



















## moremeat values

regular		was 2.08
Schneiders sliced bologna	1 lb. <b>1</b> pkg.	.68
sliced cooked ham	6 oz. 1	was 1.48 -28
Loblaws variety pack sliced		was 1.57
Cooked meats Maple Leaf Brand, regular or all b waxed	pkg.	was 1.79
bologna chubs  Maple Leaf Brand sweet pickled  corned beef	vac pac	was 2.78
brisket Maple Leaf Brand english	lb.	was 1.63
back bacon ziggys sliced	175 g pkg.	.48 was 2.48
summer sausage ziggys fine	375 g 2 pkg.	.28 was 1.15
liver sausage chub	10 oz. each	.99

## more grocery values

Carpet Fresh rug & room deodorizer	9 oz. 1	was 1.59
frankenberry, lucky char puffs, or count chocula General Mills cereal		was 1.07
Gillette, dispenser trac II razor blades	10's carded box	was 2.99 .99
Del Monte fruit cocktail	14 fl. oz. tin	.58 .58



was 6.99

10 oz. 6.49

wagon wheels

instant coffee

McLarens dill pickles

super absorbent

complexion size Coast toilet soap

Baby Scott toddier diapers

with garlic, no garlic or polskie ogorki

Nescafe







## why pay over 1/3

item	size	no-name everyday low price	national brand regular price at Loblaws	why pay
granola cereal	900 g	1.49	Quaker 2.39	60% more
vegetable oil	1 L	1.59	2.39	50% more