

super save

BE SURE of FAMILY SIZE

SAVINGS

Buy ALL your family's foods where you SAVE ON ALL YOU BUY — at SUPER SAVE. It makes sense to shop where you find famous brands, finest quality, and big variety, with ONE LOW PRICE AFTER ANOTHER. At SUPER SAVE a family size order gets you FAMILY SIZE SAVINGS — EVERY TIME! PLUS —

FAST FRIENDLY SERVICE — ALSO DELIVERY
238 MAIN STREET

SPECIAL LOW GROCERY PRICES

Aunt Jemima

pancake mixes

.99
1 kg pkg.

Aunt Jemima

pancake syrup

1.29
750 ml cont.

Trillium

100% vegetable oil

soft margarine

.49
1 lb. maxi-bowl

SUPER SAVE WHITE

BREAD 24 oz. loaf **.45**

WESTON PKG. 6's

HOT CROSS BUNS **.75**

CARNATION

COFFEE MATE 16 oz. jar **1.29**

CHRISTIE - SODAS

PREMIUM PLUS 450 g **.79**

CARNATION INSTANT

HOT CHOCOLATE 23 oz. jar **2.39**

STOKLEY'S FANCY

BEANS GREEN WAX 14 oz. tin **.39**

RIO LIQUID

DETERGENT 750 ml **.49**

JAVEX

BLEACH 128 oz. jug **.93**

SWIFT PREMIUM

CANNED HAM 1 1/2 lb. tin **3.79**

CANADIAN PROCESSED CHEESE FOOD 1 lb. jar

CHEEZ WHIZ **1.49**

CHEF BOY-AR-DEE 15 oz. tin

ROLLER COASTERS **.59**

ALUMINUM FOIL 12" x 25' roll

REYNOLDS WRAP **.59**

NABISCO 450 gram pkg.

SHREDDED WHEAT **.69**

TOMATO 32 fl. oz. jar

SUNSPUN KETCHUP **1.25**

HEINZ FANCY 19 fl. oz. tin

TOMATO JUICE **.29**

SOFT DRINK 26 oz. btl. & dep.

COCA-COLA **3/.99**

HOSTESS 225 g

POTATO CHIPS **.79**

CLARK'S 14 oz. tin

BEANS WITH PORK **.39**

FROZEN FOODS

OLD SOUTH CONCENTRATE - 12 1/2 fl. oz. **.89**
ORANGE JUICE

FROZEN FOODS

SILVERWOODS - 2 LITRE **1.99**
ICE CREAM DELUXE

FROZEN FOODS

SILVERWOODS - FIRM 'N FROSTY - 1 LITRE **1.29**
YOGURT
STRAWBERRY - BLUEBERRY - RASPBERRY

VALUES EFFECTIVE UNTIL CLOSING SATURDAY FEBRUARY 24, 1979 - WE RESERVE THE RIGHT TO LIMIT QUANTITIES

TASTERS CHOICE INSTANT COFFEE



8 OZ. JAR



4.99



FROZEN TURKEYS

Canada Utility Grade Eviscerated
6 to 10 lb. avg.



.89
lb.



LOIN "O" PORK

For roasting - 3 to 3-1/4 lb. avg.
Tenderloin Portion



1.49
lb.



LUNCHEON MEAT

Bovril



.99
12 oz. tin

FLAKED WHITE TUNA

Cloverleaf



1.25
6 1/2 oz. tin



FRENCH FRIES

Choice Valley Farm Frozen Straight Cut
2 lb. bag



4 FOR 1.00

SCHNEIDERS WEEK

Schneiders regular or kiss of orange

rindless bacon

1.68
16 oz. pkg.

Schneiders red hots or dutch treats

skinless wieners

1.38
16 oz. pkg.

Schneiders chicken, beef, pork or beefsteak

meat pies

.85
8 oz. pkg.

SCHNEIDERS 2 lb. bucket

FRIED CHICKEN

3.88

SCHNEIDERS - SAUSAGE 16 oz. pkg.

MINI SIZZLERS

1.58

SCHNEIDERS 2 lb. pkg.

BEEF BURGERS

2.99

SCHNEIDERS CHICKEN, SANDWICH, BRAUNSCHWEIGER, LIVER OR BACON & LIVER

SELF SERVE ROLLS 8 oz. size

.63

FAMILY PAK - RIB PORTION 7 to a pkg.

PORK CHOPS

1.79

SCHNEIDERS 6 oz. pkg.

COOKED HAM

1.29

FRESH - REGULAR - LIMIT 5 LBS. PER FAMILY

GROUND BEEF

1.38

SWIFT PREMIUM 1 lb.

DINNER HAMS

1.99

SPECIAL LOW PRODUCE PRICES

ONTARIO NO. 1

POTATOES

67¢
ea.

10 lb. Bag

FLORIDA PINK OR WHITE

GRAPEFRUIT

6 FOR 89¢

FLORIDA SIZE "125"

TEMPLE ORANGES

99¢
doz.

CANADA FANCY "McINTOSH"

APPLES

5 lb. Bag **99¢**
ea.