

SPOT

QUALITY MEATS

VALUE CHECK'D - "THE KING OF ROASTS"

PRIME RIBS 95¢ lb.

TENDER - JUICY RIB STEAKS \$1.05 lb.

BACON 59¢ lb. NIAGARA BRAND RINDLESS

THE ECONOMY CHUCK CUT... CHUCK Steaks 69¢ lb.

LIVER 59¢ lb. BEEF Fresh Sliced

BONELESS - CUBE STYLE LEAN STEWING BEEF 89¢ lb. FOR A TASTY SNACK... LEAN MEATY PORK HOCKS 29¢ lb. ESSEX BRAND BOLOGNA 39¢ lb.

SAVINGS



SUPER SAVER! 12-Oz. Pkg. POST CEREAL HONEYCOMB 55¢

SUPER SAVER! - READY-TO-SERVE Nestle's Puddings 15 1/2-Oz. Tins 4 FOR 99¢

HONEY POD - 14-oz. Mix & Match! - Stokely's Fancy PEAS CREAM STYLE - 14-oz. CORN KERNEL - 12-oz. CORN 5 for \$1

SUPER XTRA KAM LUNCHEON MEAT 12-oz. Tin 45¢

SUPER SAVER - RED BREAST - 7 3/4 OZ. TIN COHOE SALMON 48¢

FEATURE - K & K - 10 OZ. TIN MANDARIN ORANGES 2 FOR 45¢

E. D. SMITH'S - 28 OZ. BOTTLE GARDEN COCKTAIL 35¢

SUPER SAVER - ST. LAWRENCE CORN OIL 25 OZ. TIN 59¢

SUPER XTRA MAXWELL HOUSE COFFEE 1 LB. BAG 89¢

SUPER XTRA REGAL Ice Cream 1/2 GAL. 79¢

FEATURE - SUPREME GARBAGE BAGS 10 TO A PACK 3 FOR \$1

LIPTON - SOUP MIX - 2 TO A PACK CHICKEN NOODLE 2 PACKS 49¢

WIN \$1 TO \$1,000 - KING SIZE BOLD DETERGENT \$1.69

SUPER XTRA VOORTMANS FANCY BISCUITS ASSORTED VARIETIES 3 FOR \$1

CHRISTIE'S - 13 1/2 OZ. PKG. GRAHAM WAFERS OR CRUMBS 45¢

SUPER SAVE BREAD 24 OZ. LOAF 23¢

VIVA 2 PLY BATHROOM TISSUE 6 ROLLS \$1

ROYALE PAPER TOWELS 2 ROLL PKG. 55¢

NESCAFE INSTANT COFFEE 10 OZ. JAR \$1.69

FROZEN FOODS CUDNEY - 6 OZ. TIN - WHITE OR PINK LEMONADE 10¢ HIGHLINER - BONELESS PERCH FILLETS 14 OZ. PKG. 55¢ SUPREME ORANGE JUICE 6 OZ. TIN 5 FOR \$1

LEDWITH'S SUPER DAVE MARKETS 238 MAIN ST.

FRESH-ONT- 10 LB. BAG Potatoes 43¢ NEW CROP - WEALTY APPLES 4 QT. BSKT. 79¢ FRESH PRODUCE

VOL. 11

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I'M A JIM S voting age ye O'Connor of the chicken Conservative