

Women's Page



RIGHT AROUND HOME

by Shirley



August is Sandwich Time across Canada—the time when sandwich meals, sandwich snacks and sandwich picnics are at their height of attention they deserve. The very fact that sandwiches lead all other foods and food combinations in popularity polls should be enough to convince anyone of their importance in the nation's eating pattern.

During August—in fact, all summer long—sandwiches will literally be marching along—to backyard suppers, to picnics, to barbecues, to beach parties, to cottages—wherever folks get together to enjoy the outdoors and food!

It has been truthfully said, "You can't make a sandwich without bread." And looking at it from the positive point of view "You can make hundreds of varieties of sandwiches, simply by varying the breads you use!"

The most popular sandwich bread is enriched white, bland enough to let the flavor of the filling through, but nutritious and satisfying enough to provide something

to "eat". Then there are the rye breads—a wonderful collection of sweet and sour savoury loaves.

Specialty Breads

And of course there are literally scores of new variety or specialty breads—cheese loaves, French sticks, Challah egg loaves, raisin and fruit loaves, to name just a few. Those who haven't learned to try a new loaf once a week just haven't experienced the thrill of variety "by bread alone."

No story about sandwich breads would be complete without mentioning rolls and buns. Someone has aptly said, "We are fast becoming 'snack-in-a-bun' addicts!" And it's true that almost any sandwich filling goes well inside a fresh wiener bun or hamburger roll.

Newer types of hard rolls, onion and cheese buns, muffins, tea biscuits and scones are other bakery foods that are quickly taking their place on the list of "what to choose for a sandwich."

Whatever the bread, whatever the spread and whatever the filling, sandwiches have become an

established part of meal planning, and a favorite food for those whose hobby is eating.

Bread becomes a special menu item for party occasions when it's dressed up, wrapped in aluminum foil and heated in the oven. Serve any of these bread treats with soup, salads, casserole dishes or dinner, to let your family or guests know that you really care!

ASH

Laurene Vansickle Honored At Miscellaneous Shower

A miscellaneous shower was held at the home of Mr. and Mrs. James Vansickle on Saturday afternoon, in honor of Laurene, who is to be married next Friday evening. She received many lovely and useful gifts, for which she expressed her thanks and appreciation. The afternoon climaxed with a delicious lunch, which was enjoyed by all.

Many Visitors

Miss Jean Peterson, and Mr. and Mrs. Pat Fippance and daughter Karen of Hornby visited Thursday evening with Mr. and Mrs. B. Oates.

We extend our sympathy to the Scotland family in the loss of Mr. Scotland's brother last week.

Mr. and Mrs. William Meredith and girls are vacationing this week at Irish Lake near Markdale.

Mr. and Mrs. "Hap" Oates and girls visited Sunday with Mr. and Mrs. Joe DeMois and family of Toronto.

Miss Lynne Oates is spending this week with her cousins, the DeMois' of Toronto.

Miss Cathy Oates of Hamilton is visiting with her aunt and uncle, Mr. and Mrs. Hap Oates.

Mr. and Mrs. H. Prosser and son Lee of Brampton visited Saturday evening with the Pelletier's.

Mr. and Mrs. Pearly Lunn and family of Fort Erie spent Sunday with Mr. and Mrs. Wm. McFadden. Mr. and Mrs. Stuart McFadden

Caraway-Cheese French Bread

Cut a loaf of French or Vienna bread into 12 diagonal slices, not cutting quite through the bottom crust. Combine one cup grated Canadian cheddar cheese, 2 teaspoons caraway seed and 3 tablespoons mayonnaise or salad dressing. Spread butter or margarine and then cheese mixture between bread slices. Wrap loaf in aluminum foil. Heat in a hot oven (400 degrees F.) for 15 minutes. Serve immediately.

Garlic-Cheese French Bread

Cut a loaf of French or Vienna bread into 12 diagonal slices, not cutting quite through the bottom crust. Combine 2 3-ounce packages cream cheese, 2 tablespoons milk, 2 teaspoons garlic salt, and 1 tablespoon prepared horse radish. Spread cheese mixture between bread slices. Wrap loaf in aluminum foil. Heat in a moderate oven (350 degrees F.) for 15 minutes. Serve piping hot.

For Parents Only

"Handcraft Fever"

by Nancy Cleaver

Children love to touch things and they learn a great deal by using their fingers. If you have ever watched the little tots in a nursery school, you will have seen their delight in various handcraft activities such as finger painting.

Kindergarten youngsters are eager for the time in the day when they can work with plasticene, and older school children take real pride in objects they make from clay. Blunt scissors, colored paper or a scrapbook and old magazines and paste gives a pupil a chance to build silhouettes, posters, or compile a scrap book. The older boys and girls often want to try their hand at papier mache articles, especially masks and marionettes.

"Too Messy"

Often when a boy or girl wants to continue a handcraft activity at home which has been enjoyed at school, mother objects. "It's too messy!" or more often on the grounds that the material is too expensive.

But busy children are happy children. If they are making things at home, parents know they are not getting into mischief elsewhere. Most kitchen floors and tables can be covered with newspapers before the handcraft project begins.

Then when it is ended, the newspaper can be carefully gathered up and put in the garbage. This saves a lot of cleaning up and it is good training for a child to leave his place of work spick and span.

Some Recipes

Wearing an apron or smock saves clothes. A mother will find that her husband's old shirt cut off way down the sleeves and buttoned at the child's back, makes an excellent cover-all!

The following recipes all use materials found in most homes. By taking an interest in making this material, she will not only save a lot of money, but she will also reduce the nerve strain of living with a child who complains, "I've nothing to do!"

Clay can be bought in jars, or powdered form to be mixed with water as needed, or it can be made from the following handmade recipe.

Mix two cups of flour, one cup of salt and a teaspoonful of alum. Add enough water so that it can be worked easily with the fingers, but do not add so much that it will be sticky. Keep it moist by wrapping it in a damp cloth or in wax paper.

Paste Recipe

Paste—To one cup of flour, gradually add cold water until it is the right consistency. Add one teaspoon of glycerine to help keep it sweet or buy a box of powdered paste used to apply wall paper. Mix a little at a time as needed in an empty cold cream jar.

Papier Mache—The papier mache objects may take several days to dry, but they are great fun to make. Tear newspapers into small pieces and soak in a tub of hot water overnight. Pour off the water and squeeze and wring out as much water as possible from the remaining pulp. Then use a large strainer or sieve to remove any excess water. Next add generous quantities of paste to this pulp mixture. Stir thoroughly with a large spoon.

Add coloring matter now or color the finished product with poster paint. Model with the fingers as if material was plasticene. Beginners should use a base such as a jar for a vase with a papier

mache covering or a child's round cereal box or a salt box as a foundation for a pig.

Wads of newspaper with wire to stiffen it can form the body of a doll or marionette. Masks can be modelled over the outside of a large mixing bowl—but remember to apply grease first so the mask can be easily removed when dry. Clip these recipes for future reference. You will only want to use one of them at a time! Keep them in a large envelope or a file or a scrapbook.

Canadians trying to reduce should add deep breathing to the program. Greater oxygen intake burns off waste fats, helps reduce poundage.

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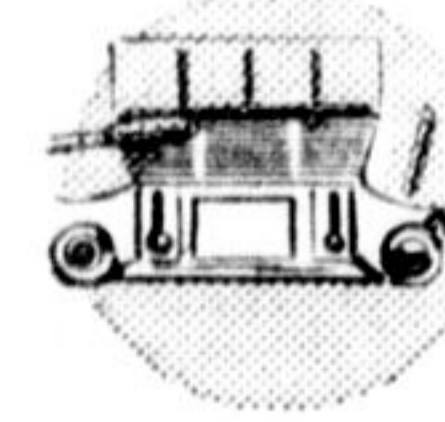
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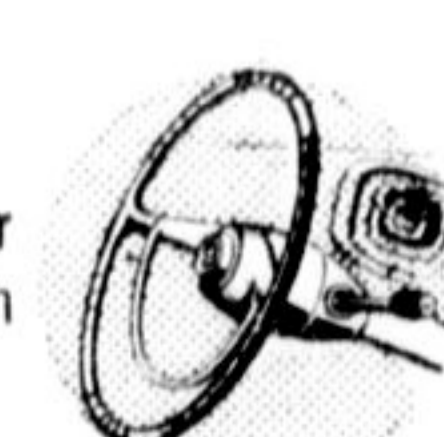
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Boston Women Plan 70th Anniversary

The Boston Church Women's Missionary Society and ladies held their August meeting in the evening at the home of Mrs. H. Michie with the young women's evening auxiliary as their guests. Plans for the 70th anniversary to be held in October were discussed and a committee formed to engage a speaker. It was decided to send jam to be used by the hospital visitors.

Changing Country

Mrs. Michie as programme convener presented a chapter from the study book, the church's witness to a changing Canada. The Bible reading was from 2nd Corinthians chapter 4. The text word was witness. Mrs. E. McGibbon told of the problems confronting the church, and Mrs. Parsons told of the attempts to meet these needs. Hymn 649 was sung and the meeting closed by all repeating the Lord's Prayer.

Mrs. Dredge opened the ladies'

aid meeting with a short prayer. Reports were given and the roll call was an incident that has happened in my life.

Report on Course

Mrs. Robert Irving had charge of the programme. Margo Irving sang a solo. This is my Father's World, after which Mrs. Michie gave a very interesting account of her week at McMaster University where she attended the W.M.S. training centre. The theme of this was, the oneness of the Mission. The meeting closed with the Mizpah benediction after which a social half hour was enjoyed.

COMPANY TIME

A girl applying for a job was asked if she had any particular talents or qualifications. She said she had won several prizes in crossword puzzle and slogan contests.

"That sounds very well," the manager said, "but we want somebody who will be smart during office hours."

THIS SUNDAY'S CHURCH CALENDAR

HIGHWAY GOSPEL CHURCH
Affiliated with the PENTECOSTAL ASSEMBLIES OF CANADA
Corner Wakefield and 25 Highway
Pastor: Rev. M. Christensen

SUNDAY, AUGUST 16th, 1959.
10:00 a.m.—Sunday School. Classes for all ages.
11:00 a.m.—Morning Worship.
7:00 p.m.—Evangelistic Service.

Monday, 9 a.m. to 12 noon, August 10th through 14th—Daily Vocational Bible School with Uncle Bill Moody. Great closing Rally Friday 14th at 8 p.m. Everyone welcome.

EMMANUEL BAPTIST CHURCH
Commercial St., Milton
Pastor: Rev. K. L. Campbell
P.O. Box 316, Milton, TR 8-2290
Assistant Pastor: Mr. Frank Sixson

SUNDAY, AUGUST 16th, 1959.
11 a.m. and 6:50 p.m.—Mr. Charlie Hare, sales manager, Weston's Bread, Toronto.

LOWVILLE - NASSAGAWEYA (ANGLICAN)
Rector: Rev. R. P. E. Jeffares, Campbellville ULster 4-2577

SUNDAY, AUGUST 16th, 1959. TRINITY XII
St. John's Church, Nassagaweya St. George's Church, Lowville
9:55 a.m.—St. John's church, Nassagaweya.
11:15 a.m.—St. George's church, Lowville.

"Morning Prayer and Church School." Service in charge of and guest preacher, Mr. Harold F. Beaumont, lay reader, St. Alban's church, Glen Williams, Ontario.

BOSTON AND OMAGH PRESBYTERIAN CHURCHES
Minister: Rev. B. A. Nevin, B.A. Telephone: TRIangle 8-9926

SUNDAY, AUGUST 16th, 1959.
10:00 a.m.—Omagh: Worship Service.
11:15 a.m.—Omagh: Sunday School.
11:30 a.m.—Boston: Worship Service.

The worship service will be conducted by the Rev. H. L. Jost of Elmisdale, N.S.

GRACE CHURCH ANGLICAN
Milton, Ontario
Rector: Rev. D. A. Powell

SUNDAY, AUGUST 16th, 1959.
12th SUNDAY AFTER TRINITY
9:00 a.m.—Holy Communion.
10:00 a.m.—Mattins.
The Rector in charge.

KNOX PRESBYTERIAN CHURCH
REV. E. ORSBORN, Minister
Mrs. R. Wright, A.T.C.M., Organist and Choir Master
"Come thou with us and we will do thee good." Numbers 10: 29.

SUNDAY, AUGUST 16th, 1959.
11:00 a.m.—Morning Worship. Theme, "Why Weeds?"
The congregation of St. Paul's United church will worship in Knox church until the end of August.

ST. PAUL'S UNITED CHURCH
Minister
Rev. J. Lorne Graham, B.A., B.D. Organist, Mrs. Harold Magee, A.T.C.M.

SUNDAY, AUGUST 16th, 1959.
During the month of August, the congregation of St. Paul's United church will worship with Knox Presbyterian church each Sunday morning at 11:00 a.m. Rev. E. Orsborn in charge.