

super save

Stock up sale

ATTENTION
All Senior Citizens
5% DISCOUNT
ON ALL PURCHASES UP TO
\$40.00
WEDNESDAYS ONLY
EACH AND EVERY WEEK
Upon Proof of Age
Please Have Proper
Identification Available
238 MAIN STREET

SPECIAL LOW GROCERY PRICES

- Bread** .45
24 oz. loaf
- cream style corn** .39
12-14 fl. oz. pkg.
- Milk Powder** 3.49
3 lb. bag
- MARGARINE** .49
SOFT 1 LB. TUB
- PEACHES** .89
SLICED HALVES
28 Oz TIN
- CRISCO SHORTENING** 2.19
3 lb. cont.
- OVALTINE** 2.59
INSTANT HOT CHOCOLATE 23 oz. jar
- GREEN BEANS** 2/.79
14 fl. oz. tin
- BEANS** .39
LIBBY'S - 14 oz. tin
WITH PORK TOMATO SAUCE
- CATELLI SPAGHETTI** .79
ELBOW MACARONI OR 2 lb. pkg.
- KRAFT SINGLES** .85
CANADIAN PROCESSED CHEESE FOOD 8 oz. pkg.
- FLEECY** 1.79
FABRIC SOFTENER SHEETS pkg. of 30
- MOTOR OIL** .79
SAE 10W30 1 qt.
- Bick's pickles** .75
sweet mixed, yum yum or baby dills
15 fl. oz. jar
- peanut butter** 2.89
York 1.5 kg jar
- Sunlight** 2.59
laundry detergent 6 litre box

TOMATO SOUP
Condensed Campbell's
5/1.00
10 fl. oz. tin



JELLY POWDERS
Shirriff
5/1.00
3 oz. pkg.




HAMBURGER HELPER
Assorted Varieties
.69
7-8 oz. pkg.



APPLE JUICE
Allen's Choice
.69
48 fl. oz. tin



FROZEN TURKEYS
Canada Utility Grade Eviscerated
6 to 10 lb. avg.
.89
lb.



MUSHROOMS
FRESH LOCAL
.99
EA.
12 OZ. PKG.



SPECIAL LOW MEAT PRICES

- lamb chops** 1.48
lb.
- shoulder chops** 1.28
lb.
- pork spare-ribs** 1.48
lb.
- COTTAGE ROLLS** 1.68
lb.
- COOKED HAM** 1.18
6 oz. pkg.
- SKINLESS WIENERS** 1.38
16 oz. pkg.
- SAUSAGE** 1.18
HOT OR SWEET
- SLICED MEAT** .68
SHOPSYS'S SUMMER, BEEF SALAMI, BIERWURST TURKEY AND BEEF OR PEPPERONI 4 oz. pkg.
- BOLOGNA** .88
CAMPFIRE BY THE PIECE
- PORK HOCKS** .69
MEATY AND TENDER
- POTATO SALAD** 1.24
SHOPSYS'S 24 oz. size Plus 12 oz. Cole Slaw FREE
- COLE SLAW** 1.24
SHOPSYS'S 24 oz. size Plus 12 oz. Potato Salad FREE

SPECIAL LOW PRODUCE PRICES

- TOMATOES** 49¢
U.S. NO. 1 FIELD MED. LB.
- LETTUCE** 69¢
"CALIFORNIA" HEAD EA.
- APPLES** 99¢
ONTARIO "G.A." McINTOSH 3 LB. BAG EA.

FROZEN FOOD SPECIALS
SARA LEE - 13 OZ. LAYER CAKES ASSORTED VARIETIES .98
SAVARIN - 11 OZ. DINNERS ASSORTED .79
McCAIN - REG. - DELUXE PIZZA SUBS 1.59
AUNT JEMIMA-REG.-10 OZ. WAFFLES .69

VALUES EFFECTIVE UNTIL CLOSING SATURDAY FEBRUARY 17, 1979 - WE RESERVE THE RIGHT TO LIMIT QUANTITIES