

# HOW TO EAT BETTER ON YOUR BUDGET

SENIOR CITIZENS 5% DISCOUNT DAY IS EVERY "WEDNESDAY" ON ORDERS \$1.00 TO \$40.00



FREE PARKING AT REAR OF STORE

## Value Checked MEATS

CANADA EVISCERATED 2 1/2 to 3-Lb avg.  
**GRADE 'A' CHICKENS** lb. **67<sup>c</sup>**

CAMPFIRE BRAND OR DEVON 16-oz PACKAGE  
**RINDLESS BACON** \$1.28

PRIDE OF CANADA 6-oz. Pkg.  
**COOKED HAM** \$1.24

CAMPFIRE BRAND - BY-THE-PIECE  
**TASTY BOLOGNA** lb. **55<sup>c</sup>**

MAPLE LEAF - SWEET PICKLED CRYOVAC  
**COTTAGE ROLLS** lb. \$1.29

FRESH - YOUNG - BACKS - WINGS - NECKS ATTACHED  
**QUARTERED CHICKENS** lb. **77<sup>c</sup>**

FROZEN - GRADE A 8-16 lbs.  
**TURKEYS** **85<sup>c</sup>**

SCHNEIDERS - OLDE FASHIONED - SMOKED  
**Hams** Quarters lb. \$2.99

MAPLE LEAF - GOLDEN FRY 16-oz PACKAGE  
**Sausage** lb. \$1.18

TENDER - TASTY  
**Pork Hocks** lb. **58<sup>c</sup>**

SCHNEIDERS - SKINLESS - MIX or MATCH 16-oz PKG  
 RED HOTS - DUTCH TREETS - SKINLESS - ALL BEEF

**Wieners** lb. **86<sup>c</sup>**

SCHNEIDERS - COUNTRY BULK 6-LB BOX  
**Sausage** \$7.38

**FREEZER FILLER SPECIAL**  
**LOINS of PORK**

WHOLE 12 to 14-Lb Avg. \$1.48<sup>lb</sup>  
 CUT and WRAPPED

DETERGENT 2 x 24-FL-OZ CONTAINERS  
**MIR LIQUID** \$1.27

DESSERT TOPPING 85-grm PACKAGE  
**QUICK WHIP** 4/\$1.

KELLOGGS 500 GRM  
**RICE KRISPIES** 99<sup>c</sup>

DEL MONTE 4 x 5 FL. OZ.  
**FRUIT CUPS** 99<sup>c</sup>

MONARCH PURE 1-LB PK  
**SHORTENING** 59<sup>c</sup>

CORAL BATH SIZE 4-BAR PACKAGE  
 SOAP - 1 BAR FREE  
**LIFEBUOY** \$1.19

### FROZEN FOODS

OLD SOUTH 6 1/2 OZ. TIN  
**ORANGE JUICE** 2/89<sup>c</sup>

McCAIN FROZEN - DEEP 'N DELICIOUS 5-inch DELUXE  
**PIZZA** 15-oz. pkg. \$1.59

FARM HOUSE - FROZEN 12-oz PACKAGE  
**CREAM PIES** 79<sup>c</sup>

### SUPERXTRA

MAXWELL HOUSE  
**COFFEE**  
 10 OZ. JAR  
**\$4.69**

### SUPERXTRA

**TENDERFLAKE LARD**  
 3-Lb CONTAINER  
**\$1.69**

### SUPERXTRA

AYLMER  
 32 FL. OZ.  
**CATSUP**  
**79<sup>c</sup>**

### SUPERXTRA

SARA LEE  
 FROZEN  
**CAKES**  
**\$1.09**

### SUPERXTRA

PURITAN ASSORTED  
**STEWES**  
 24 fl-oz Tin  
**89<sup>c</sup>**

BATHROOM TISSUE 4-roll PACKAGE  
**COTTONELLE** **99<sup>c</sup>**  
 JAVEX LIQUID 128 FL. OZ.  
**BLEACH** **99<sup>c</sup>**  
 E. D. SMITH 19 FL. OZ. TIN

**Apple Pie Filling** **79<sup>c</sup>**  
 KRAFT - SMOOTH or CREAMY 16-oz JAR

**Peanut Butter** **89<sup>c</sup>**  
 PALM GARDEN PACKAGE of 100

**Tea Bags** **\$1.89**  
 POWDERED DETERGENT  
**Sunlight** 6 lt. box **\$2.49**

SHIRRIFF - GOOD MORNING 24 FL. OZ. JAR  
**MARMALADE** **99<sup>c</sup>**

Del Monte - Canada Fancy - Yellow Cling - Slices or Halves  
**Peaches** 28 FL. OZ. TIN **69<sup>c</sup>**

FABRIC SOFTENER  
**Fleecy** 128 Fl. Oz. Jug **\$1.69**

### SUNSHINE FRESH PRODUCE

ONTARIO NO. 1 10 LBS.  
**POTATOES** **59<sup>c</sup>**

ONTARIO NO. 1  
**TURNIPS** **9<sup>c</sup>** LB.

CANADA NO 1 5 LB. BAG  
**CARROTS** **75<sup>c</sup>** EA.

U.S. NO. 1 SIZE MEDIUM  
**TANGERINES**  
**39<sup>c</sup>** DOZ.

CHEF'S CHOICE  
 19 FL. OZ. TIN  
**TOMATOES**  
**4 FOR \$1.00**

# LEDWITH'S



WE RESERVE THE RIGHT TO LIMIT QUANTITIES