

# Low prices

**save .44** lb.



tenderloin portion  
**fresh pork loin roasts**  
2 1/2 - 3 1/2 lb. size  
lb.

**was 1.72**  
**1.28**

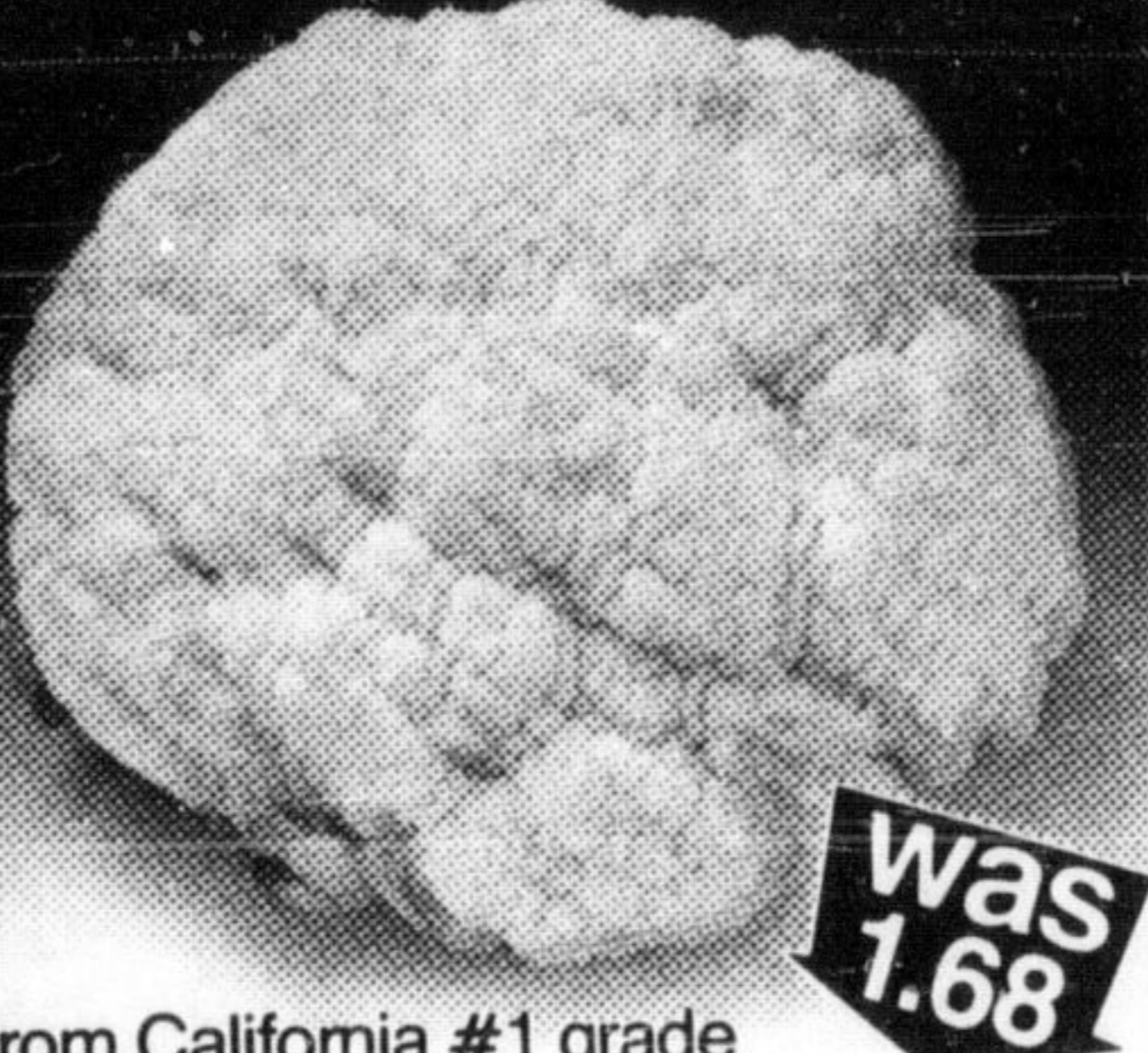
**save .49**



frozen, regular beef  
**Schneiders mini sizzlers**  
1 lb. pkg.

**was 1.88**  
**1.39**

**save .69**



from California #1 grade  
fresh  
**cauliflower**  
large size 12 each

**was 1.68**  
**.99**

**save .17**



Cloverleaf, chunk  
**light tuna**  
6 1/2 oz. tin

**was 1.05**  
**.88**

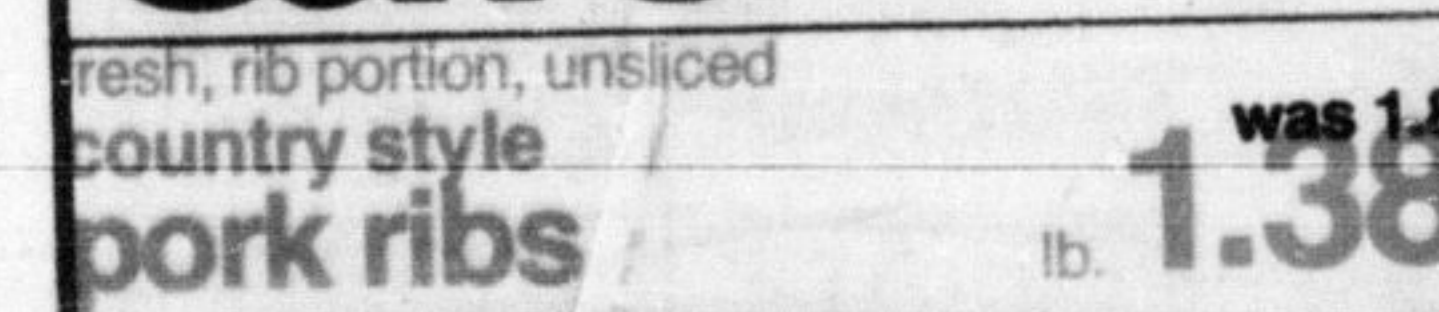
**with coupon save .30**



with this coupon and the purchase of one dozen carton Loblaw's Canada grade "A"  
**large eggs**  
30¢ off coupon value 30¢

Limit one egg coupon per customer offer expires Tuesday Jan. 30, 1979

**save .48**



fresh, rib portion, unsliced  
**country style pork ribs**  
lb.

**was 1.86**  
**1.38**

**save .16**



9 specified varieties, sliced  
**Schneiders 6 oz. pkg. each cooked meats**

**was .85**  
**.69**

**save .34**



fresh centre cut  
**pork loin chops**  
lb.

**was 2.12**  
**1.78**

**save .41**



Schneiders sliced 1 lb. pkg.  
**side bacon**

**was 1.99**  
**1.58**

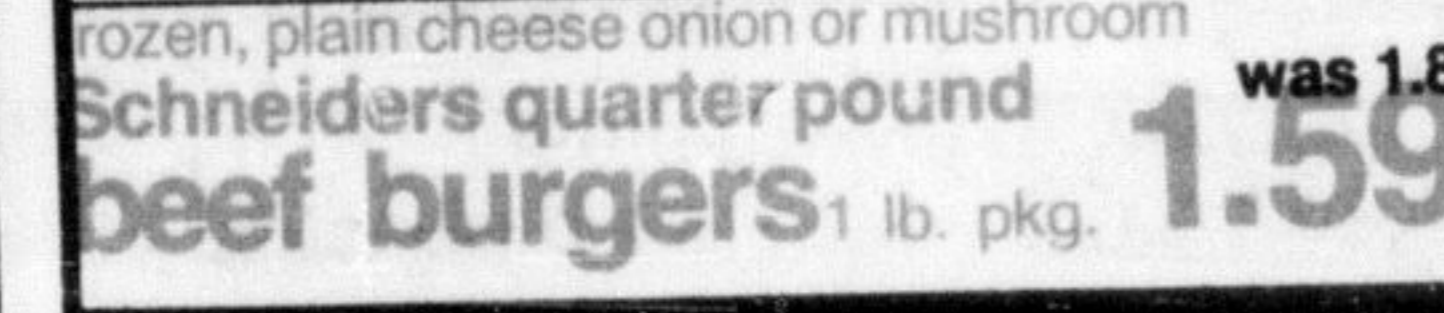
**save .40**



fresh Canadian  
**whole, shank or butt portion lamb legs**  
lb.

**was 3.38**  
**2.98**

**save .30**



frozen, plain cheese onion or mushroom  
**Schneiders quarter pound beef burgers** 1 lb. pkg.

**was 1.89**  
**1.59**

**save .70**



fresh Canadian  
**shoulder lamb chops**  
lb.

**was 3.28**  
**2.58**

**save .20**



regular or all beef  
**Schneiders 1 lb. pkg. bologna sliced**

**was 1.65**  
**1.45**

**save .40**



from Florida  
sweet & juicy, easy to peel  
**temple oranges**  
dozen

**was 1.39**  
**.99**


**save .39**



Fleischmann's corn oil  
**soft margarine**  
(2-8 oz. tubs) 1 lb. sleeve

**was 1.38**  
**.99**

**save on Pepsi**



regular or diet  
**Pepsi-Cola**  
1.5 litre bottle plus 30¢ deposit

**.39**

fresh Canadian  
**loin lamb chops** lb. **was 4.28** **3.68**

fresh Canadian  
**rib lamb chops** lb. **was 4.08** **3.48**

Loblaws regular or all beef  
**wieners** 1 lb. pkg. **was 1.48** **1.25**

Loblaws, cooked, smoked - pork  
**picnic shoulders** lb. **was 1.58** **1.28**

frozen Bluewater brand  
**fish fries** 32 oz. pkg. **was 3.38** **2.88**

from Mexico #1 grade  
a tasty garnish  
**cucumbers** 3 for **.99**

Ontario grown fancy grade  
controlled atmosphere  
**McIntosh apples** 3 lb. bag **.99**

produce of U.S.A.  
mild, young & crisp  
**green onions** 4 bunches **1.00**

floral dept. special  
a touch of spring  
**triple hyacinths** each **2.49**  
excellent for planting! 2 1/2" pot terrariums - dish gardens

**green plants** 2 for **1.00**

elbows macaroni, rigatoni, thin spaghetti or spaghetti 2 lb. **was .99** **.79**

Duncan Hines - all varieties  
18 1/2 oz. box **was .93** **.89**

Chef-Boy-Ar-Dee in tomato sauce  
7 1/2 fl. oz. tins **was .45 ea** **.83**

Hunt's italian  
floral dept. special  
14 fl. oz. tin **was .61** **.55**

Shirriff's good morning  
marmalade 24 fl. oz. jar **was 1.35** **1.23**

Oxo, chicken or beef flavour (18's)  
3 3/4 oz. box **was .85** **.79**

regular or super absorbent toddler  
24's pkg. **was 2.69** **2.39**

Secret super dri anti-perspirant  
6 oz. aero tin **was 1.75** **1.49**

Green Giant, fancy sweetlets  
14 fl. oz. tin **was .57** **.51**

turkey/chicken, Irish beef or meatball  
24 fl. oz. tin **was 1.51** **1.39**

McConnell red box, orange pekoe (50's)  
142 g box **was 1.69** **1.49**

cracklin' bran  
550 g box **was 1.49** **1.33**

Riviera, choice  
10 fl. oz. tins **was .47 ea** **.87**

Stouffers, frozen - beef  
10 oz. box **was 1.29** **.99**

Stouffers, frozen - chicken or turkey  
10 oz. box **was 1.19** **.99**

**save & fly**  
**triple value offer**

**Act now.** Your unused Save & Fly travel vouchers are worth triple value up to 50% of your CP Air fare if your fly before March 18, 1979. Complete details on coupon

If you have collected \$100 in Loblaws cash tapes, dated from March 15, 1978 to Dec. 31, 1978, print your name, address and phone number on a tape saver envelope (available in all Loblaws stores), sign it, then for only 1¢ and your envelope of \$100 in tapes you can purchase one \$5.00 'save & fly' voucher at any Loblaws store. These travel vouchers can be applied to the purchase of air transportation at individual fares anywhere on CP Air scheduled services. The total value may not exceed 50% of the applicable transportation.  
**clip coupon for triple value offer**

**save & fly**  
**travel vouchers triple value coupon**

Have this coupon validated by your Loblaws store manager. Present this coupon with \$5.00 travel vouchers to any CP Air ticket office or your local travel agent and they will allow you three times the value for every travel voucher up to 50% toward the CP Air flight of your choice (except Hawaii, Mexico and Friday, Saturday or Sunday flights to and from California). You must travel and return by March 18, 1979 or the triple value special offer will not be valid.  
**Loblaws Store Manager** .....

no-name  
**low prices**  
on items  
you need  
everyday

**save with no-name**




no-name  
**6 flavours soft drinks**  
plus 4.00 deposit, includes 2.40 btl. deposit and 1.60 case deposit  
**12 1.99**  
750 ml. ret. btles. sold by the case only

**save with no-name**



no-name  
pure, reconstituted  
**apple juice**  
48 fl. oz. bottle **.75**

**save with no-name**



no-name  
**soda crackers**  
1 lb. box **.61**

**save with no-name**



no-name  
**baby powder**  
24 oz. plastic bottle **1.59**

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We reserve the right to limit quantities.

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low prices plus...  
a whole lot more