YOUNG FACES AGLOW belong to the kindergarten class at Robert Baldwin School as they await their turn to tell Santa what they'd like for Christmas. In the background are the fairy Tinkerbell, fairytale character Wee Willie Winkle and a couple

of clowns. Rumor has it one of the clowns was principal John Lenz, the other David Coulson. Carol Morey, Elinor Snow and Bill Lyons also gave of their time as they visited the classrooms to the delight of the children.

## "Hello, I'm an alcoholic" young man tells Forum

my name is Rob. I'd like to me. talk to you of my own experiences before and after I joined Alcoholics Anonymous."

The young man speaking was only 19 years of age and he held spellbound an intense group of students at Milton District High School, some of whom were not much younger than himself. The students listened with empathy as Rob related his how he'd pass out from too downhill struggle with drugs and alcohol, from the time he black-outs. "My friends told took his first drink at the age of 15 to the present when "I can now get higher at A.A than I ever did with moodchanging drugs."

Happy now

"Before I didn't know how to live--it's as simple as that, I didn't know how to live." He explained how his grandfather drank and how his more scared as time went father eventually ended up at on," he said. "The black-outs A.A. "I saw what alcohol did and it wasn't happy or great, it was poison in our home. I had a lot of resentment of my father and that's a real killer."

In spite of his unhappy couldn't control my drinking want to run any more, I just

alone and would drink in the morning and go to school drunk. He urged his audience not to criticize the alcoholic. "He's sick spiritually, mentally, emotionally, he's got a disease that can be has ever been." arrested," he explained.

He finally got to the point where he needed to drink to function properly. He told much drinking and have me what I had done the next day and I needed those friends like I needed a hole in the head," he quipped.

Left school Rob eventually was forced "I feel happy now," he said. to leave school, having run out of new schools that would accept him. He went to work but found his problem followed him there. "I got happened more and more and a total change took place. could be anything I wanted to, but I wasn't getting enough on

alcohol so I went to drugs. Out of his mind on booze and pills, Rob was finally home life caused by alcohol introduced to A.A. "I didn't Rob didn't recognize the know any life apart from problem in himself until he alcohol and when I came to was introduced to A.A. "I A.A. I was desperate. I didn't

By Joyce Beaton but I was the last guy to find wanted to like myself a bit tell of similar circumstances. members who spoke to the "Hello, I'm an alcoholic, out, everyone else knew but and have some friends." "I always thought alcoholics Forum program at the high

Full of fears and anxieties Rob told how he drank and terribly mixed up, Rob his problem by himself. "My father couldn't help me, he alcoholic." could only love me," he said. "In A.A. I'm back with my family and it's better than i

> Powerless He admits he had to get sick of himself and admit he was powerless over alcohol before he could straighten out. knew it was either jail, the asylum or death for me in the future," he said solemnly. At A.A. Rob finds people

who understand him and who

"Only three per cent are realized he couldn't handle alcoholics, the rest are drunks. I realize I'm an Al-Anon or Alateen.

> 12 steps of A.A. Rob has been with Alcoholics Anonymous for 10 months. In that time he's learned to live without alcohol but realizes that one drink could send him back to his former life. He follows the 12 basic steps of A.A. as his base for life and believes if he can keep sober for today. things will work out.

Rob was one of two A.A.

## MILTON BUS LINES

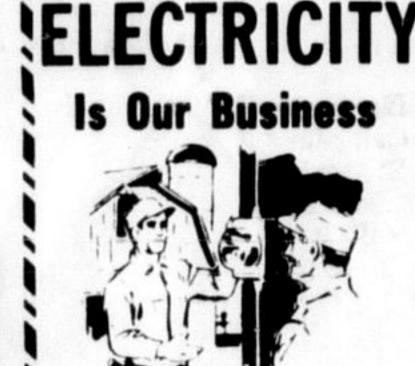
Wish to announce that there will be no bus service to Bramalea the weeks of December 23 and December 30.

> Regular service will commence January 6, 1975

MILTON BUS LINES 878-3125

were on skid row," he said. school Friday. They urged students who had a drinking problem in their homes to join

> In Milton the A.A. group meets every Tuesday at 9 p.m. at Grace Anglican Church Parish Hall. Al-Anon meets there Thursdays at 8.30 as does Alateen.



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Gentlemen,

The remark of Councillor Jim Watson reported in The Canadian Champion of Dec. 11 to the effect that if a Bruce Trailer tried to stop him from snowmobiling (presumably on the Bruce Trail) "there'd be one less Bruce Trailer," reinforces the image of some snowmobilers held by many of the public. Such bravado does nothing for the snowmobiler's cause, but rather, tends to damage the reputation of all, responsible and irresponsible alike.

Reg. Galloway's remark, contained in the same article, that "the Bruce Trailers want all five trails north of Hilton Falls," is somewhat inaccurate. The objection to snowmobiles north of the Falls, as explained in my brief to the Halton Region Conservation Authority, is that crosscountry skiing is already well established there. It does not make sense that a handful of snowmobilers should be permitted to drive out the hundreds of skiers now using the area.

Incidentally, it has not gone unnoticed that Councillor Watson has made several unflattering remarks about the Bruce Trail in recent weeks. A favorite theme of his is that the Trail is used only by people from the big city. It is a shame Mr. Watson does not read The Canadian Champion—it could be a source of enlightenment. For in the summer of 1970 the Champion reported the results of a house-to-house survey by Grade 13 Milton High School students, which revealed that 42 per cent of Milton families had walked the Bruce Trail during the the previous year.

It kind of makes you wonder just who Councillor Watson represents up there in

Dear Sir:

Generally it is acknolwedged that the Milton Plaza won the D.P.A. (Dirty Plaza Award) a few months back.

And now to add to that honor (?) it recently won the O.D.P.A. (Ontario's Darkest Plaza Award). Although, because of darkness it was difficult to get an exact count, it was noted that only nine of 24 lights on the parking lot were lit this past weekend! This, of course, is one way to hide the dirt and junk on the lot and the potholes and the unlit chunk of cement at the entrance, but it is a poor "reflection" on the town of Milton.

I'm surprised that the merchants of the plaza haven't forced the owner to take action.

I for one refuse to shop there, at least our downtown area is clean and well lighted. Perhaps for Christmas the Plaza owner could at least put a large candle on the block of cement at the entrance to the plaza. I'm sure he could collect the money for this from the happy merchants in the Plaza!

Yours truly, Dave Hendrick R.R. 1, Milton

mile on any miles after the first 5,000. receiving a straight 15 cents

Yours very truly, W. D. Brown, Bruce Trail News.

> Trustees leadership

Employees of Halton Board of Education using their own

cars for business will receive

18 cents per mile for the first

5,000 miles and 13 cents per

Board members have been

per mile driven. Superin-

tendent of Business and

Finance Bruce Lindley told

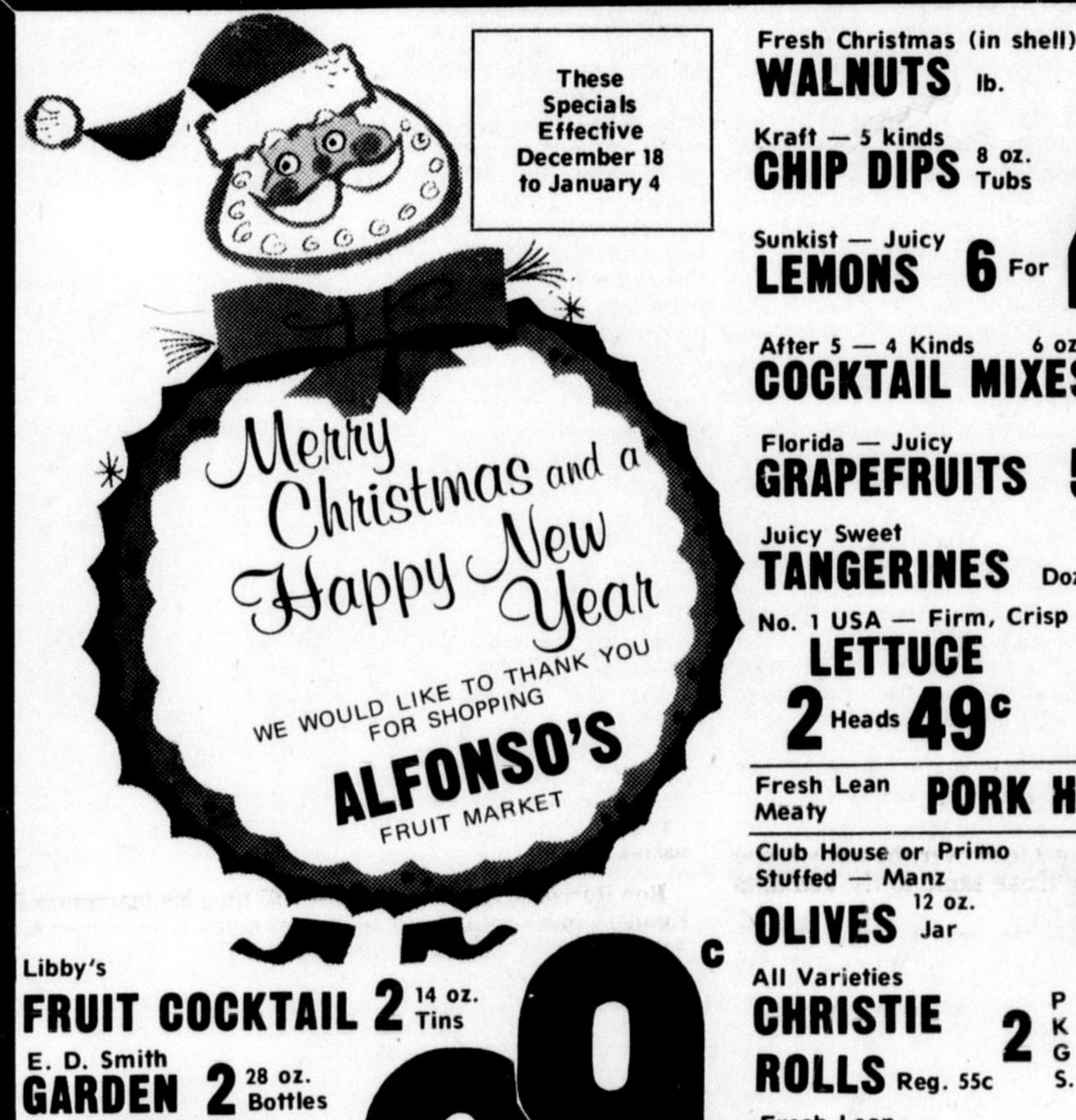
the board the rate should be

adjusted upwards. The in-

crease is expected to cost an additional \$3,750 per year.

Two past chairmen and the present vice-chairman of the Halton Board of Education will be among the 15 members of a committee the board is forming to study opportunities for leadership within the system.

Past chairmen Ernie Bodnar and Fred Armitage and vice-chairperson Judy Alexander along with trustees Bill Heard and Dr. Helen Lock are trustee appointments to the committee.



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ALUM FOIL 25 ft. Long No. 1 USA

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PRIME RIB ROASTS 54

PRIME RIB STEAKS

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Club House or Primo Fresh Lean Powder Unbleachables

WALNUTS 16. CHIP DIPS 8 OZ. Tubs Sunkist — Juicy LEMONS 6 For

After 5 — 4 Kinds 6 oz. Pkgs. COCKTAIL MIXES Florida — Juicy

Juicy Sweet TANGERINES DOZ.

No. 1 USA - Firm, Crisp LETTUCE 2 Heads 49c

No. 1 USA - Vine Ripe TOMATOES

1b. 49c

PORK HOCKS Fresh Lean

Stuffed - Manz OLIVES Jar

**All Varieties** CHRISTIE ROLLS Reg. 55c

Minced Ground CHUCK BEEF 16.

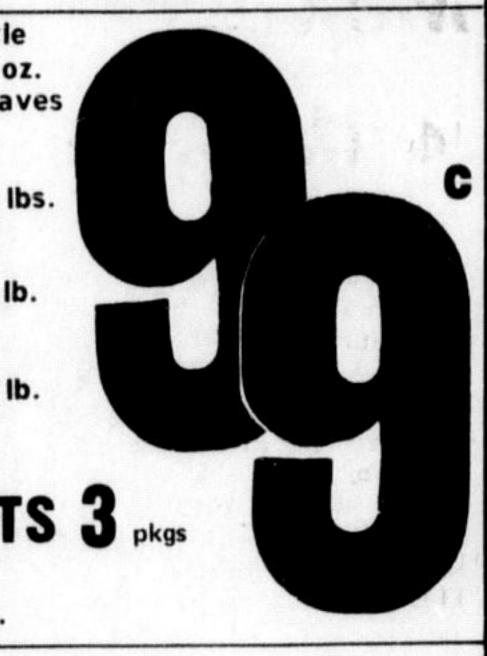
Christie's Buttermate Style WHITE BREAD 3 24 oz.

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Fresh, Lean STEAKS Ib. BLADE Swift's - 7 Varieties - Premium Vac Pak

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