

**super save**

quality products

super savings

238 Main Street, Milton

ATTENTION  
All Senior Citizens  
**5% DISCOUNT**  
ON ALL PURCHASES UP TO  
\$40.00  
WEDNESDAYS ONLY  
EACH AND EVERY WEEK  
Upon Proof of Age  
Please Have Proper  
Identification Available  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**SPECIAL LOW GROCERY PRICES**

Cashmere

**bathroom tissue**

**.88**  
4 roll pkg.

assorted Weston

**wagon wheels**

**.99**  
12 oz. pkg.

White Swan

**serviettes**

**1.19**  
pkg. of 240

SAVE-ALL 100 ft. box

**WAXED PAPER**

**.79**

ALUMINUM 12" x 50' roll

**ALCAN FOIL**

**1.19**

MAPLE LEAF 6 3/4 oz. tin

**FLAKES OF HAM**

**1.29**

GOLD SEAL - PINK

**SALMON** 15 1/2 oz. tin

**1.89**

MAGIC 1 lb. cont.

**BAKING POWDER**

**1.19**

POWDER - DET.

**TIDE** 6 litre box

**2.99**

BETTY CROCKER 12 1/2 oz. pkg.

**MUFFIN MIXES**

**.79**

ALLEN'S REGULAR or UNSWEETENED

**JUICE** GRAPEFRUIT 48 fl. oz. tin

**.79**

ORANGE

TRILLIUM - 1 LB. TUB 100% VEG. OIL

**.49**

**MARGARINE** SOFT

GENERAL MILLS

**CHEERIOS** 300 gm pk

**.79**

KRAFT CANADIAN PROCESSED CHEESE FOOD

**VELVEETA** 1 lb. pkg.

**1.69**

ASSORTED 14 1/2 oz. tin

**ALPO DOG FOOD**

**.39**

Planters

**peanut oil**

**2.89**  
1 litre cont.

orange flavoured

**Tang crystals**

**1.09**  
4 x 3 1/4 oz. pkg.

elbow macaroni or

**Catelli spaghetti**

**2/1.**  
500 gram pkg.

**CLOVERLEAF TUNA**



Solid White

**1.39**  
7 oz. tin

**MAXWELL HOUSE**



Ground Coffee

**2.99**  
1 lb. bag

**LIPTON SOUP MIX**



Chicken Noodle

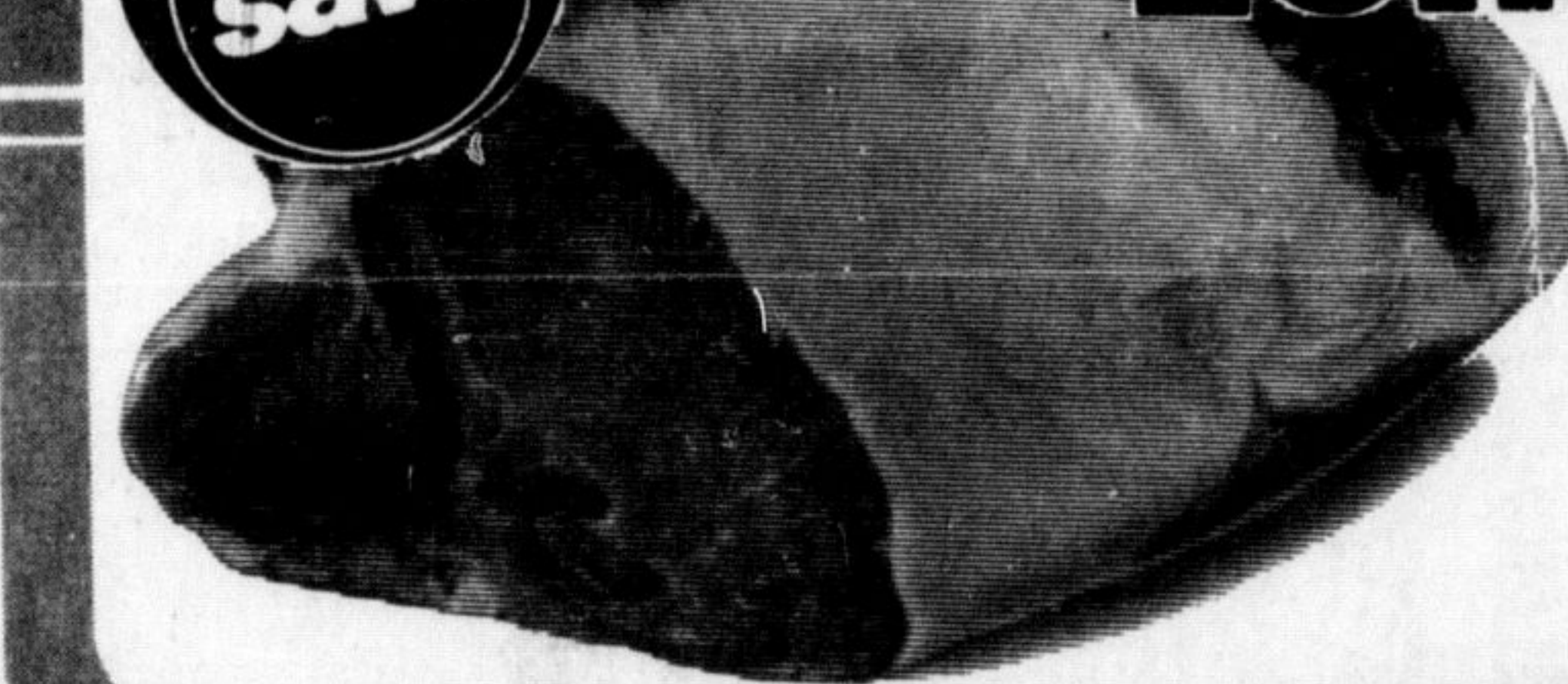
**2/.89**  
Pkg. of 2



Maxwell House  
instant coffee  
10 oz. jar

**4.99**

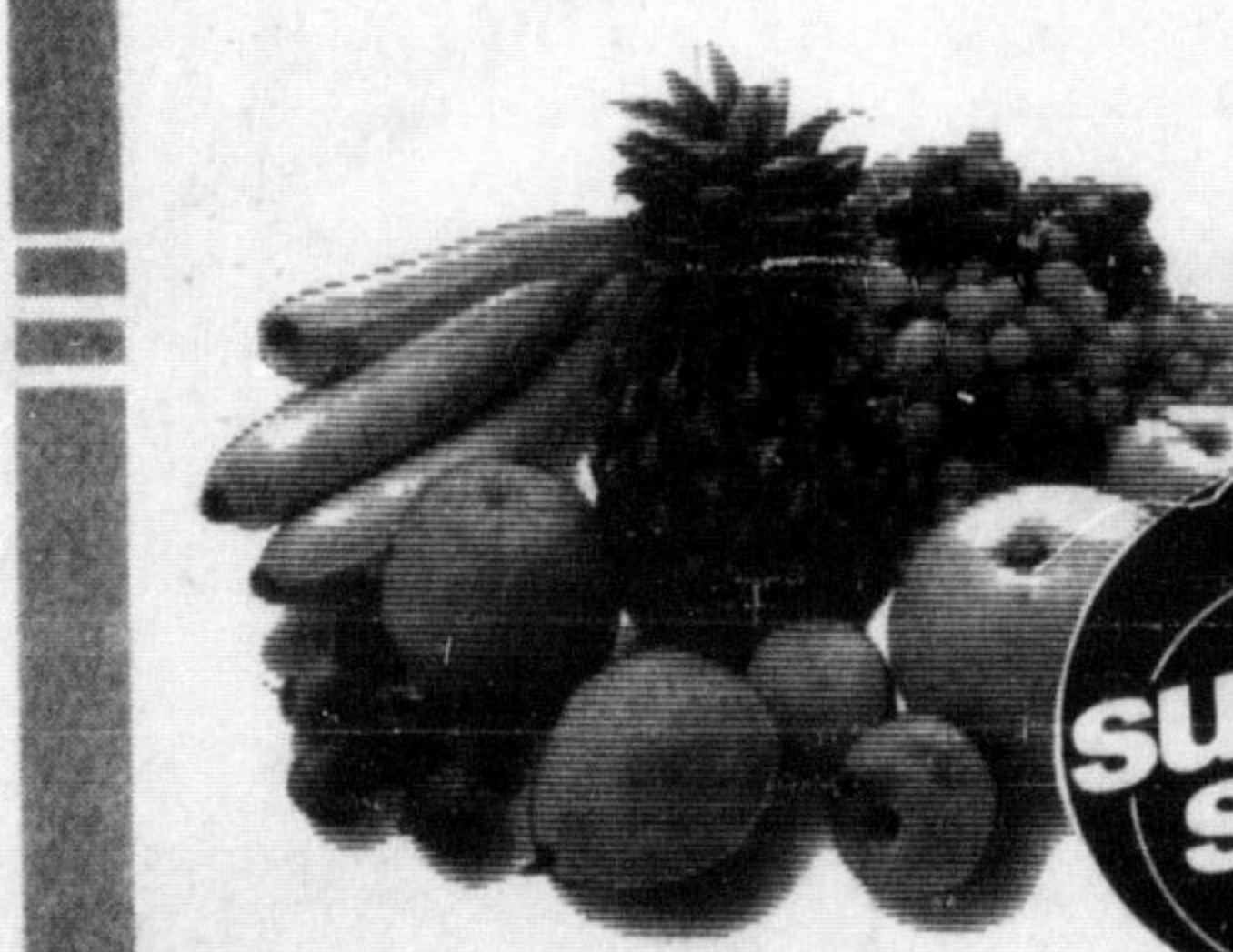
**LOIN 'O' PORK**



For Roasting, 3 to 3 1/2 lb. avg.

**1.44**  
lb.

U.S.A. NO. 1 SIZE "14" FRESH CUT



**BROCCOLI**

**.79** ea.

VALLEY FARM  
**PEAS** FROZEN - 2 LB. BAG **.69**

KENT - FROZEN  
**ORANGE JUICE** 12 1/2 oz. **.63**

FARMHOUSE - FROZEN  
**APPLE PIE** 24 oz. **.99**

BIRD'S EYE - FROZEN  
**COOL WHIP** 1 litre **1.09**

VALUES EFFECTIVE UNTIL CLOSING SATURDAY MARCH 24, 1979 - WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**SPECIAL LOW MEAT PRICES**

Maple Leaf mild and sweet

**mindless bacon**

**1.59**  
16 oz. pkg.

Maple Leaf delicia, summer, salami, minced or spiced ham

**lunch meats**

**.88**  
6 oz. pkg.

family pack, rib portion

**pork chops**

**1.69**  
7 to a pkg. lb.

PRIDE OF CANADA 16 oz. pkg.

**SKINLESS WIENERS**

**1.28**

FROZEN 200 GRM

**LOBSTERS**

EA. **1.99**

CAMPFIRE BY THE PIECE

**BOLOGNA**

lb. **.88**

PRIDE OF CANADA CRYOVAC

SWEET PICKLED

**COTTAGE ROLLS**

lb. **1.58**

REGULAR

**GROUND BEEF**

lb. **1.75**

ROASTING - FROZEN

**CHICKENS**

WHILE THEY LAST

lb. **.99**

BY THE PIECE - PEAMEAL

**BACK BACON**

END PORTION

**1.98**

FRESH SLICED

**PORK LIVER**

CENTRE PORTION

**2.08**

**.55**

**SPECIAL LOW PRODUCE PRICES**

CANADA NO. 1 10 LBS. PRINCE EDWARD ISLAND

**POTATOES**

**85¢** ea.

FLORIDA SWEET & JUICY 5 LB. BAG

**ORANGES**

**\$1.49** ea.

ASSORTED COLOURS

**AFRICAN VIOLETS**

**\$1.49** ea.