

# Miracle's 'Beef at its Best'



## BEEF AT IT'S BEST

 <p>Our Reg. Price \$2.98 to \$3.38 Boneless full round or <b>SIRLOIN STEAKS</b> From Best Quality Grade A Beef</p> <p><b>2.48</b> LB.</p> <p>Limit 3 per Family Save up to 90¢ lb. <b>BEST BUY</b></p>	 <p>Our Reg. Price \$3.58 No Tail, T-Bone or <b>PORTERHOUSE STEAKS</b> From Best Quality Grade A Beef</p> <p><b>2.68</b> LB.</p> <p>Save 90¢ lb. Limit 6 per Family <b>BEST BUY</b></p>
 <p>Our Reg. Price \$3.08 Boneless <b>SIRLOIN TIP ROASTS</b> From Best Quality Grade A Beef</p> <p><b>2.38</b> LB.</p> <p>Save 70¢ lb. <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.28 By the 5 lb. ctn. only <b>CHICKEN LEGS</b> Frozen</p> <p><b>88¢</b> LB.</p> <p>Save \$2.00 ctn. <b>BEST BUY</b></p>
 <p>Our Reg. Price \$1.38 Fresh Ontario Pork <b>FRESH LEG OF PORK ROASTS</b> Butt Portion 5-7 lb. size</p> <p><b>88¢</b> LB.</p> <p>Save 50¢ lb. <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.38 Fresh Ontario Pork <b>FRESH LEG OF PORK ROASTS</b> Shank portion 5-7 lb. size</p> <p><b>98¢</b> LB.</p> <p>Save 40¢ lb. <b>BEST BUY</b></p>
<p><b>SHOPSY'S BEEF ENTREES</b> roast beef &amp; gravy, Salisbury steak &amp; gravy 200 g pkg.</p> <p><b>1.00</b> BEST BUY</p>	<p>Fresh Meaty <b>PORK HOCKS</b> 2lbs./</p> <p><b>1.00</b> BEST BUY</p>
<p>Frozen Store Packed <b>NO NAME BEEF STEAKETTES</b> with soya</p> <p><b>1.00</b> LB. BEST BUY</p>	<p>By the Piece <b>NO NAME SIDE BACON</b> either end</p> <p><b>1.00</b> LB. BEST BUY</p>
<p>North Atlantic <b>HIGHLINER TURBOT FILLETS</b> 16 oz. pkg.</p> <p><b>1.78</b> BEST BUY</p>	<p>Highliner <b>TURBOT IN BATTER</b> 14 oz. pkg.</p> <p><b>1.78</b> BEST BUY</p>

## YOUR GROCERY ORDER

 <p>Our Reg. Price 59¢ Parchment Wrap <b>CHEFMASTER MARGARINE</b> 1 lb. tub</p> <p><b>2/\$1</b></p> <p>Save 9¢ pkg. <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.43 Assorted Colours <b>ROYALE BATHROOM TISSUE</b> 4 roll pkg.</p> <p><b>1.00</b></p> <p>Save 43¢ or 30% <b>BEST BUY</b></p>
 <p>Our Reg. Price 67¢ Picnic Concentrated <b>FROZEN ORANGE JUICE</b> 12 1/2 fl. oz. tin</p> <p><b>2/\$1</b></p> <p>Save 17¢ per tin <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.27 Nordica <b>2% COTTAGE CHEESE</b> 500 g tub</p> <p><b>99¢</b></p> <p>Save 28¢ or 22% <b>BEST BUY</b></p>
 <p>Our Reg. Price \$1.45 Regular or Mint <b>CREST TOOTHPASTE</b> 100 ml tube</p> <p><b>1.00</b></p> <p>Save 45¢ or 31% <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.33 Assorted Colours Regular <b>ROYALE TOWELS</b> 2 roll pkg.</p> <p><b>1.00</b></p> <p>Save 33¢ or 24% <b>BEST BUY</b></p>
<p><b>From the Tudor Bakery</b> "MIRACLE'S IN-STORE BAKERY"</p>	
<p>Delicious <b>ICED APPLE BUNS</b> pkg. of 6</p> <p><b>99¢</b></p>	<p>Tasty <b>CINNAMON KNOTS</b> pkg. of 6</p> <p><b>89¢</b></p>
<p>Fresh Baked Soft <b>DINNER ROLLS</b> pkg. of 12</p> <p><b>79¢</b></p>	<p>Assorted Flavours <b>MIRACLE FOOD MART SOFT DRINKS</b> 750 ml btl. plus 25¢ deposit</p> <p><b>4/\$1</b> BEST BUY</p>
	<p>Assorted Varieties <b>KAL KAN CAT FOOD</b> 6 oz. tin</p> <p><b>4/\$1</b> BEST BUY</p>
	<p>Disposable Toddler <b>PAMPERS DIAPERS</b> pkg. of 24</p> <p><b>3.33</b> BEST BUY</p>

## HARVEST-FRESH PRODUCE

 <p>Our Reg. Price 8/1.88 Product of U.S.A. New Crop <b>FLORIDA WHITE GRAPEFRUIT</b></p> <p><b>8/\$1</b></p> <p>Save 88¢ <b>BEST BUY</b></p>	 <p>Our Reg. Price 98¢ lb. <b>ONTARIO GROWN BRUSSEL SPROUTS</b></p> <p><b>58¢</b> LB.</p> <p>Save 40¢ lb. <b>BEST BUY</b></p>
 <p>Our Reg. Price \$1.98 Product of Mexico <b>JUICE ORANGES</b> 4 lb. bag</p> <p><b>1.68</b></p> <p>Save 30¢ <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.29 lb. Product of U.S.A. <b>CALIFORNIA JUMBO WALNUTS</b></p> <p><b>98¢</b> LB.</p> <p>Save 31¢ lb. <b>BEST BUY</b></p>
<p>Product of U.S.A. New Crop <b>FLORIDA TANGELOS</b></p> <p><b>12/98¢</b> BEST BUY</p>	<p>Fresh from the tropics <b>LARGE SIZE BANANAS</b></p> <p><b>29¢</b> LB. BEST BUY</p>
<p>Ontario Grown, No. 1 Grade <b>GREEN CABBAGE</b> Each</p> <p><b>38¢</b> BEST BUY</p>	<p>Product of U.S.A. Canada No. 1 Grade <b>RED TOMATOES</b></p> <p><b>58¢</b> LB. BEST BUY</p>
<p>Product of U.S.A. <b>PELPAK SEEDLESS RAISINS</b> 1 1/2 lb. bag</p> <p><b>2.99</b> BEST BUY</p>	<p>Product of U.S.A. <b>RED EMPEROR GRAPES</b></p> <p><b>78¢</b> LB. BEST BUY</p>

## FALL FAVOURITES

 <p>Our Reg. Price \$1.29 3 Star -350 <b>WINSHIELD WASHER ANTIFREEZE</b> 4 litre jug</p> <p><b>1.00</b></p> <p>Save 29¢ or 22% <b>BEST BUY</b></p>	 <p>Condensed <b>AYLMER TOMATO SOUP</b> 10 fl. oz. tin</p> <p><b>5/\$1</b></p> <p>or 20¢ each <b>BEST BUY</b></p>
 <p>Our Reg. Price \$2.19 <b>VALIANT INSTANT CHOCOLATE</b> 2 lb. bag</p> <p><b>2.00</b></p> <p>Save 19¢ per bag <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.89 All Purpose <b>FIVE ROSES FLOUR</b> 2.5 kg bag</p> <p><b>1.39</b></p> <p>Save 50¢ or 26% <b>BEST BUY</b></p>

ALL PRICES EFFECTIVE OCT. 31 TO NOV. 7, 1979 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



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