

# Practice the values you teach warns family life consultant

By Dan O'Reilly

If you want your children to have a set of values, look at yourself and examine your actions, to discover whether or not you practice the values you teach. This was the opinion of Don Wilson, Sheridan College's Family Life Consultant who spoke to a small but enraptured audience consisting of members of the Milton Co-Operative Nursery School.

During his talk, which was held at St. Paul's Church on Wednesday, Jan. 26, Wilson said parents sometimes teach contradictions. He cited the example of the father who teaches morality to his children, yet at the same time brings home a copy of "Playboy".

Wilson took issue with the notion that young people are more honest than their parents. "Young people pretend to be honest, because they feel their parents want them to play that type of role. There's a tendency by children to react in a way they expect their parents and teachers expect them to behave."

Old ways, new problems

The problems of parenthood are more complex than ever before, Wilson explained.

"Parents in general are having difficulties, maybe because no one taught them to be good parents. No one ever took a course to be a good parent." The teachings of the 1940's aren't adaptable to parental problems of the 1970's, added Wilson.

Teaching children to have a set of worthwhile values is an extremely tough challenge, noted the speaker. "You're up against the values of society—a society of materialistic self-centredness." "There is no such thing as teenage rebellion," suggested Wilson. "When children are young they have to follow their parents' dictates. As young children become teenagers they have a better chance to assert their independence. Teenage rebellion is just unresolved childhood problems."

Wilson remarked that parents all too often will not let their children have a frustration safety valve. "It's difficult to deal with negative emotions. Some parents who are not able to deal with their angry children come out with 'that's enough, go to bed.' They'll obey you because you're bigger than they are and you're the authority."

**Positive approach**  
"Instead of asking your child a negative question, such as 'did you behave at school today?' why not ask him: 'what was a beautiful sight today and how did it affect you?'" Wilson told his audience.

A straight-forward, honest approach to the matters of sex by

parents, was advocated by Wilson. "Why not teach young children to have a healthy attitude to sex, instead of trying to hide it from them?"

This hidden approach to sex causes several contradictions. Wilson says he finds conflicting attitudes among the college students he teaches. "Many of

these students shack up with their opposite numbers on the weekend, but if you try to conduct a talk on pre-marital sex in the class, they become very uptight. If they feel there is nothing wrong with pre-marital sex why are they afraid to discuss it?"

**Two lives**  
Young people tend to live double lives, reasoned Wilson—"the life they want to live when they're away from their parents, say at college, and the life they feel their parents want them to adopt when they're home." Wilson also said young people in their late teens and early 20's have considerable emotional problems. "They have several conflicting values to deal with.

Young people don't know where they're at."

A good marriage lends itself to a happy family, said Wilson as he outlined his program for a healthy family life. "A family has to have love, the family has to be concerned about the need for improvement and the husband and wife have to support and strengthen each other."

Wilson also cautioned his audience about the need for parents showing their love to their children. "It doesn't matter if you love children, because if you can't show them this affection, you might as well not love them," he concluded.

—Many communities in this area are planning winter carnivals, but there is only one "Snow Festival". It's in Milton Feb. 11 to 13.

—January was a month for annual meetings. February is the month of Milton's second annual "Snow Festival", from Feb. 11 to 13.

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## About the town

with Dolores Melanson

Mr. and Mrs. Mel Phelps of 398 Maplewood Cresc. were visited on the weekend by Mr. and Mrs. Lorne Spicer and Heather from Brockville. Mrs. Spicer is Mel's sister.

Everyone take notice of the solid bronze plaque over the notice board in front of Knox Church.

The "burning bush" is the world wide symbol of the Presbyterian church and the plaque was donated by a member of the church.

Best wishes for the happiest of birthdays and a very happy year goes to Mrs. Sheila Burt of 203 Riverplace Cresc. who celebrates her birthday on Sunday, Feb. 6.

Get well wishes go to Dora Morrison, 395 Pearl St., who has been in hospital and is now recuperating at home. We join with her family and friends and wish her a speedy recovery.

Mrs. Charles Moulton, 155 Robinwood Cresc. received the sad news of the sudden passing of her sister, Mrs. Charles Pretty of Rosetta on Jan. 18. Mr. and Mrs. Moulton motored to Lanark on Wednesday and attended the funeral on Thursday. Burial was in Rosetta Cemetery. They spent the weekend with Mrs. Moulton's sister and family, Mr. and Mrs. Ervin Gibson of Lanark and also visited their son and daughter-in-law, Mr. and Mrs. Robert Moulton and baby John in Ottawa.

Mr. and Mrs. Percy Barr Barbara and Beth, of 256 Heslop Rd. attended the funeral on Jan.

20 at Lanark of Mrs. Barr's aunt, Mrs. Charles Pretty who had passed away suddenly in Carleton Place Hospital, Jan. 18. The Barrs' spent the weekend with relatives and friends in the district.

Representatives from the Anglican, Pentecostal, Presbyterian, Roman Catholic and United Churches met recently at the home of Mrs. C. S. Lockie, Court St. to make plans for the World Day of Prayer.

The services will be held on Friday, March 3 at Knox Church at 2:30 p.m., 4:15 p.m. and 7:30 p.m. The speaker for the afternoon will be Mrs. R. E. Austin from Campbellville. Rev. W. R. Lewis of the Boston and Omagh Churches will give the address in the evening.

A very happy birthday wish goes to David Kneale of 395 Maplewood Cresc. who will celebrate his 10th birthday tomorrow, Feb. 3.

On Saturday, Jan. 22 a surprise dinner party was held at the home of Mr. and Mrs. Stanley Randall, R.R. 2 Georgetown, for Mr. and Mrs. Richard Randall who have recently returned from a four month holiday in Europe.

The Young People's Society of Knox Church held their meeting at the Church on Sunday evening. The meeting consisted of a bible study and Rev. Murray was in attendance.

Happy birthday to Tracy Ellis, daughter of Mr. and Mrs. Gary Ellis, 390 Maplewood Cresc., who will be five years old on Friday, Feb. 4.

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SCOTCH MARMALADES 12 FL. OZ. JAR 42¢

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HERSHEY'S INSTANT HOT CHOCOLATE 2 LB. TIN 79¢

MAXWELL HOUSE INSTANT COFFEE 10 OZ. JAR 1 73

SUNFRESH EVAPORATED MILK 2 16 FL. OZ. TINS 39¢

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1 LB. PKG. 72¢

**Pork Side Spare Ribs** CHOICE FROZEN MEATY  
1 LB. 69¢

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**SUPER BUY KRAFT PROCESS CHEEZ WHIZ** 16 OZ. JAR 84¢

ALPINE CLUB PLUS DEPOSIT SOFT DRINKS 5 30 FL. OZ. BOTTLES 89¢

CHRISTIE'S RITZ CRACKERS 1 LB. PKG. 59¢

**DEEP CUT PRICES EVERYDAY, ANY DAY**

**SUPER BUY**  
LANCIA MACARONI OR SPAGHETTI 2 LB. BAG 39¢

**SUPER BUY**  
KRAFT SMOOTH OR CRUNCHY Peanut Butter 18 OZ. JAR 53¢

**PENNYWISE**

**Beef Steakettes** 1 LB. PKG. 69¢

BURNS ASSORTED

**Cooked Meats** SLICED 1 LB. PKG. 75¢

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BOVril Luncheon Meat 2 LB. TIN 89¢

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RICH'S FROZEN COFFEE RICH 32 OZ. CTN. 39¢

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