

Of Interest to Women



Hello Homemakers! "Cook" and be cool with a refrigerator! Take short cuts to cool summer cooking by storing in your refrigerator an adequate supply of crisp vegetables and flavorful fruits, chilled fruit juices and even dough and batter to be baked on short notice. Frozen desserts and gelatine dishes are extremely popular and for this reason the refrigerator is taking its rightful place in the kitchen along side the range. We think your family will enthusiastically demand entrees when you serve the following well-tested recipes.

VANILLA ICE CREAM

1 1/2 cups top milk
2 eggs
1/2 cup sugar
1 tsp. cornstarch
1/2 tsp. salt
1/2 pint (1 cup) cream
2 tps. vanilla

Scald milk. Beat egg yolks, adding sugar and cornstarch. Combine with hot milk and cook over water 10 to 20 minutes, stirring occasionally. Cool. Beat egg whites until stiff. Add salt and fold into custard; add vanilla. Pour into tray and freeze in a heavy wash. Remove from electric refrigerator and beat until fluffy. Fold in whipped cream and return to freezing tray to finish freezing.

VARIATIONS

Peach Ice Cream: Flavor vanilla ice cream with 1/2 tsp. vanilla and 1/2 tsp. almond extract, and add 1 1/2 cups mashed and sweetened peaches when folding in whipping cream.

Peanut Brittle Ice Cream: Add 1/2 to 3/4 cup crushed (rolled) peanut brittle to vanilla ice cream when folding in whipped cream.

Macaroon Bisque: Flavor vanilla ice cream with sherry flavoring and add 1/2 cup almond macaroon crumbs when folding in whipping cream.

ORANGE FLUFF

1/2 cup granulated sugar
Two-thirds cup cold water
grated rind of two oranges
1 cup of orange juice
1/2 tsp. granulated gelatin
1 tsp. cold water
2 cups whipping cream

Cook together the sugar and the two-thirds cup cold water in a saucepan on Low heat until a little of the mixture dropped in cold water forms a soft ball. Remove from the heat and add the grated orange rind, 1/2 cup orange juice, and the gelatin which has been sprinkled over 1 tsp. of the cold water. Cool thoroughly. Whip the

cream with a hand beater or an electric mixer at high speed until stiff, then add the orange mixture. Pour 3/4 cup orange juice into the bottom of a freezing tray of a refrigerator. Pour the orange cream mixture on top and freeze without stirring until set. Serves 6 to 8.

REFRIGERATOR ROLLS

1 cup boiling water
1 cup shortening
3/4 cup sugar
1 1/2 cups bran
1 1/2 tps. salt
2 eggs
2 cakes compressed yeast
1 cup lukewarm water
7 to 8 cups flour

Pour boiling water over the shortening and stir until melted. Add sugar, bran and salt and mix well. When cool add beaten eggs, yeast cakes dissolved in the lukewarm water. Add flour and knead until soft and smooth. Put dough into a bowl and spread with a little melted shortening and cover with wax paper. Set the refrigerator until ready to use. Cut off small amounts of the dough and shape in balls and place in greased muffin pan. Cover and let rise in a warm place until double in bulk, about 1 hour. Bake in an oven at 400 deg. for about 20 minutes. Makes 3 1/2 dozen rolls.

TAKE A TIP

1. Wet the bottom of freezing tray containing cream mix to make freezing quicker.
2. Beat the ice cream mix as soon as it is frozen to a mush; then return to refrigerator.
3. Excessive sugar or syrup prevents freezing.
4. If the refrigerator needs defrosting freezing will be slow.
5. If ice cubes have an unpleasant taste the trays and freezing unit should be thoroughly cleaned. Lemons and oranges should be placed lower in the cabinet if the aroma is of the oily citric nature.
6. As soon as the ice mixture is frozen firm, move the indicator half way back to normal.

BEAM TRANSMITTER FOR TELEVISION

Up till now it was only possible to use television over comparatively short distances, perfect reception being ensured within a radius of about 35 miles, although exception occurred in case of distances of 100 miles or more. United Kingdom experts have now perfected a system of "beam transmission" which, for the time being, is being kept secret but which in the opinion of scientists, will ensure for Britain's television a lead over the rest of the world for many years to come. Television programs, broadcast from London will be received and re-transmitted from relay stations. The impressive feature of this system is that these stations are 100% automatic operating without any staff, thanks to a number of inventions which render the system workable. It will be possible hereby to make the London television programs available to the entire population of the United Kingdom.

Railway, bus lines and steamship lines are once more announcing reduced rates to the Canadian National Exhibition this year from Aug. 22nd to Sept. 6th.

STUDENTS AS HOTEL WORKERS

A great number of students in educational institutions will be taking jobs in summer hotels. That studious young fellow who serves as bellhop and moves with such alacrity to serve the guests, may be quite a learned youth. Perhaps in spare moments you can catch him pondering over his history book or some language study.

He pleases some people by his bright and smiling manner with which he performs the services requested of him, and by the courtesy with which he meets the public. He is likely to win friends by his cheerful ways and attractive personality. Some of the people whom he meets may be able to make suggestions that will help him in his future career.

WOMEN'S LAST WORD

Some men complain that the wife always gets the last word, but that may be because she has more things to say. The reason for that may be that women on an average probably read more than men which gives them a greater command of language and more ideas which they can express.

Also women seem to have more experience in social life than the average man, which gives them a certain facility in thinking up ideas to express in any discussion. Some of the men who complain that their wives get the last word, might practice up on the art of conversation.

LONDON GIRL SECOND TO GET FELLOWSHIP IN FOOD DISTRIBUTION

With an outstanding record as a student, Miss M. G. Carlson, honor graduate in business administration at the University of Western Ontario, has been awarded the J. William Horsey Scholarship, valued at \$3,000



or \$1,500 a year for the years 1947 and 1948, plus travelling expenses. The award is open to graduates in Business Administration, Commerce and Finance at any Canadian University. Announcement of the 1947 winner has been made by Dr. K. R. Neville, Dean of Western.

This is the second award of this fellowship which was established in 1945 by J. William Horsey, President of Dominion Stores Limited.

Miss Carlson attended school at Emo, Ontario and Fort Frances High and Vocational School, taking her Junior and Senior Matriculation and winning many public speaking awards. As a student at Western she was secretary and president of the debating society, editor of the Student Handbook, Vice-President of the Players' Guild, chairman of the Women's Council and active in other capacities in which she showed marked organizational ability. As winner of the scholarship which was established in 1945 to promote research into food production costs, Miss Carlson will combine post graduate study at a Canadian or United States university with special investigation of every phase of food distribution. She is a resident of London, Ontario.

Ontario Battles Traffic Toll

Traffic accident prevention efforts across the province have been stepped up to meet the huge increase in summer motor traffic and the carefree holiday mood of the millions who ride or walk the streets and highways. Analysis of new press clippings on traffic safety reveal some twenty centres in Ontario with community programs operating along with the Department of Highway's province-wide program.

From the records, the July total of accidents and deaths is likely to be even worse than last month. The July accident toll has been higher than the June totals every year since 1937.

Ontario's traffic is now building up to summer peaks with an enormous addition of U.S. cars.

Border entry points are reporting American cars coming in at new record highs.

Last year, added to the traffic flow of Ontario's 720,000 licensed vehicles 900,000 American cars came in on tourist permits and an additional 2 1/2 million vehicles on local traffic permits to operate in border areas.

From now until after Labor Day, what is probably the world's largest non-resident motor traffic will be moving on Ontario roads and highways and the need for "care, courtesy and common sense" in driving and walking is of paramount importance.

HOT WEATHER PHILOSOPHY

Hot weather wilts many persons down, and some fume and fret about the torrid temperatures that will come in the nice old summer time. Many persons feel considerably exhausted on these warm and sultry days and they watch the thermometer closely to see if there are any signs of a let-up.

People can reflect that it takes a lot of heat to ripen the crops and create the products on which the country depends for its food and its prosperity. If there was a cold summer and poor crops, many people would suffer more from this interference with normal activity than they would from the scorching heats.

The less people think about the hot weather, the more comfortable they are likely to be. If their minds are busy about their work or some pleasant activity, the torrid temperature is often forgotten.

Radar developed very rapidly during the war and was put to a wide variety of uses afloat and ashore and in the air. It will be demonstrated at the Canadian National Exhibition this year as will its cousin, television, which also has made sensational advances in the past year.

OAKVILLE

The Oakville Citizens' Band gave a concert at Lakeside Park on Sunday afternoon.

Dr. D. S. Kober is the name of Oakville's newest doctor. She is, as far as is known, the first woman doctor ever to practice in this town.

More than three hundred members of the Canadian Legion from points in Central and Western Ontario assembled in Oakville on Sunday.

Mr. W. S. Blake, formerly headmaster of Warwick Academy, Bermuda, has arrived in Oakville to assume his duties as principal of the Oakville High School.

A spacious memorial garden honoring the memory of the late Rev. Herbert S. Lovering will soon beautify the north-east corner of the Dundas Highway and the Sixth Line in Trafalgar Township. Mr. Lovering served the Trafalgar pastoral charge of the United Church of Canada for twelve years until his death a few months ago and was greatly loved by his people.—Record-Star.

GEORGETOWN

On Monday, Georgetown again becomes a two-bank town when the Royal Bank of Canada opens a new branch in the former Municipal Building on Main Street.

If the Ontario Municipal Board approves the issuing of \$30,000 in debentures, Georgetown Arena will have artificial ice. Council passed a resolution to this effect on Monday night.

Constable James A. McNiven of Milton is in town for six weeks as a relieving officer while members of the Provincial Police detachment are on vacation.

Georgetown Council has asked officials of Gray Coach Line to meet with Council and discuss re-routing their buses along Main Street. The local agency at Long's Confectionery was closed last Saturday and buses re-routed along No. 7 Highway, stopping at corners for pick-ups. This action by the bus company followed a request by Council asking for the re-routing.—Herald.

The agricultural show at the Canadian National Exhibition has no equal anywhere. Every new development to aid the farmer is on display as well as the products of farm, field and dairy.

TRAINING IN CAMP LIFE

The youth camp life is so attractive that the leaders of these groups almost always get excellent co-operation from the youngsters. The campers are so enthusiastic about their sports and pastimes, that many of them will do things to please the camp leaders that they would not do at home.

Their enthusiasm for the camp life is so great that they will listen attentively to the good ideas of citizenship and religion that are expressed to them. Splendid work is done in helping them to form good habits and securing their adherence to good principles. It is a wonderful experience.

The Warriors' Day Council, which conducts the Warriors' Day Parade at the Canadian National Exhibition, assures the management that there will be 50,000 veterans of the Navy, Army and Air Force in the parade with fifty bands. American Legion posts from various United States cities will bring their drum and bugle corps.

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