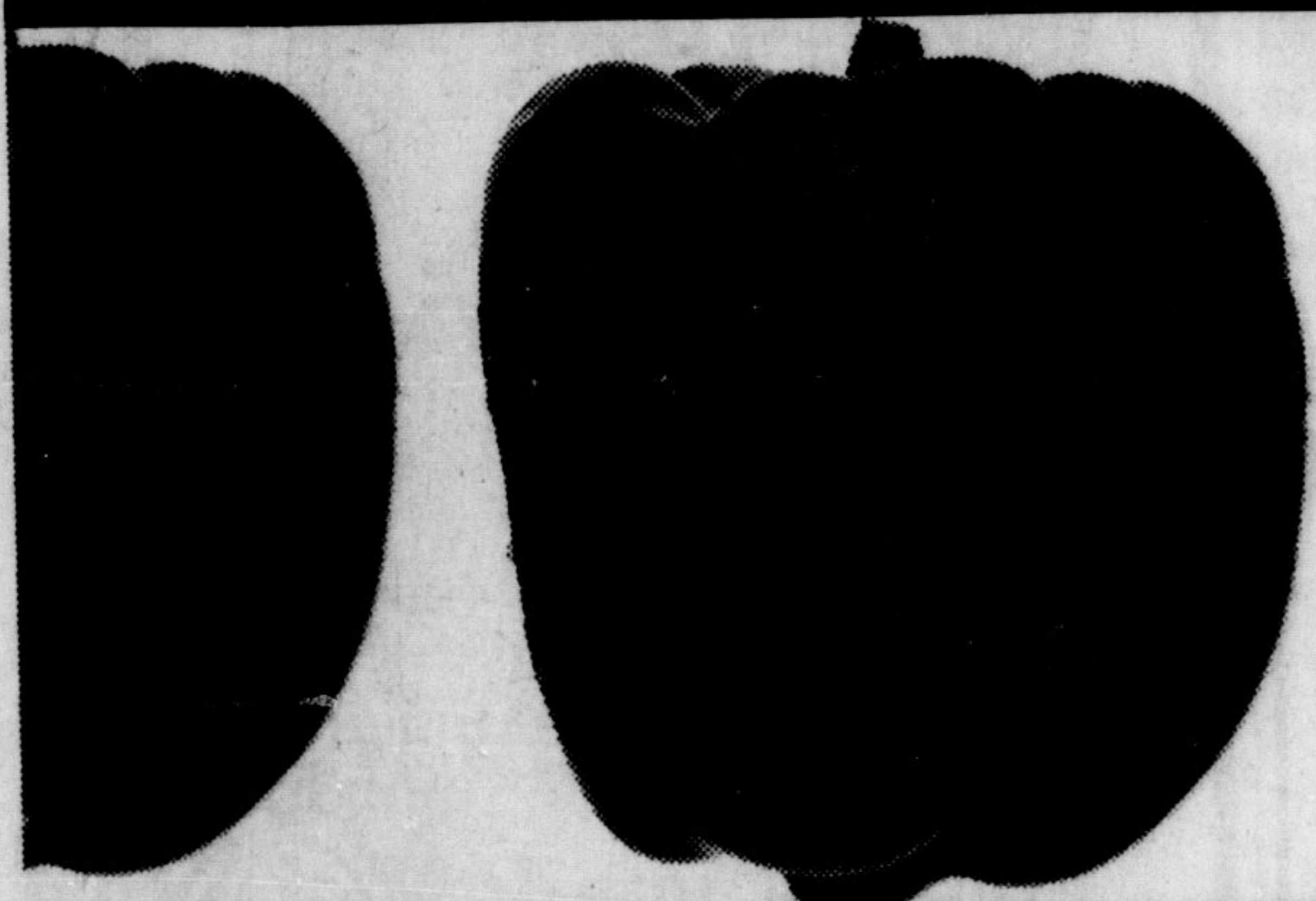


our everyday low price ~~2.48~~ lb. **1.98** lb.

freshly ground  
**lean ground beef**

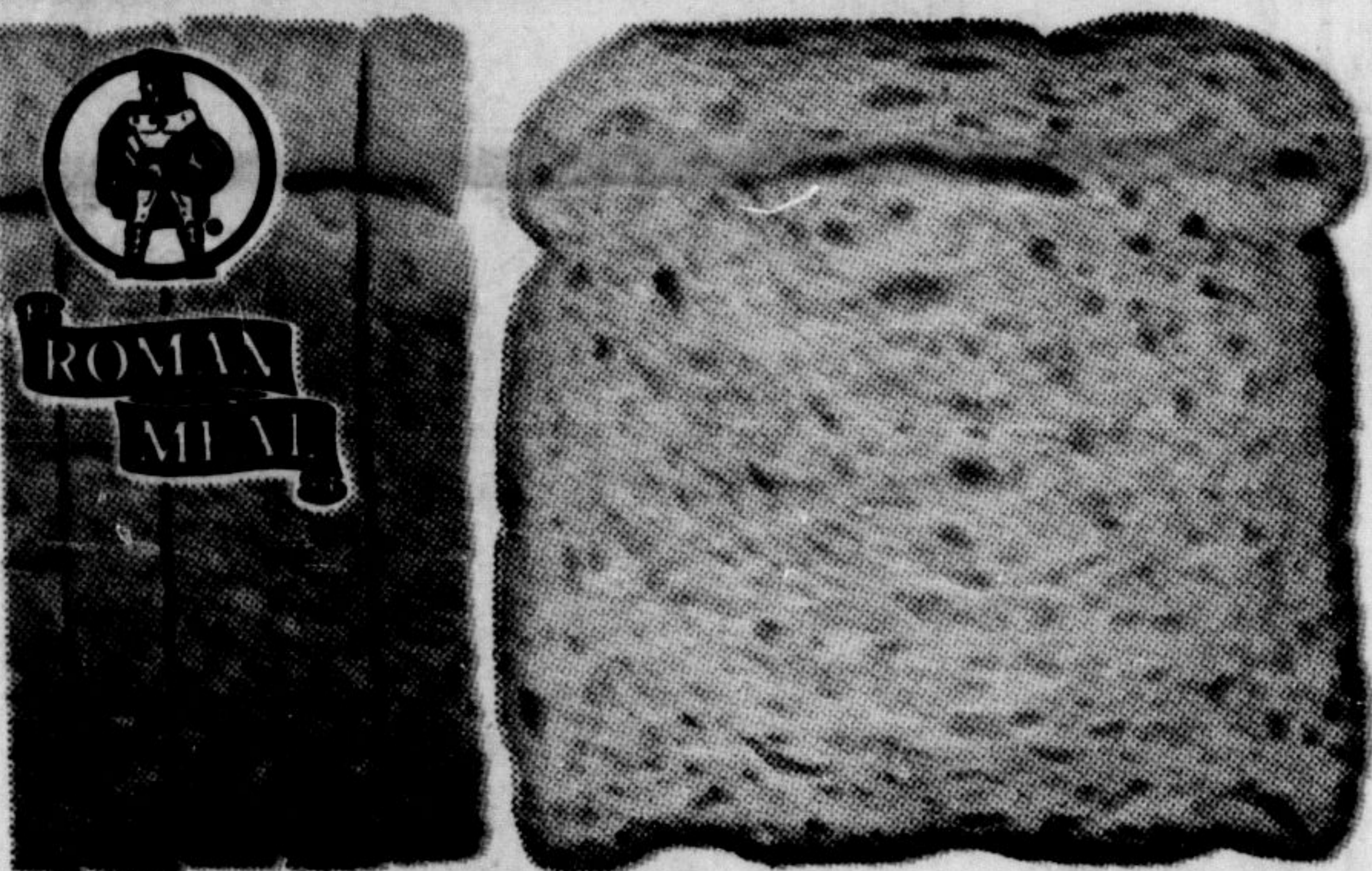
### more grocery values

- Carnation coffee-mate 500 g jar **1.97** was 2.19
- all varieties Nature Valley granola bars 275 g box **1.34** was 1.49
- prepared French's mustard 9 oz. jar **.48** was .51
- Elbows macaroni, thin spaghetti or spaghetti Romi pasta 2 lb. cello bag **1.09** was 2.09
- Cepacol mouthwash 500 mL btl. **1.79** was 2.33
- regular, or superdry Soft and Dri anti-perspirant 200 mL aero. tin **1.59**
- 8-34" Royal Chinnet luncheon plates 20's pkg **1.44**



produce of U.S.A. no. 1 grade  
**green sweet peppers** each **.15**

- creamed, large or small curd Neilson cottage cheese 500 g tub **.99** was 1.35
- Neilson sour cream 500 mL tub **.99** was 1.16
- all flavoured varieties Neilson Fruitplus yogourt 175 g cup **.47** was .56
- Novelty Neilson ice milk UFO's 24's box **2.29** was 2.69



our everyday low price ~~.85~~  
sliced - 24 oz. loaf  
**Roman Meal bread** **.59**

- frozen Honeydew orange drink 16 2/3 fl. oz. tin **.99** was 1.29
- frozen Honeydew orange drink 12 1/2 fl. oz. tin **.83** was 1.03
- frozen Honeydew grape drink 12 1/2 fl. oz. tin **.89** was .97
- frozen Honeydew fruit punch 12 1/2 fl. oz. tin **.89** was .97

- frozen, chocolate or honey vanilla McCain fiesta cake 21 oz. box **1.89** was 2.09
- Deep 'n' Delicious frozen McCain lasagna 14 oz. box **2.09** was 2.29
- frozen, chicken, meat or pizza, (2's) McCain cornish pies 10 oz. box **1.75** was 1.89
- frozen, fancy McCain broccoli spears 10 oz. box **.69** was .79

our everyday low price ~~.63~~  
in tomato sauce vegetarian, with pork, or with pork and molasses  
**Heinz beans** 14 fl. oz. tin **.39**

produce of South America fancy grade  
**Granny Smith apples** pound **.68**

### more produce values

- produce of U.S.A. limes or lemons each **.12**
- produce of U.S.A. garden fresh green beans pound **.69**
- produce of U.S.A. 1 grade celery hearts each **.78**
- product of Ontario cole slaw 2 pkgs. **1.00**
- produce of U.S.A. 1 grade tomatoes 2 lb. tray **1.59**
- produce of U.S.A. 1 grade cucumbers 2 for **.99**

our everyday low price ~~1.09~~  
McCain frozen fancy, Superfries straight or crinkle cut  
**french fries** 2 lb. poly bag **.79**

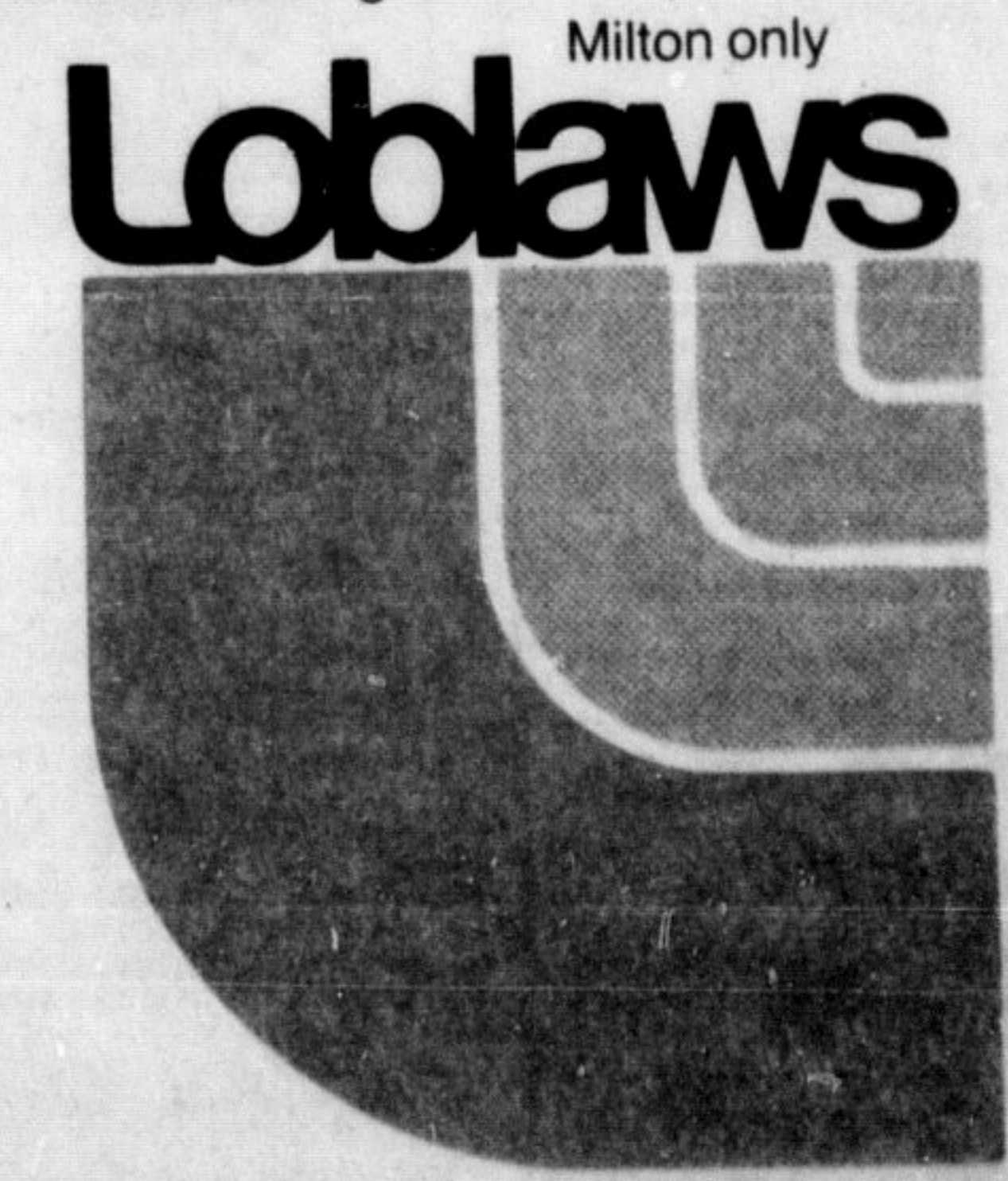
from California large size  
**oranges** each **.19**

our everyday low price ~~1.59~~  
oatmeal, oatmeal chocolate chip, chocolate chip, or Golden Country  
**DAD'S cookies** 400 g bag **1.09**

produce of U.S.A. no. 1 grade  
**carrots** pound **.19**

all varieties - frozen  
**Weight Watchers dinners** lasagna, chicken creole, ziti macaroni, veal stuffed peppers, and veal cabbage rolls  
**25% off** 13 oz. box

no. 1 grade California long white  
**new potatoes** produce of U.S.A. pound **.17**



\*Was' prices in this ad refer to Loblaws regular selling price.  
Prices effective to Tues. June 17, 1980 except bakery, effective to Sat. June 14, 1980.  
Stores reserve the right to limit quantities.  
Milton only