

Entertainment



ONE OF THE WORLD'S foremost authorities on cauliflower, obviously, is Sigmund Higgins. He's the one on the right. His master, Spencer, brought him along Saturday morning to the Farmer's Market, located in the parking lot behind the old jail-house.

Millions spent uselessly for arthritis

As far as medical frauds are concerned, "sure cures for arthritis" ranks second in the world. The only one ahead of it is "dietless reducing schemes."

This means that millions of dollars are spent every year on useless remedies. It could also indicate that thousands of people are willing to try even the most far-out methods of reducing pain and restoring lost function in joints.

How do you identify a quack? Here are some guidelines. The medical quack frequently

changes from one health field to another—from arthritis to cancer and on to amnesia, whichever seems most lucrative at the time. Quacks usually rely on personal testimonials rather than scientific results. The peculiar nature of arthritis, where it comes and goes, plays right into their hands. Quacks want you to send money for a "miracle cure". Ethical practitioners want to make the best care available at the lowest cost. Finally, the quack would like you to believe that some simple procedure or gadget will

"cure" all of the more than 100 kinds of arthritis. Would that it could be so simple!

Arthritis treatments have been studied and tried by scientists. Their findings about some of the more common ones are interesting.

Alfalfa tea—tests have shown that it is of no real benefit. However, it is relatively cheap and does no harm so it does not rate as dangerous, as long as the person using it does not put off seeing a doctor.

Fever therapy—once popular, this consisted of producing short periods

Picnic drinkers warning

Picnickers at Kelso quenching their thirst with beer or any liquor refreshment could face a fine of \$38 if caught with the goods.

According to Halton

Regional Police, liquor related problems at the popular park has prompted the local police detachment to take steps to enforce the law forbidding drinking other

than in a residence.

"Drinking in any provincial park or conservation park is strictly prohibited," said Staff Sergeant Eric Bullock of Milton, adding many have already been warned in Kelso.

The local conservation authority has received complaints in recent weeks by visitors to the park, concerning overzealous drinkers, ac-

ording to the Halton Region Conservation Authority spokesman.

"Apparently some of them tend to get quite loud and abusive," said Bill Warwick, director of conservation services.

"It seems to be a problem that comes and goes, and it depends upon how much enforcement of the law can be provided," he said.



KIWANIS SECRETARY John Ritchie (left) looks up from admiring the plaque presented to the club by Allan Wright, regional council chairman of the Halton Area Red Cross, at the Barvarian Restaurant Thursday. The plaque was presented in honor of the club raising \$5,550 to the Milton Red Cross.

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