

Of Interest to Women



Hello, Homemakers! The quality of garden vegetables used in the winter time depends to a large extent on the method of storage. We recommend an insulated vegetable room in the basement. If this is impossible, use a root cellar or a pit specially made for the purpose of storing vegetables. For details of construction see the Dominion Department of Agriculture Bulletin No. 138, Household Storage of Fruits and Vegetables.

SUCCOTASH WITH CHEESE

4 cups lima beans, 3 cups corn kernels, salt and pepper, 1 1/2 cups of medium white sauce, 1 1/2 cups of grated cheese.

Combine the beans and corn and season with salt and pepper. Heat mixture thoroughly. Serve with sauce made by combining medium white sauce with grated nippy cheese. Yield: Eight servings.

BAKED STUFFED ONIONS

4 large onions, 1 cup sausage meat, 1 cup of soft bread crumbs, 1/2 cup chopped onion pulp, salt and pepper, buttered crumbs.

Peel onions and boil uncovered in boiling salted water 30 to 40 minutes or until tender. Drain and cool and remove parts of centres to make pulp. Mix lightly sausage meat, bread crumbs, onion pulp, salt and pepper. Fill onions with this mixture. Sprinkle with crumbs. Bake in an oven 150 degrees, 20 minutes.

POPULAR HAM SCALLOP

2 cups diced cooked ham 2 cups diced potatoes, 1/2 cup diced celery, 1 tbsps. peanut butter, 2 cups of white sauce, salt and pepper 3/4 cup soft bread crumbs.

Arrange alternative layers of ham, potatoes and celery in greased casserole dish. Melt the peanut butter in the white sauce and add salt and pepper. Pour over the layers of meat and vegetables and sprinkle with crumbs. Bake in an oven at 350 degs. for 35 minutes.

TAKE A TIP

Vegetable plates of Good Protein Value

1. Baked potatoes stuffed. Scoop out the centres and beat with a little warm milk, a gob of baking dripping and seasoning. Pack into skins and sprinkle with paprika and grated cheese and place under the broiler, just long enough to brown. Serve with cooked chard and cauliflower.
2. Scalloped turnips; breaded egg plant and sliced tomatoes.
3. Jellied vegetables with egg slices pickled beets and boiled cauliflower.
4. Corn fritters, fresh lima beans, baked onions.
5. Stuffed peppers fried green tomatoes, boiled carrots.

6. Creamed celery, spiced chard, string beans.

THE SUGGESTION BOX

Cheese and Cereal Casserole
2 cups cooked whole wheat cereal, 1 cup milk, 2 beaten eggs dash of salt and paprika, 1 cup cubed cheese

Mix milk, eggs and seasonings with cereal. Place half of it in a greased casserole. Sprinkle it with half the cheese. Add remaining cereal and cheese. Place in a pan of hot water and bake in an oven 375 degrees for 15 mins. or until cheese is melted.

Supper Dish of Creole Rice

1/2 lb. sliced mushrooms, 2 tbsps. shortening, 1 tsp. butter, 2 tbsps. chopped green pepper, 3 tbsps. of minced onion, 3 tbsps. minced celery 1/2 tsp. salt, 1 tsp. chili powder dash of cayenne, 4 cups cooked rice, 2 cups stewed tomatoes.

Melt shortening in frying pan; add onion, pepper and celery seasoning and tomatoes. Cook until mixture is thick, about 30-40 minutes. Sauté mushrooms in 1 tablespoon of butter or dripping. Add to mixture. Add rice and cook until rice is piping hot. Serve with a sprinkling of parsley. Serves six generously.

Fish Loaf

2 cups salmon or other left-over fish (flaked), 1/2 cup fine bread crumbs, 1 tsp. of butter, 2 eggs slightly beaten, 2 tbsps. of minced parsley, dash onion juice salt and pepper.

Combine ingredients; pour into greased loaf pan and set in a pan of hot water and bake in an oven 375 degrees for 45 minutes or until done.

IMPROVED WOOL CLIP

According to the first reports, the 1945 domestic clips of Western Canada show a marked improvement over 1944, in the preparation of individual fleeces, states the Current Review of Agricultural Conditions in Canada. The Bright grades come mostly from British Columbia and Manitoba where more favorable conditions of moisture played a major role. Saskatchewan and Alberta domestic wools appear to run more to the semi-bright grades because of greater earth content and consequent lower yield. However, after scouring the actual fibre is comparable with the Bright fibre.

Eastern domestic wools will probably grade better than in 1944, with a somewhat lighter shrinkage, says the Review.

The total weight of fleece wool graded in registered wool warehouses in 1944 amounts to 10,533,243 lb., an increase of 1667,641 lb. over 1943.

Offset Drabness Of Working Duds Evening Dresses

British Women Bring Out Pre-War Party Gowns as Clothes Situation Becomes Tougher Than Ever

LONDON (CP) — Long evening dresses with sweeping skirts are being seen again in London restaurants—but it's not all due to V-J Day spirits and the return to peace. There's a much more practical reason.

"The only things I have which aren't shabby are the evening dresses I've had put away since 1939," said one London society woman, when thanked by the Hotel Savoy manager for wearing formal clothes in the restaurant recently. "Everything else is on its last legs and my coupons have all gone toward outfitting my son for his new school."

About 75 per cent. of the Savoy restaurant clientele now wear long dresses at night. The same is true in the other smart restaurants where—as six months ago one party in dinner clothes would cause comment.

Even though the clothes situation is tougher than ever, British women, content to be drab for the duration, are making an effort to be festive, and appear a little glamorous to returning soldier husbands and boy friends.

The tailoring trade is doing its return to formal evening attire, and evening dress was requested at a recent dinner dance of the National Federation of Merchant Tailors.

Matter of Coupons

Even if she can spare the coupons, she'll be hard put to find a long dress. Manufacturers are loath to make them, for they must take a long frock for the same coupon value as a short one, though it takes twice the material.

In fact, a little London telephone girl had a brilliant idea for saving her clothes rations. She said: "I'm going to buy a wedding dress as soon as I can find one, for it takes no more coupons than a street dress, and I can make underclothes and at least two blouses from the skirt."

Most of the beautiful clothes British women have been able to see are for other people. There is the exhibition of miniature models of French clothes, for charity. And a recent fashion show displayed 46 gorgeous models—all for export.

In spite of wishful thinking, there seems little likelihood of austerity regulations being removed for some time. The Board of Trade says the situation is still difficult. The army has to be maintained and cotton and rayon fabrics are short, because of lack of spinners. The labor shortage is still critical, and demobilized men and women are making great inroads on stocks. Also rehousing means the need for more sheets, curtains and towels.

Men—except those in uniform—are in an even more perilous state if they want to dress for evening. If they are married, their wives probably have used their coupons, or made over their evening clothes for themselves.

SPIDER — JAILER

LONDON (CP)—A spiker — big, black and menacing to a three-year-old—kept David Oakley in an air-raid shelter near his home for 24 hours while parents and police hunted for him. David decided to stay in the shelter when he saw the spider dangling across the entrance.

URGE BETTER CORSET FOR BRITISH WOMEN

LONDON (CP) — Corset makers, believing that in the next few months there will be more rubber, are urging the board of trade to help women to get better corsets.

They suggest manufacturers be allowed to exceed the present maximum price for utility garments as the present maximum of 17s 11d which is said to be too low to allow them to make a durable quality product. When rubber becomes available the cost will rise and price adjustments should be allowed.

They also ask the assurance that a fair share of incoming rubber is allocated for corsets, one of the pre-war products British women now mourn.

SOLDIERS INTO SEAMEN

CHARLOTTETOWN (CP)—Establishment of a school to train ex-service men for the merchant marine was urged by the provincial command of the Canadian Legion in a brief presented to the commission on veterans' qualifications.

BARREL FOR OCEAN TRIP

SIDNEY, N. S. (CP) — A trans-Atlantic trip in a sail-equipped barrel is being planned by Mark Charlton, 29, of Toronto and Vancouver. The barrel is solid oak, 10 feet long and has a tiny cabin on top. Charlton will take three month's food on the trip.

RESERVE, N. S. (CP) — Trans-Canada Air Lines is taking over the large R.C.A.F. base at Reserve. The airport is fully equipped to handle all types of commercial aircraft.

You'll enjoy our Orange Pekoe Blend

"SALADA" TEA

WE'LL JUST HAVE TO TAKE A SMALLER SLICE

by Collins



World sugar stocks are dangerously low... use less — use with discretion

THE WARTIME PRICES AND TRADE BOARD

HALTON AGRICULTURAL SOCIETY'S 93rd ANNUAL

MILTON FAIR

FRIDAY AND SATURDAY September 28 & 29

\$2700.00 IN PRIZES

RACES \$500.

\$150. 2.22 - \$150. 2.28 - \$200. FREE FOR ALL

TORRY GREGG, of Wingham, will be Master of Ceremonies in the Horse Classes at the Fair

LIVESTOCK EXHIBITS

Boy's Calf Club in Jersey, Holstein, Shorthorns Special Holstein and Jersey Show
Delegates from Great Britain will visit the Fair on a Tour of Inspection of the Holsteins
Mr C. D. Graham, Department of Agriculture will Open the Fair at 2 p.m.

Poultry Show in New Quarters

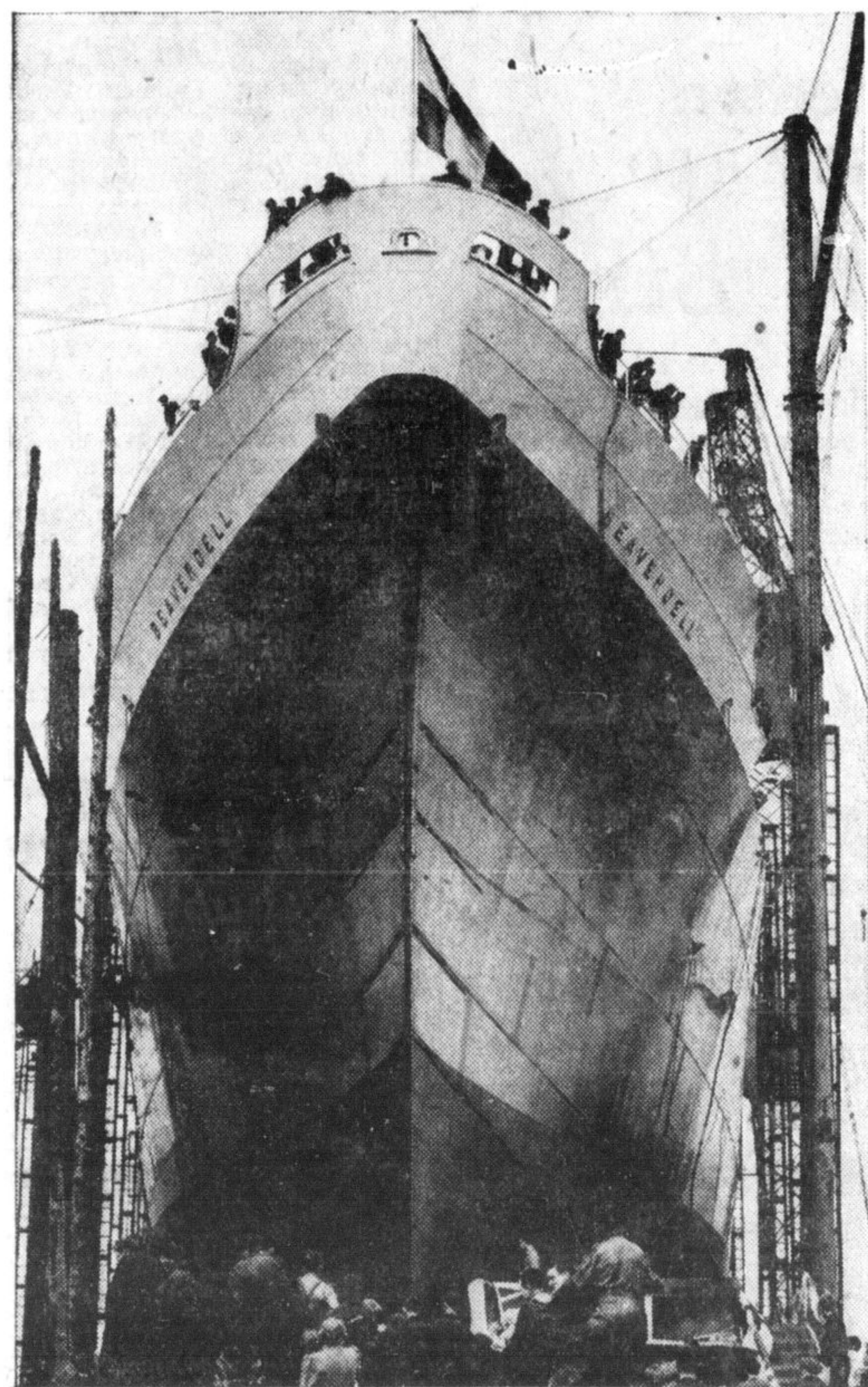
Display of Women's Institute Work Boys' and Girls' Exhibits Girls' Garden Brigade
Robinson's Baby Show Midway and Merry-go-Round

ACTON BOYS' BAND in Attendance

Public School Children supplied with Complimentary Tickets Soldiers in Uniform Free
Meals Served on Grounds by Eden Mills Ladies

DANCE IN TOWN HALL---Sat. Night, Sept. 29th

GOOD ORCHESTRA — ADMISSION 35c ADMISSION TO GROUNDS—35c
A. E. WALDIE, President E. M. READHEAD, Secretary-Treasurer



NEW BEAVER LAUNCHED: First of four fast-freight liners being built for the Canadian Pacific Railway to replace the five Beaver boats lost during World War II the Beaverdell is shown here during her launching on the Clyde at Port Glasgow, Scotland, late in August. The 10,000-tonner, which took to the water before a distinguished gathering headed by D. C. Coleman, chairman and president of the C.P.R. and chairman of Canadian Pacific Steamships, is expected to be in service early next year and will resume the London-to-Canada run as soon as possible.

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