

Of Interest to Women

It's wholesome to be tired from hard work but something is wrong if you ever grow weary.



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A. R. ELLIOTT
HAIRDRESSERS

Hello Homemakers! The world belongs to the harvesters these days. With so much work to be done and such a short time to do it in, our men should have meals provided on the "dot" and the best meals we can prepare.

Finally, if we remember to put strangers at ease in a cooling dining

room or kitchen, we probably won't want for help next harvest.

Amounts required for 12 servings:

Soup—Three quarts.

Veal or Beef—Eight pounds as purchased.

Potatoes—Four quarts, prepared.

Vegetables—Three quarts, prepared.

Lettuces and Cucumber Mix — Three quarts prepared.

Bread—One loaf.

Open Face Pies—Two pies.

Applesauce—Two quarts

Drop Cakes—Two dozen.

Tea—One-quarter pound.

ORANGE TEA BISCUITS

3 cups sifted flour, 6 tsps. of baking powder, 1 tsp salt, 1/2 cup shortening, 3 tbsps. orange rind, 1 1/2 cups skim milk.

Sift the flour once, measure, add baking powder and salt; sift again.

Cut in shortening. Add orange rind to milk and sprinkle into dry mixture until a soft dough is formed.

Turn on slightly floured board and knead 1/2 minute. Roll one-half inch thick and cut with biscuit cutter. Place on slightly floured pan and bake in oven at 450 degrees for 12 minutes.

FRESH BLUEBERRY PIES

1/2 cup flour, 1 1/4 cups sugar, 1/2 tsp. salt, 1/2 tsp. nutmeg, 3 qts. blueberries, 3 tbsps. lemon juice, 3 tbsps. lemon rind, 3 tbsps. butter.

Line 3 pie plates with plain pastry. Flute on an edge as for a lemon pie; cut strips of pastry for placing across the top. Chill pastry in refrigerator while the filling is being prepared.

Mix together the flour, sugar, salt, nutmeg; sprinkle one quarter of this mix on the uncooked crusts. Blend remainder with blueberries, lemon juice and grated rind; fill pie shells; dot with butter. Lay on stripes. Bake in preheated oven at 425 degrees for 45 minutes.

DUTCH PLUM CAKE

(12 Servings)

1 cup shortening, 1 cup sugar, 2 tsps. lemon rind, 4 eggs, un-beaten, 2 cups sifted pastry flour

2 tsps. baking powder, 1/2 tsp. salt, 2 doz. blue plums, 2/3 cup white sugar, 1 tsp. cinnamon.

Cream together shortening, 1 cup sugar and lemon rind; beat until fluffy. Add eggs one at a time; beat each into batter thoroughly. Add the sifted dry ingredients, beat until smooth. Pour half batter into greased pan. Cut plums, remove stones and lay pieces on the batter. Cover with remainder of batter, spreading evenly. Mix sugar and cinnamon together and sprinkle over batter. Bake in preheated oven at 350 degrees for 1 hour. Cut in squares and serve warm.

TAKE A TIP

1. Do not prepare potatoes more than an hour before cooking, because they lose nutritive value and they may also become sour.

2. You double a cup of salad dressing by the addition of an egg and a cup of milk. Beat thoroughly.

3. Set the table for the harvesters well in advance and pull the shades, put flowers in the room and close the doors to keep out excess heat.

THE SUGGESTION BOX

Mrs. T. B. says: If your rubber plate scraper becomes sticky, clip off the gummy part with kitchen scissors.

Mrs. J. R. says: A vegetable peeler is worth twice its cost. It saves time nutritive value and inconvenience.

Mr. M. B. says: To remove buttons without nicking the fabric, slide a comb under the button and cut thread with a razor blade.

A fault once denied is twice committed.

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