

★ **\$UPER \$AVE** ★

DELIVERY SERVICE  
FOR YOUR  
CONVENIENCE

238 MAIN ST., MILTON

FAST & FRIENDLY  
SERVICE

FREE PARKING  
AT REAR OF STORE

**SPECIAL LOW  
GROCERY PRICES**

JOLLY MILLER

ORANGE  
CRYSTALS **.59**  
Flavoured 3 x 3 1/4 oz. pkg.

ASSORTED VARIETIES

DAD'S  
COOKIES **.98**  
1 lb. bag

CARNATION INSTANT

HOT  
CHOCOLATE **1.39**  
12 x 1 oz. pkg.

NABISCO REGULAR OR QUICK

CREAM OF  
WHEAT **.63**  
800 gram pkg.

CANADA NO. 1 CREAMED

BEEMAID  
HONEY **1.69**  
2 lb. cont.

ALL PURPOSE

MONARCH  
FLOUR **1.69**  
3.5 kg bag

PARCHMENT WRAP 1 lb. pkg.

GREENLAND MARGARINE **.49**

CLUB HOUSE MUSHROOM

SPAGHETTI SAUCE MIX **.35**  
43 gram pkg.

ROYALE 4 roll pkg.

BATHROOM TISSUE **.99**

ROYALE COLOUR PRINT 2 roll pkg.

PAPER TOWELS **.99**

CLOVER LEAF

WHITE TUNA **1.28**

HEINZ

KETCHUP **.79**

JAVEX

LIQUID BLEACH **.58**

McCAINS— FROZEN

APPLE PIES **1.19**  
24 oz.

FROZEN SWANSON 8 oz. pkg.

MEAT PIES **.49**

McCain FROZEN DEEP 'N DELICIOUS

SUPER PIZZA **1.89**  
17 oz. pkg.

SUNSPUN FROZEN CONCENTRATED

ORANGE JUICE **.79**  
12 1/2 fl. oz. cont.

VALUES EFFECTIVE UNTIL CLOSING SATURDAY OCTOBER 21, 1978  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**TOTAL FOOD**

**SAVINGS**

PLUS WEEKLY SUPERXTRAS

**SPECIAL LOW  
MEAT PRICES**

CAMPFIRE  
RINDLESS  
BACON **1.58**  
16 oz. pkg.

YOU SAVE TWICE WITH TRIM AND PRICE  
BUTT OR SHOULDER

PORK  
CHOPS **1.38**  
lb.

BURNS SMALL LINK  
BEEF AND  
PORK  
SAUSAGE **1.18**  
lb.

TASTY AND TENDER BONELESS  
PORK  
BUTT  
ROASTS **1.38**  
lb.

CUT FROM CANADA GRADE A BEEF 6th and 7th ribs

RIB ROASTS **1.98**  
lb.

BURNS

CHOPPED SUET **.99**  
16 oz. pkg.

BURNS GOLDEN GARLIC COIL

POLISH SAUSAGE **1.28**  
lb.

PRIDE OF CANADA

COOKED HAM **1.24**  
6 oz. pkg.

TASTY AND TENDER

PORK HOCKS **.58**  
lb.

TASTY

PORK LIVER **.49**  
lb.

BY THE PIECE

PEAMEAL **2.28**

BACK BACON **2.38**  
end portions centre portions lb.

**SPECIAL LOW  
PRODUCE PRICES**

JUMBO SIZE  
FOR CABBAGE ROLLS

Cabbage **.49** EA.

ONTARIO NEW CROP

Potatoes **.69** EA.  
10 LB. BAG

ONTARIO NEW CROP

COOKING Onions **.29** EA.  
2 LB. BAG

ONTARIO (LOCAL)

Cauliflower **.59** EA.

**SUPERXTRA**  
ELBOW MACARONI OR CATELLI  
SPAGHETTI **.69**  
2 lb. pkg.

**SUPERXTRA**  
FRESH PICNIC STYLE SHOULDER  
PORK ROASTS **1.08**  
lb.

**SUPERXTRA**  
UNICO  
VEGETABLE OIL **1.39**  
1 litre bottle

**SUPERXTRA**  
KAM  
LUNCHEON MEAT **.99**  
12 oz. tin

**SUPERXTRA**  
SUNSPUN ASSORTED FLAVOURS  
ICE CREAM **.99**  
2 litre cont.

**SUPERXTRA**  
UTOPIA  
TOMATO JUICE **.59**  
48 FL. OZ. TIN

SANI-PAK **.69** pkg. of 12  
CANISTER  
BAGS  
SUPER STRONG

GENERAL MILLS **.89** 425 gr  
CHEERIOS  
CELEAL

SUN PAC **4 FOR \$1**  
ASSORTED  
JUICES  
10 oz. tin

BRAVO **.99** 28 OZ. TIN  
SPAGHETTI  
SAUCE  
PLAIN

