

Katimavik was 'beautiful' experience

By Olga Darcovich
Katimavik. In Inuit it means meeting place. Katimavik is a program which aims to provide a service to Canadian commu-

nities while giving Canadian youth a chance to get to know their country, to learn to live simply, to experiment with alternate technology for conserving resources and to

communicate in both French and English. An adventure and a total life experience, the brochure calls it. But Paula Sosnowski, who recently completed 10 months

with Katimavik, has a single word for it: "Beautiful."

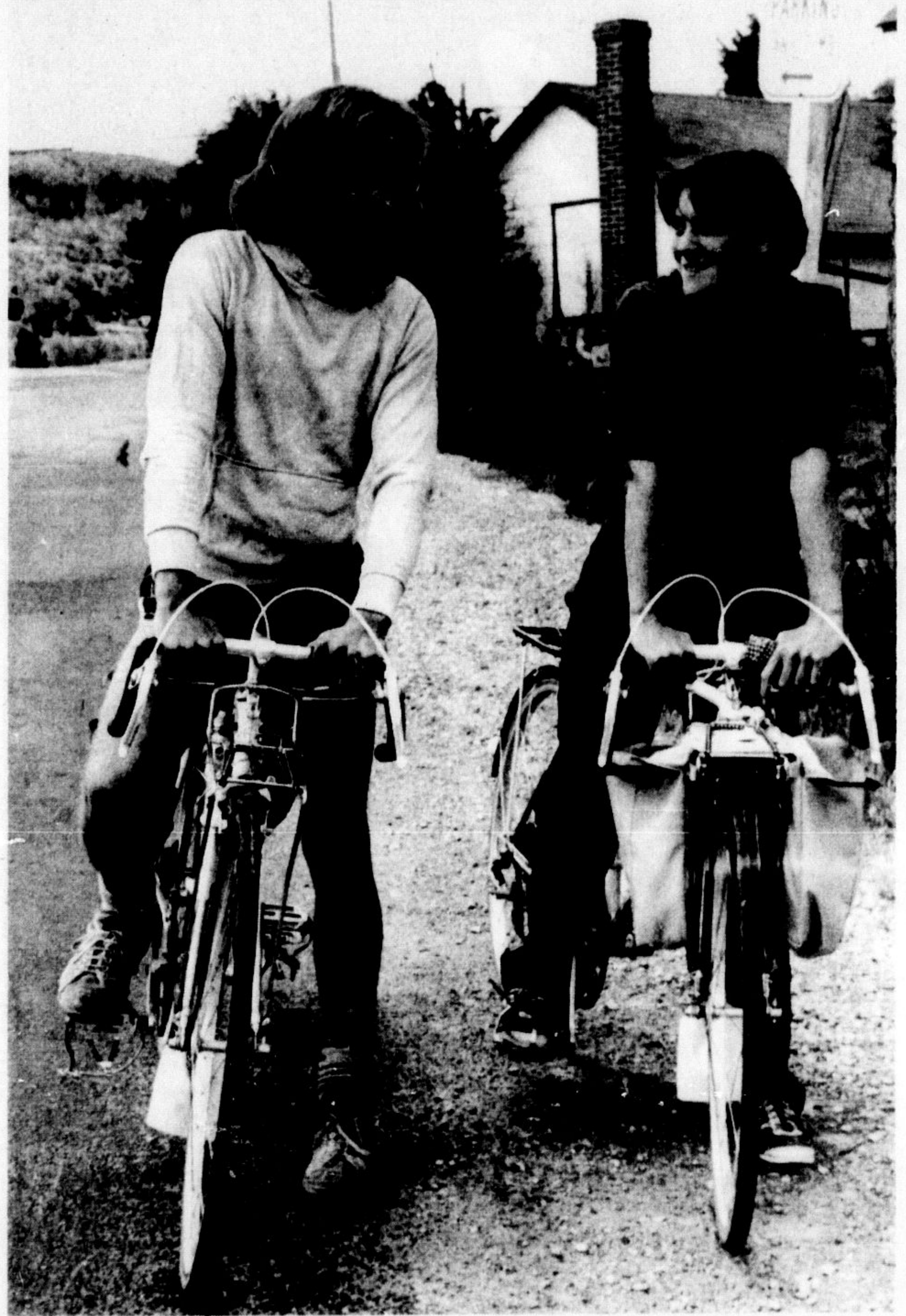
Ms. Sosnowski, the 19-year-old daughter of Jack and Evelyn Sosnowski of Milton Heights, has a whole list of benefits she derived from the program, not the least of which are the friendships she made along the way. "I have a friend everywhere in Canada."

"I learned the value of work and what I could do, to be self-sufficient and to motivate myself, to be conscious of my environment and new ways of conserving energy, to be conscious of a good diet and how to cook, including making bread."

"Katimavik gives you the strength to be an individual and not be influenced by peer pressure. It shows you another way."

"It teaches you about yourself and to feel good doing what you want to do without feeling self-conscious about it all the time."

In short, she's bubbling over with enthusiasm about Katimavik, a program of the federal government, and would recommend it to anyone.



A BICYCLE TRIP from Ottawa to Milton followed a 10-month stint with Katimavik for Stephen Kerry of Vancouver and Paula Sosnowski of Milton Heights. Katimavik is a program which brings together young people from all parts of Canada for a working and learning experience.

Fellow Katimavik alumnus Stephen Kerry, 22, who visited with the Sosnowskis on his way home to Vancouver, says having to live communally with a group of people with different ideas — "not people you've chosen to live with" — deepened his understanding of human relationships. The program also added to his knowledge of technological alternatives, such as the harnessing of solar energy.

Ms. Sosnowski and Mr. Kerry were among the first 100 Canadians to join the program launched last August. Ms. Sosnowski saw an ad for Katimavik in a magazine, liked how it sounded, and applied. Both her parents were in favor of the program.

After going through the selection process, which included interviews, psychological testing and a simulated group experience, she was accepted into the program.

Mr. Kerry, who was getting restless at university, saw Katimavik as an opportunity to learn about himself. The program fit in with a life style he already was developing for himself. Energy conservation and nutrition were important to him.

He also wanted to learn French. During previous travels, including a sojourn in Africa, he grew to appreciate

they are put through the threshing machine. This machine separates the grain from the straw and blows the straw into the straw now to be used for bedding for the animals. The grain is blown into the grainery where it is stored until used for animal feed.

Threshing demonstrated

During the month of August, the staff at Spruce Lane Farm in Bronte Creek Provincial Park will be harvesting some of this year's crops.

Cereal grains are being cut and bound into sheaves by a horse drawn binder. These sheaves are then stacked (stooked) together to form stooks which can be seen in the fields of Spruce Lane Farm. The stooks then dry out and are drawn to the barn by horse drawn wagon where

they are put through the threshing machine. This machine separates the grain from the straw and blows the straw into the straw now to be used for bedding for the animals. The grain is blown into the grainery where it is stored until used for animal feed.

Threshing will be in the afternoons from 1:00 - 3:00. The demonstration will be an ongoing activity, weather permitting, at Spruce Lane Farm barn.

For a daily report on this operation, contact the Visitor Centre at 827-6911 or 335-0023.

\$1,200 damage

A two-car accident on Trafalgar Rd. near Britannia Rd. resulted in \$1,200 damage, but no injuries to either driver.

Regional Police, the Hofer vehicle had slowed for a vehicle making a left turn into a laneway.

Miss Sopinka was unable to stop in time and collided with the Hofer vehicle.

Damage was estimated at \$600 for each of the two cars.

Milton's Kinsmen and Knights of Columbus are again sponsoring the annual campaign for the Arthritis Society this fall.

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4 small lemons, grated peel and juice
12 maraschino cherries, halved
1250 mL granulated sugar
125 mL slivered almonds

Bring first 5 ingredients slowly to a boil, stirring to prevent sticking to the bottom of the heavy kettle. Cook gently until thick, stirring occasionally. Stir in almonds, remove from heat. Bottle and seal with wax.

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