



Although food costs are seemingly endless these days, SUPER SAVE has redoubled its efforts to keep PRICES DOWN. You'll find EXTRA SPECIAL BUYS in every department; LOWER SHELF PRICES THROUGHOUT our store. Result? A LOWER TOTAL of ALL you buy — EVERY TIME!

"You Save Twice" — With Trim and Price

STANDING RIB FOR ROASTING 6th and 7th Ribs **1.15** lb.

DINNER HAMS MAPLE LEAF "BONELESS - SMOKED" Cryovac Halves **\$1.38** LB.

BACON SWIFTS EVERSWEET Rindless **89c** lb

LUCAS & ARTHUR - SLICED **BOLOGNA** 16-Oz. Pkg. **78c**

PRIDE OF CANADA **Cooked Ham** 6-Oz. Pkg. **79c**

SCHNEIDERS **COUNTRY STYLE SAUSAGE** LB. **89c**
LAMB CHOPS FROZEN IMPORTED SHOULDER lb. **98c**

RED BRAND Value Check'd **Thick Cut Rib STEAKS** **\$1.39** lb.

HEINZ NATIONAL BABY WEEK! **STRAINED FOODS** ASSORTED 4 3/4 Fl. Oz. Jars **5 FOR 89c**

HEINZ NATIONAL BABY WEEK! **MIXED CEREAL WITH FRUIT** 8-Oz. Pkg. **49c**

ROSE—GARLIC—NO GARLIC—POLSKIE DILL 48 Fl. Oz. JAR **PICKLES 79c**

SUPER SAVER! 12 Fl. Oz. Tin **KAM LUNCHEON MEAT 79c**

BABY'S ONLY PLEASE! 2 ROLL PKG.— 2 PLY **Bathroom Tissue 39c**

FEATURE! — YORK Smooth 16 Fl. Oz. Jar **PEANUT BUTTER 69c**

FEATURE! SAIGO 10 Fl. Oz. Tin **ORANGES MANDARIN 33c**

CLUB HOUSE PURE 4-Oz. Tin **PEPPER BLACK 69c**

PRODUCE FEATURE!
U.S. NO. 1 — FRESH CUT **CAULIFLOWER 49c** HD.
ONT.—NO. 1 — 5 LB. BAG **CARROTS 45c**

SUPER SAVER! — BONNIE 15 Fl. Oz. Tins **DOG FOOD 6 FOR 79c**

SUPER SAVER! ASSORTED—9 Oz. PKG. **VOORTMANS BISCUITS 2 FOR \$1**

FEATURE! KLEENEX 2 ROLL PKG. **TOWELS ASSORTED COLOURS 69c**

SUPER-X-TRA! HABITANT PEA or VEGETABLE 28 FL. OZ. TINS **SOUP 31c**

FEATURE! — PALANDA — Sliced — Crushed or Tid Bits 19 Fl. Oz. Tin **PINEAPPLE 3 FOR \$1**

SPECIAL FEATURE! — BONUS BRAND — WHOLE **CHICKEN 3 1/4-Lb. Tin \$1.99**

SPECIAL FEATURE! — TOMATO 20 Fl. Oz. Bottle **AYLMER CATSUP 47c**

SPECIAL FEATURE! — UTOPIA CHOICE 19 Fl. Oz. Tins **TOMATOES 3 FOR \$1**

HEALTH & BEAUTY FEATURES
HEADACHE REMEDY — 100 to Bottle **BAYER ASPIRIN 79c**
PACKAGE OF 12 **Confidets 59c**
SANITARY NAPKINS
(BRONZE) 5 FL. OZ. TIN **RIGHT GUARD DEODORANT 89c**

Frozen Foods Features! SCHNEIDERS **Beef Patties** 2 Lb. BOX 2 Oz. PATTIES **\$1.99**
HIGHLINER—IN BATTER — 14 Oz. PKG. **COD \$1.09**

LEDWITH'S SUPER \$AVE



(WE RESERVE THE RIGHT TO LIMIT QUANTITIES)