

SWIMMING IS JUST ONE of the many activities participated in by Grade 12 Physical Education students at Milton District High School. A number of students recently received instruction in swimming at the Ontario School for the Deaf indoor pool. In the top picture students are seen scrambling for the sides after the whistle was blown to clear the pool. Centre left: Vicki Norland is in the process of executing a shallow

diver. Centre right: A group of students watch while Nancy Noble demonstrates a kicking technique. Bottom left: Another student dives into the refreshing water while instructor F. Stevens (left) watches. Bottom right: Instructor J. Robertson (foreground) demonstrates for his students the proper kicking procedure while they try it.

(Photos by S. Dills)

## Co-ed physical education offers variety in program

By Steven Dills

Milton District High School was the first and is at present the only school in Halton County operating a co-educational Physical Education program. The students seem to have benefitted from the program set up two years ago. The whole program was revamped Grade 11 and Grade 12 students now have a choice of activities they would like to participate in.

Since the program was introduced the enrolment has increased roughly 175 per cent. There are 177 students in Grade 11 and 130 in Grade 12 courses.

Two years ago co-educational gym classes were started for Grade 11 and 12 students. The school year was divided into three week segments with different activities going on during each period. Off-campus activities have also been added to this course besides the standard athletic activities. The school is now trying to use the community's facilities for the benefit of those taking the course.

Such activities as skiing, swimming, bowling, curling, tennis, golf, and judo are now offered. Folk dancing has also been added. Mr. F. Stevens explained, though "some of the courses are segregated by nature. They don't go together." Examples of these are the difference between girls' gymnastics and boys' gymnastics courses. The same is true in basketball.

Plans have been made for the addition of ice activities and English riding next year. Also the Grade 11 students will have the option of taking a swimming course.

Students' opinions seem to be highly in favor of the course as it is now over what it used to be. Dale Bridgen commented the course "has a great variety of activities" while Laura Rigo just said "fine". Bob Cheeseman said the "co-ed course is very fascinating. The best activity was the camping trip earlier this year."

Wade Bekar and Karen Robinson both agreed the course

is better than it was before. Ken Connor was quoted as saying the course is "really pretty good. You can do what you want." Fran Schisizzi said it is "really great, a

laugh, fun, and educational."

The course seems to have been generally accepted from the opinions gathered.

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MDHS news

## Mustangs whomp Oaks

By Steven Dills

Another win was recorded Wednesday for the Milton Mustangs hockey team. Playing in Oakville, the team defeated White Oaks 6-2. A very good team effort was put forth by the Milton team and White Oaks was never a threat. Goals were scored by Carl Barker (2), Wade Bekar (2), Richard Murray, and Steve McCann. Assists were handed out to Kerry Kitchen (3), Wade Bekar, Carl Barker, and Bernie Kramer. Brian Homes played a strong game in the Milton net.

The girls' volleyball teams also came home victorious this week. The midget, junior, and senior teams all "whomped" Oakville Trafalgar teams at Oakville-Trafalgar.

The boys' midget basketball team didn't have such luck as they returned from Perdue with a loss. The score was 38-36. The juniors however returned home from Perdue with a win. Their score was 42-36. Graham Bradshaw was the high scorer in the game. At Perdue Friday the midget basketball team was again defeated. It was only a marginal loss with a score of 38-31. The junior boys' team also playing Friday lost, 70-58 to Perdue.

Another win this week clinched Milton Mustangs hold on first place in the East Halton Hockey League. Milton soundly defeated a team from General Wolfe by a

score of 11-2. Milton goals were scored by John Volpe (2), Carl Barker (3), Kerry Kitchen, Steve McCann, Richard Murray, Mike Nevins, Bob Boughton and Wade Bekar. Assists were given to Joe McCarthy (3), Wally Manke (2), Wade Bekar (2), Richard Murray (2), Kerry Kitchen (2), Steve Knowles, and John Volpe. Two game misconducts were handed out to General Wolfe players during the game.

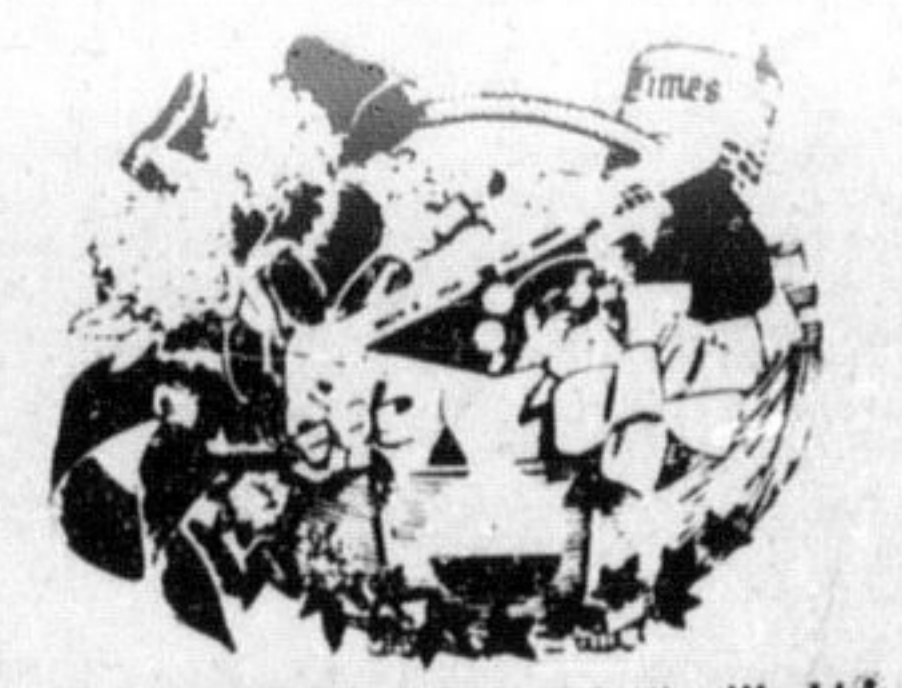
**High hopes**  
 The wrestling team at MDHS has been holding practices in preparation for meets yesterday (Tuesday) and tomorrow (Thursday). On Tuesday they hosted White Oaks and tomorrow they will host both White Oaks and Perdue teams. The team is also preparing for a championship match in February. Mr. J. Kidner said "We have high hopes for Larry Beaulieu and Mark Corker."

Nine music students attended a clarinet clinic at White Oaks last week. The clinic was given by Mr. A. Galper who is the first clarinetist with the Toronto Symphony.

The music department started preparations last week for a music festival to be held Feb. 21. Four Milton schools will be participating. The J. M. Denyes school is going to send an instrumental group of recorders. Martin St. Senior Public School will be represented along with MDHS by a 150-voice choir. The W. I. Dick school will be sending a Grade 3, 4, and 5 choir. The MDHS school band will also be present at the festival.

—Boy Scout Week is Feb. 18-25.

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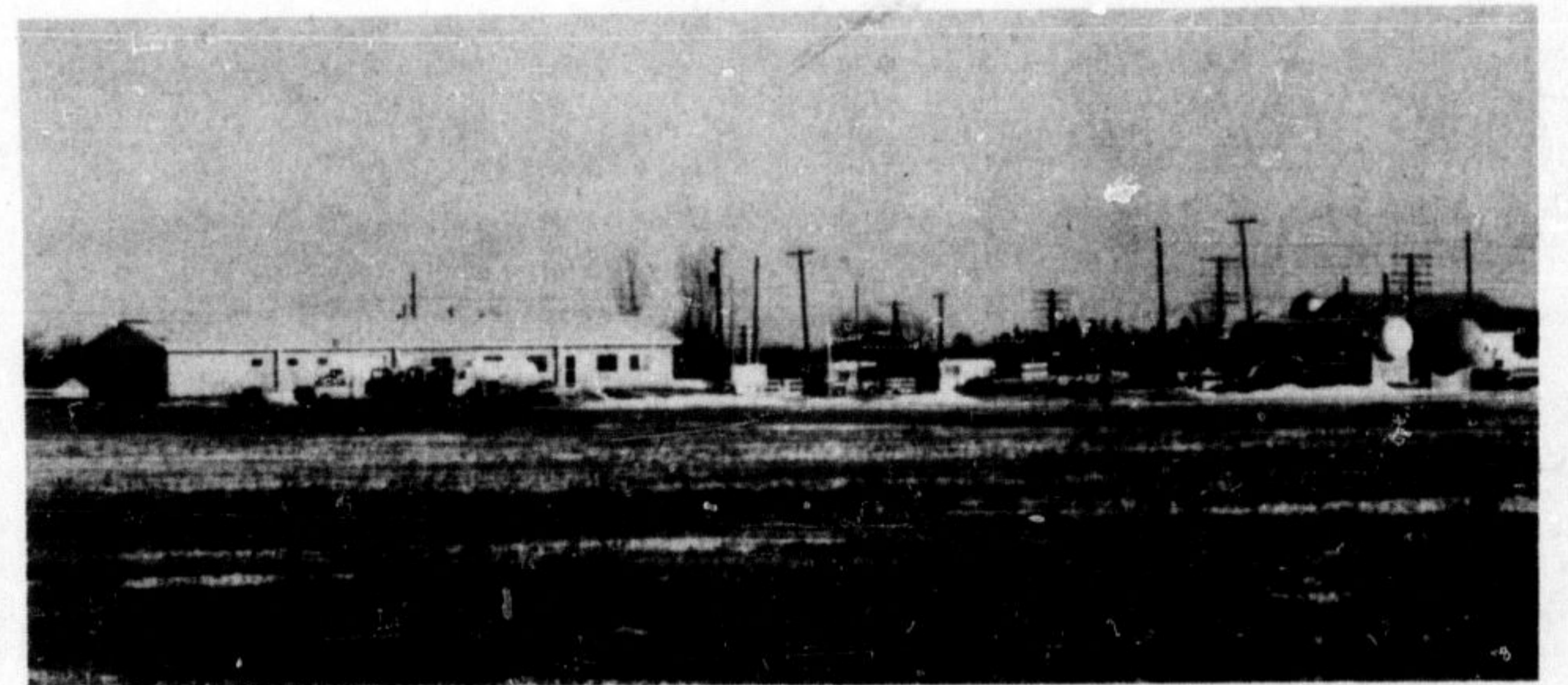
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