

# Holiday

**save .26 lb.**

**free** Pol Martin recipe available in store

was 1.44

frozen Swifts deep basted **young butterball turkeys** Canada grade "A" over 20 lb. size

**1.18** lb.

**save .44 lb.**

**free** Pol Martin recipe available in store

was 1.82

by the package includes 9 chops 6 centre cut 2 rib portion 1 tender loin portion

**pork loin fresh family pak pork chops**

**1.38** lb.

**save** bacon sizzlers **.51** **.40**

was 1.99

was 1.88

Schneiders **side bacon** sliced or **mini sizzlers** frozen regular

**1.48** 1 lb. pkg.

**save .80**

the large size, just right for your Christmas turkey

was 2.59

Reynolds wrap **aluminium foil** heavy duty

18" x 50' roll **1.79**

**free** recipe of the week available in all stores

by Pol Martin

**Sole Fillets aux Palourdes**

Try this delightful seafood combination of tasty sole fillets, clams and capers served with steamed buttered broccoli.

was 2.29

**sole fillets** lb. **1.99**

produce of U.S.A. **fresh broccoli** bunch was .89 **.48**

**save .27 lb.**

was 2.75

semi-boneless cooked Loblaw's smoked ham or Swifts sugar plum **smoked ham halves** vac pac

**2.48** lb.

**save 10 lb.**

was 1.78

frozen New Zealand **lamb legs**

**1.68** lb.

**save 18 lb.**

was 1.16

frozen pressed Canada grade 'B' **young turkeys** under 20 lb. size

**.98** lb.

**save 31 lb.**

was 2.89

Loblaw's boneless cooked **smoked dinner hams**

**2.58** lb.

**save .25**

was .84

Loblaw's frozen concentrated, unsweetened **orange juice**

12 1/2 fl. oz. tin **.59**

**save .39**

was 1.38

Fleischman's soft corn oil **margarine**

1 lb. sleeve (2 x 8 oz. tubs) **.99**

**save .30 lb.**

was 2.29

frozen store packaged **sole fillets** lb. **1.99**

**save .41**

was .89

produce of U.S.A. **fresh broccoli** bunch **.48**

Maple Leaf or Loblaw's, cooked smoked **pork picnic shoulders** lb. was 1.58 **1.38**

Schneiders pic-a-dill **dill pickles whole or halves** 32 oz. jar each was 1.69 **1.19**

Ziggys sliced **cooked ham** 6 oz. pkg. was 1.58 **1.38**

Ziggys cooked - 9 specified varieties **meat chubs** 8 oz. each was 1.39 **1.25**

Brilliant Brand **cooked shrimps** 6 oz. pkg. was 1.79 **1.49**

Loblaw's - frozen **sausage meat** 1 lb. roll was 1.29 **1.09**

Schneiders frozen, whole cut up **fried chicken** 2 lb. bucket was 3.98 **3.68**

Loblaw's braunschweiger **liver sausage** lb. was 1.35 **1.19**

Heinz, meatless **junior foods** 2 7/2 fl. oz. jars was .36 ea. **.67**

Pampers, toddler **diapers** 24's box was 3.79 **3.49**

Penaten cream **orange flavoured (2's)** 55 g tin was 2.17 **1.87**

**Tang crystals** 13 oz. pkg. was 1.09 **1.05**

**save .37**

with this coupon and the purchase of one 1 lb print Loblaw's first grade **butter** was 1.36

with this coupon you pay only **.99**

coupon value 37¢ limit one butter coupon per customer this offer expires Sat. Dec. 16, 1978

**save .32**

was 1.31

fruit creme home assorted or assorted creme **Peek Freans biscuits** 14 oz. tin tie bag **.99**

**save .16**

was 2.15

Dimpfmeier advents stollen **Christmas cake** 20 oz. pkg. **1.99**

**save on candy**

Smiles'n chuckles **turtles** manufacturers suggested retail price \$2.43 7 oz. box **1.99**

**save .08**

was 1.17

Clover Leaf **smoked oysters** 3 2/3 oz. tin **1.09**

**save .30**

was 2.09

Johnson's **mixed nuts** 369 g. tin **1.79**

**save .10**

was .87

Perrier non returnable bottle **mineral water** 24 2/3 fl. oz. **.77**

**save with no-name**

no-name **ginger snap cookies** 700 g. tin tie bag **.99**

everyday low price

no-name **salted soda crackers** 1 lb. box **.61**

everyday low price

no-name **instant coffee** 6 oz. jar **2.87**

everyday low price

no-name 100% vegetable oil **soft margarine** 1 lb. poly bag **.55**

everyday low price

no-name **pasteurized cream cheese** 8 oz. pkg. **.82**

everyday low price

no-name **plain yogurt** 500 g. tub **.59**

everyday low price

no-name **frozen choice french fries** 2 lb. poly bag **.28**