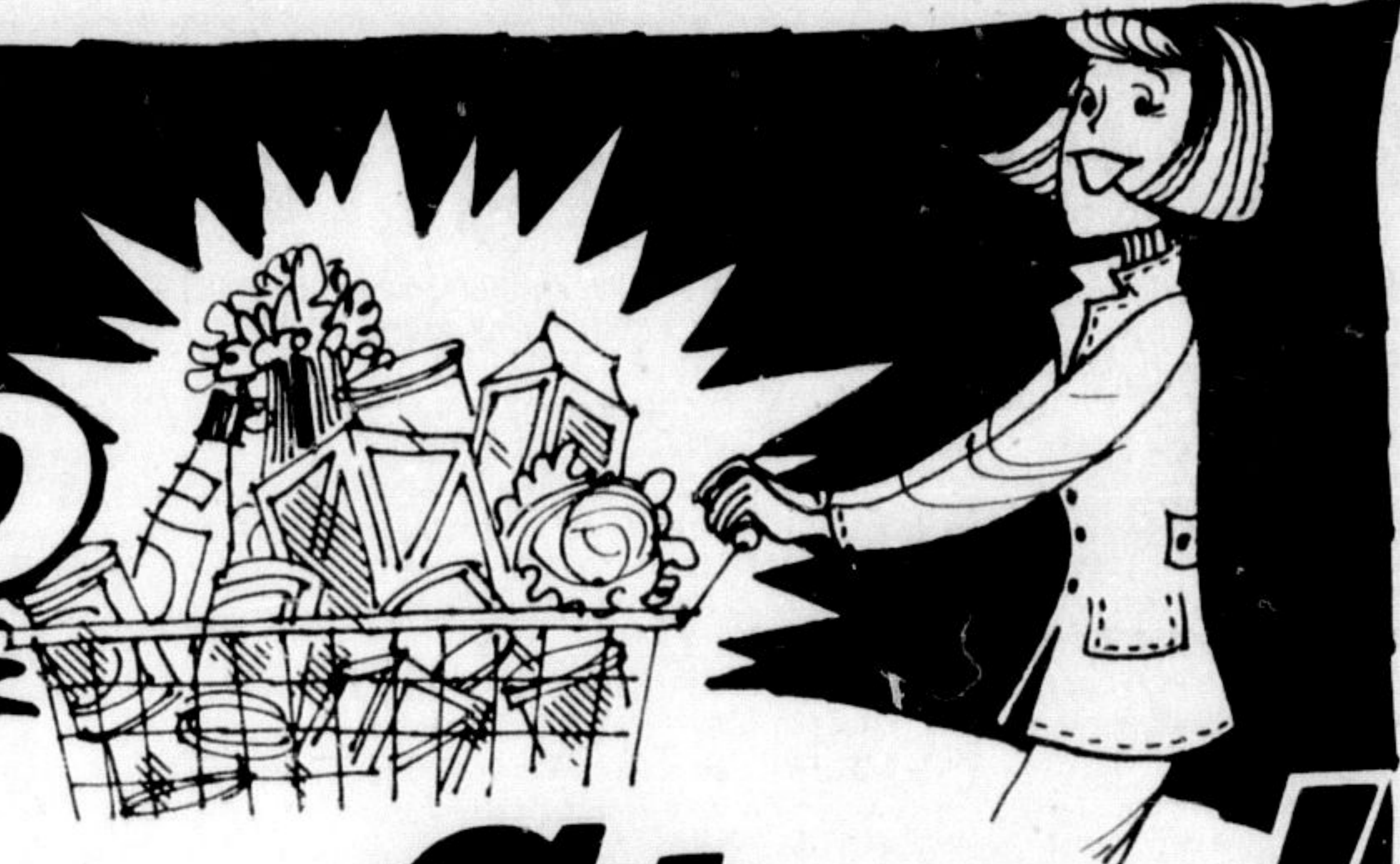


SAVE while you SHOP



One-Stop!

SENIOR CITIZENS 5%
DISCOUNT DAY IS EVERY
"WEDNESDAY" ON ORDERS
\$1.00 TO \$40.00

FREE PARKING AT REAR OF STORE

GOVERNMENT INSPECTED MEATS

Cut from Canada Grade "A" Beef

Blade or Short Rib ROASTS 88¢ lb.

Boneless Stewing Beef
The Cool Weather Favourite
\$1.08 lb.

IDEAL FOR MEAT LOAF or BURGERS - REGULAR
Ground Beef 79¢ lb.

MAPLE LEAF - REGULAR or ALL BEEF
Bologna 96¢ lb.

TASTY-KING BEEF
STEAKETTES \$1.59
2 LB. BOX
2 OZ. SIZES

FROZEN - IMPORTED NEW ZEALAND - SHOULDER CUT
Lamb Chops 98¢ lb.

CUT FROM CANADA GRADE "A" BEEF - CHUCK SHOULDER
Arm Steaks \$1.08 lb.

BLADE STEAKS 98¢ lb.
Cut from Canada Grade "A" Beef

CAMPFIRE **Rindless Bacon \$1.19 lb.**

TASTY **Pork Liver 49¢ lb.**

BONELESS
Blade Roasts \$1.08 lb.
Cut from Canada Grade "A" Beef

CAMPFIRE - BY-THE-PIECE
Bologna 53¢ lb.

MAPLE LEAF - CORNED
Beef Brisket \$1.48 lb.

DEL MONTE - CANADA CHOICE
GREEN PEAS 3 for \$1
14 FL-OZ TIN

AYLMER - CANADA CHOICE
DICED BEETS 25¢
14 FL-OZ TIN

EVAPORATED MILK
CARNATION 39¢
16-oz TIN

SCOT
SCOT TOWELS 99¢
2 ROLL PK.

COTTONELLE - BATHROOM
TISSUE \$1.09
3 ROLL PK.

BYE THE SEA
TUNA 79¢
6 OZ. TIN

DELMONTE
PEACH 69¢
28 FL. OZ. TIN
HALVES SLICED

SUNSPUN - FROZEN CONCENTRATED
ORANGE JUICE 79¢
12 1/2-FL-OZ TIN

SUPREME - SLICED - FROZEN
CARROTS 49¢
2-lb. bag

HIGH LINER - FROZEN
PERCH Fillets \$1.39
16-oz PACKAGE

McCain - Frozen - Straight - Crinkle or Julienne
FRENCH FRIES 99¢
3 1/2-Lb Bag

AYLMER WITH PECTIN 24 OZ. JAR
JAM 89¢
RASPBERRY STRAWBERRY

FRAY BENTOS 12 OZ. TIN
CORNED BEEF \$1.09

LIBBY WINE 14 FL. OZ. JAR
SAUERKRAUT 69¢

Catelli - Macaroni & Cheese 7 1/4-oz Pkg
DINNERS 4 for \$1

FIVE ROSES - ALL PURPOSE
FLOUR 99¢
5-lb. bag

LIBBY'S 14 FL-OZ TIN
Alpha-getti 37¢

LIBBY'S 28 OZ. TIN
Spaghetti 49¢

PRINGLES 2 x 4.5-oz Package
POTATO Chips \$1

SUNSHINE FRESH PRODUCE

ONTARIO 10 LB. BAG
POTATOES 59¢

CANADA NO. 1 2 LB. BAG
ONIONS 2 BAGS 49¢

NO. 138 NAVEL SEEDLESS
ORANGES 89¢ DOZ.

FLORIDA PINK OR WHITE
GRAPEFRUIT 8 FOR 95¢

SUPERXTRA

TANG ORANGE 99¢
FLAVOUR CRYSTALS - 4 x 3 1/2-oz Pkg

SUPERXTRA

Var. Camp BEANS 289¢
WITH PORK - 19-FL-OZ TIN

SUPERXTRA

KRAFT SALAD DRESSING 69¢
16 Oz Jar

SUPERXTRA

MONARCH PURE Shortening 59¢

SUPERXTRA

KLEENEX FACIAL TISSUE 59¢
PACKAGE of 200

LEDWITH'S SUPER DAVE MARKETS