

Loblaws

more meat values

- frozen pressed, grade A
rock cornish chickens lb. **1.48** was 1.68
- semi-boneless cooked
halves or quarters
Loblaws smoked hams lb. **1.75** was 2.28
- previously frozen store packaged
farmstyle sausage lb. **.98** was 1.28
- cut from Canada grade A beef inside round
tenderized cube steaks lb. **2.98** was 3.78
- frozen ponderosa steak house
all beef burgers 2 lb. pkg. **3.58** was 3.78
- frozen
New Zealand lamb shanks lb. **.98** was 1.28
- previously frozen
turkey drumsticks lb. **.58** was .98
- Shopsy's cooked vac pac
boneless smoked deli lean ham lb. **2.88** was 3.48
- 6 specified varieties
Shopsy's salads 500 g each **1.15** was 1.35
- Shopsy's
Old Vienna salami chubs 500 g pkg. **2.48** was 2.98
- sliced
Loblaws cooked ham 175 g pkg. **1.18** was 1.38
- 9 specified varieties
ziggys cooked meat chubs 250 g each **1.49** was 1.64
- store packaged
Z & W Foods Polish sausage lb. **1.78** was 1.98
- frozen
no name mackerel fillets 2 lb. pkg. **1.48**

more grocery values

- Glad sandwich bags** 200's box **2.24** was 2.49
- in own juice, sliced, crushed or chunks
Dole pineapple 19 fl. oz. tin **.79** was .85
- regular or diet Seven-Up** (24 x 10 fl. oz. tins), case **5.89** was 7.55
- all flavours
Dr. Ballard's dog food 14 oz. tin **.47** was .50
- luxury, all varieties
Kal Kan cat food 2 13 oz. tin **.99** was .59 ea.
- Sunlight
liquid detergent 32 fl. oz. plastic btl. **1.49** was 1.69
- fancy
Libby's tomato juice 48 fl. oz. tin **.92** was 1.05
- all varieties
harvest crunch Quaker cereal 800 g bag **2.19** was 2.39
- Unico vegetable oil** 3 L tin **4.59** was 4.99
- Black Flag
house & garden spray 390 g aerosol tin **2.49** was 2.75
- regular or mint
Crest toothpaste 100 mL tube **1.29** was 1.49
- coloured, (1.4's)
Blue Bonnet margarine 2 lb. box **1.69** was 1.83
- Electrasol, automatic, powder
dishwasher detergent 2 kg box **3.69** was 3.99
- all purpose towels, assorted colours
Johnson's J-Cloths 20's pkg. **2.49** was 2.75
- in-tank, automatic, regular or blue spruce
Sani Flush bowl cleaner 12 fl. oz. plas. btl. **1.03** was 1.13
- Del Monte stewed tomatoes** 19 fl. oz. tin **.71** was .77
- New England clam or down east seafood
Tidewater chowder 15 fl. oz. tin **.99** was 1.07
- broken
Club House salad olives 12 fl. oz. jar **1.09** was 1.15
- Heinz
sweet mixed pickles 32 fl. oz. jar **1.47** was 1.59
- orange pekoe, (100's)
Flowerdale tea bags 250 g box **2.69** was 2.99



our everyday low price **3.28** lb.

cut from Canada grade 'A' beef
ideal for barbecuing

rib steaks

2.28 lb.



no. 1 grade produce of U.S.A.

fresh peaches

each

.15



our everyday low price **1.13**

choice Mitchell's unsweetened, vitaminized

apple juice

48 fl. oz. tin

.78



our everyday low price **1.68** lb.

cut from Canada grade 'A' beef (ideal for braising or barbecuing)

bone in beef short ribs

1.15 lb.

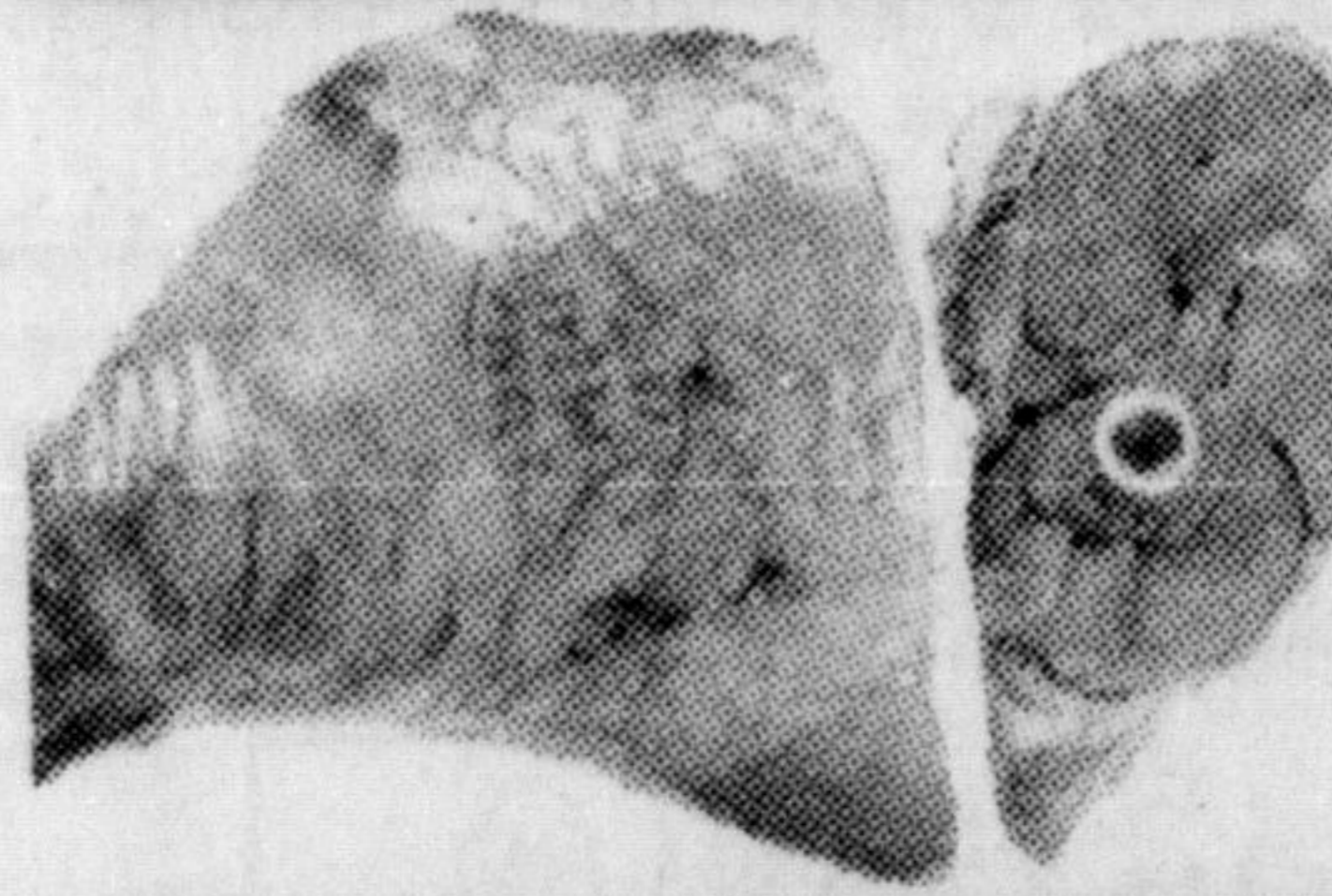


our everyday low price **1.13**

fancy Mitchell's apple sauce

28 fl. oz. jar

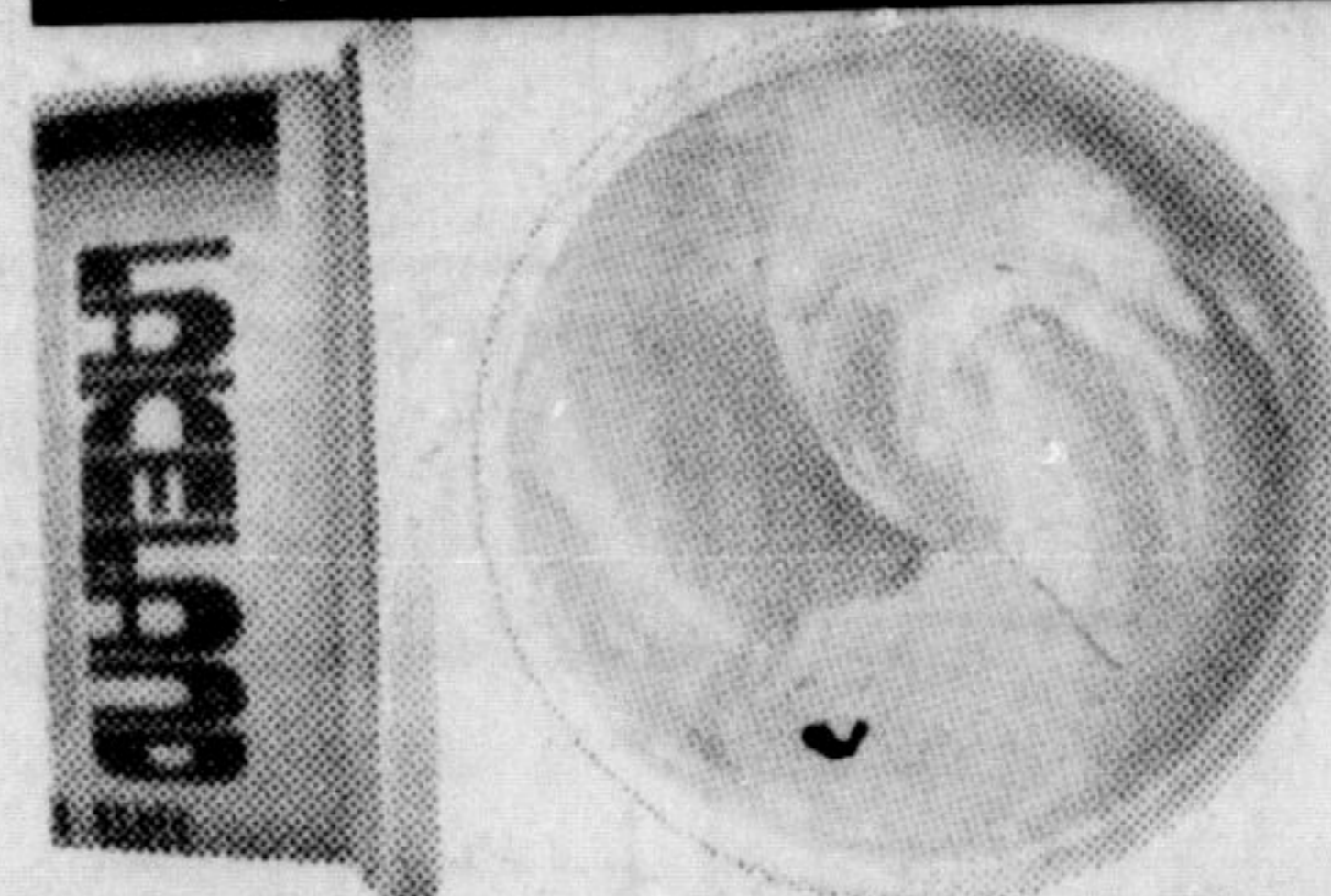
.78



our everyday low price **2.08** lb.

frozen New Zealand whole lamb legs

1.78 lb.



our everyday low price **.75**

Lakeland soft margarine 100% vegetable oil

1 lb. tub

.49



our everyday low price **1.78**

regular Loblaws wieners

1 lb. pkg.

1.28

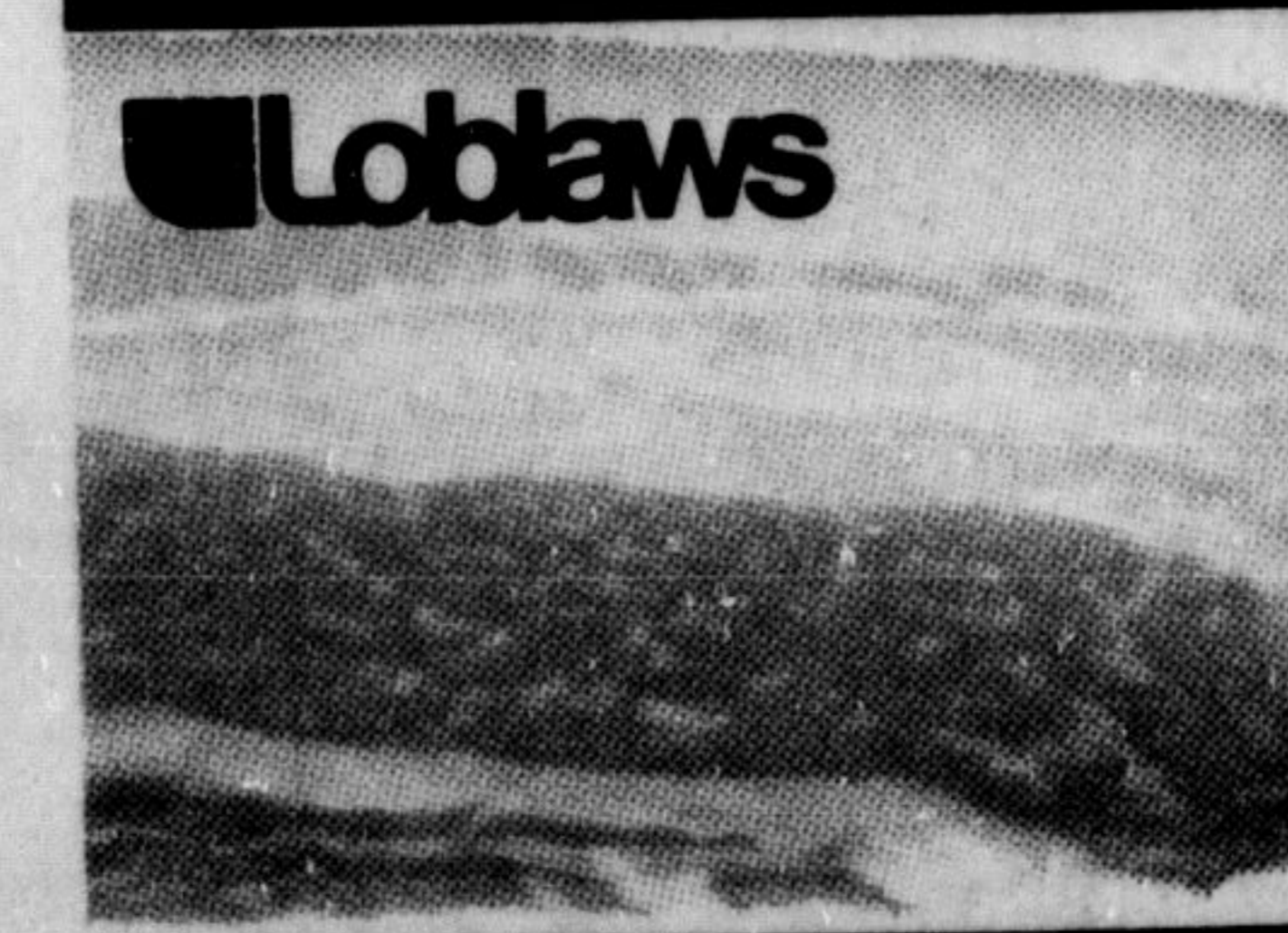


our everyday low price **.40**

Bravo tomato paste

5 1/2 fl. oz. tin

.29



our everyday low price **1.78**

Loblaws sliced side bacon

500 g pkg.

1.28



our everyday low price **2.39**

Wisk liquid laundry detergent

1 L plastic bottle

1.39