Line in Burlington. use the only large city with a nature trail throughout its whole length. We hope the citizens will the trail infoughout its whole length. We hope the citizens will use and enjoy the Trail — use.

The trail in easy terrain pear a length to the bound of the trail in the bound of the trail in easy terrain pear a length to the bound of the trail in easy terrain pear a length to the bound of the bound of the trail in easy terrain pear a length to the bound of the trail in easy terrain pear a length to the bound of the tr were and enjoy the Trail — use, not abuse!"

This co-operation has been become who are making the trail of signs of any private land working on the trail, building a separate land render the possibility of locating working on the trail, building a signs of any private land varieties and enjoy the Trail — use, not abuse!"

This co-operation has been become working on the trail, building a string of locating working on the trail in easy terrain near a stile, clearing a trail where none exhausted at the end. For the trail builders, these 40 miles

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Botanical Gardens; past Clappi- club's 60 to 80 miles of trail will and comprehend the extent of stiles. son's Cut and down through the go through this area, "Iroquoia" this task. In the 40 miles now Mr. Kamermans said: "The es- foothills to Waterdown, the was the name chosen for the

trail builders, these 40 miles ing a scenic trail in a highly ur-

Open New 40-Mile Section of Bruce Trail Iroquoia Bruce Trail Club and After following the escarpment represent far more; the strength banized area such as around one group built their "Blue one public opening of 40 through Hamilton the Trail one and places the public opening of 40 through Hamilton the Trail one and places the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of the public opening of 40 through Hamilton the Trail of th

and more than 100 steps.

Iroquoia Bruce Trail Club announces the public opening of 40 miles of the Bruce Trail in the Hamilton area. This club, under the leadership of its president.

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Iroquoia Bruce Trail Club announces the public opening of 40 miles of the Bruce Trail in the Hamilton, the Trail opening in a great voluntary the leadership of its president.

Iroquoia Bruce Trail Club announces the public opening of 40 month of January. On a spring day, imagine the drama of the knowledge of sharing in a great voluntary the leadership of its president.

In Kamermans of Hamilton.

Iroquoia Bruce Trail Club announces the public opening of 40 month of January. On a spring day, imagine the drama of the trail in their dilates in rapidly developing arrow donated unique seas language. The formidable task of the trail in their dilates in rapidly developing arrow donated unique seas language. The formidable task of the trail in their dilates in the trail in their dilates in rapidly developing arrow donated unique seas language. The formidable task of the trail in their dilates in the trail in their dilates in rapidly developing arrow donated the trail in their dilates in the trail in their dilates area suction and users the trail in their dilates area suction and users the trail in their dilates area suction and users the trail in their dilates area suction and users are suction and users the trail in their dilates area suction and users are the formidable area suction and users are the formidable area suction and users are the formidable area suction.

In Kamermans of Hamilton, the Trail to month of January. On a spring day, imagine the drama of the trail in their dilates area suction.

In Kamermans of Hamilton area. This club, under the formidable area suction and users area suction.

In Kamermans of

way edge. Instead, it was decid- all walks of life are working to- boards of the various communed to locate this half mile off gether. We have many back- ities have been helpful in many only brush and small sapling trail in beautiful and enjoyable grounds — but we are all Cana- ways. The City of Hamilton in are removed. Trees and w surroundings and this required dian. The knowledge that we are its 1963 winter works program, flowers are protected, measured the building of an extra bridge making a worthwhile contribution to this country, makes trail from Flock Road to Jolley Cut. other good conservation pr building a memorable exper- This stretch, now cleared and ciples are followed. Owners

has completed the building of 40 webster's Falls Ravine which region in which miles of continuous trail along webster's Falls Ravine which region in which which region in whi miles of continuous trail along Webster's Falls Ravine to Dunton the Rock Colmobil Hamilton and Burling and Burlin the escarpment from the Flock Rocal on to the Rock Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and as the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctuary of the Royal ton are situated and the Chapel Sanctu Road in Hamilton to the Guelph Chapel Sanctuary of the Royal ton are situated, and as the may help readers to visualize mer and nails and constructed purposes and the development of may help readers to visualize may trails. A great step forward was The most outstanding co-opera-

blazed, is part of the 40 miles be- proud of their lands and enth es: in the Hamilton City section, one group built their "Blue one group built the group built their "Blue one grou

made when the Federation of tion has been received from procompleted, 23 bridges have been "People have been wonderful," Ontario Naturalists sponsored perty owners. When asked for built across streams; 47 stiles said Mrs. Edith Lloyd, chairman escarpment right intough the city. As far as I know, Hamilton

The story of putting the trail fences; and more than 450 steps

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of refuse dumped over the high- build a bridge. And people from ment departments and parks greatly valued by the club.

ange peels nor spent fla

No fires or camping. No hunting permitted.

Please stay on the trail. It must be noted that trail remains private prope

Plus 100 Gallons of SUNOCO gasoline with each car

OFWINNERS 5000 STAMPS

WITH COUPON & PURCHASE OF

ONE 24 FL. OZ. JAR

DYSON'S WHOLE

BINGO CARDS AVAILABLE AT... LOBLAWS

WITH COUPON & PURCHASE OF

ONE 8 FL. OZ. BOTTLE

STEAK SAUCE

WITH COUPON & PURCHASE OF



PONTIAC WINNER MRS. G. McCLENAGHAN 746 BALLIOL ST. - TORONTO 7



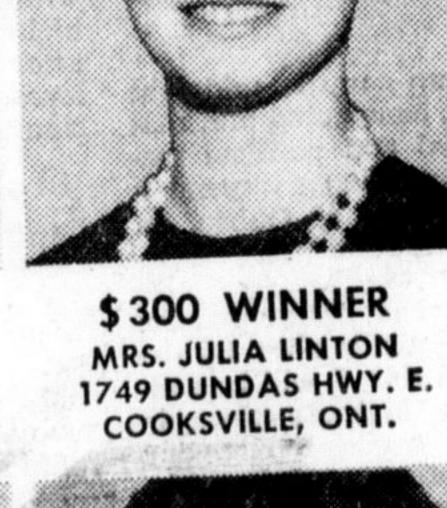
100,000 LUCKY GREEN STAMP WINNER MASTER ED. RINGWALD 18 ISLINGTON AVE.



\$400 WINNER MRS. V. JESSHOPE 66 KINGMOUNT PARK RD.



\$100 WINNER MISS SUNI SHALDOFF



50,000 LUCKY GREEN

STAMP WINNER

MRS. PEARL RIDEOUT

23 VARNA DRIVE

TORONTO 19



\$100 WINNER MRS. MARIE READE 90-25th STREET LONG BRANCH, ONT.



BINGO OR NOT DEPOSIT YOUR BINGO CARDS AT YOUR LOBLAW STORE WITH YOUR NAME, ADDRESS AND PHONE NO. PRINTED ON THE BACK FOR A CHANCE TO

WIN A 1965 PONTIAC EACH WEEK 2ND PRIZE OF 100,000 STAMPS PER WEEK OR 3RD PRIZE OF 50,000 STAMPS PER WEEK.



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WITH COUPON & PURCHASE OF ONE 32 FL. OZ. BOTTLE ONE 5's PKG. WILKINSON SWORD EDGE ONE GIANT PKG. SALAD OIL DETERGENT RUPERT FROZEN HALIBUT WITH COUPON & PURCHASE OF TOOTHPASTE ONE 60's PKG. COUPON EXPIRES SEPT. 23 TEA THAT DARES WITH COUPON & PURCHASE OF 24 FL. OZ. BOTTLES WITH COUPON & PURCHASE OF COUPON EXPIRES SEPT. 23 LIQUID DETERGENT WITH COUPON & PURCHASE OF TEA BAGS SWANETTE TWO 20 FL. OZ. TINS WITH COUPON & PURCHASE OF ONE 20 FL. OZ. BOTTLE WITH COUPON & PURCHASE OF RIS COUPON EXPIRES SEPT. 23 WITH COUPON & PURCHASE OF ONE 3-LB. PKG. BATHROOM TISSUE ONE 16-OZ. BOTTLE R16 COUPON EXPIRES SEPT. 23 FRESH ONTARIO LAUNDRY STARCH OHE 16-OZ. PKG. THE COUPON EXPIRES SEPT. 23 SNOWY BLEACH WITH COUPON & PURCHASE OF WITH COUPON & PURCHASE OF COUPON EXPIRES SEPT. 23 MELLO GOLD THREE FRUIT WITH COUPON & PURCHASE OF ONE 18-OZ. PKG. WITH COUPON & PURCHASE OF ONE 3-LB. BOTTLE WITH COUPON & PURCHASE OF ONE 1-LB. PKG. ONE 12" x 25 FT. ROLL BISCUITS DEEP BROWNED WITH PORK IN TOMATO SAUCE WITH COUPON & PURCHASE OF R22 COUPON EXPIRES SEPT. 23 LIBBY'S BEAMS WITH COUPON & PURCHASE OF TWO 8]-OZ. PKGS. WITH COUPON & PURCHASE OF SWEET RECONSTITUTED WITH COUPON & PURCHASE OF GENERAL MILLS CEREAL ONE 16-OZ. JAR FLEISCHMANN'S COLOURED WITH COUPON & PURCHASE OF TRIX THREE BATH SIZE BARS BANDED WHITE, CORAL or GREEN,-SHORTENING ONE 51-OZ. CELLO BAG ONE 2-OZ. AERO TIN LIFEBUOY NESTLE CRYSTAL CLEAR SWIFT'S WITH SPAGHETTI SAUCE WITH COUPON & PURCHASE OF ONE 3-LB. PKG. WITH COUPON & PURCHASE OF WITH COUPON & PURCHASE OF ONTARIO COOKING WITH COUPON & PURCHASE OF ONE 15 FL. OZ. BOTTLE FRESH ONTARIO FRESH ONTARIO ONIONS WITH COUPON & PURCHASE OF

TWO 2's PKGS.