

Quality Foods!

Cash SAVINGS!

LOBLAWS

RED or BLUE BRAND BEEF



SPECIAL! GOLDEN BELL FANCY COHOE

RED SALMON 7 1/2 OZ TIN 49¢

SPECIAL! KRAFT SALAD DRESSING

MIRACLE WHIP 32 FL OZ BOTTLE 57¢

SPECIAL! ALL VARIETIES

JELL-O JELLY POWDERS 3 OZ PKGS 10¢

SPECIAL! ALLENS ALL VARIETIES

FRUIT DRINKS 48 FL OZ TIN 29¢

SPECIAL! CRYSTALS -

SWING ORANGE FLAVOUR 5 IN POLY BAG 85¢

SPECIAL! LOBLAWS SUPERMOGENIZED

JACK & JILL PEANUT BUTTER 1 LB. JAR 37¢

SPECIAL! HOSTESS BISCUITS

PINEAPPLE JELLY RINGS 11 OZ. 35¢

SPECIAL! HOSTESS CANDIES

FRUIT SLICES 11 OZ. PKG. 33¢

SPECIAL! STOKELY'S FANCY

TOMATO JUICE 3 48 FL OZ TINS 100¢

SPECIAL! DENTAL CREAM

PEPSODENT SUPER TUBE 109

SPECIAL! DREAM WHIP MIX

TOPPING 2 2 OZ PKGS 55¢ 4 OZ PKG. 49¢

SPECIAL! MAD HATTER CHEESE FLAVOR

CORN STICKS 3 OZ PKG. 19¢

SPECIAL! CORONATION

PICKLES SWEET MIXED OR BREAD'N BUTTER 2 24 FL OZ BOTTLES 79¢

SEACLIFF FANCY WHOLE

POTATOES SMALL WHITE 3 19 FL OZ TINS 59¢

SPECIAL! CHEERIOS 10 1/2 OZ. TRIX & COCO PUFFS 8 1/2 OZ.

BIG "G" CEREALS 3 PKGS. 100

SPECIAL! SWIFTS FROZEN

MEAT PIES 3 8 OZ. PKGS. 79¢

SPECIAL! TREESWEET FLORIDA FROZEN

ORANGE JUICE 4 6 FL OZ TINS 69¢

SPECIAL! YORK - MIX OR MATCH

VEGETABLES PEAS & CARROTS, WAX OR GREEN BEANS 8 10 FL. OZ. TINS 100

SPECIAL! GOOD TASTE CHOICE HALVES

BARTLETT PEARS 3 14 FL OZ TINS 79¢

SPECIAL! DEODORANT SOAP

LIFEBUOY 2 BATH SIZE BANDED 39¢

SPECIAL! SPRAY DEODORANT

SECRET 5-oz. AEROSOL TIN 99¢

SPECIAL! IMPORTED SHORT SHANK

LAMB LEGS WHOLE OR HALF LB. 51¢

SPECIAL! VAC PAC

SWEET PICKLED COTTAGE ROLLS LB. 57¢

SPECIAL! SHOPSYS

ALL BEEF FRANKFURTERS 1 LB. PKG. 55¢

SPECIAL! SWIFTS PREMIUM SLICED

MACARONI & CHEESE LOAF, PICKLE & PIMENTO or LUNCHEON ROLL 6 OZ. PKG. EACH 25¢

TOP QUALITY! SWEET AND JUICY!

SEEDLESS NAVEL ORANGES

LARGE SIZE DOZEN 59¢

MEDIUM SIZE DOZEN 79¢

BRITISH COLUMBIA'S FINEST! NO! GRADE! LARGE SIZE

EATING CHERRIES POUND 39¢

FROM SUNNY CALIFORNIA! NO! GRADE! TASTY SALMON FLESH!

FRESH CANTALoupES GOOD SIZE 3 FOR 79¢

PRICES EFFECTIVE JULY 19, 20, 21, 22

100 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 4 OZ. AERO TIN INSECT REPELLENT 1.1 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 360 X BOX MODERN YELLOW WHITE FACIAL TISSUE 1.2 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 8 OZ. JAR HARBOR INSTANT COFFEE 1.3 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 12 OZ. PKG. LIFTON'S TEA BAGS 1.4 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 1 LB. TIN COFFEE CHECK FULL-O-NUTS 1.5 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE GANTY SIZE PKG. DETERGENT WITH BORAX F.A.B. 1.11 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 14 OZ. AERO TIN AIR FRESHENER & DEODORANT LYSOL 1.13 COUPON EXPIRES JULY 24
50 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 4 OZ. AERO TIN AIR FRESHENER SPICE SPRUCE SCENTED GOOD-AIRE 1.4 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 4 OZ. SHAKER ACCENT 1.7 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 4 FL OZ. BOTTLE MOUTHWASH & GARGLE SCOPE 1.8 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 2 LB. PKG. BETTY-CROCKER BISQUICK MIX 1.9 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE PKG. CORNATION INSTANT BREAKFAST 1.10 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 48 FL OZ. TIN WEARD CHARCOAL LIGHTER 1.12 COUPON EXPIRES JULY 24	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 9" PKG. PONDIA PAPER PLATES 1.14 COUPON EXPIRES JULY 24
50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 19 1/2 OZ. BOLL BOX APPLERD FEEZER PAPER 1.30 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 7 OZ. AERO TIN COLGATE REGULAR MENTHOL INSTANT SHAVE 1.16 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 4 FL OZ. TIN MITCHELL'S CHOICE APPLE JUICE 1.17 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 24 FL OZ. BTL THREIT LIQUID DETERGENT 1.18 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 1 LB. CELLO PKG. SPAGHETTI ELBOW MACARONI or BABY SHELLS 1.19 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 24 OZ. TIN TUMS BEANS & WIEBENS 1.20 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF TWO 1 LB. PKGS. ROSE FANTASY COLOURED MARGARINE 1.15 COUPON EXPIRES JULY 24
25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. TIN BURNS CHICKEN STEW 1.21 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 18 OZ. CELLO BAG PEANUTS IN SHELL 1.22 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 18 FL OZ. TINS DOLE FANCY FRUIT COCKTAIL 1.23 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 10 OZ. PKG. SPANISH RICE or CHICKEN FLAVOURED RICE-A-RONI 1.24 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 4 FL OZ. BOTTLE NEW WOODBURY SHAMPOO 1.25 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 2 ROLL PKG. SCOTT PURE WHITE or PINK TOILET TISSUE 1.26 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 24 FL OZ. JAR DRYSON'S PICKLED BEETS 1.19 COUPON EXPIRES JULY 24
25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 7 OZ. TIN BONELESS CHICKEN 1.28 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 8 OZ. PKG. WELCH'S FROZEN BISCUITS 1.27 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 11 FL OZ. TUBE GILLETTE HAIRCREASING HEADS UP 1.28 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 100 FT. ROLL BOX PLASTIC BANDAGES CURAD 1.29 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE PKG. GILLETTE HAIRCREASING YELLOW EYE CLARK'S BEANS 1.30 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY TWO 14 FL OZ. TINS CATTELLI HEAT-TO SAUCE TOMATO 1.31 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY THREE 15 OZ. TINS SOCIETY BEEF or LIVER ONIONS 1.31 COUPON EXPIRES JULY 24
25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE 2 OZ. PKG. GOLDEN ACRES FROZEN APPLE, CHERRY or BLUEBERRY FRUIT PIES 1.31 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF TWO 4 FL OZ. TINS WELCH'S FROZEN GRAPE JUICE 1.32 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE PKG. DRAGON FROZEN CHINESE FOODS 1.33 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 100 FT. ROLL BOX APPLERD WAXED PAPER 1.34 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ANY ONE PKG. WHITE SWAN SERVIETTES 1.37 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE HEAD of HOBE WATERMELON 1.42 COUPON EXPIRES JULY 24	25 EXTRA STAMPS WITH COUPON & PURCHASE OF TWO FRESH CUCUMBERS 1.43 COUPON EXPIRES JULY 24
25 EXTRA STAMPS WITH COUPON & PURCHASE OF TWO HEADS of FRESH CABBAGE 1.44 COUPON EXPIRES JULY 24						

Extra 1500 Stamps

Double Your Money Back! Guaranteed! if not completely satisfied with ANY fresh meat you buy from LOBLAWS