



About the town

with Dolores Melanson
Call 878-3138.

Mrs. D. H. Manton, Mrs. G. A. McPherson and Mrs. A. Zavitz, all of Toronto were guests of Mrs. Gwynne Hamilton, 66 Victoria Ave. on Saturday, Sept. 11. The ladies were served lunch by Mrs. Hamilton and then attended the Hospital Auxiliary Lawn Party.

Mr. and Mrs. Robert Hammel of St. Catharines were visitors to the steam show in Milton over the labor day weekend. While here, they paid a visit to Mr. and Mrs. J. W. Cragg of 422 Woodward St., their former western neighbors when they lived in Saskatchewan.

Winston Cragg of 422 Woodward St., and Gus Gallioti of Toronto have returned from a three week holiday tour of Europe. They visited France, Germany, Holland and Switzerland. They also visited Venice, Rome and Sicily in Italy. While in Sicily they visited Gus' family in Termini.

Robert Cragg of 422 Woodward St. spent an enjoyable holiday touring the Maritimes and Quebec. He visited with cousins for a few days in St. John, New Brunswick.

Congratulations and best wishes go to Marcel and Jackie Moisan who were married on Friday, Sept. 3 in Guelph. Marcel is a clerk in Ledwith's food market and Jackie is receptionist for Dr. Galloway. We join with their friends and relatives in wishing them a long life of prosperity, health and happiness together.

Ladies from the Get Together Group of Knox Presbyterian Church attended an open air meeting at the home of Mrs. George Galbraith, R.R. 1, Hornby. An informal business meeting was conducted and tea was served by Mrs. Galbraith.

Happy Birthday to Miss Suzy Barnes of 5550 Appleby Line who celebrates her sixth birthday on Sunday, Sept. 26.

Mr. and Mrs. Ron Gervais and daughters Darlene, Dianne, and Debbie of 163 Main St. E. recently returned from a holiday weekend in Kingston.

Mr. and Mrs. Bruce Gindman, 310 Martin St., recently visited Bruce and Colleen Mountain, formerly of Robinwood Cres. and now of Rice Lake, near Bewdley, where they operate a Marina, store, and gas station.

Best wishes for the happiest of birthdays goes to Michael Kneale of 395 Maplewood Cres. who celebrates his fifth birthday on Sunday, Sept. 26.

On Sunday, Sept. 12 a special service was conducted by Rev. John M. Murray for the residents of Halton Centennial Manor. Miss Marilyn Martin played the organ to accompany a choir group. Communion was given to the residents by Rev. Murray and tea was served by the young people. It was nice to see young and old, mixing together with never a sign of a generation gap.

Congratulations and sincere good wishes go to Miss Shelly Neilson of R.R. 3, Campbellville who celebrates her birthday on Monday Sept. 27.

Mr. and Mrs. A. E. Crucefix, Five Sideroad Milton, recently returned from a week's holiday in Freeport, Grand Bahamas.

On Sunday, Sept. 12, Knox choir took part in the 127th anniversary service of Knox 16 Presbyterian Church on Highway 5. The choir sang two anthems.

Mrs. R. (Sheena) Drennan, convener of Milton Hospital Auxiliary's Lawn Party would like to point out what a fine job was done by all the conveners, helpers and behind the scenes workers, who gave of themselves to make the 12th annual lawn party another success. Men who set up tables, chairs etc. and all organizations who helped did their jobs well. Many young people came forward and volunteered their help as well.

Rick Colbeck, 6360 Highway 25, and Marty Seeds, 97 John St. Milton recently returned from a tour of Europe. While there they visited Germany, England, France, Belgium, Holland, Switzerland, Austria and Italy.

Mr. and Mrs. Murray Tasker, Highway 25, Milton visited friends in Ottawa recently. While there they took in the Ottawa Roughriders and Toronto Argo football game.

Knox Presbyterian Church organized a trip to Hamilton to hear "Leighton Ford Christian Happening". About 50 people from Milton attended to hear evangelist Leighton Ford (who is a brother-in-law to Billy Graham.)

Ray Hands of 46 Cobblehill Road, Acton, formerly of Campbellville is a patient in hospital. Ray is trainer for the Milton Flyers, Junior B Hockey Club. We join with his family and friends and wish him a speedy recovery.

Who says you can't go anywhere without spending a lot of money? Ken Dingman of 310 Martin St. recently returned from a six week tour in the west.

He headed for Sudbury first, where he spent two days and then on to Sault Ste. Marie. In Wawa, Ont. he stayed at a camp run by the National Museum of Canada. He then travelled to Edmonton, Calgary and Banff. In Banff he spent 12 days at Peoples' Park at Echo Creek. Travellers can stay here, free of charge, get two meals a day and contribute money only, if and when they can.

It sounds great, if you ignore the fact that he got very sick during his trip (suffering from Malnutrition) and he has the doctor's bill to prove it. While in Banff, he tried Mountain climbing on Mount Norquay. He then had to go to work for a day so that he could buy a new pair of shoes to comfort the feet that he ruined during the mountain climb.

He went on to Vancouver where he stayed in a hostel for nine days, then back to Calgary where he got one ride all the way back to Sudbury, before returning home. (Where he is getting his health back!)

A surprise birthday party was held for Jerry Knowles of Mill St. who celebrated his 21st birthday on Saturday. The party was held at the home of Barry and Annette Nesbitt, 173 Main St. Milton.

Mrs. Isabelle Weir, 285 Ontario Street recently returned from a two week holiday in Virginia.

Congratulations to Colin Smillie of 311 Martin St. who has just completed a three year course of study and earned a diploma in Municipal Administration from Queen's University.

Mr. and Mrs. Cliff Barnes and Scott and Suzy of 5550 Appleby Line were Sunday guests of Mr. and Mrs. Bruce Barnes in Guelph.

Happy Birthday to Miss Lorrie Ann Sullivan of 59 Mill St. who celebrated her sixth birthday on Saturday Sept. 18. Her grade one classmates at Holy Rosary School sang happy birthday to her on Friday and she celebrated with a party at her home on Saturday.

The Robertson Auxiliary of the Women's Mission Society held their bale meeting at the home of Mrs. William Scott, 3074 Main St. W. on Tuesday, Sept. 14.

The evening Dept. of the Women's Mission Society met at the home of Mrs. M. Magee, 253 Woodward St., on Tuesday, Sept. 14.

Mrs. Beverly Aselton, 76 Anne Blvd., recently returned from a one week holiday in Bristol, England.

Mr. and Mrs. Charles Moulton of Robinwood Cres. recently returned from a tour of Quebec and the Maritimes. Points of interest on the tour were the Cabot Trail, Gaspe Peninsula and Prince Edward Island.

Mrs. Ellamay Anderson flew home to Van Nuys, California on Tuesday after visiting with her sister Miss Mabel Downs of Lydia St. and brother Emerson Downs of Robert St. for the past 10 days. While here she visited several other relatives and friends in Milton and Toronto. On Sunday the Downs family held a farewell party in her honor at the home of Mr. and Mrs. G. B. Clements, R. R. 2, Milton.

Columnist Dolores Melanson welcomes calls from people in the community concerning news of a personal or social nature. Anniversaries, parties or visitors are among the many things of interest to readers of this column.



VOWS AND RINGS were exchanged in Knox Presbyterian Church on Aug. 21 as Rosslyn Brouse became Mrs. Peter Walker. The bride is the daughter of Mr. and Mrs. Carson Brouse of Kilbride. —(Smith Photo)

Wedding

Walker - Brouse

Standards of yellow and white mums decorated Knox Presbyterian Church, Milton for the marriage of Rosslyn Joyce Brouse and Peter McCallum Walker. Rev. John Murray officiated at the double ring ceremony at 4.30 on August 21. Mrs. L. Vlasblom was organist. The bride is the daughter of Mr. and Mrs. Carson Brouse of Kilbride, and the groom is the only son of Mr. and Mrs. Lorne Walker, R.R. 2, Milton.

The bride entered the church on the arm of her father, wearing a floor length A-line gown of peau de elegance, with high neckline, long puffed sleeves and cathedral train. The bride's dress and train were trimmed with spanish lace. Her hair was adorned with a spanish lace wedding ring headpiece holding her floor length veil. She carried cascades of yellow roses and white stephanotis. The bride also wore an heirloom amethyst pendant.

Matron of honor was Mrs. Ruth Kranendonk, the bride's twin sister.

The bridesmaids were Mrs. Carleen Watson, sister of the bride, Miss Jane Walker, cousin of the groom, and the flower girl was Miss Karey Walsh, cousin of the groom.

Mauve floral gowns
The bridesmaids wore gowns of mauve floral chiffon with short

puffed sleeves. They wore white picture hats and carried baskets of yellow and mauve cornflowers. The flower girl wore a yellow chiffon gown trimmed with daisies and wore daisies in her hair. She carried a basket of yellow and mauve cornflowers.

The groomsmen were Bill McLaughlan, life long friend of the groom. The ushers were Peter Griswold and Bev Slessor, friends of the groom.

Approximately 100 guests attended the evening reception and dance at St. Clair Masonic Hall, Milton.

Lowell Watson, brother-in-law the bride, assisted as master of ceremonies.

The bride's mother received wearing a pink lace ensemble with matching accessories and a white gardenia corsage. The groom's mother assisted wearing a turquoise ensemble with matching accessories. Her hair was adorned with a cluster of daisies.

Honeymoon South

The happy couple left on their honeymoon trip to Myrtle Beach, Beach, South Carolina. The bride was wearing a midi length rose pink and white pant suit and a white gardenia corsage.

The bride is a staffing assistant for the Public Service Commission of Canada, Toronto, and the groom is in the poultry business with his father.

The bride and groom were entertained at a presentation given by Mrs. Don Wright, Mr. Eric Smart and Mrs. John Richardson at the home of Mr. and Mrs. Don Wright, Lowville.

Miscellaneous showers for the bride were given by Mrs. Phyllis Walker, aunt of the groom, Miss Judy Parton and Mrs. William McLaughlan; Mrs. Frank Cuvaj and Mrs. Jim Greene; and the bride's co-workers.

Mr. and Mrs. Lorne Walker entertained at a rehearsal party.

The groom's friends Peter Griswold, Bill McLaughlan and Bev. Slessor gave a stag party.

Wedding Cake

The bride and her mother made the wedding cake and Mrs. Stan Price of Campbellville decorated it.

The bride and groom are making their home at the Mayfair Apartments 285 Ontario St. N., Apt. 710, Milton.

Guests attended the wedding from Milton, Acton, Guelph, Wasaga, Burlington, Toronto, Port Credit, London, Stratford, Streetsville, Hamilton, Mississauga, Belleville, Gananoque, Perth and Ottawa.



NURSE GRADUATES

Judy Hardy, daughter of Mr. and Mrs. G. C. Hardy of R.R. 3 Milton, graduated from the School of Nursing of the Hospital for Sick Children, Toronto, at graduation exercises at Convocation Hall on Sept. 8.

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MILTON MEDICAL SOCIETY
wishes to announce that

Dr. James Gibson
has commenced Medical Practice in Milton

He is a graduate of the University of Ottawa. Junior Internship at St. Michael's Hospital in Toronto and one year of Internal Medicine at the Ottawa Civic Hospital.

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Champion

Women's Page

Health Unit offers classes for expectant mothers, fathers

A program geared to the interests of both men and women will resume for its 10th consecutive year of operation, commencing Oct. 5. The parent education classes conducted and directed by the Halton County Health Unit prepare expectant mothers and fathers for their exciting experiences ahead.

"We would rather refer to them as parent education discussions than pre-natal classes," said Miss Grace Leavey, director of nursing service. "It is a good opportunity for expectant parents to learn about the coming family and educating them is just what we're doing," she noted.

For fathers too

The parent education programs include a series of six group discussions, two of which the fathers attend. Beginning in October the program will be held in the resource centre at J. M. Denyes School each Tuesday evening. Heading each discussion will be public health nurse Mrs. E. Mercer, who has provided and completed numerous other parent programs.

"The focus is on prevention of unhealthful living," Miss Leavey explained. "We promote the maintaining of healthful living."

She explained the qualifications of each nurse conducting the program throughout Halton County. "All nurses must have four years preparation before they are hired as staff," she said. "Three of those years are in training and the fourth is a year at a university."

\$5 fee

Parent education classes are conducted at several health units throughout the county including those in Milton, Burlington, Oakville and Georgetown. Persons interested in the program are urged to call their local health unit for details. There is a \$5 registration fee charged for each family.

Delving into discussion, the program deals with the subjects of pregnancy, labor and delivery, post natal adjustment and "the family". Relaxation techniques, exercise, diet and work habits are discussed fully. Under the

topic of adjustment Miss Leavey explained this aspect of the program dealt with the adjustment within the family. "We encourage thoughts of working together as one united unit," she recalled. Also under the topic she explained the importance of discipline. "Parents are encouraged to work together in the raising and disciplining of their child," she stressed. "We explain a complete necessity of balancing the two."

Fathers interested

The course has proved of value to numerous parents, she added. "Many mothers return to the course when they are expecting their second baby," she said. "The fathers seem vitally interested in the program and we are certainly pleased with the increasing response."

Parents wishing to inquire about the program are asked to do so as early as possible during the pregnancy. "We recommend that mothers come in early, around the fourth month of their

pregnancy," Miss Leavey replied. "Around the sixth or seventh month it becomes too late," she noted. "If women come early in their pregnancy the breathing and exercise as well as diet become daily routine."

Miss Leavey pointed out that registration for the program is limited and noted it is better to have smaller groups than larger ones, for discussion. "We usually have 12 to 15 in the program, and 15 is our maximum."

Doctor must agree

All participants in the program must have the signature of their family physician before enrolling. "We require a doctor's recommendation and support all of his suggestions," she said.

Important factors stressed in the program are the topics of diet and exercise. "We encourage exercise, yet with all the mechanical household tools today, the exercise part of the program has changed somewhat in these 10 years."

Also as part of the program

health nurse Mrs. Mercer keeps a constant watch over the expectant mothers enrolled in the program. "She makes it a point to follow the mothers periodically through their pregnancy and check in on them at the hospital and after they bring their baby home," Miss Leavey noted. "It's just part of the service."

Have the programs these last 10 years been successful? "If they hadn't been, they probably would have been discontinued," she said. "Hospital supervisors have told us many times that it has been proven the program is certainly a help through the pregnancy and delivery. And our talks with mothers illustrate just how important these programs are."

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Shades of Autumn

were previewed in fashions from The Villa at the Beta Sigma Phi Delta Epsilon Chapter, Oakville, fashion show. Kim Strath models a hot pants set by Scoop, Pam Callard a coat and matching nightie by Claire Haddad, Nancy Williamson an all wool double knit by Colette. Standing, Gloria Callard and Dolores Melanson are wearing evening fashions by Claire Haddad. Gloria's full length vest is a patterned velvet.

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