staff at Milton District Hospital for two or three hours a week. And right now a few more helping hands would be welcomed.

Mrs. G. Langridge, a member of the women's hospital auxiliary and head nurse Mrs. Darroch classes and hours in the hospital. medical certificate.

Probation period A new candystriper receives

If you're interested in a her pink-striped apron and first hospital career and want to do a goes through a three month probation period. At the end of 25 that goes on the cap, and the reward for 75 hours is a pin with the words Teenage Hospital

Bars which may be added to the pin are presented to girls with 150 and 200 hours of service, and a few engraved teaspoons have been given to girls working 250

Besides the awards given for hours a \$100 bursary is given by the auxiliary annually to a girl continuing her studies in hospital All you need is an application continuing her studies in hospital form, available from Mrs. work after she leaves high school. Langridge or the hospital, and a The girl chosen by the nurses as the most helpful is presented with a \$25 award by auxiliary member Mrs. Wallace in memory of her friend Eileen Merry.

During the summer months candystripers are scheduled in the mornings each day and during the school year hours are Taking directions from t nurses, they may be working in one of the wards, in emergency, or the central supply room. They make beds, deliver meals, distribute mail, fill water jugs, freshen flowers, and run errands.

Help outside too Outside the hospital the candystripers help with auxiliary functions such as the Maytime Ball and run a fishpond for children at the auxiliary's September garden party. All their time and efforts are gratefully remembered when they receive their awards at the February annual meeting of the auxiliary and the June supper party. During Youth Appreciation Week, the Milton Optimists Club invites the candystripers to their banquet.

One recent recruit, Alexis Neeley, of Churchill Ave., is helping out three hours in the morning, three or four times a week. Just beginning high school next fall, Alexis says she hasn't thought about being a nurse yet, but she became a candystriper because she wanted to help somehow. In her first few days she's learned to sterilize instruments and become an expert bedmaker. Her favorite job, though has been entertaining some small fry on the way to x-



OUT IN THE SUNSHINE on the of the patients.

(Photos by P. Ford) hospital's terrace, Alexis chats with one

## Clot may stop blood

How do you stop bleeding?

With a superficial cut or wound, normal clotting will probably stop bleeding without much attention.

With serious bleeding, St. John Ambulance recommends that you apply firm pressure directly on the wound. If sufficient pressure is applied bleeding will always be controlled. It is best to

apply pressure through a thick compressible dressing bandaged to the wound. However, if bleeding is profuse and no dressing is available, don't delay press directly on the wound with your bare hand. If a foreign body is stuck fast in the wound don't try to remove it - apply pressure around the wound.

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the Mountsberg Wildlife Centre are these seven week old Vizlas, (Hungarian

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PAEDIATRICS IS one of Alexis Keeley's favorite

assignments. Here she rocks her seven month old

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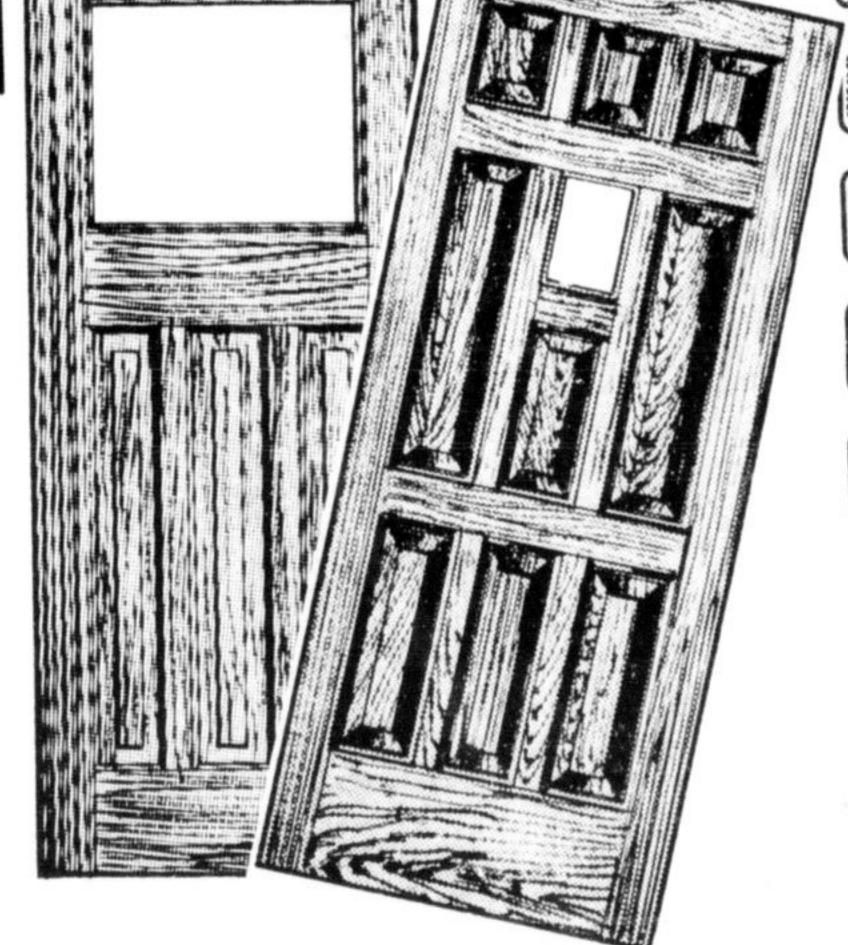
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