

COURTESY and SAVINGS

THE "BUY" WORDS AT -



Value Checked MEATS

FRESH CUT - MEATY
CHICKEN LEGS 99¢ lb

FRESH CUT - MEATY
CHICKEN BREASTS 99¢ lb

PERFECT FOR THE BARBECUE
RIB STEAKS 1.29 lb

CANADA PACKERS
PEAMEAL BACON END CUTS \$1.69 LB. CENTRE CUTS \$1.79 LB.

NATURAL FOR THE BARBECUE - REGULAR
Ground Beef lb. 59¢

SHOPLY - ALL BEEF 16-OZ PKG
Wieners lb. 95¢

BURNS - BY-THE-PIECE
Headcheese lb. 88¢

SHOPLY - 2-OZ SIZE 4-PAK UNIT
Corned Beef \$1.09

BURN'S
Pride of Canada BACON \$1.68 LB.

TASTY KING 2lb. Box
BEEF Steaketts \$1.79 LB.

DESSERT TOPPING MIX
DREAM WHIP 4-oz. Pkg. 73¢

SATIN
MARGARINE 1 LB. PKG. 29¢

YORK FANCY - WITH PEANUTS
MIXED NUTS 13-OZ VAC TIN \$1.19

FOR THE UNBLEACHABLES
JAVEX Powdered Bleach 26-OZ PKG \$1.19

RUPERT COD 20-OZ PKG
FISH & CHIPS 99¢

FARM HOUSE
CREAM PIES 12-oz. Size 59¢

RIO CHOICE 9-OZ PKGS
STRAWBERRIES 2:89¢

SUPER SAVER
MAXWELL HOUSE
COFFEE INSTANT 10-OZ JAR
\$3.29

SUPER SAVER
COUNTRY - KIST
with Pearl Onions
PEAS 14 fl-oz Tins 4 FOR \$1

SUPER SAVER
MAPLE LEAF CANNED COOKED
HAMS 1 1/2-LB TIN
\$2.99

SUPER SAVER
Sheriff
Jelly Powders 3 OZ. PKG.
4/99¢

SUPER SAVER
SUPERSAVE
BREAD 3 FOR 99¢ 24 OZ. LOAF

HEINZ COOKED in Tomato Sauce with Cheese 19-FL-OZ TIN
SPAGHETTI 39¢

CLUB HOUSE - MANZANILLA - LP 8-FL-OZ JAR
Stuffed OLIVES 79¢

CANADA BRAND 128-FL-OZ JUG
VINEGAR WHITE 99¢

RED ROSE ORANGE PEKOE 60 TO PKG
TEA BAGS \$1.09

KELLOGG'S 12-OZ PKG
SUGAR Frosted Flakes 69¢

KELLOGG'S CEREAL 13-OZ PKG
MINI-WHEATS 79¢

BLEACH 128-FL-OZ JUG
JAVEX LIQUID 99¢

SEALTEST
MILK 2% BAG 2% JUG + DEPOSIT \$1.19

SUNSHINE FRESH PRODUCE

U.S. FANCY GRADE WINESAP
APPLES 3 LB. BAG 69¢

CANADA NO. 1 COOKING
ONIONS 2 LB. BAG 31¢

LOCAL FRESH CUT
CABBAGE LARGE HEAD 19¢

LOCAL FANCY FIELD
TOMATOES LB. 29¢

Milk Bone Dog Biscuits For Large Dogs 32-oz. Pkg. 89¢

Bernardin Freezer Bags PINT OR QUART 39¢

LEDWITH'S



WE RESERVE THE RIGHT TO LIMIT QUANTITIES