

Of Interest to Women



THE MIXING BOWL
 BY **Ann Allan**
 HYDRO HOME ECONOMIST

Hello Homemakers! Indications are that we shall have a fair supply of fruits and peels for our Christmas baking, but don't . . . please don't return to your grocer time and again buying two lbs. instead of one of imported festive foods. We shall enjoy the holiday far more heartily, knowing no one goes without.

TAKE A TIP

Making a fruit cake:
 1. Don't trifle the job all in one day. Clean and snip the fruits, shred the peel and store in covered jars, and blanch the nuts, the day before baking.

2. Be sure to use fresh eggs, butter and nuts.

3. Cream fat until soft and work in the sugar well. Add eggs one at a time and beat well after each addition.

4. Mix and sift dry ingredients and combine with dried fruits, peel and nuts. Add to first mixture and stir thoroughly.

5. Turn into tins lined with 2 thicknesses of heavy greased paper, filling tins two-thirds full, and bake in a preheated oven of 275 degrees.

6. If oven has no oven control, set a pan of hot water in the bottom to prevent cake from burning, in case the oven becomes hotter than it should be.

7. Two cake tins require about two and a half hours. Test with a splint.

LIGHT FRUIT CAKE

1-2 lb. (about 1 1/2 cups) seedless raisins, 1-2 lb. citron peel, 1/4 lb. blanched almonds, 3/4 cup glucose or well-drained maraschino cherries, 2 1/2 cups sifted all-purpose flour, 1 tsp. baking powder, 1-2 tsp. salt, 1-2 cup soft shortening, 1-2 cup soft butter, 1 tsp. vanilla, 1 tsp. almond extract, 2 tps. rose water, 1 tsp. grated lemon rind, 1 1/4 cups granulated sugar, 4 eggs, 1 1/2 tps. lemon juice.

DARK FRUIT CAKE

3/4 cup shortening, 2 tps. butter, 3 cups sifted all-purpose flour, 1 1/2 tps. baking powder, 1-2 tsp. soda, 3-4 tsp. salt, 3-4 cup brown sugar (firmly packed), 4 1/2 cups raisins, 1-2 cup currants, 3-4 cup sliced candied or maraschino cherries, 1 cup mixed peel, 3-4 cup shredded citron peel, 1-2 cup blanched almonds (optional), 3 eggs, 1-2 cup plus 2 tps. grape juice, 1-3 cup molasses, 1 1/2 tps. vanilla, 1 1/2 tps. lemon extract, 3/4 tps. almond extract.

Grease and line cake tins with greased paper. (Use two medium standard Christmas cake tins). Allow shortening to stand at room temperature until soft. Combine flour (sifted before measuring) with baking powder, soda, salt and sift together. Prepare and mix fruits and peel. Beat eggs, add grape juice, molasses and flavorings. Cream softened shortening and add sugar, creaming together well. Add dry ingredients slowly until well blended with shortening and sugar mixture. Add fruit and almonds and mix in well. Add combined liquids and mix until blended. Fill cake tins two-thirds full and bake at 275 degrees for 3 hours.

Note: If currants are not available use a combination of seeded and seedless raisins to make up the 5 cups required in recipe.

THE QUESTION BOX

In answer to numerous requests for Christmas cake recipes we have published our favorites in the foregoing section of this column. We trust they are in time for your baking day.

Mrs. S. G. asks: Would you advise drying maraschino cherries to use as a substitute for candied ones?

Answer: We suggest boiling the juice of the maraschinos for 10 or 15 mins. and then pouring it over the cherries. Stir while boiling.

Mrs. T. C. asks: Recipe for inexpensive Plum Pudding.

INEXPENSIVE PLUM PUDDING
 1 cup soft bread crumbs, 1 cup brown sugar, 1 cup seedless raisins, 1/4 cup slivered candied peels, 1-4 cup nuts (optional), 1-2 cup once sifted flour, 1-2 tsp. baking soda, 1 tsp. salt, 1 tsp. cinnamon, 1-4 tsp. (each) nutmeg and ginger, 1-8 tsp. (each) ground cloves and allspice, 2-3 cup finely chopped fresh suet, 2-3 cup (each) grated raw carrot, raw potato and raw apple, 2 eggs.

Mix crumbs, brown sugar, raisins and currants (have raisins washed and dried); mix in peel and nuts. Measure sifted flour and add soda, salt, cinnamon, nutmeg, ginger, cloves and allspice; sift together twice. Add flour mixture to fruit mixture and combine well; mix in suet, carrot, potato and apple. Beat the egg until thick and light; add to fruit mixture and combine. Turn mixture into a greased pudding mould, filling it only two thirds full. Cover closely or tie down with heavy

Houewife Raises Mink as Sideline and Boredom Cure

Edmonton Woman Keeps 100 Mink in Yard, Kills, Pelts, Animals with Scalpel

EDMONTON (CP)—As a cure for boredom and a way to make a little extra money, Mrs. Doris Dowdell, a young housewife with a three-year-old daughter, is raising mink. That isn't so unusual for a woman these days but she also does the killing and pelting—which is unusual.

Before moving to the edge of the city seven years ago, Mrs. Dowdell knew little about mink raising, but careful study of books and pamphlets has overcome that handicap. Her husband, an Edmonton office worker, helps her but she does most of the work herself.

The little mink farm is situated right in their back yard. At one time she had about 700 of the valuable animals in pens in the yard but shortage of help has forced her to cut down, and now just a little more than 100 are raised.

It was several years before Mrs. Dowdell would undertake to kill and pelt the mink. She has no qualms about it now and with a scalpel or sharp jack-knife can skin a mink in a few minutes.

The feeding is somewhat of a problem and involves about 100 pounds of horse meat, cereal, dry bone and vegetables. All the ingredients are ground and the whole mixture placed in a wash tub on an old baby carriage which Mrs. Dowdell propels to the different pens.

Fresh water must be in the pens at all times and in hot weather this means going the rounds four times daily. The pens must be kept clean and the sick mink looked after immediately, for they are delicate as well as valuable.

TOO OBEDIENT PASSENGER

"The daily newspaper column never lacks a joke about the bus conductress. My favorite is that one about the dance of the Polien soldier. At one of our busiest stops, a Polish officer was seen performing a kind of Scotch reel between the steps of the bus and the roadway. Everybody gazed and wondered. Those first in the queue were laughing out loud, for the conductress was shouting 'Come on now, get off; come on, get off.'—('As Seen from Scotland,' a BBC overseas talk by Mrs. Jean Mann.)

RECORD BEER OUTPUT IN UNITED KINGDOM

A wartime record beer production was achieved by the United Kingdom in 1944, says a report from London quoted in Beverage Times. Official figures placed the output of beer at 31,473,057 bulk barrels, 5 per cent. above the 1943 production figure.

According to the report, the output for the last three months of 1944 totalled 7,511,915 bulk barrels, which exceeded any previous fourth quarter in any war year.

CARE OF MACHINERY WHEN NOT IN USE

Here are some general rules for the care of machinery when not in use. Protect polished surfaces from rust by covering with a heavy body grease. Protect against wind and weather by adequate painting. Remove and dry storage canvas, rubber belts, and rubber tires, unless the machine is properly housed. Where tires are left on the machine being stored for long periods, the load should be removed from the tires. Support all working parts away from the ground. Protect machinery from live stock and poultry. Drain radiators, fuel tanks and carburetors, and cover motor openings against moisture and dust.

HELPMATE

REGINA (CP)—Mrs. Katie Frederick and her carpenter husband wanted to build a new house here, but no labor could be found. Nothing daunted, Mrs. Frederick doffed her apron, donned overalls and now is assisting her husband in building the house.

BEULAH BEDIZENED

FLIN FLON, Man. (CP)—"Vanishing Beulah," Phanton Lake's three-foot jackfish, is willing to be hooked, but refuses to be landed. A reward is offered to the fisherman who pulls her ashore. She is said to be adorned with hooks and lures of luckless fishermen.

waxed paper. Steam in a closely covered steamer over rapidly-boiling water 3 1/2 to 4 hours. Cool thoroughly before storing in a cool dry place. Before serving, resteam for about 1 hour.

Is Soviet Russia A Democracy?

By Lewis Milligan

A great change appears to have come over Mr. Ernest Bevin and other leaders of the British Labor Party since they have assumed the responsibilities of government. During the recent three-power conference in London, Mr. Bevin remarked that there was need for a new definition of the word Democracy. Mr. Molotov had used the word as applying to the socialist system in Russia, and to the method by which he proposed to set up the new governments in the Balkan states. Mr. Bevin bluntly declared that Soviet Russia was not a democracy, and he likened the Soviet policy to that of Hitler, upon which Mr. Molotov got up and threatened to leave the conference if the statement was not withdrawn.

Mr. Bevin spoke as if he had only just discovered that Russia was not a democracy. That may have been the case, for during the general elections the Labor Party had capitalized on the popularity of Russia, and the Chairman of that Party had held up Russian socialism as a model on which a Labor government would build up a Socialist State in Britain. But when Mr. Bevin, as Foreign Secretary, came at close quarters with Mr. Molotov he discovered that Russia was not a democracy at all. Mr. Churchill and Mr. Eden in their dealings with Soviet leaders, took that for granted and dealt with the situation accordingly.

In a recent dispatch from Moscow, Brooke Atkinson, special correspondent for the New York Times, said that in the common use of the word democracy the people of the United States and the people of Russia do not mean the same thing. "With us in America," said Mr. Atkinson, "democracy is a habit of mind as well as a political system. With us it is an expression of faith in the principle that over a long period of time the people as a whole are able to make wiser decisions than their leaders. . . . Our Western democracy is flexible. We can spontaneously overthrow a government with startling speed, as in the Democratic revolution of 1932, or the Labor victory in Britain this year."

We can define democracy as "That form of government in which the sovereignty of the state is vested in the people, and exercised by them through representative institutions." The Russian socialists may claim that their system conforms to that definition. We would need to define what we mean by the "people" and by "representative institutions." We believe in the rule of the people as a whole through representatives elected periodically, after free and open discussion, by secret ballot. Freedom of speech, freedom of the press and freedom of elections among several parties are the essentials of democracy as we understand it.

But those freedoms are not compatible with Socialism, whether it is that of Soviet Russia or the State Socialism which the British Labor Party or the C. C. F. party have visualized in their programs. Socialism cannot be put into operation or maintained without some form of dictatorship. If the Russian people were to be given freedom of speech, freedom of the press and freedom of elections, the Soviet Socialist Republics would very soon go to pieces. Socialism may be the very best system for the Russian people; they have never known freedom and they do not miss it. But to the people of the Western democracies freedom is as necessary as the air they breathe.

We may admire what a planned economy has done to uplift the Russian people from the oppression of Feudalism, but we left Feudalism behind us hundreds of years ago at the signing of the Magna Carta, and we have made wonderful progress under our free democratic system. The Russian people are profiting by that progress and are sharing in our heritage. We may learn something from their daring experiments, but they have more to learn from our longer experience of freedom. All true progress is toward greater freedom—not away from it, and it is for that reason that Soviet socialism cannot be combined with the political democracy of the Western World.

RECORD STRIKE

VANCOUVER (CP)—Indians at Bella Bella, B. C., probably have set a world record for strikes. Fifteen years ago they had a dispute with a fishing company over the price of spring salmon. They haven't caught a spring salmon since!

THE HARD WAY

COURTENAY, B. C. (CP)—Tony Turner looked superior when his friends went deer hunting with rifles. He carved a bow and arrow for himself and got a big buck through the heart from 25 yards. Turner previously had shot smaller game with an arrow but this was his first success with a deer.

Veterans Who Are Undecided

A good many veterans, recently discharged from the armed forces, seem to be having trouble deciding on what line of civilian employment they should enter. The decision of the occupation which one should choose is for many young people a perplexing question. It is so important to hit the right thing, and get started on the right track, that a period of inquiry and investigation is warranted.

The veterans have no doubt spent many hours while on war service in planning for their future, and weighing the chances in the different fields. They have been handicapped by distance from home, and the difficulty of finding out, in their distant locations, what the chances and opportunities are.

Many young people have visions of the kind of thing they would like to do. Some occupation may seem especially attractive to them, but the difficulties in the way may seem insurmountable. The thing they would like best to do may call for more education than they feel able to get, or more capital than they are able to command.

The difficulty in the case of many veterans is increased by the fact that they have married, and many of them have a child or several children to support. The thing they would like to do may seem too uncertain, or the chances of an immediate income sufficient for family support may seem doubtful or unlikely.

It is the wish of the country that all the veterans will find congenial employment, suited to their tastes and abilities. Many will have to take whatever chances lie open at the moment and cannot spend a prolonged time investigating possibilities. The undecided veteran can well review his various experiences, and ask himself what kind of work he likes best, and what kind he seems best adapted to. One accomplishes more in an occupation for which nature has fitted him.

DELICATE — DIES AT 103

HAWSTEAD, Suffolc, England — Miss Mary Ann Barney, considered delicate from childhood, died within 2 months of her 103rd birthday.

General Sessions

County of Halton, To Wit:

Notice is hereby given that the Court of General Sessions of the Peace and also the County Court of the said

COUNTY OF HALTON

will be held in the Court House in the

Town of Milton

—ON—

MONDAY, DECEMBER 3rd, 1945

at the hour of one o'clock p.m., E.S.T., of which all Justices of the Peace, Coroners, Constables, Gaolers and all others concerned are requested to take notice and attend, to do and perform all duties which appertain to them.

W. J. L. HAMPSHIRE, Sheriff, Co. Halton, Sheriff's Office, Milton, Nov. 12th, 1945.



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Modern Rancher Finds Airplane Just the Thing

The Sky is Big Out West and It's Fun to Fly After Riding or Motoring Over Poor Roads

ATKINSON, Neb. (CP)—Rudolph Dvorak, Green Valley rancher, was flitting along in his plane one day on an errand when he saw a neighbor down below.

The neighbor was Joe Drobvolny, who was hunting some stray cattle and having trouble finding them in this rugged country.

Dvorak soon saw them from the air, flew over to the discouraged neighbor and shouted down to him where to find them.

That is one of the innumerable examples of how the light airplane is becoming part of the daily life of ranchers in northeast Nebraska.

Recently Dvorak's brother-in-law, Robert Clifford, needed a spare part for some farm equipment.

He borrowed Dvorak's plane and in 24 minutes was back from town with the needed part.

Big Time Saver

"I can look over my summer range checking the fences, windmills and look for strays or injured cattle and be back in 15 minutes, when it would take almost a day on horseback," says Dvorak.

Earl Coxbill, another flying rancher, used a plane during the summer in scouting the blue grass meadows.

He was purchasing and harvesting the blue grass seed.

Thirty-five miles southwest of Atkinson, he spotted a promising meadow, landed at the rancher's door, purchased the crop and ordered in his strippers the next day for the harvest.

It's true enough that the plane simplifies chores, saves time, manpower and even money.

But there's another reason for the rancher's love for the airplane.

As one said: "The sky's big out here and it's fun to fly, especially after riding range horseback or driving a car or truck over trails and roads that are none too good."

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