

# 20% off meat

# fresh produce

cut from Canada grade 'A' beef  
**full slice round steak**  
 our everyday low price **3.88** lb.  
 you pay only **2.46** lb. **20% off**

cut from Canada grade 'A' beef  
**boneless sirloin tip** steaks or roasts  
 our everyday low price **3.18** lb.  
 you pay only **2.54** lb. **20% off**

cut from Canada grade 'A' beef  
**steaks or roasts outside round** eye removed  
 our everyday low price **2.98** lb.  
 you pay only **2.38** lb. **20% off**

cut from Canada grade 'A' beef  
**round end, bone in rump roasts**  
 our everyday low price **2.98** lb.  
 you pay only **2.38** lb. **20% off**

freshly ground  
**medium ground beef**  
 our everyday low price **2.28** lb.  
 you pay only **1.82** lb. **20% off**

cut from Canada grade 'A' beef  
**boneless stew beef**  
 our everyday low price **2.28** lb.  
 you pay only **1.82** lb. **20% off**

cut from Canada grade 'A' beef  
**tenderized inside round cube steaks**  
 our everyday low price **3.58** lb.  
 you pay only **2.86** lb. **20% off**

cut from Canada grade 'A' beef  
**thin sliced inside round rouladen**  
 our everyday low price **3.68** lb.  
 you pay only **2.94** lb. **20% off**

cut from Canada grade 'A' beef  
**boneless rump roasts**  
 our everyday low price **3.88** lb.  
 you pay only **2.46** lb. **20% off**

cut from Canada grade 'A' beef  
**steaks or roasts** inside round  
 our everyday low price **3.28** lb.  
 you pay only **2.62** lb. **20% off**

no. 1 grade Ontario or New Brunswick grown, 10 lb. bag  
**potatoes**  
 our everyday low price **.88**  
 you pay only **.44** **1/2 price**

sweet, full of juice  
**Florida 5 lb. bag oranges**  
 our everyday low price **1.99**  
 you pay only **.99** **1/2 price**

from Mexico, no. 1 grade  
**sweet green peppers**  
 our everyday low price **1.19** lb.  
 you pay only **.79** lb. **1/3 off**

produce of U.S.A. garden fresh  
**lettuce romaine**  
 our everyday low price **.79** ea.  
 you pay only **.59** ea. **1/3 off**

to garnish most anything from California  
**lemons**  
 our everyday low price **.21** ea.  
 you pay only **.14** ea. **1/3 off**

from Chile, extra fancy grade  
**Granny Smith apples**  
 our everyday low price **.99** lb.  
 you pay only **.66** lb. **1/3 off**

no. 1 grade Ontario grown  
**rutabagas**  
 our everyday low price **.50** ea.  
 you pay only **.33** ea. **1/3 off**

Ontario grown, no. 1 grade, seedless  
**English cucumbers**  
 our everyday low price **1.19** ea.  
 you pay only **.79** ea. **1/3 off**

no-name lawn, 10-6-4 for a greener lawn sooner  
**fertilizer** 10 kg bag **2.99**

no-name, all purpose lawn & garden 7-7-7  
**fertilizer** 10 kg bag **2.69**

# Switch to