

Halton Manor news

Five pin, lawn bowling entertainment enjoyed

By Bill Riddell
Manor Residents do not partake in many sports; age and infirmity take their toll. However, we do have a bowling league (5-pin). The bowling banquet was held in May and prizes given out (no names available at this time). A lawn-bowling pitch is being made and will be in use soon.

There were several important events last week. Trips by bus to the Safari-Land and to Niagara Falls Marineland were enjoyed by many residents. On June 17 the annual Lawn Party was held and good weather prevailed. All residents and many relatives and friends of residents were on hand.

Winners of the Residents' Council Draw were: First prize (a toaster oven) to

Karen Morton and second prize (set of ceramic mugs) to Jane McKinnon. In the Employees' Association Draw, the first prize (\$100) went to Mrs. Edna Besby of R.R. 4 Acton; second prize (\$75) went to Virginia Mayers of Milton; third prize (\$50) to R. Bew. of Milton.

Wine and cheese party was held on June 19 and residents danced to the music of the Jolly Millars of Campbellville. A beautiful color portrait of Stanley Allen was presented to Mr. Allen (former Administrator) by the incumbent Jack Charlton and will hang in the lobby of the auditorium in Pettit House. The dance floor was crowded and everyone seemed to enjoy the event.

June 21, the Peace Rose Chapter of the Eastern Star

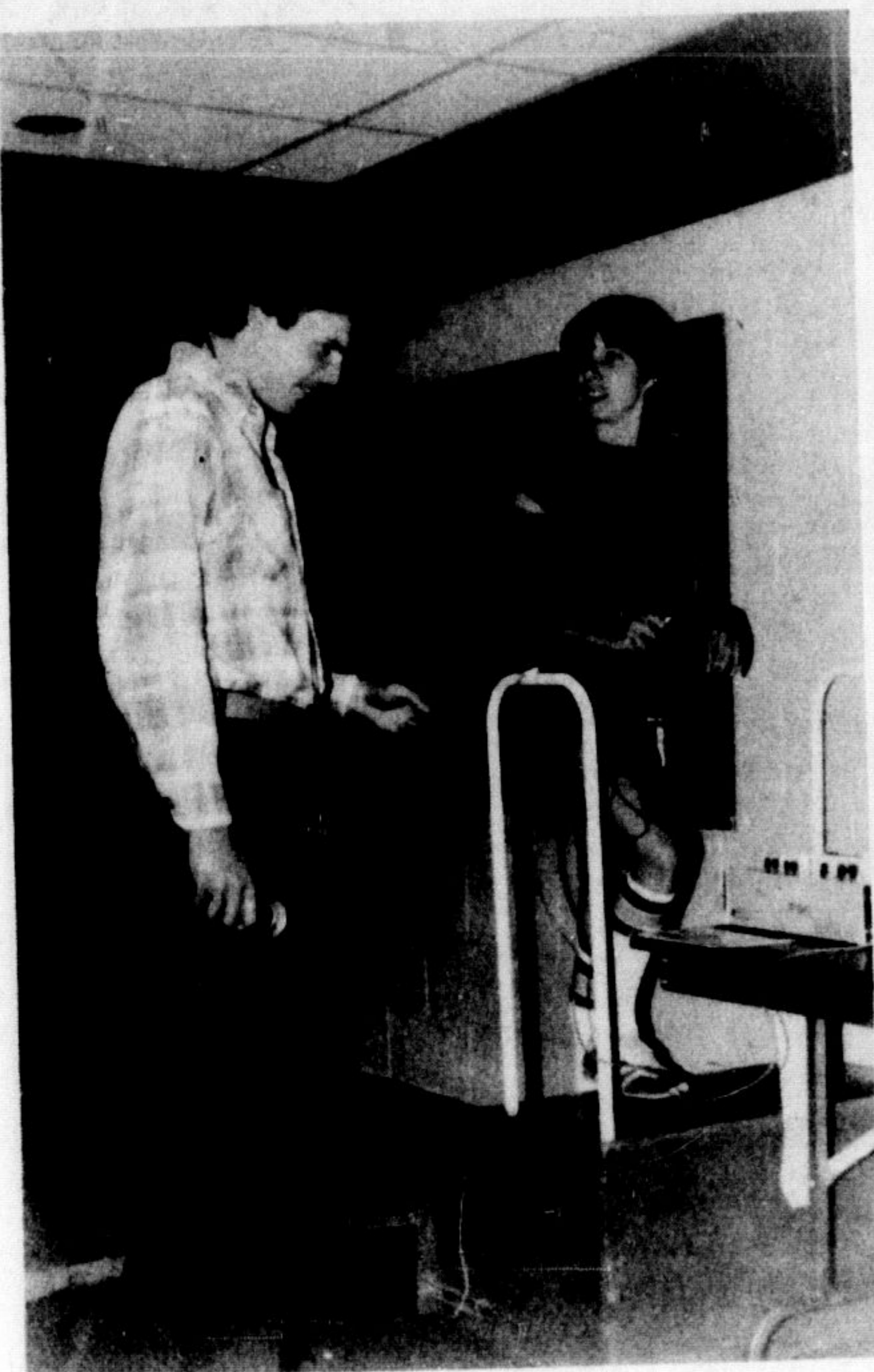
from Georgetown provided the birthday party for June. At the birthday table were Mrs. Edith Burkholder, Miss Catharine Allan, Mrs. Margery Scott, Mrs. Alice Sims, Miss Connie McSweeney, Mrs. Henry Atkinson, William Fraser, Mrs. Mary Simpson, Mrs. Mabel Brownell, William Methven, Mrs. Marie Thompson, Gerald Cunningham, Mrs. Winnifred Nantais, and Elmer McKinney.

The program included two excellent magicians, Andrew Goodwin and Leo Felcetti from Georgetown, plus songs by Phyllis Stanley of the nursing staff assisted by Jack Charlton, our administrator, while Isobel MacDonald (staff) joined our own Marie Thompson in several piano duets. A memorable performance.

June 23, students from the Champlain Public School in Burlington presented a good well-acted play entitled "Pardonnez-moi, Monsieur Levesque," a play on the issue of separatism.

June 24, the White Heather

Club from Oakville gave a fine concert—comedy, music and dance. Visitors from outside the Manor helped to fill the auditorium along with the residents and all enjoyed this excellent concert. We hope that the White Heather Club will come again soon.



THE FITNESS VAN is coming to Milton on Monday, July 31 to test local residents on their fitness level. At left, staffers check a volunteer for cardio-vascular fitness while monitoring the

heart for stress under heavy exercise. At right, the amount of body fat is measured in a skin-fold caliper test which can also predict the composition of the body materials.

Fitness Van offers physical tests here

The Fitness Van is coming to town!

Monday, July 31 at the Community Sports Centre, Laurier Ave., Miltonians will be given a chance to measure up their own personal fitness against the standards — and organizers are predicting the majority will fail the test.

The Fitness Van is a travelling team of physical fitness

experts who visit communities in the area, giving fitness tests and handing out comprehensive evaluations of the people tested.

Burlington Family YMCA is sponsoring the Van's visit to this area, with the Ontario Ministry of Culture and Recreation. It is one of seven such vans touring the province this year.

Van counsellors point out that only 20 per cent of Canada's population is active in any form of physical activity. Cardiovascular diseases (those affecting the heart) account for more than half of all deaths. Canadians watch too much TV, they point out — as 40 per cent watch more

than 15 hours a week while 13 per cent watch more than 30 hours.

Less than 15 per cent of Canada's adult population meets internationally accepted standards of physical fitness, they add.

In Milton, those who sign up for tests (the cost is \$12 and advance registrations must be made through Milton Parks and Recreation Department) will be tested for cardio-vascular fitness, body weight and composition, flexibility, muscular strength and endurance. Based on the results, they will receive an individualized exercise

prescription.

The Van will be at the Sports Centre all day, but definite appointments must be obtained in advance through the Recreation office at town hall, 878-7211. A maximum of 40 can be tested in one day, so early registration is advised.

The test includes an electrocardiogram, which is sent to the person's physician afterwards.

The Van will return in six to nine months to retest local residents and give an evaluation.

Adults 18 to 65 are invited to sign up.

Crafts dinner

Seventeen of the 21 members of Crafts Unlimited met June 28 at the Mohawk Inn. They were joined by Betty Archibald, past president who helped in a recent fund raising project. Everyone enjoyed a lovely dinner to mark the closing of another year.

Following the dinner a lottery was held on an orange, gold and brown granny square afghan and pillow set. The club members assisted in crocheting the squares and in selling the tickets. The afghan was displayed in Betty's Handicrafts in Milton. Jean Kenney, a member who donated her time to assemble the squares and put in final touches, was chosen to draw the winning ticket. The lucky winner was Eileen Taylor of 653 Woodward Dr. in Milton.

Although the club has taken a break for the summer, it will start up again in the fall. For further information contact Heather Bishop, 878-5957.

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ANNOUNCEMENT
This is to inform our customers that the shop will be closed for holidays beginning July 18. We will re-open Thursday, July 27.

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- \$57,900.** Immediate possession can be had of this 4 bedroom backsplit with an attached garage, 1 1/2 baths, plus a rec room with free-standing fireplace.
- \$77,000.** Prime location for a professional office in the Main Street and Hwy. 25 area and close to the Mall. Large home with plenty of parking available. Presently set up into three apartments.
- \$69,900.** New, four bedroom, two storey homes with attached garage, 1 1/2 baths, main floor laundry, roughed-in fireplace and Hollywood style kitchen with balcony overlooking a ravine and creek. Take advantage of the reduction in price.
- \$1000.** We have 3 and 4 bedroom townhouses, some with garage and family room. It is possible for you to enjoy the ownership of one of these homes for less per month than you are presently paying for rent. Call now and let us explain how even \$1,000.00 down can make this possible.
- \$58,900.** Brick and aluminum, four bedroom, two storey with a one car garage, paved drive. Located on a large corner lot.
- \$77,900.** Ridge Drive sidesplit with double attached garage, 3 bedrooms with ensuite off the master bedroom, plus a beautifully finished family room with fireplace. Imagine! a 67' x 171' lot.

MILTON SUBURBS

- \$83,900.** Southwest of Milton on a 150' x 175' ravine lot. Custom built, 4 bedroom, 2 storey home with an attached garage, main floor den and a panelled rec room. Must be sold!
- \$129,000.** If you are looking for a home just a little different, then chances are this will be it. Built with cedar to blend with the trees, this two storey home has a fireplace in the living room that can be enjoyed from all sides, 3 bedrooms, 2 baths and a kitchen that includes the stove, fridge and dishwasher. If you have a green thumb you will enjoy the heated greenhouse. Located on 15 acres of trees with a pond and absolute privacy.
- \$85,000.** Prestigious Escarpment setting with a panoramic view of Toronto skyline. This sidesplit home has 5 bedrooms, 2 complete baths, stone fireplace in the living room, ground level laundry and a two car garage plus not too much grass to cut.
- \$149,900.** 5 Acres north of Campbellville, unique Spanish style home. Built with family living in mind. If you require 5 bedrooms, three 4 piece baths, formal living and dining rooms plus a large, ground level family room, then this could be it. The grounds include a long, paved drive, in-ground heated pool, separate change and entertainment area plus a new cement block stable. I know you wouldn't believe all this at this price but seeing is believing.
- \$114,900.** 2 Acres of majestic forest surround this 2000 sq. ft., brick and aluminum backsplit. This home offers a ground level family room with fireplace and cozy atmosphere and a double attached garage. There's even a workshop for the husband or playhouse for the kids.
- \$119,000.** 12 1/2 Acres of bush just south of No. 7 Hwy. with 760' of frontage for privacy. Asking \$45,000.
- \$91,000.** 91 Acres, mostly workable, with a nice grove of trees to build in. Located on a quiet road and asking \$1,000. per acre and the vendor will help with the financing.
- \$84,900.** Nine year old, brick bungalow with a 2 car attached garage, 3 spacious bedrooms, 2 bathrooms plus a finished basement. Surrounded by 3 1/2 acres of rolling lawns and a panoramic view of Mountsberg Lake.
- \$108,000.** 10 Acres with a hobby farm potential. Spacious, 4 bedroom backsplit with a double attached garage, 3 bathrooms and a ground level family room with wall-to-wall, floor-to-ceiling brick fireplace.
- \$109,450.** Now under construction on a 5 acre, wooded lot close to Mohawk Raceway. Quality built 4 bedroom sidesplit with double attached garage, 3 bathrooms and family room with beamed ceiling and fireplace. Your dreams can come true with this home.
- \$159,900.** Don't call on this home unless you require just that little extra in your living style. This over-size, four bedroom, two storey, brick home has everything you would expect in a home of this price. Located on 17 acres of mature trees with nature doing the landscaping. Call now for complete details and a personal showing.
- \$116,500.** 3 1/2 Acres with lawns, trees and even a pond to enhance this custom built bungalow. Built with reclaimed brick to give it a rustic look. It offers 3 bedrooms, 2 baths, 2 car attached garage, main floor laundry and family room with fireplace and walk-out to raised deck.
- \$45,000.** 13 Acres of mature trees, no swamp or low areas. One of those rare lots that everyone looks for. 350' of frontage. Asking \$45,000. First time offered for sale.
- \$139,000.** 100 Acres with an older frame home and barn. 55 Acres presently seeded in a good hay mixture. Listed at \$139,000. with 6% and 8% financing available.

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