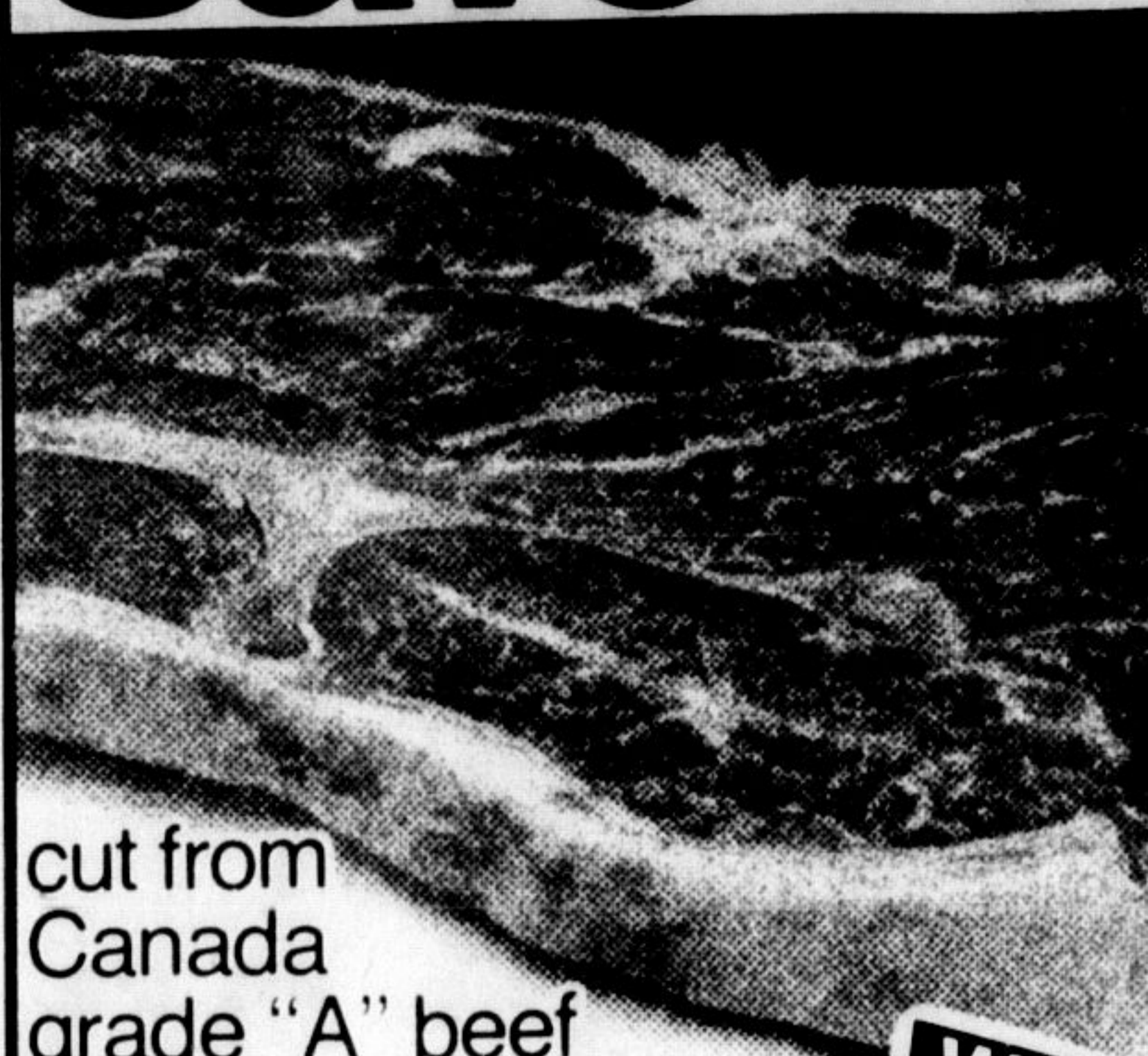


we will not be undersold on your total food bill by our major competition

CS The Canadian Champion, Wed., June 28, 1978

save .80 lb.



cut from Canada grade "A" beef

beef blade steaks bone in

was 1.78

.98 lb.

save .39



red hots dutch treat or all beef

Schneiders wieners

1 lb. pkg.

was 1.38

.99

save .20




Clover Leaf chunk light tuna

6 1/2 oz. tin

was .99

.79

save .13



Limit 6 tins per customer

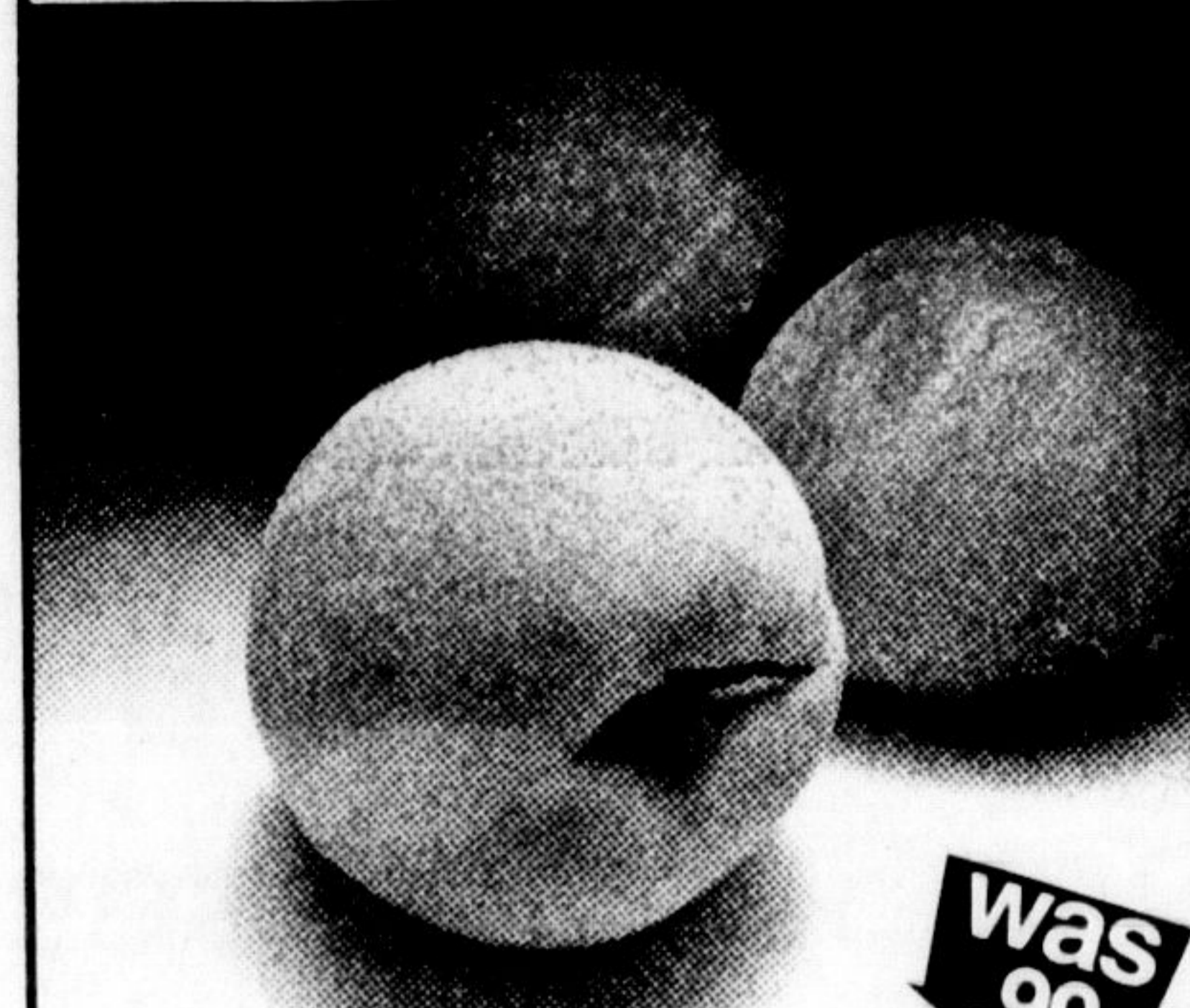
Cudney frozen - pink or white lemonade

6 1/4 fl. oz. tin

was .25

1/2 price .12

save .52 lb.



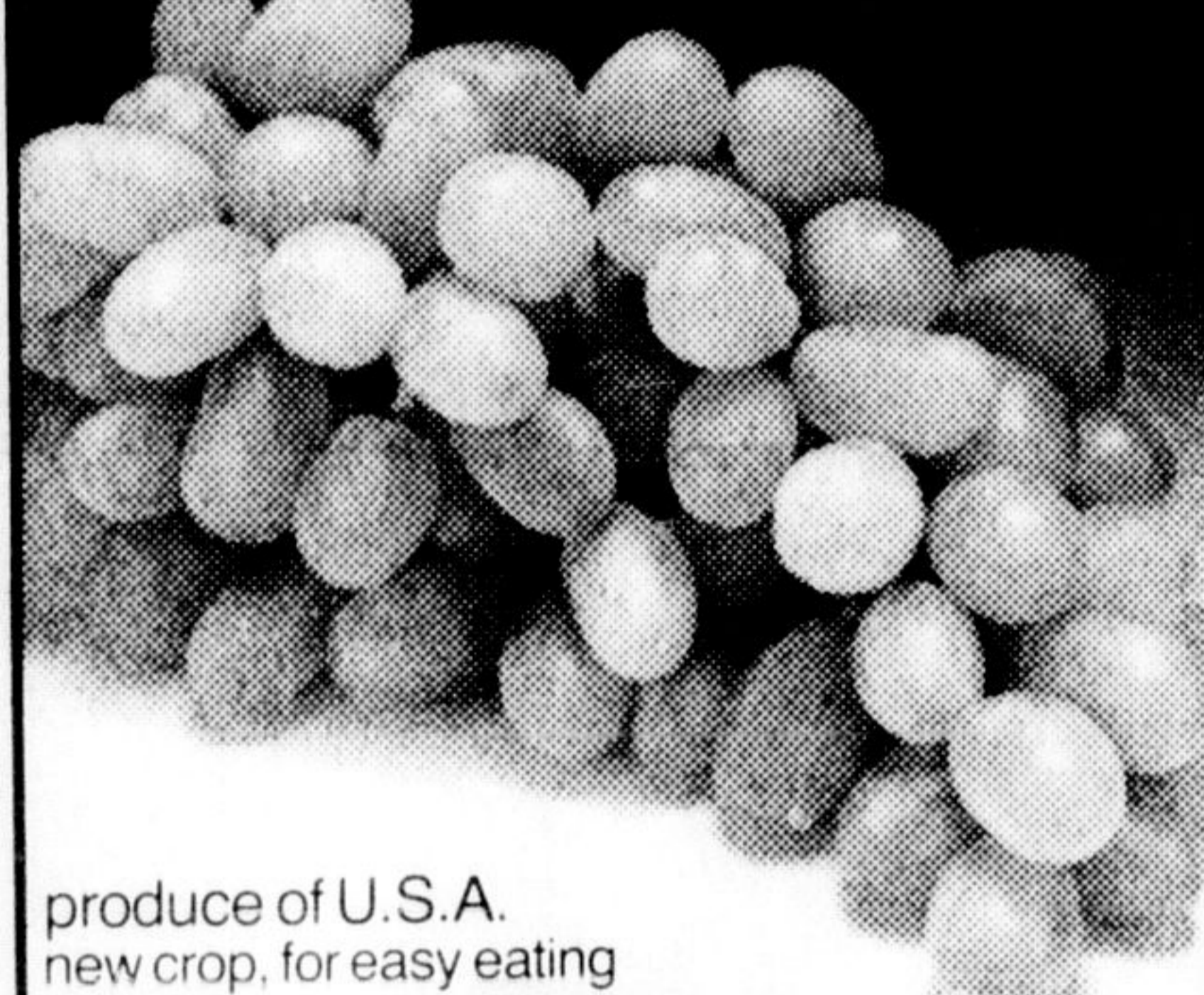
produce of U.S.A., no. 1 grade

fresh peaches ideal for dessert

was .99

.47 pound

save .61 lb.



produce of U.S.A. new crop, for easy eating

green seedless grapes

was 1.58

.97 pound

save .53 lb.

sweet pickled vac pac

Shopsy corned beef brisket

was 2.12

1.59 lb.

save .16

choice, sliced or whole

Avon potatoes

was .35 ea.

3 .89 19 fl. oz. tins

save .10 lb.

frozen, cut up, tray pack

stewing hen

was .59

.49 lb.

save .28

heavy duty foil 18" x 50' roll box

Reynolds wrap

was 2.27

1.99

save .70 lb.

Olde fashioned, boneless, cooked, smoked

Schneiders dinner hams

was 3.68

2.98 lb.

save .17

T-Bone 900 g. box

dog biscuits

was 1.26

1.09

save .10

Z & W Foods, 20 oz. each

pepperoni, salami or summer sausage chubs

was 1.85

1.75

save .20

Loblaws, all flavours 2 litre box

ice cream

was 1.77

1.57

save .41

produce of U.S.A. delicious sweet eating!

watermelon

was 2.29

1.88 each

save .20 lb.

produce of South Africa! fancy grade! new crop!

Granny Smith apples

was .89

.69 pound

save .14

Shopsy, 24 oz. each

potato salad or cole slaw

was 1.29

1.15

save on coke

1.5 litre returnable bottle (plus 30¢ deposit)

Coca-Cola each

.49

- frozen, store packaged **beef steakettes** lb. **.98** was 1.29
- freshly ground -medium **ground beef** lb. **1.58** was 1.68
- previously frozen, sliced **pork liver** lb. **.39** was .49
- sweet pickled, vac pac **cottage rolls** lb. **1.38** was 1.48
- Ziggys, sliced, 1 lb. pkg. **summer sausage** **1.99** was 2.35
- Ziggys, sliced **cooked ham** 6 oz. pkg. **1.35** was 1.55
- Loblaws, sliced **mock chicken** 1 lb. pkg. **1.38** was 1.58
- frozen Highliner Brand, cello wrapped **boston bluefish fillets** lb. **.88** was 1.29

- Neilson, economy size **iced tea mix** 38 oz. tin **2.65** was 2.95
- Lay's - regular or ruffles dip **potato chips** 225 g. bag **.87** was .99
- Dole - sliced, crushed or chunks in syrup **pineapple** 19 fl. oz. tin **.55** was .63
- Cool Whip, frozen, 1 litre tub **whipped topping** **1.05** was 1.15
- McLean, frozen, oven-crisp, straight cut **french fries** 2 lb. poly bag **.79** was .89
- Club House, broken **salad olives** 12 fl. oz. jar **.89** was .99
- Old Spice, regular, 75 g tube **stick deodorant** **1.39** was 1.69
- 166 g. tin **Penaten cream** **3.39** was 3.79

recipe of the week

free recipe available in store by Pol Martin

Roast Chicken Soubise - a family favourite prepared by slowly roasting the chicken until crisp and golden brown and served with a smooth, creamy sauce. Accompany with sautéed english cucumbers.

save .17 lb.	save .31
fresh redressed Canada grade "A" over 5 lb. size roasting chickens lb. .98 was 1.15	Ontario grown no. 1 grade - long green large king size seedless cucumbers ea. .68 was .99

travel bonus

save & fly

with \$5 travel vouchers

You can cut the cost of your next holiday air fare by saving Loblaws cash tapes.

You get one \$5.00 "save & fly" travel voucher for only 1¢ and \$100. worth of Loblaws cash tapes (dated from Mar. 15, 1978). These \$5.00 travel vouchers can be applied to the purchase of air transportation at individual fares anywhere on CP Air scheduled services. The total value of the vouchers may not exceed 50% of the applicable transportation. Ask our cashiers for your tape saver envelope and start saving today. See further details in our stores and on tape saver envelopes.

Canada Week

Celebrate it! June 25 - July 1

All Loblaws stores will have extended store hours Wed. June 28 and Thur. June 29 except where bylaws prohibit. All stores closed Sat. July 1 Canada Day

Prices effective to Tues. July 4 except produce & bakery prices effective to Fri. June 30. We reserve the right to limit quantities. Milton only

Loblaws

low prices plus . . . a whole lot more