

Inspectors help control disease

By Olga Darcovich
Most of us judge a restaurant by its food, its ambience and its price. But judging on our behalf behind the scenes are Ontario's 550 or so public health inspectors, who ensure that the food we eat is being properly handled and the premises kept up to hygienic standards.

"The aesthetics of a place don't have anything to do with what may be lying behind the scenes," commented Halton region's chief public health inspector, Jim Powell, who added that a "little hole in the wall" with limited equipment may be more efficient about meeting hygienic standards than a fancily-equipped restaurant.

According to the chief inspector there were no cases of food poisoning attributable to public food outlets in Halton last year.

Public health inspectors conduct unannounced inspection of restaurant sanitation at least six times a year, he said. Their major concern is the temperature at which food is kept.

"The biggest safeguards are refrigeration and heat," agreed Neil Pattullo, senior inspector for North Halton. The concern in the prevention of food poisoning is the arrest of bacterial growth. Food, unless refrigerated or heated, is a good growing medium for bacteria. "If food is kept either sufficiently hot or sufficiently cold the bacteria don't multiply to a degree where they can cause illness or produce toxin," Mr. Pattullo explained.

The most common kind of food poisoning is that caused by a bacteria called staphylococcus. It is the same bacteria that is sometimes present in noses and throats and that causes a scratch or cut to become infected, said Mr. Powell.

If food, for example potato salad, is kept at improper temperatures, the bacteria produce a toxin. The toxin produced by the staphylococcus cannot be killed by heat once it is present in food. It's the toxin which makes people ill, usually two to four

hours after eating, he said. The health unit receives complaints of suspected food poisoning from time to time and then the inspector's job becomes that of a detective, tracing the source of the infection. His work is often hampered by lack of evidence — by the time the case has been reported the evidence has been destroyed.

Standards of hygiene have become more stringent over the years, Mr. Powell reported, and the public has become more insistent about cleanliness. Asked whether restaurateurs were meticulous about maintaining standards, Mr. Powell replied restaurant cleanliness falls in a "bell curve". (In a bell curve the majority fall in the average category, tailing off to a few at either extreme.)

If a restaurant fails to meet hygiene standards, it is so informed and a recheck made. "Our work is a process of education and persuasion rather than legal proceedings," commented Mr. Powell.

Nevertheless, if education and persuasion fail, there is provision for legal action. The restaurant can be ordered closed or the restaurateur can be taken to court.

Aside from checking food storage, inspectors also check dishwashing procedures, dish-handling procedures and general sanitation.

Inspecting restaurants is only part of the work. The health inspectors' aim is to prevent the spread of communicable disease. Any food preparation or sanitation that involves the public health comes under their jurisdiction as outlined under the Public Health Act of the province.

Other food premises they are authorized to inspect include grocery stores, school cafeterias, golf clubs, public halls, recreational facilities, day nurseries and summer camps.

Checking of food processing operations generally falls to federal inspectors since processed foods that are shipped out of the province are

governed by the Food and Drug Act. Halton public health inspectors test milk when it is produced in Halton and handled by a Halton dairy. (The rest of the milk is tested by Department of Agriculture inspectors.)

Water sampling is another important role the regional inspectors fulfill. Last year in Halton they carried out over 1,000 samples of municipal water. The samples are taken from various points along the system. Private well samples are tested on request.

Testing public swimming pools for water clarity, pH and residual chlorine is the responsibility of the inspectors as is the checking of water at public beaches.

Suitability and safety of proposed private sewage disposal systems and inspection of septic system installations are other facets of the role of the region's 11 inspectors, three of whom cover the

north. Two communicable diseases the inspectors keep an eye on are rabies and intestinal parasites.

There has been no incidence of rabies in humans in Halton to date, said Mr. Powell. But, because rabies is endemic in wild animals, all family pets must be considered suspect in cases where they have bitten humans, he pointed out. "Our responsibility is to see that the animal that did the biting is confined for 14 days," he said.

Within that time it can be determined whether the animal is rabid and whether treatment should be given.

The incidence of infestation by intestinal parasites has risen. Increased travel, immigration or better diagnostic procedures — any of these could account for the change, Mr. Powell said. If

results of tests for intestinal parasites are positive, the information eventually finds its way to the public health inspectors, whose job is to make sure the victims go for treatment, if they haven't already been treated. (Some immigrants are required to be tested for parasites on entering Canada, Mr. Powell said.)

Years ago a person could become a public health inspector by taking a correspondence course. Today, they have to take a community college course, such as the two-year program given at Ryerson Polytechnical Institute. As well as passing exams set by the college, they must pass an oral exam before they can become certified public health inspectors.

Greater stress is being put on the academic aspects of training and there is some move to promote a degree course, Mr. Powell said.



WAITING FOR THE SPOTLIGHT is Sarah Hansberger, 5, of the Milton Figure Skating Club. Miss Hansberger skated in the Club's elementary group badge three program Sunday evening at Milton Memorial Arena. It was all part of a yearly show put on by the MFSA.



TWIN TIMMIES of the Ontario Easter Seal campaign, Peter and Paul Settle of Hamilton add a couple of prized autographs to their rapidly growing collection when they encountered world champion marathon swimmer Loren Passfield, left, and the first woman to complete a double crossing of the English Channel, Scarborough's Cindy Nicholas.

Let's talk taxes

Q. In connection with the capital gains provision, what information should I keep to support values of my farm property as of December 31, 1971?

- A. In support of your values, it will be useful to keep the following:
- The type of land (arable, bush or scrub).
 - The type of farming done.
 - A brief description of the property, including location, lot, building size, date and type of construction.
 - The cost and date of purchase.
 - The cost and date of any improvements.
 - The property assessment for municipal tax purposes, insurance coverage and information on any sales of similar property in your area as of December 31, 1971.

Who qualifies?

His condition permitting, an ill person qualifies for the home care program if his physician determines he needs the services of one or more visiting professional health care workers and has family or a friend willing to provide support and supervision as needed. OHIP coverage is required.

The patient's treatment should reasonably be expected to result in improvement or progress toward established goals. A prospective client is referred to the program by his physician, who notifies the home care co-ordinator in the hospital. The co-ordinator is a nurse from the regional health unit. She arranges all the services necessary to care for the patient at home.

Home care

Who does what?

With specialization in health care it's not always easy to know who does what. Here is a brief description of the services provided by the professionals who visit patients in their homes under the auspices of the home care program.

The Victorian Order of Nurses provides bedside nursing care in the home on a visiting basis. Community nurses (employed by the health unit) provide mental health counselling.

Physiotherapists carry out the exercises prescribed in the treatment plan, for example, chest therapy is frequently prescribed in cases of pneumonia.

The occupational therapist (OT) helps the patient perform everyday activities. She can help a housewife adapt her kitchen so she can continue to do the cooking despite disabilities, for instance.

If the patient's illness requires him to change jobs, the OT is the worker who directs him to the right resources. If the patient has problems socializing, the OT gets him involved in community activities or out with people.

The speech therapist is called in to treat stroke

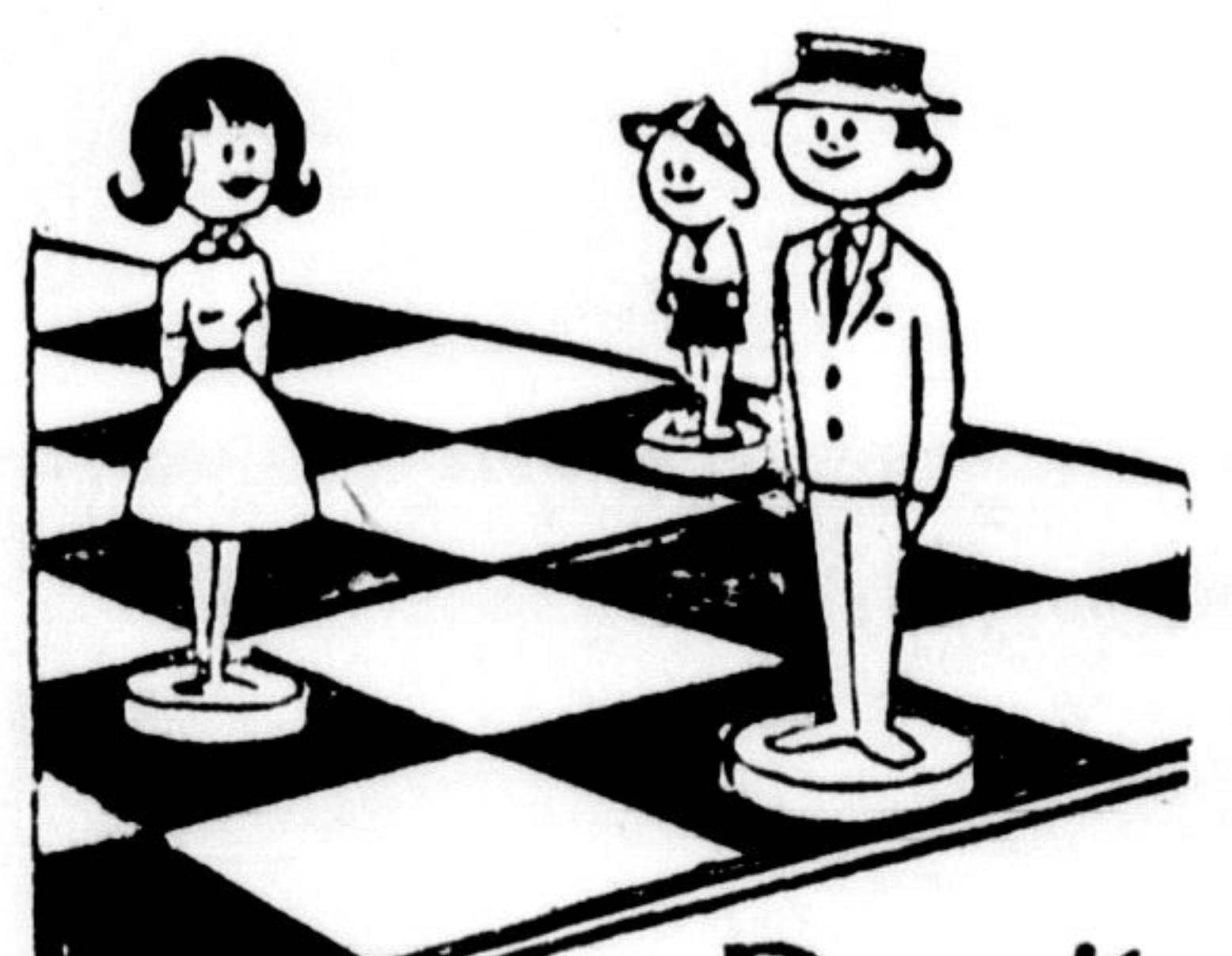
patients who've lost the ability to speak. The lab technician visits to take blood samples.



PHYSIOTHERAPIST Carolyn Hepburn visits Lillian Twiss at home daily. Walking and arm exercises are helping Mrs. Twiss recover some of the strength and co-ordination she lost as a result of a recent stroke.

Champion Real Estate MARKET PLACE

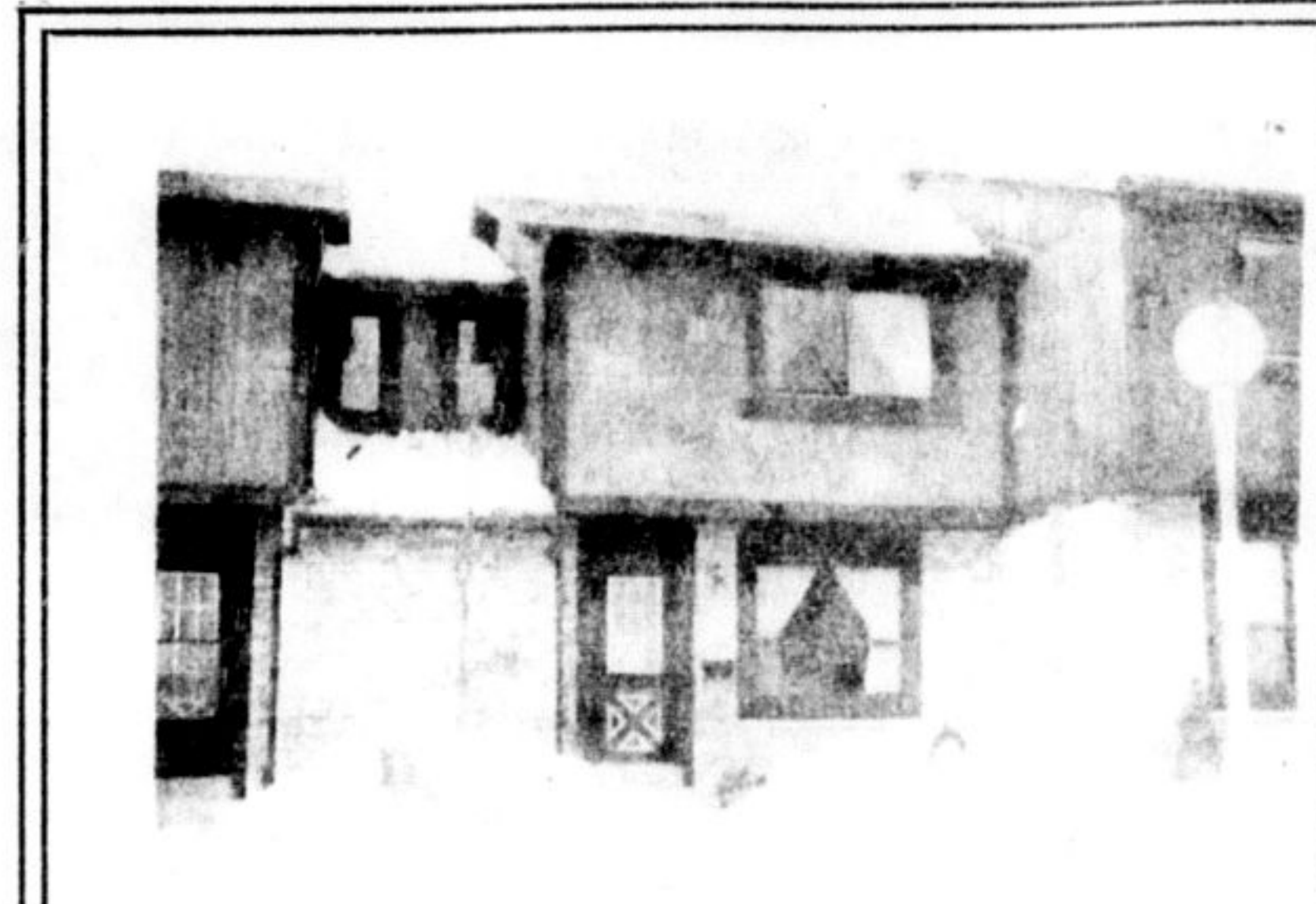
FOBERT
H. FOBERT REAL ESTATE LTD.
22 Ontario St. S. Milton (Across from the Mall)



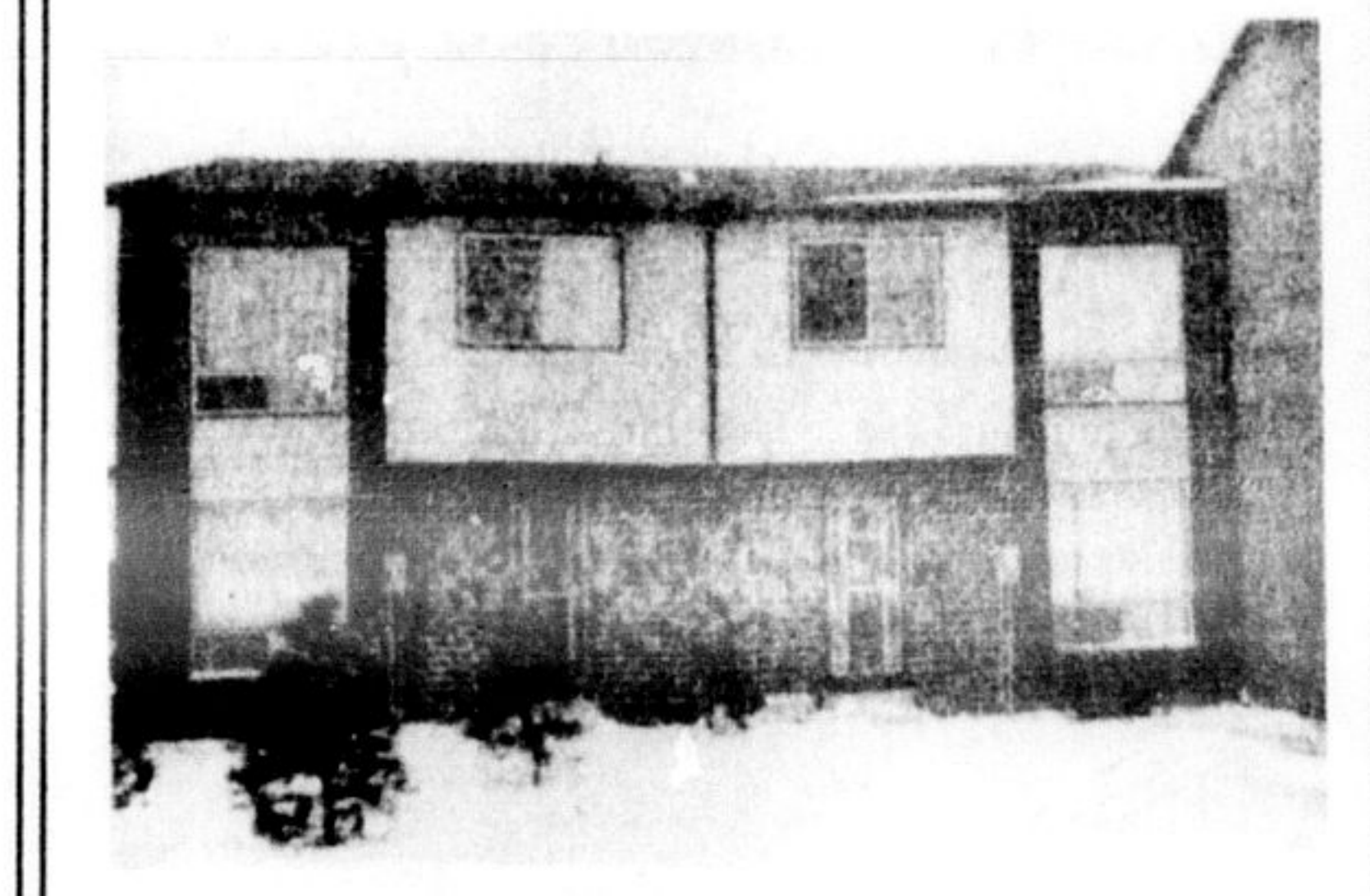
Don't Make a Move!!
without calling us
Somebody...
Wants Your Home

- And we have what it takes to find that somebody.
- FREE opinion of value - to price your home at correct market value.
 - ADVERTISING that attracts attention to your home.
 - ABILITY to show your home and create a desire for ownership.
 - SALESMANSHIP that enables us to seek the ultimate client.
 - KNOWLEDGE of mortgage loans that will help the buyer finance and close the end sale.

878-2365



\$39,900.
A price out of the past, makes this super townhouse a great "present" for your family. Includes spotless wall-to-wall broadloom, full basement, sunny eat-in kitchen, new fridge and stove, and low, low down payment. Your opportunity to become a home owner today! Please call Monika Blewett at 842-1920 or Res. 827-0759.



ANXIOUS VENDOR
Has reduced this next to new town home to \$45,900. plus one year free maintenance, five appliances and central air conditioner. In town of Milton. Call Jean Sharples at 842-1920, or Res. 845-2799.

CANADA PERMANENT TRUST REALTOR

IF YOU'VE REACHED THE END OF YOUR ROPE



Looking for an advertising program with direction — one that will bring both immediate and long term results? Head our way. We'll assess your needs, aims and goals. Then we'll create and implement a program that will take you down the path toward meeting them.
Phone Display Advertising 878-2341-42
at The Canadian Champion

Church Services

- | | | |
|--|--|---|
| <p>ST. DAVID'S and NASSAGAWEYA PRESBYTERIAN CHURCHES
Sunday, April 2, 1978</p> <p>NASSAGAWEYA
10:00 A.M.</p> <p>ST. DAVID'S CAMPBELLVILLE
11:20 A.M.</p> <p>All welcome</p> | <p>MILTON GOSPEL HALL
306 Ontario St. N. 878-2022
Christians Gathered In The Name of The Lord Jesus Christ</p> <p>Sunday, April 2, 1978
10:30 a.m. — Breaking Bread
12:15 p.m. — Sunday School
7:00 p.m. — Gospel Service
Wednesday
8:00 p.m. — Prayer and Bible Reading</p> <p>All are welcome to These services
Thou shalt call His name Jesus; for He shall save His people from their sins. Matthew 1:21.</p> | <p>IMMANUEL LUTHERAN CHURCH
Windsor Road at Carole St. Georgetown
Rev. Harold R. Patzer</p> <p>Sunday, April 2, 1978
9:45 a.m. — Sunday School
11:00 a.m. — Worship Service
Church of Lutheran Hour</p> |
| <p>TRINITY BAPTIST CHURCH
4372 Appleby Line
Pastor: Rev. W. E. Payne
634-4879</p> <p>Sunday, April 2, 1978
9:45 a.m. — Bible school for all ages
11:00 a.m. — Exposition of the Book of Romans, Chapter IX.
7:00 p.m. — A series of sermons on prayers (2) What is Prayer?
Tuesday 7 p.m.
Trinity Boys and Girls Club Intermediate Youth Group</p> <p>Wednesday
8:00 p.m. — Prayer meeting and Bible study
"Declaring all the counsel of God" A Warm Welcome to All</p> | <p>ST. PAUL'S CHURCH OF THE UNITED CHURCH OF CANADA
Main St. at James St.
Minister — Rev. W. Lorne Brown</p> <p>Sunday, April 2, 1978
11:00 a.m. — Worship Service
Rev. George Lewis with guest speaker Denzil Lawrence.
11:00 a.m. — Church School
Nursery Facilities</p> | <p>ANGLICAN CHURCH OF CANADA GRACE CHURCH
317 Main St. Milton
Tel. 878-2411</p> <p>Easter I
8:00 a.m. — Holy Communion
9:30 a.m. — Senior Church School
10:30 a.m. — Junior Church School
10:30 a.m. — Eucharist</p> <p>Thursday
10:00 a.m. — Holy Communion</p> |
| <p>HOLY ROSARY ROMAN CATHOLIC CHURCH
139 Martin St.
878-6535
Rev. Joseph Bigonconi, Pastor
Rev. Harold Bedford, Associate</p> <p>MASSES
Saturday Evening 7:15 p.m.
Sunday: 8:00, 9:30, 11:00 a.m.
Confessions: Saturday 4:30 - 5:30 p.m.
and after the evening Mass</p> | <p>EMMANUEL BAPTIST CHURCH
Commercial Street, Milton
878-3908
Pastor: Dr. J. R. Armstrong</p> <p>Sunday, April 2, 1978
9:45 a.m. — Sunday School and adult Bible Class
11:00 a.m. — Assembly & Worship. Sermon: "The Risen Christ in Heaven"
7:00 p.m. — An Easter Contata, "Make it Clear" by Bill Butterworth, will be presented by the Young People's Choral of the Streetsville Baptist Church.</p> <p>Tuesday 10:00 a.m.
Coffee hour and Bible study
Wednesday 7:30 p.m.
Meeting for Prayer and Bible study.</p> <p>Come and bring a friend
Nursery services are provided at all Sunday Services and on Tuesday morning.</p> | <p>ST. JOHN'S NASSAGAWEYA
Guelph Line, north of Hwy. 401
9:30 a.m. — Morning Prayer and sermon
Church School</p> <p>ST. GEORGE'S LOWVILLE
11:00 a.m. — Holy Communion and sermon
Nursery and Church School</p> |
| <p>MISSION CHURCHES
St. Peter's
9th Line — 9:00 a.m.
Our Lady of Victory
Tremaine Rd. — 10:30 a.m.</p> | <p>BOSTON and OMAGH PRESBYTERIAN CHURCHES
Minister: Rev. W. R. Lewis, B.A., B.D.
878-4428</p> <p>Sunday, April 2, 1978
BOSTON
9:30 a.m. — Worship Service and Church School
Nursery Facilities</p> <p>OMAGH
11:00 a.m. — Worship Service and Church School</p> <p>Come and be part of our family at Worship</p> | <p>THE PRESBYTERIAN CHURCH IN CANADA KNOX CHURCH MILTON
170 Main St. E.
878-6066
Minister: Rev. Trevor J. Lewis
878-8687
Organist — Choir Director Mr. Allan Redmond</p> <p>Sunday, April 2, 1978
9:45 a.m. — Church School
11:00 a.m. — Morning Worship
Nursery Facilities
All welcome</p> |
| <p>HIGHWAY GOSPEL CHURCH
Pentecostal Assemblies of Canada
Wakefield Rd. and Hwy. 25
Milton
Pastor: Rev. M. Christensen
878-2064</p> <p>Sunday, April 2, 1978
9:45 a.m. — Sunday School
11:00 a.m. — Morning worship
6:00 p.m. — Family Prayer
7:00 p.m. — Evening Service
8:00 p.m. — Wednesday — Bible study and prayer
8:00 p.m. — Friday night — Young Peoples</p> <p>You are welcome to ride our bus to and from Sunday School. Join a growing school.</p> | <p>CHURCH OF CHRIST
1412 Britannia Rd. West
Minister: Richard Forsyth
878-5696</p> <p>Sunday, April 2, 1978</p> | <p>CHURCH OF CHRIST
1412 Britannia Rd. West
Minister: Richard Forsyth
878-5696</p> <p>Sunday, April 2, 1978</p> <p>10:00 a.m. — Bible School classes for all ages
11:00 a.m. — Morning Worship and the Lord's Supper
8:00 p.m. — Preaching of the Gospel
Wednesday
8:00 p.m. — Bible Study
"The Churches of Christ Salute You." Romans 16:16</p> |