## more meat values

Canada grade A over 22 lb. siz	e	
frozen Swifts deep basted predre	ssed	was 1.48
young	4	20
<b>Butterball turkeys</b>	lb.	.20
Dation Dan tarmey		
predressed Canada grade A, 8 - 1	12 lb. size	was 1.48
Swifts frozen	1	28
premium geese	lb.	.20
cut from Canada grade A beef		was 3.58
tenderized	9	00
sirloin tip steaks	lb. <b>4</b>	00
T. H. S. H. H. S.		was 3.08
cut from Canada grade A bee boneless	•	00
	. 7	78
rump roasts	lb.	
freshly ground		was 2.38
medium		QX
ground beef	lb.	.50
frozen New Zealand		was 2.98
loin	2	50
lamb chops	lb.	00
Schneiders olde fashioned bonel	ess cooked	was 3.98
smoked	2	FO
dinner hams	lb. J	.30
regular		was 1.98
Schneiders bologi	1 lb.	-28
Schillelder's bologi	la pkg.	was 2.75
Ziggys	_	was 2.75
sliced	1 lb.	49
salami	pkg.	
Ziggys		was 2.18
Ziggys European	375 g	.98
wieners	375 g pkg.	.30
Loblaws variety pack		was 1.89
sliced	1 lb 4	60
cooked meats	pkg.	.69
	- 3	
The second secon	THE RESERVE OF THE PARTY OF THE	THE PARTY OF THE P

cooked meats	pkg.	.03
moreg		was 3.99
Uncle Ben's converted rice	5 lb. 3	3.75
Polskie Ogorki, no garlic or with Bick's dill pickles Stafford	garlic 48 fl. oz. jar	was 1.75 59 was 1.53
cherry pie filling	19 fl. oz. tin	.43
Callard & Bowse toffee	200 g	was 1.65
plain, sugar or cinnamon Loblaws donuts	12's box	was .92
Johnson & Johnson Carefre super plus tampons	e "OB" 30's box	was 3.19 2.59 was 2.89
	450 mL as. btle.	2.49 was 2.89
balsam & protein Flex conditioner	450 mL alas. btle.	2.49
Campana skin cream	240 g plas. jar	was 1.79 .49
personal size bar Ivory toilet soap	4 banded) 14 oz.	was 1.21
Society luxury dog food	14 3/4 oz. tin	was .45 .29
Puss 'n' Boots special menu all varieties cat food	1 kg box	was 1.26
all varieties cat food	2 15 oz.	was .42 ea.
Ken-L Ration burgers	2 kg box 3	was 3.49 29 was 1.39
Ken-L T-Bone dog biscuits	900 g box	.27 was 1.55
Glad poly garbage bags	10's pkg.	
11 5/8" x 200' roll Glad Wrap	box 1	.19 was 1.23
Glad sandwich bags	100's pkg.	.09
garbage bag cupboard unit	unit boxed	was 8.95
Glad (16 1/2" x 20") kitchen catchers	30's 1 pkg.	was 1.59 .45
Royale facial tissue	100's box	.69
(3 ply), small, yellow or white Royale facial tissue	260's boxes	was .48 ea.
(2 ply) jumbo - white or yellov Royale	v 1 roll	was 1.03
paper towels	pkg.	

was 3.08 lb. 33.08 lb. 33.08 lb. full slice cut from Canada grade 'A' beef lb.

Council Steak

Limit: 3 round steaks per family

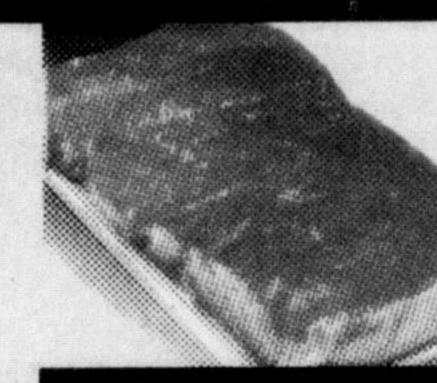
was save1.00 b. 4 08 round end bone in cut from Canada grade 'A' beef LUMD KOASTS



cut from Canada grade 'A' beef

save .70 lb. sirloin tip boneless steaks or roasts

was 3.18 lb.



cut from Canada grade 'A' beef

was 3.18 lb. save .90 lb.

A 2 was 1.29

inside round steaks or roasts



a 12 1/2 was .69 fl. oz. tin Save .20 Niagara 121/2 frozen unsweetened concentrated

orange juice

was .52 save .19 Premium Quality all flavours 175 g cup

Sealtest yogourt



Kellogg's corn flakes

was .99

675 g box

save .30



450 g bag

Dad's

was 1.44 save .45 oatmeal cookies



Perrier returnable mineral water 24 2/3 fl. oz. btle. .30 save was .97 Apollinaris mineral water

Chateau Thierry (15 varieties)

340 mL bottle 1.19

holiday specials

holiday specials Duke Danish camembert cheese 4 1/2 oz. tin .23 save was .95 Jacob's .85 biscuits for cheese

Schneiders old smoothy cheese pkg. 1.19

holiday specials Weston stoned wheat thins 600 g save limburger cheese 7 oz. was .99 Weston rye - light or dark ryvita crisp bread

holiday specials Clover Leaf smoked oysters 32/3 .18 save Brunswick Connaisseur in soya oil .59 sardines 3 1/4 oz. tin Underwood deviled ham or chicken spread 4 1/2 oz. tin .85



item	No No	3 8	Sep.
ziggys deluxe - 1 lb. tin filter grind coffee	.40	Name (Section 2019)	4.69
Ridgway orange pekoe 5 o'clock - tea bags (120's) 16 oz. box	.30	3.75	3.45
V-8 cocktail - 48 fl. oz. tin vegetable juice	.10	1.08	.98
Monarch - dessert topping mix - 6 oz. box Lucky Whip	.10	.99	.89
Betty Crocker homogenized 18 oz. box pie crust mix	.10	.99	.89

item	No No	8 8	Belgi.
Peek Freans - shortcake, digestive or nice biscuits 15 oz. bag	.24	1.53	1.29
sage & onion or herb seasoned - 8 oz. box Brownberry stuffing	.10	.05	.95
Incle Ben's country, southern style or traditional Stuff 'N' Such 6 oz. box	.10	.95	.85
bread & butter - 32 fl. oz. jar Heinz pickles	.18	.47	1.29
Heinz - 10 fl. oz. btle.  chili sauce	.08	.83	.75