

# Of Interest to Women



Hello Homemakers! When we ran into Aunt Mary's kitchen the other evening and found 14 year old Jamey eagerly waiting beside the oven, we naturally expected to see butter tarts or a luscious pie appear, but, to our amazement, a pan of spicy whole wheat cinnamon rolls issued forth. Since when had the bobby-soxers become interested in the lowly bun. As Jamey retired with each hand clutching a hot bun and a burned tongue protruding from his mouth, Aunt Mary explained that cinnamon rolls, made with whole wheat flour, were just too good for anyone to resist.

And the same rules apply to the cooking of any cereal. Make it attractive and the whole family will enjoy it.

### TAKE A TIP

1. If it's porridge you are making be sure it is sufficiently cooked. Many people have acquired a dislike for cereal because they have never tasted it when it has been free of starchy flavor.
  2. Serve cooked cereal piping hot, smooth, without lumps, and with rich milk or cream topped with brown sugar. This last item often does the trick with children.
  3. Most cereals require a much larger quantity of salt to heighten the flavor than other foods.
  4. Use a little psychology when serving a new cooked cereal: never announce that it is full of vitamins and minerals. Wait until the teen-agers exclaim "Huba-Huba" then nonchalantly introduce a few health pointers into the conversation.
  5. Keep in mind that whole grain cereals are the most inexpensive foods to buy. This is, in itself, an important reason for their extensive use.
- So let's roll up our sleeves and make the whole neighborhood jealous of the aroma of cooking bread and rolls.

### WHOLE WHEAT BREAD

3 cups lukewarm milk, 3 tps. salt, 3 tps. sugar, 3 tps. fat, 2 yeast cakes, 6 cups whole wheat flour, 2 1/2 cups white bread flour.

Combine salt, sugar, fat and milk and when lukewarm, add crumbled yeast. Let stand until bubbles appear. Add white flour and beat well. Add whole wheat flour. Place in greased bowl, remembering to grease the surface of the sponge also. Let rise until double in bulk. Knead on floured board and return to bowl, which has been washed and greased well. Let rise again until double in bulk. This time knead it in the bowl. Let rise until double. Knead again in the bowl, always greasing all surfaces. Let rise again until double and turn out on a floured board and shape into loaves. Place in pans and allow to rise until double in bulk.

Place in a hot oven, 400 degrees, and cook for 20 mins. Reduce heat to 350 degrees and bake until done. If a small pan of water is placed in the oven during the cooking period the crust will be much thinner and of better color.

### CLOVER LEAF ROLLS

Proceed, using the same method as above, but when sponge is ready for pans, break off small pieces about the size of a large walnut, roll lightly in the palm of the hand and place three of these together in each individual muffin tin. Allow to rise and place in oven and cook about 15 minutes.

### CINNAMON ROLLS

Make sponge similar to that used for whole wheat bread but place on floured board and roll to about 1/2 inch thick. Spread with the following mixture: 3 tps. fat, 1/2 cup brown sugar, 1 tsp. cinnamon, well creamed. Roll the dough like a jelly roll and cut into slices about an inch thick. Place in greased muffin tins and let rise. Bake in hot oven for ten minutes. Do try to serve immediately.

NOTE: At this time of year, one should take particular care to see that all cooking materials are warm, also the ingredients. No drafts should reach the sponge when it is rising, or, in fact, at any time. A little care makes all the difference in the quality of the finished product.

### THE QUESTION BOX

In answer to many requests we publish the simple method of making Butter Spread: Let a pound of butter stand in a warm place until soft, but not melted. Cream butter. Gradually add 2 cups milk, beating with a rotary beater until perfectly blended. Add 1/2 tsp. salt and combine well. Chill before placing on table or making sandwiches.

### DOG SAVES LIFE

BRIDGEWATER, N. S. (CP) — Ping, a nine-month-old Newfoundland dog probably saved the life of Arthur Weagle on a farm here recently when his barking distracted the attention of an infuriated bull. The bull had gored Weagle and Gordon Mosher in the chest and ribs after the staff on the animal's nose became unhooked. Mosher later died.

### PERENNIAL MAYOR

SWEETSBURG, Que. (CP) — Dr. F. H. Pickel, mayor of this Missisquoi county village for 40 continuous years, recently celebrated his 80th birthday. Member of parliament for Bromo-Missisquoi from 1930-35, Dr. Pickel graduated from the University of Bishop's College with a degree in medicine in 1888.

## Blind Nonagenarian Puts Roof on Barn

99-Year-Old David Rhoades Fixes Clocks as Hobby

MOORELAND, Ind. (CP)—Ninety-nine-year-old David Rhoades, although blind for 16 years, leads an active life at his farm home near Mooreland, where he lives alone.

When he goes out to the barn to the chores, out to the carpenter shop to make repairs, or to the garden which he tends without help, Rhoades takes a "trolley ride."

His trolleys are rows of kinky hay-wire strung from the house to each of his habitual destinations. He hooks his cane over the trolley he selects, then follows it exactly to the spot he wants to reach.

"I like to be kinda independent," Rhoades says, and shows what he means by doing all the chores around his farm alone.

He put a new roof on his barn without help. He cooks and bakes for himself. He tends the garden entirely by his sense of touch.

Rhoades' hobby is fixing clocks. He is especially adept at repairing antique wooden clocks, making the parts that need replacing.

He will celebrate his 100th birthday next September 10.

### HOG BUYER JAILED

John Ratner was recently convicted in Regina, Sask. on 17 counts of uttering forged documents and sentenced to serve one day in jail on each charge, sentence to run concurrently.

Ratner, who purchases hogs for the Prairie Packing Company, Regina, pleaded guilty to forging and uttering Government hog premium warrants, claiming that the premium money was needed to reimburse him for the extra price paid for hogs.

This was not justified in the investigation made by the R.C.M.P. Restitution of \$219 to the Dominion Treasury was promised. Premium warrants were in many cases made out to persons who did not market any hogs.

### SPARE TIME

The question of what people do with their spare time has a bearing on the question of town progress. Some people may be so hurried and driven with their daily work, that they have little or no spare time. When people do have spare time which they can use in any way they see fit, the community would be glad and grateful if they could give some of it to efforts for the public good.

If people use some of that spare time for work in local organizations and movements, they help to make the home town more interesting, attractive and beautiful. They are well rewarded by the greater prosperity that comes to the town, and the benefits which are helpful to the people generally.

### REWARDS OF MERIT

An old timer tells how in his boyhood the school he attended gave him a card entitled "Reward of Merit" when he had done especially well. It would no doubt stimulate the children of those days to renewed effort to learn their lessons.

Rewards of merit are still being given out in various forms. The student who gets high marks in school or college is honored in various ways. His chances of getting a good job in work or business are greatly improved. There are rewards of merit also in work and business. Those who are especially efficient and faithful are likely to get better chances or promotions or higher pay. The world still recognizes merit and effort and ability to do things specially well.

### THE ROAD TO SUCCESS

The time which it takes to build up a successful business depends a good deal on the methods which a concern adopts to win attention and induce people to give it its patronage.

If it calls attention by advertising to the service it renders, if it describes the goods and services that it offers, if it quotes prices and gives people an idea of what the public is buying and what people usually want, the time it will take to build up that business can be greatly shortened. The newspaper ad talks to hundreds or thousands of people while the salesman is talking to one or a few. So the process of attracting attention and obtaining a wide reputation is reduced, and success comes sooner.

### EXPECT VISITORS

QUEBEC (CP)—Leon Trepaner, industrial commissioner of Three Rivers, Que., said in a recent address here that more tourists would visit Canada this year and the Province of Quebec in particular than in the last quarter of a century. He said preparations should be made to meet them.

### HAND-ME-DOWN POOL PRAISED BY MOTHERS

SYDNEY, Australia (CP) — A "hand-me-down" system, which embraced all the schoolchildren of Sydney in one family, for school clothes during the war-time shortages and rationing, was recently closed at a leading store here.

Correct uniform is a very important thing to Australian children who generally wear distinguishing hat, badges, blazer pockets and, in the case of boys at "public schools", flat, straw "boaters" in summer. All these and many more garments requiring special manufacture were prohibited to save material and labor during the war and but for the clothing pool would have been unobtainable.

A blackboard, placed at the top of the escalator entering the department of the store fostering the "pool" was available to harassed mothers. They would chalk up their children's requirements early in the morning, and by nightfall the response had usually come from some sympathetic mother. In the 200,000 transactions, in which \$104,400 changed hands, there was never more than \$108 worth of clothing in the pool at a time.

### OILSEED CROPS

A review of the 1946 position of the oil and fat situation by the Combined Food Board showed a substantial deficit of supplies against requirements. The world's exportable surplus which was divided approximately three ways, that is, between the United Kingdom, the United States and Canada during the period 1942 to 1944, must now be apportioned in Canada, among 16 or more claimants who are demanding their fair share of world supplies, says the Current Review of Agricultural Conditions. It was in view of these facts, that the Dominion-Provincial Conference on Agriculture recommended that the flaxseed and sunflower acreage be increased and rapeseed and soybean acreage maintained.

### RESTORE TIN MINES

LONDON (CP)—In order that supplies of tin may be made available as soon as possible, the Colonial Office is preparing a plan to ensure that the machinery and plant of those Malayan tin mines least damaged during the Japanese occupation are given first priority for repair purposes. Companies whose equipment is more severely damaged will have to wait until the more easily repaired plants are in operation.

## Trim Bungalow Houses Power

Electric Commission's Sub-Stations Regarded as "Good Neighbors"

TORONTO (CP)—If you knock on the door of a trim bungalow some evening and get no answer even though the lights inside are blazing, don't be too sure that anyone lives there. It may be one of the new type Hydro-Electric Power Commission sub-stations.

This bungalow type sub-station is fast becoming "the thing" for residential districts of Ontario municipalities. Hamilton was the first to have bungalow-housed electrical equipment and followed the experiment with others. Toronto has two and a third is being planned, while Owen Sound is to build one soon. East York has one in operation and another awaiting installation of equipment.

Near by residents think the bungalow sub-stations are an asset to the district. "In fact, the people say we are good neighbors," said J. Wickham, superintendent of the East York district, "we always keep the snow shovelled and never make too much noise."

## Short Farm Course Popular with Vets

Four-Week Refresher Course Is Held at Quebec Dairy School

ST. HYACINTHE, Que. (CP) — A four-week refresher course in agriculture now is in progress at the Quebec Dairy School here, for former veterans who were farmers before the war.

H. Pintal, chief inspector of the Soldier's Settlement and Veterans' Land Act for Quebec, said the course is a "down to earth" one that quickly aids returned men who were former farmers.

All those at present taking the course have been in the services at least a year and the majority of the men have seen overseas service. The course is held in conjunction with the Youth Training scheme and Canadian Vocational Training.

As part of their modern training, the men are taken to Montreal once a week to study commercial outlets for their future produce.

The men have already been shown around a fruit terminal by members of the Quebec Chain Retail Distributors' Association. They have also visited different chain stores throughout the city to study methods of handling farm produce right up to the time it reaches the customer.

### A DEER GOES TO THE DOGS

TOANA, Va. (CP)—"White Flag" is a 10-month-old buck who literally has gone to the dogs—and likes it. He started a friendship with Blackie, a half-Irish setter, half pointer dog, from the day Postmaster and Mrs. W. E. Hankins found the starving spotted fawn in their rye field last May.

The Hankins cared for the animal and gradually he became a friend of their dog, Blackie, who's watched over him since then. In the 10 months since the Hankins found the deer he has learned to round up sheep, chase stray dogs and regularly at 4.30 p.m. each day, White Flag ambles out to meet Mr. Hankins.

"We know he thinks he's a dog from the way he acts about things. He runs, with dogs, and plays, eats and sleeps with them. We think he'd be surprised to death if he could see himself," Mrs. Hankins said.

Running with the dogs on the place is a favorite pastime of the deer and if the dogs won't go bounding off with him, he nudges them around until they do.

One of the things which worries the Hankins, however, is what will happen to White Flag after he gets too big to be kept as a pet.

Perhaps the other deer will show him what to do, Mrs. Hankins said, but she's not sure he'll even know he's one of them.

"I know, he thinks he's a dog," she added.

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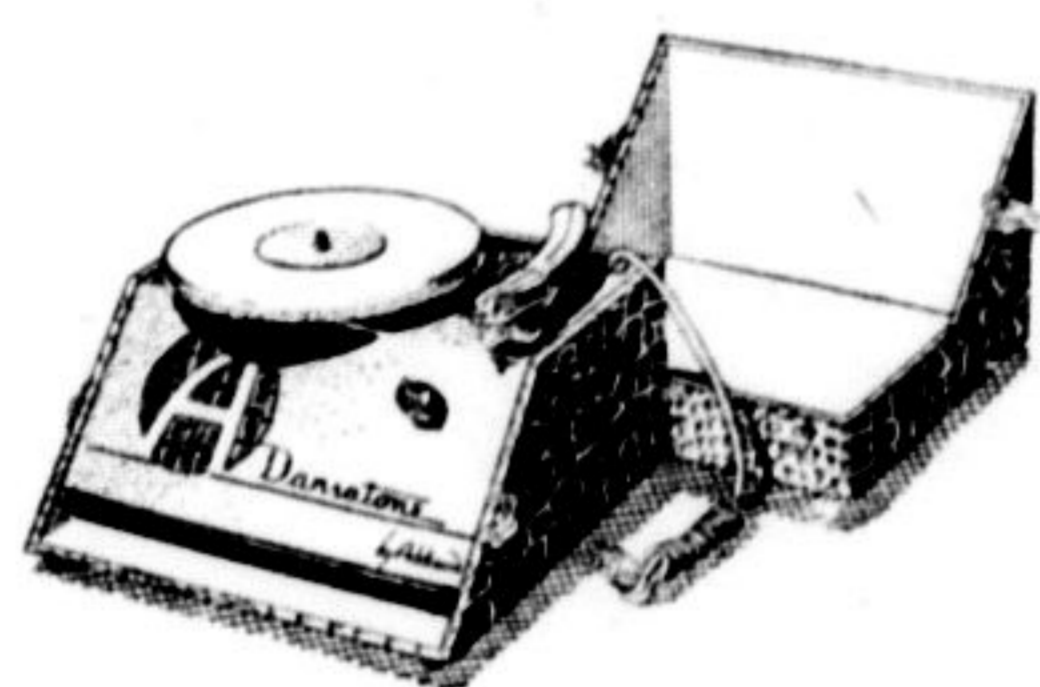
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## 1946 - LOCAL COURTS CALENDAR - 1946

Place of Sitting	Day of Sitting	Jan.	Mar.	May	June	Sept.	Nov.	Jan. 1947
1 Milton	Friday	11	8	10	28	3	8	10
2 Oakville	Tuesday	8	5	7	25	10	5	7
3 Georgetown	Wednesday	9	6	8	26	4	6	8
4 Acton	Thursday	10	7	9	27	5	7	9
6 Burlington	Monday	7	4	6	24	9	4	6

All Division Courts Open at 10 a.m. Standard Time

Names and Addresses of Clerks—1, B. Knight, Milton; 2, John Chambres, Oakville; 3, Elmer Thompson, Georgetown; 4, Wilfred Coles, Acton; 6, C. D. Bull, Burlington.

County Court and General Sessions, Monday, 3rd June, 1 p.m.; Monday and December, 1 p.m.

Sittings of County Court without Jury, Monday, 1st April, at 10 a.m.; Monday, 7th October, at 10 a.m.

Audit of Criminal Justice and County Accounts, Tuesday, 8th January; Tuesday, 9th April; Tuesday, 9th July; Thursday, 3rd October.

By Order W. I. DICK, Milton

Clerk of the Peace

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