

Of Interest to Women



Hello Homemakers! The true griddle cake lover enjoys eating them in the kitchen—when he can. He sits at a white kitchen table, flanked by a deep-lipped pitcher filled with rich looking syrup and the other essentials for a perfect griddle cake meal. Some citrus fruit, spiced sausages and coffee are the only other foods needed apart from the griddle cake ingredients. There he sits, and as the laced-edged pancakes or patterned waffles are baked and come off the iron, he eats his fill. That is a profile of the true and ardent griddle cake fan.

Barring the privilege I told you of, let us hope the waffle iron is set upon

the dining room table. Because "hot off the griddle" is the best quality waffle.

WAFFLES

2 cups sifted cake flour, 2 eggs separated, ¼ tsp. salt, 3 tps. baking powder, 1¼ cups milk, 6 tps. melted shortening. Using mixer, beat whole eggs 1 min. using high speed. Add the milk and beat for 1 min. Add the sifted dry ingredients. Add melted shortening and beat for 15 sec. at high speed or until the mixture is thoroughly blended. Makes 8 or 10.

GINGERBREAD WAFFLES

1-3 cup shortening, 1-3 cup boiling water, 1-3 cup molasses, 1-3 cup sugar, 1 egg, slightly beaten, 1 cup flour, ¼ tsp. salt, ¼ tsp. soda, ½ tsp. baking powder, 1 tsp. ginger, ½ tsp. cinnamon, ¼ tsp. cloves.

Place shortening in a mixing bowl and pour boiling water over it. Add molasses, sugar and egg, stir in flour sifted with salt, soda, baking powder and spice. Cook mixture in hot waffle iron. Serve with syrup or with cottage cheese. Makes 3 or 4.

SOUTHERN PANCAKES

1 cup buttermilk, ½ cup sweet milk, 1 egg, well beaten, 1 tsp. soda, ½ tsp. salt, 1 tsp. melted fat, 2 tps. cornmeal, 2 cups flour.

Mix ingredients in order given. Bake in waffle iron or sizzling hot greased griddle pan. When bubbles form, turn and brown on other side. Serve with sausages—or with fruit for dessert. Makes 10 or 12.

ORANGE PANCAKES

1½ cups prepared pancake flour, 1½ to 2 tps. grated orange rind, few gratings nutmeg, 1 tsp. sugar (optional), 1½ cups milk or water.

To pancake flour, add orange rind nutmeg and sugar. Add liquid, stir until batter is smooth. Turn into pitcher. Fry as directed for pancakes. Serve hot with butter and honey. Makes 8.

TAKE A TIP

1. Use a scant measurement of salt with flour for thin batter mixtures.
2. Use salt-free fat to grease griddles and waffle irons since salt causes mixtures to stick to metal. Melt fat and skim off a small amount from top to use. Pork fat is better than butter as the latter burns easily.
3. Pour batter from a pitcher about ½ cup at a time. Do not spread batter. Allow about 10 to 12 mins. on each side to brown—when bubbles begin to form in pancakes, it is time to turn and when steam stops coming forth from side of waffle iron it is time to lift out.
4. Stack pancakes and waffles on end to prevent sogginess. Serve on hot plates.
5. Spread soft butter (neither hot nor melted) on waffles and top with maple syrup.

THE QUESTION BOX

Mr. J. C. asks: How do you prevent gravy from becoming greasy?

Answer: Let the juice in the pan stand for 3 or 4 minutes after you remove the meat, then skim off the top grease and save for baking. Brown about 4 tablespoons flour in a skillet pan and quickly stir in the meat juice. Add hot water or potato water to thin to desired consistency.

Mrs. B. K. says: What makes fried liver very hard?

Answer: Liver should be wiped with a dry cloth—never soak or wash it. Pork liver may be scalded. Sauté quickly in hot fat; browning both sides, then cover tightly and cook 5 minutes on low heat. This method prevents liver from becoming tough.

Mrs. M. R. says: That since the supply of starch is very limited it should be used sparingly. When making blanc mange, use 1 tps. of cornstarch and 1 egg; and to make sweet sauce, use part chopped fruit or graham cracker crumbs to substitute for cornstarch.

BRITAIN TO USE ATOMIC MATERIALS FOR CANCER

"Atomic piles" now being built up in Harwell, England, will produce materials for treatment of cancer. These materials will act as a supplement to radium. This announcement was made by Professor Cockcroft, United Kingdom Director of Atom Research on December 13th. A metal such as cobalt would be put into the pile and left there for a month, he said. By then it would have acquired properties very similar to radium. A small piece of cobalt would have an activity about equal to the biggest radium source used in medical treatment.

Our repentance is not so much regret for the ill we have done as fear of the ill that may happen to us in consequence.

Citizenship Act And its Effect on Canadian Women

The Canadian Citizenship Act which becomes effective January 1st, 1947 breaks new constitutional ground, particularly as regards Canadian women. For the first time in our history the statute governing Citizenship recognizes the equal status of women. Formerly, women applying for citizenship were classed as persons "under a disability" in the same category as minors and insane persons. Under the new Act, women will have control of their national status.

Because the legislation is important to them, as it is to all Canadians, women's organizations across Canada are taking an enthusiastic part in Canadian Citizenship Week which is being observed from January 5th to January 11th. During that week Citizenship ceremonies are being held in Charlottetown, Halifax, Fredericton, Quebec, Montreal, Toronto, St. Catharines, Welland, Windsor, Sudbury, Winnipeg, Saskatoon, Regina, Edmonton, Vancouver and Victoria. In each of these cities, local committees of women's organizations, service clubs and educational bodies are working with civic and provincial officials in arranging ceremonies when new citizens will be given certificates of citizenship and welcomed into the Canadian family.

Here are some of the clauses which affect women: When a Canadian woman marries an alien, she no longer automatically changes her nationality. She retains her Canadian Citizenship until such time as she files a form voluntarily relinquishing it.

A woman who marries a Canadian can, if she wishes, obtain Canadian citizenship after one year's residence in Canada with her husband. Previously such wives were regarded as "Canadian nationals" under the Canadian National Act of 1921 even prior to landing in Canada. Under the 1947 Act they were entitled to receive a Canadian passport which requested protection and assistance in foreign countries as a Canadian national, but they were not regarded as Canadian citizens under the Immigration Act. This anomaly no longer exists under the Immigration Citizenship Act and the Immigration Act has been altered to conform.

In accordance with the principle of giving women an equal position with men, an alien wife does not acquire Canadian citizenship as a result of her husband becoming a naturalized Canadian. She applies separately and after qualifying under the regulations will receive her own certificate as a Canadian.

Women who married Canadians and were lawfully admitted to Canada before January 1st, 1947, when the Citizenship Act comes into effect, automatically become Canadian citizens under the Act.

After January 1st, 1947, it requires one year's residence before they can acquire Canadian citizenship.

A woman married to a Canadian and who is already a British subject can become a Canadian citizen after:

- (a) Legal admission to Canada for permanent residence.
- (b) One year's continuous residence in Canada with her husband.
- (c) Filing the appropriate form with the Naturalization Branch, Department of the Secretary of State, Ottawa.

An alien wife in this category must appear before a court for examination, must be lawfully admitted to Canada for permanent residence and reside here for one year preceding the date of her petition for citizenship and must be an appropriate form with the clerk of the Court in the judicial district where she resides.

HONOR LATE PRESIDENT

WELCHPOOL, N.B. (CP)—Special memorial services for President Roosevelt were held in St. Anne's Church here which the Roosevelt family used to attend frequently while on visits to their Campbell Island home. The late president was honorary vestryman at the church.

CANADA BUILDS ENGINES FOR FRANCE

Construction of 140 steam locomotives for the French National Railways is now underway in Canada. Contracts were placed by the Canadian Export Board, now the Canadian Commercial Corporation, which fix the total cost at \$18,193,000 and stipulate that all the engines must be completed by the end of May 1947.

It is the first time that Canada has ever built locomotives for France. Their construction is being undertaken by the Montreal Locomotive Works Ltd., which has already completed 60 of the engines, and by the Canadian Locomotive Co., Ltd., Kingston, Ont., where production is just commencing.

France is not the only foreign country, however, to place orders of this nature in Canada. The demand for Canadian locomotives and railway cars, a negligible one before the war, became as great in 1946 that they are now listed among Canada's ten principal exports.

Fifty Years Ago

Taken from the Edition of The Canadian Champion, February 11th, 1897

John Moffat, late of Acton, has opened his music store in the Porter Block and carries a large stock of pianos and organs.

At the mid-winter examinations of the Toronto Conservatory of Music, Miss Mabel M. Bennett, of Milton, first year, was awarded second class honors.

On Friday a party of Miltonians were treated to a tallyho drive to Campbellville and back behind a spanking four in hand team composed of J. B. Scott's 13½ hand pair and that of Finlay Chisholm 14½ hands. W. A. Lawrence handled the ribbons. Bob Dewar tooted the horn.

A very fast and exciting hockey match was played here at the rink yesterday evening between the local and Brampton teams. The locals were defeated by one goal, the score being 6 to 5.

BORN

MARLOTT—At Oakville, on January 25th, to Mr. and Mrs. C. C. Marlott, a son.

DIED

BAKER—At Trafalgar on February 7th, G. J. Baker, hotel keeper, aged 77 years.

DESTROY WASTES

Vast quantities of waste products—human as well as industrial—result from the processes of living. National Health authorities have issued a warning that accumulation of filth can be disastrous. Prompt, planned disposal of sewage and refuse is of prime importance to health maintenance. Care must be taken to ensure thorough removal of all such media of infection so that they cannot pollute the main sources of life—food, water and air.

FEAR AND COMMON SENSE

It is human nature to fear various evils that may afflict the country in the times ahead. But there is a certain common sense in the minds of the people that ordinarily works to correct the tendencies that are feared, so that these apprehensions are not realized.

So a good many people have been fearing that a business recession was coming in the not distant future. It may be a result of such fears, that a good many people are reported not to be spending money as freely as they did.

A good many people had been spending extravagantly, so that they created a force that was working toward inflation. If many people are now showing more caution, the country may be just as well off. Their greater economy will help to check inflation and keep business steady. What the country needs is regular operations of business and industry, not a big boom one year and a depression the next.

"STARLIGHT"

Chick Starter is made from a carefully prepared formula to assure vigorous growth and strong healthy birds. Get your chicks early, and for a better start feed them fresh

"STARLIGHT" CHICK STARTER

Place your order now for Peat Moss while the supply is adequate

MILTON MILLING CO.
Phone 50 Limited Milton Ont.



MORE RURAL LINES!

For best results from your telephone:

1. Keep calls brief.
2. Space your calls.
3. Avoid "listening in."
4. Give right-of-way to emergency calls.

THIS YEAR ALONE we are spending \$3,500,000 so that more farms will have telephones with fewer people on each line.

For the best telephone service, remember the master rule, "Do unto others as you would like them to do to you—and do it first!"



THE BELL TELEPHONE COMPANY OF CANADA

Shepherd's Taxi

24 HOUR SERVICE

Taxi Stand Opposite Postoffice

PHONE 301

All Passengers Insured

HAIRDRESSING

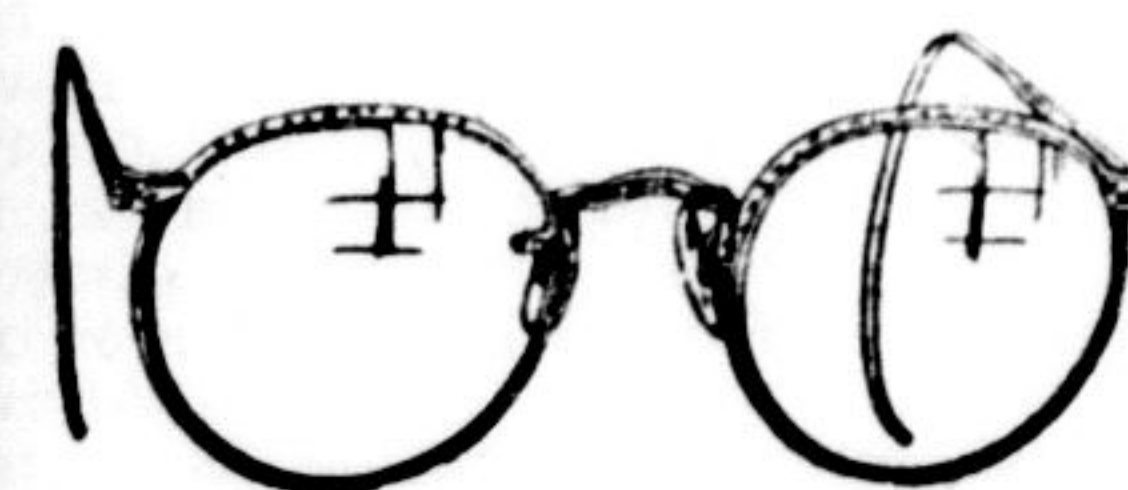
In Latest Styles
Newest Methods in Permanent Waving
All Lines of Beauty Culture

ELLIOTT BEAUTY SHOP

Phone 61j for Appointments

A. R. ELLIOTT
HAIRDRESSERS

A Complete Eye SERVICE



At C. GRIMWOOD, Jeweller

(ACROSS FROM THE CHAMPION OFFICE)

MAIN STREET
MILTON

PHONE 113

Every Thurs.

Call at above address or phone for an appointment

More... STRAWBERRY PROFITS WITH VIGORO

Experience is proving that it pays the grower well to feed strawberries with Vigoro Commercial Grower. Increased yield, early maturity, full flavor, and excellent shipping quality are a few of the advantages many growers are attributing to Vigoro Commercial Grower. These are advantages that spell EXTRA profit. Investigate!



A PRODUCT OF SWIFT

VETERANS'

Business and Professional

LOANS

Up to \$3,000

A NEW Dominion Government Act provides that war veterans, a resident in Canada and entitled to War Service Grants, may borrow up to \$3,000, on long terms, at reasonable interest rates, for business and professional purposes, as follows:

The purchase of a business or of an interest in a business.

The purchase or repair of instruments, tools, machinery or other equipment to be used in a profession, trade or business.

The construction, repair or alteration of a building used or to be used in carrying on a profession, trade or business.

This Bank is authorized to make these Veterans' Loans, and our Managers will be glad to give helpful advice and assistance to all entitled to such loans.

Veterans may freely consult our Managers—many of them veterans themselves—as to how they can conveniently borrow for business and professional purposes.

THE CANADIAN BANK OF COMMERCE